



**This is a self-archived version of an original article. This version may differ from the original in pagination and typographic details.**

**Author(s):** Yang, Xiaolin; Lounassalo, Irinja; Kankaanpää, Anna; Hirvensalo, Mirja; Rovio, Suvi P.; Tolvanen, Asko; Biddle, Stuart J. H.; Helajärvi, Harri; Palomäki, Sanna H.; Salin, Kasper; Hutri-Kähönen, Nina; Raitakari, Olli T.; Tammelin, Tuija H.

**Title:** Associations Between Trajectories of Leisure-Time Physical Activity and Television Viewing Time Across Adulthood : The Cardiovascular Risk in Young Finns Study

**Year:** 2019

**Version:** Accepted version (Final draft)

**Copyright:** © 2019 Human Kinetics, Inc.

**Rights:** In Copyright

**Rights url:** <http://rightsstatements.org/page/InC/1.0/?language=en>

**Please cite the original version:**

Yang, X., Lounassalo, I., Kankaanpää, A., Hirvensalo, M., Rovio, S. P., Tolvanen, A., Biddle, S. J. H., Helajärvi, H., Palomäki, S. H., Salin, K., Hutri-Kähönen, N., Raitakari, O. T., & Tammelin, T. H. (2019). Associations Between Trajectories of Leisure-Time Physical Activity and Television Viewing Time Across Adulthood : The Cardiovascular Risk in Young Finns Study. *Journal of Physical Activity and Health*, 16(12), 1078-1084. <https://doi.org/10.1123/jpah.2018-0650>

