

JYVÄSKYLÄN YLIOPISTO

EFFECTIVE AXIAL-VECTOR COUPLING IN BETA DECAY OF MASS REGION A = 100-134 ISOTOPES

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#### Abstract

An extensive evaluation of beta decay properties was made across a vast mass region of $A=100-134$. Triplets of nuclei, consisting of an odd-odd nucleus with a $1^{+}$ground state and its two neighbouring even-even isobars, were taken under examination in order to better understand the behaviour of the effective axial-vector coupling constant $g_{A}$ as a function of the mass number $A$. The need for such an effective value of $g_{A}$ in the QRPA framework has become evident in recent years but a model for the behaviour of this effective $g_{A}$ over a specific mass region is an idea little investigated. The calculations in this master's thesis were made in the QRPA framework, using large model spaces and realistic Bonn-A two-body interactions.

The overall behaviour of $g_{A}$ over the mass region was mapped by fixing the value of $g_{A}$ for each triplet separately by fitting the geometric mean of the left and right Gamow-Teller matrix elements to an experimental value. This was done with four different values of the pnQRPA particle-particle interaction strength, $g_{p p}=0.6,0.7,0.8,0.9$, and the resulting values of $g_{A}$ were plotted as a function of $A$. By this method a linear model for the effective $g_{A}$ is proposed and put to a test by predicting $\log f t$ values for ground state to ground state decays as well as decays to the first excited states of the even-even nuclei. A fairly average value of $g_{p p}=0.7$ was chosen for the predictions.

The linear model for $g_{A}$ performed very well in predicting the ground state to ground state transitions, yielding a mean deviation of 0.23 from the experimental $\log f t$ values. The decays to the first excited $2^{+}$states of the even-even nuclei were also decently predicted but the calculated $\log f t$ values of decays to the quadrupole two-phonon triplet states were not as accurate. The mean deviations from experimental values became 0.47 for decays to the $2_{1}^{+}$state, 0.74 to the $0_{2-p h}^{+}$state and 0.82 to the $2_{2-p h}^{+}$state. Still, the linear model performs much better than any constant value of $g_{A}$ over this mass region.


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## 1 Introduction

The axial-vector coupling constant of weak interactions, $g_{A}$, is a parameter of utmost interest in the study of single and double beta decays. The value of $g_{A}$ is normally determined by the partially conserved axial-vector current hypothesis of the standard model [1]. There has recently been a consensus that instead of the usual bare value of $g_{A}=1.25$, a quenched effective value of $g_{A}$ should be used for calculating single and double beta decay matrix elements to better adjust the microscopic theory to reproduce experimental values [2-4].

The transition strengths of beta decay to or from an odd-odd nucleus can be calculated using a neighbouring even-even isobar as a starting point [1]. There are various ways of finding the wave functions of the states in the odd-odd nucleus as well as the excited states of the even-even nucleus, of which the QRPA framework [5] has proven successful with reasonable computational effort. Comparing these transition strengths to experimental data gives information on the systematics of single beta decays and also opens possibilities to theoretically probe the experimentally evasive double beta decay [6].


Figure 1: A schematic representation of the decay processes studied in this work. The nucleus in the middle is odd-odd, it's neighbours on the left and right are even-even.

A selection of medium heavy nuclei in the mass region $A=100-134$ are taken under investigation. The nuclei are grouped into triplets where an odd-odd nucleus with a $1^{+}$ground state is in the "center" and two neighbouring eveneven isobars with $0^{+}$ground states are to the "left" and "right" of the odd-odd nucleus as is represented in Figure 1. Ground state to ground state beta decays as well as decays to excited states of the even-even nuclei are predicted using the QRPA framework.

The situations of Figure 1, where the even-even nuclei on the left and right are lower in energy than the odd-odd nucleus, are particularly of interest as this permits the rare phenomenon of double beta decay [7]. Double beta decay is not discussed further in this master's thesis but the results presented here should be interesting to apply to it's theoretical research.

The purpose of this work is to map the behaviour of $g_{A}$ over a vast mass region in order to find a suitable model for the effective value of $g_{A}$. In Section 2 the required theoretical framework is discussed. In Section 3 the framework is put to good use and based on some initial calculations a linear model for $g_{A}$ is proposed and adapted for predictions of $\log f t$ values for allowed Gamow-Teller beta decays in the mass region. Finally in Section 4 conclusions are drawn and some final remarks are given regarding application to research of double beta decay.

## 2 Theoretical background

To effectively describe beta decay transitions between the ground state of an odd-odd nucleus and the ground state and low-lying excited states of an eveneven nucleus, one needs to adopt a formalism capable of producing the wave functions of both states involved in the process. The formalism used in this work is the charge conserving quasiparticle random-phase approximation (QRPA) and it's charge non-conserving cousin, the proton-neutron QRPA (pnQRPA). Both the QRPA and the pnQRPA use the BCS quasiparticle theory as a starting point, a theory first introduced by Bardeen, Cooper and Schrieffer in [8]. The BCS theory is discussed in more detail in [1,9]. The correlated vacuum ground state in the QRPA framework consists of the BCS ground state of an even-even nucleus with small corrections from $4,8,12, \ldots$ quasiparticle contributions.

### 2.1 The QRPA

The charge conserving QRPA is used to obtain wave functions and energies of the excited states of even-even nuclei. The wave functions of basic one-phonon excited states in the QRPA are of the form [1]

$$
\begin{equation*}
|\omega\rangle_{Q R P A}=Q_{\omega}^{\dagger}|Q R P A\rangle \tag{1}
\end{equation*}
$$

The QRPA phonon creation operator is defined as

$$
\begin{equation*}
Q_{\omega}^{\dagger}=\sum_{a \leq b}\left[X_{a b}^{\omega} A_{a b}^{\dagger}(J M)-Y_{a b}^{\omega} \widetilde{A}_{a b}(J M)\right] \tag{2}
\end{equation*}
$$

with the quasiparticle pair creation operator

$$
A_{a b}^{\dagger}(J M)=\mathcal{N}_{a b}(J)\left[a_{a}^{\dagger} a_{b}^{\dagger}\right]_{J M}
$$

and the time reversed pair annihilation operator

$$
\widetilde{A}_{a b}(J M)=-\mathcal{N}_{a b}(J)\left[\widetilde{a}_{a} \widetilde{a}_{b}\right]_{J M}
$$

The amplitudes $X_{a b}^{\omega}$ and $Y_{a b}^{\omega}$ are components of the eigenvectors of a nonHermitian eigenvalue problem, the matrix form of the so called QRPA equations [1]. These equations can be derived by the equations-of-motion method
first introduced by Rowe in [10]:

$$
\left[\begin{array}{cc}
\mathrm{A} & \mathrm{~B}  \tag{3}\\
-\mathrm{B}^{*} & -\mathrm{A}^{*}
\end{array}\right]\left[\begin{array}{c}
\mathrm{X}^{\omega} \\
\mathrm{Y}^{\omega}
\end{array}\right]=E_{\omega}\left[\begin{array}{c}
\mathrm{X}^{\omega} \\
\mathrm{Y}^{\omega}
\end{array}\right] .
$$

The elements of matrices A and B in equation (3) can be explicitly written as [1]

$$
\begin{align*}
A_{a b, c d}( & (J) \\
\quad+ & \left(E_{a}+E_{b p}\right) \delta_{a c} \delta_{b d} \\
& +u_{a h} u_{b} u_{c} u_{d}+v_{a} \mathcal{N}_{c d}\left[\left(u_{a} v_{b} v_{c} v_{c} v_{d}\right)\left\langle v_{a} u_{b} v_{c} u_{d}\right)\left\langle a b^{-1} ; J\right| V\left|V_{R E S}\right| c d^{-1} ; J\right\rangle \\
& \left.-(-1)^{j_{c}+j_{d}+J}\left(u_{a} v_{b} v_{c} u_{d}+v_{a} u_{b} u_{c} v_{d}\right)\left\langle a b^{-1} ; J\right| V_{R E S}\left|d c^{-1} ; J\right\rangle\right]  \tag{4}\\
B_{a b, c d}(J) & =-G_{p p}\left(u_{a} u_{b} v_{c} v_{d}+v_{a} v_{b} u_{c} u_{d}\right)\langle a b ; J| V|c d ; J\rangle \\
& +G_{p h} \mathcal{N}_{a b} \mathcal{N}_{c d}\left[\left(u_{a} v_{b} v_{c} u_{d}+v_{a} u_{b} u_{c} v_{d}\right)\left\langle a b^{-1} ; J\right| V_{R E S}\left|c d^{-1} ; J\right\rangle\right. \\
& \left.-(-1)^{j_{c}+j_{d}+J}\left(u_{a} v_{b} u_{c} v_{d}+v_{a} u_{b} v_{c} u_{d}\right)\left\langle a b^{-1} ; J\right| V_{R E S}\left|d c^{-1} ; J\right\rangle\right], \tag{5}
\end{align*}
$$

where $u_{i}$ and $v_{i}(i=a, b, c, d)$ are the BCS occupation amplitudes and the normalization factors

$$
\mathcal{N}_{a b}(J)= \begin{cases}1, & \text { for } a \neq b \\ \frac{1}{\sqrt{2}}, & \text { for } a=b, J=\text { even } \\ 0, & \text { otherwise }\end{cases}
$$

The particle-hole and particle particle interaction parameters $G_{p h}$ and $G_{p p}$ are discussed in Section 2.3. The matrix A contains contributions from the quasiparticle mean field and the two-quasiparticle-two-quasihole part of the nuclear Hamiltonian. The matrix B contains contributions only from the fourquasiparticle part of the Hamiltonian [1].

The $X$ and $Y$ amplitudes satisfy the orthonormality and completeness relations [1]

$$
\begin{gathered}
\sum_{a \leq b}\left(X_{a b}^{k J^{\pi} *} X_{a b}^{k^{\prime} J^{\pi}}-Y_{a b}^{k J^{\pi} *} Y_{a b}^{k^{\prime} J^{\pi}}\right)=\delta_{k k^{\prime}} \\
\sum_{k}\left(X_{a b}^{k J^{\pi}} X_{c d}^{k J^{\pi} *}-Y_{a b}^{k J^{\pi}} Y_{c d}^{k J^{\pi} *}\right)=\delta_{a c} \delta_{b d}, \quad a \leq b, c \leq d, \\
\sum_{k}\left(X_{a b}^{k J^{\pi}} Y_{c d}^{k J^{\pi} *}-Y_{a b}^{k J^{\pi} *} X_{c d}^{k J^{\pi}}\right)=0, \quad a \leq b, c \leq d
\end{gathered}
$$

The non-Hermitian nature of the QRPA matrix equation (3) gives rise to both positive and negative energy solutions [1]. If a triplet $E_{\omega}, \mathrm{X}^{\omega}, \mathrm{Y}^{\omega}$ is a solution for the matrix equation, then also

$$
E_{\omega^{\prime}}=-E_{\omega}, \quad \mathrm{X}^{\omega^{\prime}}=\mathrm{Y}^{\omega *}, \quad \mathrm{Y}^{\omega^{\prime}}=\mathrm{X}^{\omega *}
$$

is a solution. Investigating the squared norm of the negative energy solution gives

$$
\begin{align*}
\left.\| \omega_{-}\right\rangle\left.\right|^{2} & =\left\langle\omega_{-} \mid \omega_{-}\right\rangle=\sum_{a b}\left(\left|X_{a b}^{\omega_{-}}\right|^{2}-\left|Y_{a b}^{\omega_{-}}\right|^{2}\right) \\
& \left.=\sum_{a b}\left(\left|Y_{a b}^{\omega_{+}}\right|^{2}-\left|X_{a b}^{\omega_{+}}\right|^{2}\right)=-| | \omega_{+}\right\rangle\left.\right|^{2}=-1 \tag{6}
\end{align*}
$$

which is a contradiction as a squared norm cannot be negative. As the positive energy solutions already constitute a complete set of eigenstates, the negative energy solutions are discarded as unphysical.

One can use the wave function of a one-phonon state to build a collection of excited two-phonon states with twice the energy of the one-phonon state $[1,6]$. The general form of a normalized two-phonon state is [1]

$$
\begin{equation*}
\left|\omega \omega^{\prime} ; J M\right\rangle=\frac{1}{\sqrt{1+\delta_{\omega \omega^{\prime}}}}\left[Q_{\omega}^{\dagger} Q_{\omega^{\prime}}^{\dagger}\right]_{J M}|Q R P A\rangle \tag{7}
\end{equation*}
$$

As the QRPA prediction for the first $2^{+}$state is often the most accurate, the scope of this work is focused on the triplet of $J^{\pi}=0^{+}, 2^{+}, 4^{+}$states formed of the lowest quadrupole phonon state. The wave functions of these states are, from equation (7)

$$
\begin{equation*}
\left|J_{2-p h}^{\pi} M\right\rangle=\frac{1}{\sqrt{2}}\left[Q^{\dagger}\left(2_{1}^{+}\right) Q^{\dagger}\left(2_{1}^{+}\right)\right]_{J M}|Q R P A\rangle \tag{8}
\end{equation*}
$$

The existence of such degenerate or, in reality, nearly degenerate two-phonon multiplets is backed by experimental evidence, for example in [11]. A good example of a quadrupole two-phonon triplet is visible in the low energy spectrum of ${ }^{122} \mathrm{Te}$ in Figure 2

### 2.2 The pnQRPA

The charge-changing proton-neutron variant of the QRPA follows quite straightforwardly from the results of the previous subsection by converting the investigated particles into protons and neutrons. As the regular QRPA permitted the


Figure 2: The experimental low energy spectrum of ${ }^{122} \mathrm{Te}$ [12]. The energies are in keV . The quadrupole two-phonon triplet lies around 1200 keV : approximately twice the energy of the lowest $2^{+}$state.
examination of excited states in even-even nuclei, the pnQRPA is a formalism which describes states of odd-odd nuclei with respect to the even-even QRPA ground state. One can, with no substantial hazard, assume that the QRPA and pnQRPA vacuums coincide in the quasiboson approximation used to describe the $\beta^{-}$and $\beta^{+} /$EC decays [13]. Then, the basic excitations in the pnQRPA can be written as

$$
\begin{equation*}
|\omega\rangle_{p n Q R P A}=\sum_{p n}\left[X_{p n}^{\omega} A_{p n}^{\dagger}(J M)-Y_{p n}^{\omega} \widetilde{A}_{p n}(J M)\right]|Q R P A\rangle . \tag{9}
\end{equation*}
$$

The pnQRPA equations are formally exactly the same as the QRPA equations (3):

$$
\left[\begin{array}{cc}
\mathrm{A} & \mathrm{~B}  \tag{10}\\
-\mathrm{B}^{*} & -\mathrm{A}^{*}
\end{array}\right]\left[\begin{array}{l}
\mathrm{X}^{\omega} \\
\mathrm{Y}^{\omega}
\end{array}\right]=E_{\omega}\left[\begin{array}{l}
\mathrm{X}^{\omega} \\
\mathrm{Y}^{\omega}
\end{array}\right] .
$$

The matrices $A$ and $B$ differ from the ones of the regular QRPA, as the last terms of equations (4) and (5) are zero because of charge conservation. The
resulting matrix elements are

$$
\begin{align*}
& A_{p n, p^{\prime} n^{\prime}}(J)=\left(E_{p}+E_{n}\right) \delta_{p p^{\prime}} \delta_{n n^{\prime}} \\
& \quad+g_{p p}\left(u_{p} u_{n} u_{p^{\prime}} u_{n^{\prime}}+v_{p} v_{n} v_{p^{\prime}} v_{n^{\prime}}\right)\langle p n ; J| V\left|p^{\prime} n^{\prime} ; J\right\rangle \\
& \quad+g_{p h}\left(u_{p} v_{n} u_{p^{\prime}} v_{n^{\prime}}+v_{p} u_{n} v_{p^{\prime}} u_{n^{\prime}}\right)\left\langle p n^{-1} ; J\right| V_{R E S}\left|p^{\prime} n^{\prime-1} ; J\right\rangle,  \tag{11}\\
& B_{p n, p^{\prime} n^{\prime}}(J)=-g_{p p}\left(u_{p} u_{n} v_{p^{\prime}} v_{n^{\prime}}+v_{p} v_{n} u_{p^{\prime}} u_{n^{\prime}}\right)\langle p n ; J| V\left|p^{\prime} n^{\prime} ; J\right\rangle \\
& \quad+g_{p h}\left(u_{p} v_{n} v_{p^{\prime}} u_{n^{\prime}}+v_{p} u_{n} u_{p^{\prime}} v_{n^{\prime}}\right)\left\langle p n^{-1} ; J\right| V_{R E S}\left|p^{\prime} n^{\prime-1} ; J\right\rangle, \tag{12}
\end{align*}
$$

and the orthonormality and completeness relations take the form

$$
\begin{gathered}
\sum_{p n}\left(X_{p n}^{k J^{\pi} *} X_{p n}^{k^{\prime} J^{\pi}}-Y_{p n}^{k J^{\pi} *} Y_{p n}^{k^{\prime} J^{\pi}}\right)=\delta_{k k^{\prime}}, \\
\sum_{k}\left(X_{p n}^{k J^{\pi}} X_{p^{\prime} n^{\prime}}^{k J^{\pi} *}-Y_{p n}^{k J^{\pi}} Y_{p^{\prime} n^{\prime}}^{k J^{\pi} *}\right)=\delta_{p p^{\prime}} \delta_{n n^{\prime}}, \\
\sum_{k}\left(X_{p n}^{k J^{\pi}} Y_{p^{\prime} n^{\prime}}^{k J^{\pi} *}-Y_{p n}^{k J^{\pi} *} X_{p^{\prime} n^{\prime}}^{k J^{\pi}}\right)=0 .
\end{gathered}
$$

### 2.3 Interaction parameters

Both the QRPA and pnQRPA have two important characteristic interaction parameters. These are the particle-hole and particle-particle interaction strengths, which appear in the particle-hole and particle-particle parts of the elements of matrices A and B (equations (4) and (5) in the QRPA, equations (11) and (12) in the pnQRPA). In the QRPA, these parameters are written as uppercase $G_{p h}$ and $G_{p p}$, in the pnQRPA as lowercase $g_{p h}$ and $g_{p p}$. This shall be the convention used in this work.

In QRPA, $G_{p p}$ has little effect on the first excited states [13] and the common value of $G_{p p}=1.00$ has been adapted for the examined nuclei. The first excited state of an even-even nucleus is most often a $2^{+}$state, which is of a particle-hole nature. Therefore, the value of $G_{p h}$ has a significant effect on the energy of the first excited $2^{+}$state of the even-even nucleus. The value of $G_{p h}$ was fixed for each nucleus separately by fitting the energy of the first $2^{+}$state to experimental data.

In pnQRPA, the particle-hole parameter $g_{p h}$ has a large effect on the energy location of the Gamow-Teller giant resonance (GTGR). $g_{p p}$ has more to do with the Gamow Teller beta decay transition amplitudes [14]. The value of $g_{p h}$ was
fitted for each nucleus separately to approximately match the GTGR location to the empirical formula [1]:

$$
\begin{align*}
\Delta E_{G T} & =\Delta E_{C}+\Delta E_{Z+1, N-1} \\
& =\left[1.444\left(Z+\frac{1}{2}\right) A^{-\frac{1}{3}}-30.0(N-Z-2) A^{-1}+5.57\right] \mathrm{MeV} \tag{13}
\end{align*}
$$

where $\Delta E_{c}$ is the Coulomb energy and $\Delta E_{Z+1, N-1}$ is the energy difference between the GTGR state and the $0^{+}$isobaric analogue state of the odd-odd nucleus.

The particle-particle interaction parameter $g_{p p}$ is often used to fit the $\log f t$ value of the transition from the first $1^{+}$state of the odd-odd nucleus to the ground state of the even-even nucleus [13,15]. In this work, to better examine the systematics of Gamow-Teller beta decay, an array of constant values of $g_{p p}=0.6,0.7,0.8,0.9$ is assigned. By fitting the so called geometric means of the beta decay matrix elements, the behaviour of the axial-vector coupling constant $g_{A}$ is expressed as a function of the mass number $A$ for each value of $g_{p p}$. This gives rise to an opportunity to find a systematic behaviour of $g_{A}$ for a given value of $g_{p p}$.

### 2.4 Single particle bases and pairing parameters

Ground-state to ground state beta decays were studied using a different method in the author's earlier work [16]. The single particle bases and pairing parameters used here are exactly the same and the following discussion from [16] is also valid for the present work.

Up to $A=108$ a valence space consisting of 11 states, the entire $1 \mathrm{p}-0 \mathrm{f}-0 \mathrm{~g}$ and $2 \mathrm{~s}-1 \mathrm{~d}-0 \mathrm{~h}$ shells, was used. For $A=110$ and onwards also the 2 p and 1 f shells were included and the valence space was expanded to 15 states. The valence spaces are visualized in Figure 3. The single particle bases are built by using a Coulomb-corrected Woods-Saxon potential and solving the radial Schrödinger equation [17]. The Woods-Saxon parameters used were the ones given by Bohr and Mottelson in [18]. The bases of ${ }^{100} \mathrm{Mo},{ }^{100} \mathrm{Ru},{ }^{114} \mathrm{Pd}$ and ${ }^{114} \mathrm{Cd}$ are given in Tables 1 and 2.

For the two-body part of the interactions, the renormalized Bonn-A G-matrix [9,15] has been used and the neutron and proton pairing strength parameters $A_{\text {pair }}^{p}$ and $A_{\text {pair }}^{n}$ were fitted such that the lowest quasiparticle energies from the


Figure 3: A schematic figure of the orbitals used to form the bases for nuclei with $A<110$ and $A \geq 110$.

BCS calculation matches the pairing gaps:

$$
E_{q p}^{p}(\text { lowest })=\Delta_{p}, \quad \text { and } E_{q p}^{n}(\text { lowest })=\Delta_{n},
$$

where the pairing gaps can be calculated by the three-point formula [19]

$$
\begin{align*}
\Delta_{p}(A, Z) & =\frac{1}{4}(-1)^{Z+1}\left[S_{p}(A+1, Z+1)-2 S_{p}(A, Z)+S_{p}(A-1, Z-1)\right] \\
\Delta_{n}(A, Z) & =\frac{1}{4}(-1)^{A-Z+1}\left[S_{n}(A+1, Z)-2 S_{n}(A, Z)+S_{n}(A-1, Z)\right] \tag{14}
\end{align*}
$$

where $S_{i}$ is the proton or neutron separation energy.

Table 1: The single particle bases of ${ }^{100} \mathrm{Ru}$ and ${ }^{100} \mathrm{Mo}$ for protons and neutrons respectively. The energies are in MeV .

| $n l_{j}(\mathrm{p})$ | $E_{p}\left({ }^{100} \mathrm{Mo}\right)$ | $E_{p}\left({ }^{100} \mathrm{Ru}\right)$ | $n l_{j}(\mathrm{n})$ | $E_{n}\left({ }^{100} \mathrm{Mo}\right)$ | $E_{n}\left({ }^{100} \mathrm{Ru}\right)$ |
| :--- | :---: | :---: | :---: | :---: | :---: |
| $0 f_{7 / 2}$ | -16.067 | -14.368 | $0 f_{7 / 2}$ | -19.311 | -20.422 |
| $0 f_{5 / 2}$ | -11.537 | -9.888 | $0 f_{5 / 2}$ | -15.547 | -16.590 |
| $1 p_{3 / 2}$ | -11.203 | -9.561 | $1 p_{3 / 2}$ | -15.361 | -16.394 |
| $1 p_{1 / 2}$ | -9.473 | -7.826 | $1 p_{1 / 2}$ | -13.919 | -14.917 |
| $0 g_{9 / 2}$ | -8.311 | -6.696 | $0 g_{9 / 2}$ | -11.581 | -12.623 |
| $1 d_{5 / 2}$ | -2.811 | -1.396 | $1 d_{5 / 2}$ | -7.295 | -8.195 |
| $0 g_{7 / 2}$ | -1.474 | 0.121 | $0 g_{7 / 2}$ | -5.913 | -6.833 |
| $2 s_{1 / 2}$ | -0.588 | 0.795 | $2 s_{1 / 2}$ | -5.591 | -6.386 |
| $0 h_{11 / 2}$ | -0.106 | 1.414 | $1 d_{3 / 2}$ | -4.814 | -5.621 |
| $1 d_{3 / 2}$ | 0.202 | 1.601 | $0 h_{11 / 2}$ | -3.501 | -4.458 |
| $0 h_{9 / 2}$ | 9.102 | 10.400 | $0 h_{9 / 2}$ | 3.952 | 3.236 |

Table 2: The single particle bases of ${ }^{114} \mathrm{Pd}$ and ${ }^{114} \mathrm{Cd}$ for protons and neutrons respectively. The energies are in MeV .

| $n l_{j}(\mathrm{p})$ | $E_{p}\left({ }^{114} \mathrm{Pd}\right)$ | $E_{p}\left({ }^{114} \mathrm{Cd}\right)$ | $n l_{j}(\mathrm{n})$ | $E_{n}\left({ }^{114} \mathrm{Pd}\right)$ | $E_{n}\left({ }^{114} \mathrm{Cd}\right)$ |
| :--- | :---: | :---: | :---: | :---: | :---: |
| $0 f_{7 / 2}$ | -18.224 | -16.661 | $0 f_{7 / 2}$ | -20.115 | -21.105 |
| $0 f_{5 / 2}$ | -14.180 | -12.650 | $0 f_{5 / 2}$ | -16.845 | -17.785 |
| $1 p_{3 / 2}$ | -13.413 | -11.882 | $1 p_{3 / 2}$ | -16.309 | -17.238 |
| $1 p_{1 / 2}$ | -11.835 | -10.326 | $1 p_{1 / 2}$ | -15.029 | -15.933 |
| $0 g_{9 / 2}$ | -10.845 | -9.349 | $0 g_{9 / 2}$ | -12.814 | -13.748 |
| $1 d_{5 / 2}$ | -5.255 | -3.827 | $1 d_{5 / 2}$ | -8.535 | -9.361 |
| $0 g_{7 / 2}$ | -4.647 | -3.212 | $0 g_{7 / 2}$ | -7.814 | -8.659 |
| $0 h_{11 / 2}$ | -2.970 | -1.565 | $2 s_{1 / 2}$ | -6.777 | -7.524 |
| $2 s_{1 / 2}$ | -2.759 | -1.505 | $1 d_{3 / 2}$ | -6.252 | -7.010 |
| $1 d_{3 / 2}$ | -2.313 | -1.008 | $0 h_{11 / 2}$ | -5.137 | -6.004 |
| $1 f_{7 / 2}$ | 2.659 | 3.909 | $1 f_{7 / 2}$ | -1.208 | -1.864 |
| $2 p_{3 / 2}$ | 4.675 | 5.681 | $2 p_{3 / 2}$ | -0.429 | -0.835 |
| $0 h_{9 / 2}$ | 5.577 | 6.877 | $2 p_{1 / 2}$ | 0.082 | -0.138 |
| $2 p_{1 / 2}$ | 5.894 | 6.875 | $1 f_{5 / 2}$ | 1.394 | 0.952 |
| $1 f_{5 / 2}$ | 6.616 | 7.681 | $0 h_{9 / 2}$ | 1.651 | 0.946 |

### 2.5 Allowed beta decay in the QRPA framework

With the QRPA and pnQRPA equations solved by, for example, numerical methods, one can obtain theoretical beta decay matrix elements describing beta decay or electron capture to or from states of the even-even reference nucleus [1]. In this work, the focus is set only on allowed Gamow-Teller beta decays, that is,
processes with an angular momentum change of $\Delta J=1$ and no change in parity. The equations to calculate ground state to ground state decays are presented in this chapter as well as the means to calculate decays from an odd-odd nucleus to excited states of an even-even nucleus.

### 2.5.1 General theory of allowed beta decay



Figure 4: The Feynman diagrams of $\beta^{-}, \beta^{+}$and EC decays in the impulse approximation: only one nucleon is considered to be affected by the weak decay process whereas the remaining $A-1$ nucleons remain unaffected [1].

In a single beta decay, there are always some resultant particles produced apart from the mother and daughter nuclei. The same holds true for an electron capture (EC) transition, except that an electron is captured instead of produced. The Feynman diagrams of these decay types are presented in Figure 4. The "extra" particles involved in the processes are the electron or the positron and the neutrino or the antineutrino depending on the type of the transition.

To be defined as "allowed", the change in the angular momentum in the transition from the mother to daughter nucleus must result only from the spins of the involved leptons [20]. For example, in a $\beta^{-}$decay the resultant electron and antineutrino cannot carry any orbital angular momentum. With each of the leptons involved having a spin of $s=\frac{1}{2}$, the change in angular momentum can only result from the spins being parallel $S=1$ or antiparallel $S=0$. As the leptons carry no orbital angular momentum, the parities of the initial and final states must also be identical. This leads to the selection rules for allowed $\beta /$ EC decay [20]

$$
\begin{equation*}
\Delta J=0,1, \quad \Delta \pi=\text { no } \tag{15}
\end{equation*}
$$

The transitions with no angular momentum change are called Fermi
decays [21] and those with $\Delta J=1$ are called Gamow-Teller decays [22]. This work concentrates solely on Gamow-Teller transitions. The Fermi decay does not contribute to the beta transitions of interest in the thesis.

The half-life of a Gamow-Teller beta decay can be calculated from [1]

$$
\begin{equation*}
t_{1 / 2}=\frac{\kappa}{f_{0} B_{G T}} \tag{16}
\end{equation*}
$$

where $\kappa=6147 \mathrm{~s}$, $f_{0}$ is a phase space integral containing the lepton kinematics and $B_{G T}$ is the reduced Gamow-Teller transition probability

$$
\begin{equation*}
B_{G T}=\frac{g_{A}^{2}}{2 J_{i}+1}\left|\mathcal{M}_{G T}\right|^{2} \tag{17}
\end{equation*}
$$

The quantity $\mathcal{M}_{G T}$ is the Gamow-Teller transition amplitude described in the next subsections for different kinds of Gamow-Teller decays. These nuclear matrix elements can, in a general form, be written as [1]

$$
\begin{equation*}
\mathcal{M}_{G T}=\left(\xi_{f} J_{f}\|\sigma\| \xi_{i} J_{i}\right)=\sum_{a b} \mathcal{M}(a b)\left(\xi_{f} J_{f}\left\|\left[c_{a}^{\dagger} \widetilde{c}_{b}\right]_{1}\right\| \xi_{i} J_{i}\right) \tag{18}
\end{equation*}
$$

where the operator $\sigma$ is the Pauli spin operator and the reduced single particle matrix element reads

$$
\mathcal{M}_{G T}(p n)=\sqrt{2} \delta_{n_{p} n_{n}} \delta_{l_{p} l_{n}} \widehat{j_{p}} \widehat{j_{n}}(-1)^{l_{p}+j_{p}+\frac{3}{2}}\left\{\begin{array}{ccc}
\frac{1}{2} & \frac{1}{2} & 1  \tag{19}\\
j_{n} & j_{p} & l_{p}
\end{array}\right\} .
$$

The regular particle creation and annihilation operators of equation (18) are related to the quasiparticle picture by the Bogoliubov-Valatin transformation [23, 24]:

$$
\begin{align*}
& a_{\alpha}^{\dagger}=u_{a} c_{\alpha}^{\dagger}+v_{a} \widetilde{c}_{\alpha}, \\
& \widetilde{a}_{\alpha}=u_{a} \widetilde{c}_{\alpha}-v_{a} c_{\alpha}^{\dagger} \tag{20}
\end{align*}
$$

The common quantity, the " $\log f t$ " value, is taken as the basis of evaluating the theoretical calculations in this work. The $\log f t$ value is defined as [1]

$$
\begin{equation*}
\log f t=\log _{10}\left(f_{0} t_{1 / 2}[s]\right)=\log _{10}\left(\frac{\kappa}{\frac{g_{A}}{2 J_{i}+1}\left|\mathcal{M}_{G T}\right|^{2}}\right) \tag{21}
\end{equation*}
$$

The experimental $\log f t$ values of a vast number of nuclei are well measured making it a convenient tool in comparing theoretical calculations to experiment. Moreover, the $\log f t$ value depends on nuclear structure exclusively, which makes
it a good test for the competence of a theory.

### 2.5.2 Transitions to and from the even-even ground state

For the allowed Gamow-Teller beta transition amplitudes from the pnQRPA vacuum to a pnQRPA excited state, one has the form [1]:

$$
\begin{align*}
& \left(\omega\left\|\beta_{G T}^{-}\right\| Q R P A\right)=\delta_{J 1} \sqrt{3} \sum_{p n} \mathcal{M}_{G T}(p n)\left(u_{p} v_{n} X_{p n}^{\omega}+v_{p} u_{n} Y_{p n}^{\omega}\right),  \tag{22}\\
& \left(\omega\left\|\beta_{G T}^{+}\right\| Q R P A\right)=-\delta_{J 1} \sqrt{3} \sum_{p n} \mathcal{M}_{G T}(p n)\left(v_{p} u_{n} X_{p n}^{\omega}+u_{p} v_{n} Y_{p n}^{\omega}\right) . \tag{23}
\end{align*}
$$

In equations (22) and (23) the reduced single-particle matrix element is as in equation (19)

The direction of the transition can be switched in equations (22) and (23) to make the Gamow-Teller transition amplitude from a pnQRPA excited state to the pnQRPA vacuum:

$$
\begin{align*}
& \left(Q R P A\left\|\beta_{G T}^{-}\right\| \omega\right)=\delta_{J 1} \sqrt{3} \sum_{p n} \mathcal{M}_{G T}(p n)\left(v_{p} u_{n} X_{p n}^{\omega}+u_{p} v_{n} Y_{p n}^{\omega}\right)  \tag{24}\\
& \left(Q R P A\left\|\beta_{G T}^{+}\right\| \omega\right)=-\delta_{J 1} \sqrt{3} \sum_{p n} \mathcal{M}_{G T}(p n)\left(u_{p} v_{n} X_{p n}^{\omega}+v_{p} u_{n} Y_{p n}^{\omega}\right) . \tag{25}
\end{align*}
$$

### 2.5.3 Transitions between a QRPA and a pnQRPA state

Let the initial state be a pnQRPA state

$$
\left|\omega_{i}\right\rangle=\sum_{p_{i} n_{i}}\left[X_{p_{i} n_{i}}^{\omega} A_{p_{i} n_{i}}^{\dagger}\left(J_{i} M_{i}\right)-Y_{p_{i} n_{i}}^{\omega} \widetilde{A}_{p_{i} n_{i}}\left(J_{i} M_{i}\right)\right]|Q R P A\rangle
$$

and the final state a QRPA one-phonon state

$$
\left|\omega_{f}\right\rangle=\sum_{a_{f} \leq b_{f}}\left[X_{a_{f} b_{f}}^{\omega} A_{a_{f} b_{f}}^{\dagger}\left(J_{f} M_{f}\right)-Y_{a_{f} b_{f}}^{\omega} \widetilde{A}_{a_{f} b_{f}}\left(J_{f} M_{f}\right)\right]|Q R P A\rangle
$$

For Gamow-Teller transitions from a pnQRPA state to a QRPA state, one can
derive a result for the reduced transition amplitude [1]:

$$
\begin{align*}
\left(\omega_{f}\left\|\beta_{G T}^{\mp}\right\| \omega_{i}\right)= & \sum_{\substack{p_{i} n_{i} \\
p_{f} \leq p_{f}^{\prime}}}\left[X_{p_{f} p_{f}^{\prime}}^{\omega_{f} *} X_{p_{i} n_{i}}^{\omega_{i}} \mathcal{M}_{G T}^{(\mp)}\left(p_{i} n_{i} ; J_{i} \rightarrow p_{f} p_{f}^{\prime} ; J_{f}\right)\right. \\
& \left.-Y_{p_{f} p_{f}^{\prime}}^{\omega_{f} *} Y_{p_{i} n_{i}}^{\omega_{i}} \mathcal{M}_{G T}^{( \pm)}\left(p_{i} n_{i} ; J_{i} \rightarrow p_{f} p_{f}^{\prime} ; J_{f}\right)\right] \\
& +\sum_{\substack{p_{i} n_{i} \\
n_{f} \leq n_{f}^{\prime}}}\left[X_{n_{f} n_{f}^{\prime}}^{\omega_{f} *} X_{p_{i} n_{i}}^{\omega_{i}} \mathcal{M}_{G T}^{(\mp)}\left(p_{i} n_{i} ; J_{i} \rightarrow n_{f} n_{f}^{\prime} ; J_{f}\right)\right. \\
& \left.-Y_{n_{f} n_{f}^{\prime}}^{\omega_{f} *} Y_{p_{i} n_{i}}^{\omega_{i}} \mathcal{M}_{G T}^{( \pm)}\left(p_{i} n_{i} ; J_{i} \rightarrow n_{f} n_{f}^{\prime} ; J_{f}\right)\right] . \tag{26}
\end{align*}
$$

The two-quasiparticle transition amplitudes of equation (26) are expressed as

$$
\begin{aligned}
& \mathcal{M}_{G T}^{(\mp)}\left(p_{i} n_{i} ; J_{i} \rightarrow p_{f} p_{f}^{\prime} ; J_{f}\right)=\sqrt{3} \widehat{J}_{i}{\widehat{J_{f}}}^{\mathcal{N}_{p_{f} p_{f}^{\prime}}}\left(J_{f}\right) \\
& \quad \times\left[\delta_{p_{i} p_{f}^{\prime}}(-1)^{j_{p_{f}}+j_{n_{i}}+1}\left\{\begin{array}{ccc}
J_{i} & J_{f} & 1 \\
j_{p_{f}} & j_{n_{i}} & j_{p_{f}^{\prime}}
\end{array}\right\} \mathcal{B}_{G T}^{(\mp)}\left(p_{f} n_{i}\right) \mathcal{M}_{G T}\left(p_{f} n_{i}\right)\right. \\
& \left.\quad+\delta_{p_{i} p_{f}}(-1)^{j_{p_{f}}+j_{n_{i}}+J_{f}+1}\left\{\begin{array}{ccc}
J_{i} & J_{f} & 1 \\
j_{p_{f}^{\prime}} & j_{n_{i}} & j_{p_{f}}
\end{array}\right\} \mathcal{B}_{G T}^{(\mp)}\left(p_{f}^{\prime} n_{i}\right) \mathcal{M}_{G T}\left(p_{f}^{\prime} n_{i}\right)\right] \\
& \\
& \mathcal{M}_{G T}^{( \pm)}\left(p_{i} n_{i} ; J_{i} \rightarrow n_{f} n_{f}^{\prime} ; J_{f}\right)=\sqrt{3} \widehat{J}_{i} \widehat{J_{f}} \mathcal{N}_{n_{f} n_{f}^{\prime}}\left(J_{f}\right) \\
& \times\left[\delta_{n_{i} n_{f}^{\prime}}(-1)^{j_{p_{i}}+j_{n_{i}}+J_{i}+1}\left\{\begin{array}{ccc}
J_{i} & J_{f} & 1 \\
j_{n_{f}} & j_{p_{i}} & j_{n_{i}}
\end{array}\right\} \mathcal{B}_{G T}^{(\mp)}\left(p_{i} n_{f}\right) \mathcal{M}_{G T}\left(p_{i} n_{f}\right)\right. \\
& \left.+\delta_{n_{i} n_{f}}(-1)^{j_{p_{i}}+j_{n_{f}^{\prime}}+J_{i}+J_{f}+1}\left\{\begin{array}{ccc}
J_{i} & J_{f} & 1 \\
j_{n_{f}^{\prime}} & j_{p_{i}} & j_{n_{f}}
\end{array}\right\} \mathcal{B}_{G T}^{(\mp)}\left(p_{i} n_{f}^{\prime}\right) \mathcal{M}_{G T}\left(p_{i} n_{f}^{\prime}\right)\right]
\end{aligned}
$$

where $\mathcal{B}_{G T}^{\mp}$ contains the occupation factors

$$
\begin{array}{ll}
\mathcal{B}_{G T}^{(-)}(i f)=u_{i} u_{f} & \text { particle type } \\
\mathcal{B}_{G T}^{(+)}(i f)=v_{i} v_{f} & \text { hole type }
\end{array}
$$

and the single particle matrix elements $\mathcal{M}_{G T}(i f)$ are as in equation (19).
Should the final state be a two-quadrupole-phonon state of equation (8), then
the reduced transition amplitude for a beta minus transition takes the form [13]

$$
\begin{align*}
& \mathcal{M}_{J_{F}, 1}^{G T(-)}(u, v)=\left(J_{f}^{+}\left\|\beta_{G T}^{-}\right\| 1^{+}\right) \\
&=-40 \frac{1}{\sqrt{2}} \sqrt{3\left(2 J_{f}+1\right)} \\
& \times \sum_{p n p^{\prime} n^{\prime}} \mathcal{M}(p n)\left[u_{p} v_{n} X_{p p^{\prime}}\left(2^{+}, 1\right) X_{n n^{\prime}}\left(2^{+}, 1\right) X_{p^{\prime} n^{\prime}}\left(1^{+}, 1\right)\right. \\
&\left.\quad+v_{p} u_{n} Y_{p p^{\prime}}\left(2^{+}, 1\right) Y_{n n^{\prime}}\left(2^{+}, 1\right) Y_{p^{\prime} n^{\prime}}\left(1^{+}, 1\right)\right]\left\{\begin{array}{ccc}
j_{p} & j_{p^{\prime}} & 2 \\
j_{n} & j_{n^{\prime}} & 2 \\
1 & 1 & J_{f}
\end{array}\right\} . \tag{27}
\end{align*}
$$

The corresponding beta plus or EC amplitude follows from equation (27) by

$$
\begin{equation*}
\mathcal{M}_{J_{F} J_{i}}^{G T(+)}(u, v)=\left(J_{f}^{+}\left\|\beta_{G T}^{+}\right\| 1^{+}\right)=-\mathcal{M}_{J_{F} J_{i}}^{G T(-)}(v, u) . \tag{28}
\end{equation*}
$$

It should be noted that in (27) the amplitudes $X_{a a^{\prime}}$ and $Y_{a a^{\prime}}$ differ from the $X$ and $Y$ amplitudes of (2) as discussed in [13].

## 3 Calculations and discussion

To test the formalism of Section 2 and to gain insights on the behaviour of the effective value of the axial-vector coupling constant $g_{A}$, a series of QRPA calculations is performed systematically through the mass region $A=100-134$. The beta decay properties of ground state to ground state decays are analyzed first through the concept of a geometric mean of the left and right Gamow-Teller matrix elements. Through this examination, a linear $g_{A}$ model is proposed and the ground state to ground state decay $\log f t$ values are calculated within this model using a reasonably average value of $g_{p p}=0.7$.

The linear $g_{A}$ model is then tested further and the analysis is extended to decays to the first excited $2^{+}$states and the $0^{+}$and $2^{+}$collective quadrupole two-phonon states of the even-even nuclei. Theoretical predictions of $\log f t$ values are made for every process with experimental data available.

### 3.1 Ground state to ground state decays and the linear $g_{A}$ model

One possible way to examine the beta decay matrix elements is by taking the geometric mean $\mathcal{M}_{G T}^{m}$ of the left and right matrix elements $\mathcal{M}_{G T}^{l}$ and $\mathcal{M}_{G T}^{r}$. This geometric mean seems to be only weakly dependent on the value of $g_{p p}$ [25] and thus allows a very sophisticated approach to studying the overall behaviour of $g_{A}$. One can calculate the experimental geometric means of the NMEs (multiplied by $g_{A}$ ) from

$$
\begin{align*}
g_{A} \mathcal{M}_{G T}^{m}(\exp .) & =g_{A} \sqrt{\left|\mathcal{M}_{G T}^{l}(\exp .) \mathcal{M}_{G T}^{r}(\exp .)\right|} \\
& =\sqrt{\kappa \sqrt{\frac{\left(2 J_{i}^{l}+1\right)\left(J_{i}^{r}+1\right)}{10^{\log f t_{l}(\text { exp. }) \times 10^{\log f t_{r}(\text { exp. })}}}}} . \tag{29}
\end{align*}
$$

This quantity is actually independent of the value of $g_{A}$ taken for theoretical calculations, which permits $g_{A}$ to be left as a free parameter to fit calculations to experimental data. The geometric mean is taken as a base of analysis in this work. The calculated experimental geometric means for the investigated mass region are presented in Table 3.

Table 3: Experimental geometric means of the NMEs. The experimental log $f t$ values are extracted from [12], except ${ }^{1)}$ is extrapolated from systematics of similar neighbouring decays and ${ }^{2)}$ is from [26]

| A | Z | Process |  |  | $\log f t_{\text {exp }}$ |  | $g_{A} M_{G T}(l)$ | $g_{A} M_{G T}(r)$ | $g_{A} M_{G T}^{m}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Z | $\mathrm{Z}+1$ | $\mathrm{Z}+2$ | left | right |  |  |  |
| 100 | 40 | $\operatorname{Zr}\left(0^{+}\right)$ | $\rightarrow \mathrm{Nb}\left(1^{+}\right) \rightarrow$ | $\mathrm{Mo}\left(0^{+}\right)$ | 4.65 | 5.1 | 0.371 | 0.382 | 0.377 |
| 100 | 42 | $\operatorname{Mo}\left(0^{+}\right)$ | $\leftarrow \mathrm{Tc}\left(1^{+}\right) \rightarrow$ | $\mathrm{Ru}\left(0^{+}\right)$ | 4.4 | 4.59 | 0.857 | 0.688 | 0.768 |
| 102 | 42 | $\operatorname{Mo}\left(0^{+}\right)$ | $\rightarrow \mathrm{Tc}\left(1^{+}\right) \rightarrow$ | $\mathrm{Ru}\left(0^{+}\right)$ | 4.21 | 4.778 | 0.616 | 0.554 | 0.584 |
| 104 | 44 | $\mathrm{Ru}\left(0^{+}\right)$ | $\leftarrow \operatorname{Rh}\left(1^{+}\right) \rightarrow$ | $\operatorname{Pd}\left(0^{+}\right)$ | 4.32 | 4.55 | 0.939 | 0.721 | 0.823 |
| 106 | 44 | $\mathrm{Ru}\left(0^{+}\right)$ | $\rightarrow \mathrm{Rh}\left(1^{+}\right) \rightarrow$ | $\operatorname{Pd}\left(0^{+}\right)$ | 4.31 | 5.168 | 0.548 | 0.354 | 0.441 |
| 106 | 46 | $\operatorname{Pd}\left(0^{+}\right)$ | $\leftarrow \operatorname{Ag}\left(1^{+}\right) \rightarrow$ | $\mathrm{Cd}\left(0^{+}\right)$ | 4.92 | $4.4{ }^{1)}$ | 0.471 | 0.857 | 0.635 |
| 108 | 44 | $\mathrm{Ru}\left(0^{+}\right)$ | $\rightarrow \mathrm{Rh}\left(1^{+}\right) \rightarrow$ | $\operatorname{Pd}\left(0^{+}\right)$ | $4.2^{2)}$ | 5.5 | 0.623 | 0.241 | 0.388 |
| 108 | 46 | $\operatorname{Pd}\left(0^{+}\right)$ | $\leftarrow \operatorname{Ag}\left(1^{+}\right) \rightarrow$ | $\mathrm{Cd}\left(0^{+}\right)$ | 4.70 | 4.425 | 0.607 | 0.833 | 0.711 |
| 110 | 46 | $\operatorname{Pd}\left(0^{+}\right)$ | $\leftarrow \operatorname{Ag}\left(1^{+}\right) \rightarrow$ | $\mathrm{Cd}\left(0^{+}\right)$ | 4.09 | 4.6596 | 1.224 | 0.635 | 0.882 |
| 112 | 48 | $\mathrm{Cd}\left(0^{+}\right)$ | $\leftarrow \operatorname{In}\left(1^{+}\right) \rightarrow$ | $\operatorname{Sn}\left(0^{+}\right)$ | 4.70 | 4.12 | 0.607 | 1.183 | 0.847 |
| 114 | 46 | $\operatorname{Pd}\left(0^{+}\right)$ | $\rightarrow \operatorname{Ag}\left(1^{+}\right) \rightarrow$ | $\mathrm{Cd}\left(0^{+}\right)$ | 4.199 | 5.1 | 0.623 | 0.383 | 0.488 |
| 114 | 48 | $\mathrm{Cd}\left(0^{+}\right)$ | $\leftarrow \operatorname{In}\left(1^{+}\right) \rightarrow$ | $\operatorname{Sn}\left(0^{+}\right)$ | 4.89 | 4.4701 | 0.487 | 0.790 | 0.621 |
| 116 | 48 | $\mathrm{Cd}\left(0^{+}\right)$ | $\leftarrow \operatorname{In}\left(1^{+}\right) \rightarrow$ | $\operatorname{Sn}\left(0^{+}\right)$ | 4.47 | 4.662 | 0.790 | 0.634 | 0.708 |
| 118 | 48 | $\mathrm{Cd}\left(0^{+}\right)$ | $\rightarrow \operatorname{In}\left(1^{+}\right) \rightarrow$ | $\operatorname{Sn}\left(0^{+}\right)$ | 3.91 | 4.79 | 0.870 | 0.547 | 0.690 |
| 118 | 50 | $\operatorname{Sn}\left(0^{+}\right)$ | $\leftarrow \mathrm{Sb}\left(1^{+}\right) \leftarrow$ | $\mathrm{Te}\left(0^{+}\right)$ | 4.525 | 5.0 | 0.742 | 0.248 | 0.429 |
| 120 | 48 | $\mathrm{Cd}\left(0^{+}\right)$ | $\rightarrow \operatorname{In}\left(1^{+}\right) \rightarrow$ | $\operatorname{Sn}\left(0^{+}\right)$ | 4.1 | 5.023 | 0.699 | 0.418 | 0.541 |
| 122 | 48 | $\mathrm{Cd}\left(0^{+}\right)$ | $\rightarrow \operatorname{In}\left(1^{+}\right) \rightarrow$ | $\operatorname{Sn}\left(0^{+}\right)$ | 3.95 | 5.11 | 0.830 | 0.378 | 0.561 |
| 122 | 52 | $\mathrm{Te}\left(0^{+}\right)$ | $\leftarrow \mathrm{I}\left(1^{+}\right) \leftarrow$ | $\mathrm{Xe}\left(0^{+}\right)$ | 4.95 | 5.191 | 0.455 | 0.199 | 0.301 |
| 124 | 54 | $\mathrm{Xe}\left(0^{+}\right)$ | $\leftarrow \mathrm{Cs}\left(1^{+}\right) \leftarrow$ | $\mathrm{Ba}\left(0^{+}\right)$ | 5.10 | 5.2 | 0.383 | 0.197 | 0.275 |
| 126 | 54 | $\mathrm{Xe}\left(0^{+}\right)$ | $\leftarrow \operatorname{Cs}\left(1^{+}\right) \leftarrow$ | $\mathrm{Ba}\left(0^{+}\right)$ | 5.066 | 5.36 | 0.398 | 0.164 | 0.255 |
| 128 | 52 | $\mathrm{Te}\left(0^{+}\right)$ | $\leftarrow \mathrm{I}\left(1^{+}\right) \rightarrow$ | $\mathrm{Xe}\left(0^{+}\right)$ | 5.049 | 6.061 | 0.406 | 0.127 | 0.227 |
| 128 | 54 | $\mathrm{Xe}\left(0^{+}\right)$ | $\leftarrow \mathrm{Cs}\left(1^{+}\right) \leftarrow$ | $\mathrm{Ba}\left(0^{+}\right)$ | 4.847 | 5.28 | 0.512 | 0.180 | 0.303 |
| 130 | 54 | $\mathrm{Xe}\left(0^{+}\right)$ | $\leftarrow \mathrm{Cs}\left(1^{+}\right) \rightarrow$ | $\mathrm{Ba}\left(0^{+}\right)$ | 5.073 | 5.36 | 0.395 | 0.284 | 0.335 |
| 134 | 56 | $\mathrm{Ba}\left(0^{+}\right)$ | $\leftarrow \mathrm{La}\left(1^{+}\right) \leftarrow$ | $\mathrm{Ce}\left(0^{+}\right)$ | 4.883 | 5.23 | 0.491 | 0.190 | 0.306 |

The formalism of Section 2 was first used to examine the ground state to ground state decays in the investigated mass region. Four rounds of pnQRPA calculations were performed using typical values of $g_{p p}=0.6,0.7,0.8,0.9$ in order to analyze the left and right branches of Gamow-Teller beta decay from each oddodd nucleus. With these values one does not have to worry about the breaking
of the pnQRPA as $g_{p p} \leq 1$ has been deemed safe over this mass region in [16]. From the solved wave functions of the first $1^{+}$states of the odd-odd nuclei, the transition amplitudes were calculated using equations (24) and (25). Theoretical geometric means of these matrix elements were then calculated for each $g_{p p}$ and fitted to the experimental values by altering the value of $g_{A}$. The calculated matrix elements and geometric means for $g_{p p}=0.7$ are given in Table 4 and visualized in Figure 5. Resulting values of $g_{A}$ for each value of $g_{p p}$ are presented in Figure 6 as a function of the mass number $A$.

In Figure 5 one can see a decreasing behaviour of the NMEs as a function of A. At first, around $A=100-112$ there is some alternation between the left and right matrix elements being larger than the other, but at $A=112$ onwards the right matrix elements are always smaller than the left ones and eventually become only about a fifth of the magnitude of the left matrix elements. The experimental $\log f t$ values in the left branch are generally smaller than the $\log f t$ values in the right branch so this is in good agreement with experimentally observed behaviour.


Figure 5: Theoretical beta decay matrix elements as a function of the mass number $A$. The computations were done with $g_{p p}=0.7$. The effect of $g_{A}$ has not yet been taken into account.

Table 4: Theoretical geometric means of the NMEs with $g_{p p}=0.7$. The values of $g_{A}$ were fixed for each process by fitting the theoretical geometric mean to the experimental value.

| A | Z | Process |  |  | $g_{A}$ | $M_{G T}^{\mathrm{th}}(l)$ | $M_{G T}^{\mathrm{th}}(r)$ | $g_{A} M_{G T}^{m}$ |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Z | Z+1 | $\mathrm{Z}+2$ |  |  |  | exp. | th. |
| 100 | 40 | $\mathrm{Zr}\left(0^{+}\right)$ | $\rightarrow \mathrm{Nb}\left(1^{+}\right) \rightarrow$ | $\operatorname{Mo}\left(0^{+}\right)$ | 0.30 | 1.664 | 0.922 | 0.377 | 0.372 |
| 100 | 42 | $\operatorname{Mo}\left(0^{+}\right)$ | $\leftarrow \mathrm{Tc}\left(1^{+}\right) \rightarrow$ | $\mathrm{Ru}\left(0^{+}\right)$ | 0.54 | 1.236 | 1.645 | 0.768 | 0.770 |
| 102 | 42 | $\operatorname{Mo}\left(0^{+}\right)$ | $\rightarrow \mathrm{Tc}\left(1^{+}\right) \rightarrow$ | $\mathrm{Ru}\left(0^{+}\right)$ | 0.41 | 1.534 | 1.305 | 0.584 | 0.580 |
| 104 | 44 | $\mathrm{Ru}\left(0^{+}\right)$ | $\leftarrow \operatorname{Rh}\left(1^{+}\right) \rightarrow$ | $\operatorname{Pd}\left(0^{+}\right)$ | 0.56 | 1.322 | 1.632 | 0.823 | 0.823 |
| 106 | 44 | $\mathrm{Ru}\left(0^{+}\right)$ | $\rightarrow \operatorname{Rh}\left(1^{+}\right) \rightarrow$ | $\operatorname{Pd}\left(0^{+}\right)$ | 0.33 | 1.540 | 1.194 | 0.441 | 0.447 |
| 106 | 46 | $\operatorname{Pd}\left(0^{+}\right)$ | $\leftarrow \operatorname{Ag}\left(1^{+}\right) \rightarrow$ | $\mathrm{Cd}\left(0^{+}\right)$ | 0.43 | 1.045 | 2.045 | 0.635 | 0.629 |
| 108 | 44 | $\mathrm{Ru}\left(0^{+}\right)$ | $\rightarrow \operatorname{Rh}\left(1^{+}\right) \rightarrow$ | $\operatorname{Pd}\left(0^{+}\right)$ | 0.32 | 1.680 | 0.8502 | 0.388 | 0.382 |
| 108 | 46 | $\operatorname{Pd}\left(0^{+}\right)$ | $\leftarrow \operatorname{Ag}\left(1^{+}\right) \rightarrow$ | $\mathrm{Cd}\left(0^{+}\right)$ | 0.50 | 1.251 | 1.643 | 0.711 | 0.717 |
| 110 | 46 | $\mathrm{Pd}\left(0^{+}\right)$ | $\leftarrow \operatorname{Ag}\left(1^{+}\right) \rightarrow$ | $\mathrm{Cd}\left(0^{+}\right)$ | 0.70 | 1.373 | 1.155 | 0.882 | 0.882 |
| 112 | 48 | $\mathrm{Cd}\left(0^{+}\right)$ | $\leftarrow \operatorname{In}\left(1^{+}\right) \rightarrow$ | $\operatorname{Sn}\left(0^{+}\right)$ | 0.68 | 0.993 | 1.557 | 0.847 | 0.846 |
| 114 | 46 | $\mathrm{Pd}\left(0^{+}\right)$ | $\rightarrow \operatorname{Ag}\left(1^{+}\right) \rightarrow$ | $\mathrm{Cd}\left(0^{+}\right)$ | 0.56 | 1.345 | 0.5676 | 0.488 | 0.489 |
| 114 | 48 | $\mathrm{Cd}\left(0^{+}\right)$ | $\leftarrow \operatorname{In}\left(1^{+}\right) \rightarrow$ | $\operatorname{Sn}\left(0^{+}\right)$ | 0.58 | 1.021 | 1.106 | 0.621 | 0.616 |
| 116 | 48 | $\mathrm{Cd}\left(0^{+}\right)$ | $\leftarrow \operatorname{In}\left(1^{+}\right) \rightarrow$ | $\operatorname{Sn}\left(0^{+}\right)$ | 0.86 | 0.989 | 0.692 | 0.708 | 0.711 |
| 118 | 48 | $\mathrm{Cd}\left(0^{+}\right)$ | $\rightarrow \operatorname{In}\left(1^{+}\right) \rightarrow$ | $\operatorname{Sn}\left(0^{+}\right)$ | 0.88 | 0.942 | 0.653 | 0.690 | 0.690 |
| 118 | 50 | $\operatorname{Sn}\left(0^{+}\right)$ | $\leftarrow \mathrm{Sb}\left(1^{+}\right) \leftarrow$ | $\mathrm{Te}\left(0^{+}\right)$ | 0.77 | 1.013 | 0.309 | 0.429 | 0.430 |
| 120 | 48 | $\mathrm{Cd}\left(0^{+}\right)$ | $\rightarrow \operatorname{In}\left(1^{+}\right) \rightarrow$ | $\operatorname{Sn}\left(0^{+}\right)$ | 0.74 | 0.886 | 0.600 | 0.541 | 0.540 |
| 122 | 48 | $\mathrm{Cd}\left(0^{+}\right)$ | $\rightarrow \operatorname{In}\left(1^{+}\right) \rightarrow$ | $\operatorname{Sn}\left(0^{+}\right)$ | 0.78 | 0.889 | 0.576 | 0.561 | 0.558 |
| 122 | 52 | $\mathrm{Te}\left(0^{+}\right)$ | $\leftarrow \mathrm{I}\left(1^{+}\right) \leftarrow$ | $\mathrm{Xe}\left(0^{+}\right)$ | 0.50 | 1.026 | 0.353 | 0.301 | 0.301 |
| 124 | 54 | $\mathrm{Xe}\left(0^{+}\right)$ | $\leftarrow \operatorname{Cs}\left(1^{+}\right) \leftarrow$ | $\mathrm{Ba}\left(0^{+}\right)$ | 0.39 | 0.988 | 0.500 | 0.275 | 0.274 |
| 126 | 54 | $\mathrm{Xe}\left(0^{+}\right)$ | $\leftarrow \operatorname{Cs}\left(1^{+}\right) \leftarrow$ | $\mathrm{Ba}\left(0^{+}\right)$ | 0.44 | 0.956 | 0.355 | 0.255 | 0.256 |
| 128 | 52 | $\mathrm{Te}\left(0^{+}\right)$ | $\leftarrow \mathrm{I}\left(1^{+}\right) \rightarrow$ | $\mathrm{Xe}\left(0^{+}\right)$ | 0.68 | 0.918 | 0.120 | 0.227 | 0.226 |
| 128 | 54 | $\mathrm{Xe}\left(0^{+}\right)$ | $\leftarrow \operatorname{Cs}\left(1^{+}\right) \leftarrow$ | $\mathrm{Ba}\left(0^{+}\right)$ | 0.63 | 0.942 | 0.246 | 0.303 | 0.304 |
| 130 | 54 | $\mathrm{Xe}\left(0^{+}\right)$ | $\leftarrow \operatorname{Cs}\left(1^{+}\right) \rightarrow$ | $\mathrm{Ba}\left(0^{+}\right)$ | 0.81 | 0.910 | 0.186 | 0.335 | 0.333 |
| 134 | 56 | $\mathrm{Ba}\left(0^{+}\right)$ | $\leftarrow \mathrm{La}\left(1^{+}\right) \leftarrow$ | $\mathrm{Ce}\left(0^{+}\right)$ | 0.76 | 0.877 | 0.184 | 0.306 | 0.305 |

In figure 6 one can immediately see that, with respect to increase in $g_{p p}, g_{A}$ becomes more unstable with increasing $A$. The value of $g_{p p}=0.9$ is thus discarded as only a small variation in $g_{A}$ is desired. It is also evident, given a reasonable interval of $g_{p p}$ values, that the geometric mean does not depend very much on the value of $g_{p p}$ as expected. This can be seen in Figure 6 as the data


Figure 6: Values of $g_{A}$ as a function of the mass number $A$. The data points were produced by fitting the theoretical geometric means to the experimental values of Table 3.
points representing different values of $g_{p p}$ for separate nuclei are very tightly packed close to each other. In other words, it does not take a significant change in $g_{A}$ to compensate for a relatively large change in $g_{p p}$.

Interestingly enough, the calculations replicate the experimental geometric means of the NMEs for $g_{p p}=0.6,0.7,0.8$ only for values of $g_{A}<1$. This is solid evidence that an effective $g_{A}$ is needed when working with this mass region. Not only are the values in general smaller than the bare value of $g_{A}=1.25$ but in some cases an effective value as low as $g_{A}=0.3$ is required.

The zigzag behaviour of Figure 6 might rise from the filling of orbitals in the simple shell model. At $A=100,108,122$ there are two different possible beta decay processes which result in notably different effective values of $g_{A}$. The process giving the smaller $g_{A}$ in these three cases appears to include a nucleus with all proton or neutron orbitals filled. However, in the $A=106$ processes the order is reversed. In the $A=100$ and $A=122$ processes both of the even-even nuclei involved have their protons or neutrons at full orbitals in the process
yielding the smaller $g_{A}$. This could explain the large difference in $g_{A}$ within a single mass number.

Decays to or from a nucleus with full proton or neutron orbitals results a higher transition amplitude than the neighbouring processes between the isotopes of the same element. For example, in the $\beta^{-}$decay of ${ }^{106} \mathrm{Pd}$ to ${ }^{106} \mathrm{Cd}$ the neutron number of the Cd nucleus is 58 , closing the $0 g_{7 / 2}$ shell. This results to a large right matrix element of $\mathcal{M}_{G T}^{t h}(r)=2.045$, much larger than of the Pd to Cd process at $A=108$ with $\mathcal{M}_{G T}^{t h}(r)=1.680$ or at $A=110$ with $\mathcal{M}_{G T}^{t h}(r)=1.155$. There seems to be something in the involved systematics which gives more strength to decays to or from a nucleus with closed shells. How the filling of orbitals affects the $g_{A}$ behaviour of Figure 6 is difficult to say as nearly every examined triplet involves one nucleus with a filled neutron orbital. The average effect appears to be quite random.

In Figure 6 one can see an interesting rising behaviour in $g_{A}$ as a function of $A$. There seem to be two mass regions in which $g_{A}$ behaves, on average, linearly with a positive slope. By making an approximation of the equations of the two lines and combining them, a function governing the entire mass range $A=100-134$ can be constructed. The function constructed along the dashed lines of Figure 6 reads as

$$
g_{A}=\left\{\begin{array}{ll}
0.02 A-1.6, & \text { for } A \in[100,120]  \tag{30}\\
\frac{1}{60} A-\frac{43}{30}, & \text { for } A \in[122,134]
\end{array} .\right.
$$

By using this function to generate values of $g_{A}$ and adopting a reasonably average value of $g_{p p}=0.7$, the Gamow-Teller matrix elements were calculated for ground state to ground state decays. The resulting left and right $\log f t$ values are presented in Table 5. The agreement with experiment is decent at the very least. The decays which are not quite along the line of equation (30) in Figure 6 expectedly produce somewhat less accurate predictions, for example the $A=124$ triplet. The use of this linear $g_{A}$ is still feasible as the overall accuracy of the predictions is very good for such a simple model.

Table 5: Calculated $\log f t$ values for ground state to ground state decays compared with experiment. The computations were performed with a linear $g_{A}$ obtained from equation (30) and $g_{p p}=0.7$. The experimental data is extracted from [12], except ${ }^{1)}$ is extrapolated from systematics of similar neighbouring decays and ${ }^{2)}$ from [26].

| A | Z | Process |  |  | $g_{A}$ | $\log f t_{\text {exp }}$ |  | $\log f t_{t h}$ |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Z | Z+1 | Z + 2 |  | left | right | left | right |
| 100 | 40 | $\mathrm{Zr}\left(0^{+}\right)$ | $\rightarrow \mathrm{Nb}\left(1^{+}\right) \rightarrow$ | $\operatorname{Mo}\left(0^{+}\right)$ | 0.40 | 4.65 | 5.1 | 4.14 | 5.13 |
| 100 | 42 | $\mathrm{Mo}\left(0^{+}\right)$ | $\leftarrow \mathrm{Tc}\left(1^{+}\right) \rightarrow$ | $\mathrm{Ru}\left(0^{+}\right)$ | 0.40 | 4.4 | 4.59 | 4.88 | 4.63 |
| 102 | 42 | $\mathrm{Mo}\left(0^{+}\right)$ | $\rightarrow \mathrm{Tc}\left(1^{+}\right) \rightarrow$ | $\mathrm{Ru}\left(0^{+}\right)$ | 0.44 | 4.21 | 4.778 | 4.13 | 4.75 |
| 104 | 44 | $\operatorname{Ru}\left(0^{+}\right)$ | $\leftarrow \operatorname{Rh}\left(1^{+}\right) \rightarrow$ | $\operatorname{Pd}\left(0^{+}\right)$ | 0.48 | 4.32 | 4.55 | 4.66 | 4.48 |
| 106 | 44 | $\mathrm{Ru}\left(0^{+}\right)$ | $\rightarrow \operatorname{Rh}\left(1^{+}\right) \rightarrow$ | $\operatorname{Pd}\left(0^{+}\right)$ | 0.52 | 4.31 | 5.168 | 3.98 | 4.68 |
| 106 | 46 | $\operatorname{Pd}\left(0^{+}\right)$ | $\leftarrow \operatorname{Ag}\left(1^{+}\right) \rightarrow$ | $\operatorname{Cd}\left(0^{+}\right)$ | 0.52 | 4.92 | $4.4{ }^{1)}$ | 4.80 | 4.21 |
| 108 | 44 | $\mathrm{Ru}\left(0^{+}\right)$ | $\rightarrow \operatorname{Rh}\left(1^{+}\right) \rightarrow$ | $\operatorname{Pd}\left(0^{+}\right)$ | 0.56 | $4.2^{2)}$ | 5.5 | 3.84 | 4.91 |
| 108 | 46 | $\operatorname{Pd}\left(0^{+}\right)$ | $\leftarrow \operatorname{Ag}\left(1^{+}\right) \rightarrow$ | $\operatorname{Cd}\left(0^{+}\right)$ | 0.56 | 4.70 | 4.425 | 4.57 | 4.34 |
| 110 | 46 | $\operatorname{Pd}\left(0^{+}\right)$ | $\leftarrow \operatorname{Ag}\left(1^{+}\right) \rightarrow$ | $\mathrm{Cd}\left(0^{+}\right)$ | 0.60 | 4.09 | 4.6596 | 4.43 | 4.58 |
| 112 | 48 | $\mathrm{Cd}\left(0^{+}\right)$ | $\leftarrow \operatorname{In}\left(1^{+}\right) \rightarrow$ | $\operatorname{Sn}\left(0^{+}\right)$ | 0.64 | 4.70 | 4.12 | 4.67 | 4.27 |
| 114 | 46 | $\operatorname{Pd}\left(0^{+}\right)$ | $\rightarrow \operatorname{Ag}\left(1^{+}\right) \rightarrow$ | $\operatorname{Cd}\left(0^{+}\right)$ | 0.68 | 4.119 | 5.1 | 3.87 | 5.09 |
| 114 | 48 | $\mathrm{Cd}\left(0^{+}\right)$ | $\leftarrow \operatorname{In}\left(1^{+}\right) \rightarrow$ | $\operatorname{Sn}\left(0^{+}\right)$ | 0.68 | 4.89 | 4.4701 | 4.58 | 4.51 |
| 116 | 48 | $\mathrm{Cd}\left(0^{+}\right)$ | $\leftarrow \operatorname{In}\left(1^{+}\right) \rightarrow$ | $\operatorname{Sn}\left(0^{+}\right)$ | 0.72 | 4.47 | 4.662 | 4.56 | 4.87 |
| 118 | 48 | $\operatorname{Cd}\left(0^{+}\right)$ | $\rightarrow \operatorname{In}\left(1^{+}\right) \rightarrow$ | $\operatorname{Sn}\left(0^{+}\right)$ | 0.76 | 3.91 | 4.79 | 4.08 | 4.87 |
| 118 | 50 | $\operatorname{Sn}\left(0^{+}\right)$ | $\leftarrow \mathrm{Sb}\left(1^{+}\right) \leftarrow$ | $\mathrm{Te}\left(0^{+}\right)$ | 0.76 | 4.525 | 5.0 | 4.49 | 5.05 |
| 120 | 48 | $\mathrm{Cd}\left(0^{+}\right)$ | $\rightarrow \operatorname{In}\left(1^{+}\right) \rightarrow$ | $\operatorname{Sn}\left(0^{+}\right)$ | 0.80 | 4.1 | 5.023 | 4.08 | 4.90 |
| 122 | 48 | $\mathrm{Cd}\left(0^{+}\right)$ | $\rightarrow \operatorname{In}\left(1^{+}\right) \rightarrow$ | $\operatorname{Sn}\left(0^{+}\right)$ | 0.60 | 3.95 | 5.11 | 4.33 | 5.19 |
| 122 | 52 | $\mathrm{Te}\left(0^{+}\right)$ | $\leftarrow \mathrm{I}\left(1^{+}\right) \leftarrow$ | $\mathrm{Xe}\left(0^{+}\right)$ | 0.60 | 4.95 | 5.191 | 4.69 | 5.12 |
| 124 | 54 | $\mathrm{Xe}\left(0^{+}\right)$ | $\leftarrow \operatorname{Cs}\left(1^{+}\right) \leftarrow$ | $\mathrm{Ba}\left(0^{+}\right)$ | 0.63 | 5.10 | 5.2 | 4.68 | 4.79 |
| 126 | 54 | $\mathrm{Xe}\left(0^{+}\right)$ | $\leftarrow \operatorname{Cs}\left(1^{+}\right) \leftarrow$ | $\mathrm{Ba}\left(0^{+}\right)$ | 0.67 | 5.066 | 5.36 | 4.65 | 5.04 |
| 128 | 52 | $\mathrm{Te}\left(0^{+}\right)$ | $\leftarrow \mathrm{I}\left(1^{+}\right) \rightarrow$ | $\mathrm{Xe}\left(0^{+}\right)$ | 0.70 | 5.049 | 6.061 | 4.65 | 6.42 |
| 128 | 54 | $\mathrm{Xe}\left(0^{+}\right)$ | $\leftarrow \operatorname{Cs}\left(1^{+}\right) \leftarrow$ | $\mathrm{Ba}\left(0^{+}\right)$ | 0.70 | 4.847 | 5.28 | 4.63 | 5.32 |
| 130 | 54 | $\mathrm{Xe}\left(0^{+}\right)$ | $\leftarrow \operatorname{Cs}\left(1^{+}\right) \rightarrow$ | $\mathrm{Ba}\left(0^{+}\right)$ | 0.73 | 5.073 | 5.36 | 4.62 | 6.00 |
| 134 | 56 | $\mathrm{Ba}\left(0^{+}\right)$ | $\leftarrow \mathrm{La}\left(1^{+}\right) \leftarrow$ | $\mathrm{Ce}\left(0^{+}\right)$ | 0.80 | 4.883 | 5.23 | 4.57 | 5.45 |

The semi-magic isotopes of Sn have, in earlier work, brought some trouble in calculating the ground state to ground state decays with constant $g_{A}$ values [16]. The BCS quasiparticle theory does not function well at closed shells and some problems are often expected in these calculations. However, every process
involving a tin isotope is actually predicted very well by the linear $g_{A}$ model.

The accuracy of the predictions of Table 5 were evaluated by taking the mean deviation from the experimental $\log f t$ values. The mean deviation is calculated from

$$
\begin{equation*}
\Delta_{m}=\frac{1}{\# D} \sum_{D}\left|\log f t_{t h}-\log f t_{e x p}\right| \tag{31}
\end{equation*}
$$

where the summation is over all of the investigated processes. The calculated mean deviations result to $\Delta_{m}=0.27,0.18,0.23$ for the left branch, right branch and all decays respectively. The mean deviation from experiment is rather small overall, even smaller if examining only the right branch of decays. Thus, the predictions given by the linear $g_{A}$ model can be deemed reliable for ground state to ground state decays.

One might be able to enhance some of the results of Table 5 by altering the value of $g_{p p}$ for different mass numbers. However, the comfortability of using a constant value would be lost. Moreover, the larger deviations often happen in processes where both the left and right theoretical $\log f t$ values are too small. In these situations, only the left or the right branch could be fit to experimental data by $g_{p p}$, but never both. These processes are easily recognized to be deviations from the linear model of $g_{A}$ instead.

### 3.2 Decays to excited states

The examination of the linear $g_{A}$ model was then expanded to decays from the $1^{+}$ground state of the odd-odd nuclei to the first excited $2^{+}$state of the even-even nuclei and to the $0^{+}$and $2^{+}$two-phonon states constructed from the wave function of the first $2^{+}$state. The wave function of the first $2^{+}$state was computed by the QRPA formalism and the required transition amplitudes were determined by using the equations in Section 2.5.3.

All processes in the investigated mass region with experimental data available for decays to these excited states have been included and the results of the calculations are presented in Table 6 and visualized in Figures 7, 8 and 9. The predictions of $\log f t$ values for decays beyond ground states are generally more tricky. The QRPA and pnQRPA calculations are often accurate for only the lowest-lying states and even then the wave function of the obtained state might connect to some other state with the same angular momentum and parity, perhaps at a higher energy.

Still, the accuracy of the prediction is quite passable, especially for decays to the first $2^{+}$state, the energy of which was fitted to an experimental value. The calculated $\log f t$ values for decays to the two-phonon $2^{+}$state are systematically too large compared to the experimental values. For these states there seems to be some mechanism that the present formalism does not account for. The computed $\log f t$ values of Table 6 result to mean deviations of 0.47 (with the badly functioning Rh to Pd processes omitted) for decays to the $2_{1}^{+}$state, 0.74 to the $0_{2-p h}^{+}$state and 0.82 to the $2_{2-p h}^{+}$state.

Table 6: Calculated $\log f t$ values for decays to excited states compared with experiment. The computations were performed with a linear $g_{A}$ obtained from equation (30) and $g_{p p}=0.7$. The experimental data is extracted from [12].

| A |  | Process |  | $E_{f}(\mathrm{MeV})$ | $g_{A}$ | $\log f t_{\text {exp }}$ | $\log f t_{t h}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 100 | $\mathrm{Nb}\left(1_{\text {gs }}^{+}\right)$ | $\rightarrow$ | $\mathrm{Mo}\left(2_{1}^{+}\right)$ | 0.5356 | 0.40 | 5.65 | 5.94 |
|  |  | $\beta^{-}$ |  |  |  |  |  |
|  | $\mathrm{Nb}\left(1_{\text {gs }}^{+}\right)$ | $\rightarrow$ | $\mathrm{Mo}\left(0_{2}^{+}\right)$ | 0.6951 | 0.40 | 5.7 | 5.72 |
|  |  | $\beta^{-}$ |  |  |  |  |  |
|  | $\mathrm{Nb}\left(1_{\text {gs }}^{+}\right)$ | $\rightarrow$ | $\mathrm{Mo}\left(2_{2}^{+}\right)$ | 1.0638 | 0.40 | 5.9 | 6.76 |
|  |  | $\beta^{-}$ |  |  |  |  |  |
| 100 | $\mathrm{Tc}\left(1_{\text {gs }}^{+}\right)$ | $\rightarrow$ | $\mathrm{Ru}\left(2_{1}^{+}\right)$ | 0.5395 | 0.40 | 6.4 | 5.88 |
|  |  | $\beta^{-}$ |  |  |  |  |  |
|  | $\mathrm{Tc}\left(1_{g s}^{+}\right)$ | $\rightarrow$ | $\mathrm{Ru}\left(0_{2}^{+}\right)$ | 1.1303 | 0.40 | 5.04 | 6.06 |
|  |  | $\beta^{-}$ |  |  |  |  |  |
|  | $\mathrm{Tc}\left(1_{g s}^{+}\right)$ | $\rightarrow$ | $\mathrm{Ru}\left(2_{2}^{+}\right)$ | 1.3622 | 0.40 | 7.1 | 7.35 |
|  |  | $\beta^{-}$ |  |  |  |  |  |
| 102 | $\mathrm{Tc}\left(1_{g s}^{+}\right)$ | $\rightarrow$ | $\mathrm{Ru}\left(2_{1}^{+}\right)$ | 0.4751 | 0.44 | 5.99 | 6.24 |
|  |  | $\beta^{-}$ |  |  |  |  |  |
|  | $\mathrm{Tc}\left(1_{g s}^{+}\right)$ | $\rightarrow$ | $\mathrm{Ru}\left(0_{2}^{+}\right)$ | 0.9437 | 0.44 | 6.60 | 5.60 |
|  |  | $\beta^{-}$ |  |  |  |  |  |
|  | $\mathrm{Tc}\left(1_{g s}^{+}\right)$ | $\rightarrow$ | $\mathrm{Ru}\left(2_{2}^{+}\right)$ | 1.1030 | 0.44 | $\approx 7.0$ | 6.80 |
|  |  | $\beta^{-}$ |  |  |  |  |  |
| 104 | $\operatorname{Rh}\left(1_{\text {gs }}^{+}\right)$ | $\rightarrow$ | $\mathrm{Ru}\left(2_{1}^{+}\right)$ | 0.3580 | 0.48 | 5.42 | 5.94 |
|  |  | $\beta^{+} / E C$ |  |  |  |  |  |
|  | $\operatorname{Rh}\left(1_{g s}^{+}\right)$ | $\rightarrow$ | $\mathrm{Ru}\left(0_{2}^{+}\right)$ | 0.9883 | 0.48 | 5.15 | 5.23 |
|  |  | $\beta^{+} / E C$ |  |  |  |  |  |

Table 6 - Continued from previous page

| A |  | Process |  | $E_{f}(\mathrm{MeV})$ | $g_{A}$ | $\log f t_{\text {exp }}$ | $\log f t_{t h}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 104 | $\operatorname{Rh}\left(1_{g s}^{+}\right)$ | $\beta^{+} / E C$ | $\mathrm{Ru}\left(2_{2}^{+}\right)$ | 0.8931 | 0.48 | - | 6.05 |
|  |  |  |  |  |  |  |  |
| 104 | $\operatorname{Rh}\left(1_{g s}^{+}\right)$ | $\rightarrow$ | $\operatorname{Pd}\left(2_{1}^{+}\right)$ | 0.5558 | 0.48 | 5.80 | 7.43 |
|  |  | $\beta^{-}$ |  |  |  |  |  |
|  | $\operatorname{Rh}\left(1_{g s}^{+}\right)$ | $\rightarrow$ | $\operatorname{Pd}\left(0_{2}^{+}\right)$ | 1.3336 | 0.48 | 7.36 | 5.70 |
|  |  | $\beta^{-}$ |  |  |  |  |  |
|  | $\operatorname{Rh}\left(1_{g s}^{+}\right)$ | $\rightarrow$ | $\operatorname{Pd}\left(2_{2}^{+}\right)$ | 1.3417 | 0.48 | 8.7 | 7.13 |
|  |  | $\beta^{-}$ |  |  |  |  |  |
| 106 | $\operatorname{Rh}\left(1_{g s}^{+}\right)$ | $\rightarrow$ | $\operatorname{Pd}\left(2_{1}^{+}\right)$ | 0.5119 | 0.52 | 5.865 | 9.07 |
|  |  | $\beta^{-}$ |  |  |  |  |  |
|  | $\operatorname{Rh}\left(1_{g s}^{+}\right)$ | $\rightarrow$ | $\operatorname{Pd}\left(0_{2}^{+}\right)$ | 1.1338 | 0.52 | 5.345 | 5.39 |
|  |  | $\beta^{-}$ |  |  |  |  |  |
|  | $\operatorname{Rh}\left(1_{g s}^{+}\right)$ | $\rightarrow$ | $\operatorname{Pd}\left(2_{2}^{+}\right)$ | 1.1280 | 0.52 | 6.55 | 6.70 |
|  |  | $\beta^{-}$ |  |  |  |  |  |
| 106 | $\mathrm{Ag}\left(1_{g s}^{+}\right)$ | $\rightarrow$ | $\operatorname{Pd}\left(2_{1}^{+}\right)$ | 0.5119 | 0.52 | 5.24 | 5.74 |
|  |  | $\beta^{+} / E C$ |  |  |  |  |  |
|  | $\operatorname{Ag}\left(1_{g s}^{+}\right)$ | $\rightarrow$ | $\operatorname{Pd}\left(0_{2}^{+}\right)$ | 1.1338 | 0.52 | 6.5 | 5.17 |
|  |  | $\beta^{+} / E C$ |  |  |  |  |  |
|  | $\operatorname{Ag}\left(1_{g s}^{+}\right)$ | $\rightarrow$ | $\operatorname{Pd}\left(2_{2}^{+}\right)$ | 1.1280 | 0.52 | - | 6.01 |
|  |  | $\beta^{+} / E C$ |  |  |  |  |  |
| 108 | $\operatorname{Rh}\left(1_{g s}^{+}\right)$ | $\rightarrow$ | $\operatorname{Pd}\left(2_{1}^{+}\right)$ | 0.4339 | 0.56 | 5.7 | 9.40 |
|  |  | $\beta^{-}$ |  |  |  |  |  |
|  | $\operatorname{Rh}\left(1_{g s}^{+}\right)$ | $\rightarrow$ | $\operatorname{Pd}\left(0_{2}^{+}\right)$ | 1.0528 | 0.56 | 5.6 | 5.15 |
|  |  | $\beta^{-}$ |  |  |  |  |  |
|  | $\operatorname{Rh}\left(1_{g s}^{+}\right)$ | $\rightarrow$ | $\operatorname{Pd}\left(2_{2}^{+}\right)$ | 0.9312 | 0.56 | 6.0 | 6.43 |
|  |  | $\beta^{-}$ |  |  |  |  |  |
| 108 | $\mathrm{Ag}\left(1_{\text {gs }}^{+}\right)$ | $\rightarrow$ | $\operatorname{Pd}\left(2_{1}^{+}\right)$ | 0.4339 | 0.56 | 5.46 | 5.20 |
|  |  | $\beta^{+} / E C$ |  |  |  |  |  |
|  | $\operatorname{Ag}\left(1_{g s}^{+}\right)$ | $\rightarrow$ | $\operatorname{Pd}\left(0_{2}^{+}\right)$ | 1.0528 | 0.56 | 4.89 | 5.24 |
|  |  | $\beta^{+} / E C$ |  |  |  |  |  |

Continued on next page

Table 6 - Continued from previous page

| A |  | Process |  | $E_{f}(\mathrm{MeV})$ | $g_{A}$ | $\log f t_{\text {exp }}$ | $\log f t_{t h}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 108 | $\mathrm{Ag}\left(1_{g s}^{+}\right)$ | $\begin{gathered} \rightarrow \\ \beta^{+} / E C \end{gathered}$ | $\operatorname{Pd}\left(2_{2}^{+}\right)$ | 0.9312 | 0.56 | - | 6.03 |
| 108 | $\operatorname{Ag}\left(1_{g s}^{+}\right)$ | $\begin{aligned} & \overrightarrow{\beta^{-}} \end{aligned}$ | $\mathrm{Cd}\left(2_{1}^{+}\right)$ | 0.6330 | 0.56 | 5.35 | 5.97 |
| 110 | $\operatorname{Ag}\left(1_{g s}^{+}\right)$ | $\begin{aligned} & \vec{~} \\ & \beta^{-} \end{aligned}$ | $\operatorname{Cd}\left(2_{1}^{+}\right)$ | 0.6578 | 0.60 | 5.524 | 5.75 |
|  | $\mathrm{Ag}\left(1_{g s}^{+}\right)$ | $\begin{aligned} & \rightarrow \\ & \beta^{-} \end{aligned}$ | $\mathrm{Cd}\left(0_{2}^{+}\right)$ | 1.4731 | 0.60 | 6.80 | 5.55 |
|  | $\mathrm{Ag}\left(1_{g s}^{+}\right)$ | $\begin{aligned} & \vec{~} \\ & \beta^{-} \end{aligned}$ | $\mathrm{Cd}\left(2_{2}^{+}\right)$ | 1.4758 | 0.60 | 7.35 | 7.47 |
| 112 | $\operatorname{In}\left(1_{\text {gs }}^{+}\right)$ | $\begin{gathered} \overrightarrow{ } \\ \beta^{+} / E C \end{gathered}$ | $\mathrm{Cd}\left(2_{1}^{+}\right)$ | 0.6175 | 0.64 | 5.309 | 5.14 |
|  | $\operatorname{In}\left(1_{\text {gs }}^{+}\right)$ | $\begin{gathered} \rightarrow \\ \beta^{+} / E C \end{gathered}$ | $\mathrm{Cd}\left(0_{2}^{+}\right)$ | 1.2245 | 0.64 | 5.376 | 5.66 |
|  | $\operatorname{In}\left(1_{\text {gs }}^{+}\right)$ | $\begin{gathered} \rightarrow \\ \beta^{+} / E C \end{gathered}$ | $\mathrm{Cd}\left(2_{2}^{+}\right)$ | 1.3124 | 0.64 | 7.17 | 6.48 |
| 114 | $\mathrm{Ag}\left(1_{g s}^{+}\right)$ | $\begin{aligned} & \overrightarrow{\beta^{-}} \end{aligned}$ | $\mathrm{Cd}\left(2_{1}^{+}\right)$ | 0.5585 | 0.68 | 5.6 | 5.99 |
|  | $\operatorname{Ag}\left(1_{g s}^{+}\right)$ | $\begin{aligned} & \overrightarrow{ } \\ & \beta^{-} \end{aligned}$ | $\mathrm{Cd}\left(0_{2}^{+}\right)$ | 1.1345 | 0.68 | 6.3 | 5.49 |
|  | $\mathrm{Ag}\left(1_{g s}^{+}\right)$ | $\begin{aligned} & \rightarrow \\ & \beta^{-} \end{aligned}$ | $\mathrm{Cd}\left(2_{2}^{+}\right)$ | 1.2097 | 0.68 | 6.5 | 7.87 |
| 114 | $\operatorname{In}\left(1_{\text {gs }}^{+}\right)$ | $\begin{gathered} \rightarrow \\ \beta^{+} / E C \end{gathered}$ | $\mathrm{Cd}\left(2_{1}^{+}\right)$ | 0.5585 | 0.68 | $\geq 5.3$ | 4.84 |
|  | $\operatorname{In}\left(1_{\text {gs }}^{+}\right)$ | $\begin{gathered} \rightarrow \\ \beta^{+} / E C \end{gathered}$ | $\mathrm{Cd}\left(0_{2}^{+}\right)$ | 1.1345 | 0.68 | 5.5 | 5.95 |
|  | $\operatorname{In}\left(1_{\text {gs }}^{+}\right)$ | $\begin{gathered} \rightarrow \\ \beta^{+} / E C \end{gathered}$ | $\mathrm{Cd}\left(2_{2}^{+}\right)$ | 1.2097 | 0.68 | - | 6.70 |
| 114 | $\operatorname{In}\left(1_{g s}^{+}\right)$ | $\begin{aligned} & \overrightarrow{\beta^{-}} \end{aligned}$ | $\operatorname{Sn}\left(2_{1}^{+}\right)$ | 1.2999 | 0.68 | 5.58 | 5.20 |

Table 6 - Continued from previous page

| A |  | Process |  | $E_{f}(\mathrm{MeV})$ | $g_{A}$ | $\log f t_{\text {exp }}$ | $\log f t_{t h}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 116 | $\operatorname{In}\left(1_{g s}^{+}\right)$ | $\rightarrow$ | $\operatorname{Sn}\left(2_{1}^{+}\right)$ | 1.2935 | 0.72 | 5.85 | 5.52 |
|  |  | $\beta^{-}$ |  |  |  |  |  |
|  | $\operatorname{In}\left(1_{g s}^{+}\right)$ | $\rightarrow$ | $\operatorname{Sn}\left(0_{2}^{+}\right)$ | 1.7569 | 0.72 | 5.88 | 6.64 |
|  |  | $\beta^{-}$ |  |  |  |  |  |
|  | $\operatorname{In}\left(1_{g s}^{+}\right)$ | $\rightarrow$ | $\operatorname{Sn}\left(2_{2}^{+}\right)$ | 2.1123 | 0.72 | 6.31 | 7.25 |
|  |  | $\beta^{-}$ |  |  |  |  |  |
| 118 | $\operatorname{In}\left(1_{g s}^{+}\right)$ | $\rightarrow$ | $\operatorname{Sn}\left(2_{1}^{+}\right)$ | 1.2297 | 0.76 | 5.63 | 5.53 |
|  |  | $\beta^{-}$ |  |  |  |  |  |
|  | $\operatorname{In}\left(1_{g s}^{+}\right)$ | $\rightarrow$ | $\operatorname{Sn}\left(0_{2}^{+}\right)$ | 1.7583 | 0.76 | 5.98 | 6.32 |
|  |  | $\beta^{-}$ |  |  |  |  |  |
|  | $\operatorname{In}\left(1_{g s}^{+}\right)$ | $\rightarrow$ | $\operatorname{Sn}\left(2_{2}^{+}\right)$ | 2.0429 | 0.76 | 6.15 | 6.96 |
|  |  | $\beta^{-}$ |  |  |  |  |  |
| 118 | $\mathrm{Sb}\left(1_{\text {gs }}^{+}\right)$ | $\rightarrow$ | $\operatorname{Sn}\left(2_{1}^{+}\right)$ | 1.2297 | 0.76 | 5.79 | 5.58 |
|  |  | $\beta^{+} / E C$ |  |  |  |  |  |
|  | $\mathrm{Sb}\left(1_{\text {gs }}^{+}\right)$ | $\rightarrow$ | $\operatorname{Sn}\left(0_{2}^{+}\right)$ | 1.7583 | 0.76 | 5.69 | 6.89 |
|  |  | $\beta^{+} / E C$ |  |  |  |  |  |
|  | $\mathrm{Sb}\left(1_{\text {gs }}^{+}\right)$ | $\rightarrow$ | $\operatorname{Sn}\left(2_{2}^{+}\right)$ | 2.0429 | 0.76 | 6.84 | 7.81 |
|  |  | $\beta^{+} / E C$ |  |  |  |  |  |
| 120 | $\operatorname{In}\left(1_{g s}^{+}\right)$ | $\rightarrow$ | $\operatorname{Sn}\left(2_{1}^{+}\right)$ | 1.1713 | 0.80 | 5.23 | 5.58 |
|  |  | $\beta^{-}$ |  |  |  |  |  |
|  | $\operatorname{In}\left(1_{g s}^{+}\right)$ | $\rightarrow$ | $\operatorname{Sn}\left(0_{2}^{+}\right)$ | 1.8753 | 0.80 | 5.96 | 6.29 |
|  |  | $\beta^{-}$ |  |  |  |  |  |
|  | $\operatorname{In}\left(1_{g s}^{+}\right)$ | $\rightarrow$ | $\operatorname{Sn}\left(2_{2}^{+}\right)$ | 2.0972 | 0.80 | 6.37 | 6.93 |
|  |  | $\beta^{-}$ |  |  |  |  |  |
| 122 | $\operatorname{In}\left(1_{g s}^{+}\right)$ | $\rightarrow$ | $\operatorname{Sn}\left(2_{1}^{+}\right)$ | 1.1405 | 0.60 | 5.36 | 5.87 |
|  |  | $\beta^{-}$ |  |  |  |  |  |
|  | $\operatorname{In}\left(1_{g s}^{+}\right)$ | $\rightarrow$ | $\operatorname{Sn}\left(0_{2}^{+}\right)$ | 2.0877 | 0.60 | 6.49 | 6.52 |
|  |  | $\beta^{-}$ |  |  |  |  |  |
|  | $\operatorname{In}\left(1_{g s}^{+}\right)$ | $\rightarrow$ | $\operatorname{Sn}\left(2_{2}^{+}\right)$ | 2.1538 | 0.60 | 5.71 | 7.16 |
|  |  | $\beta^{-}$ |  |  |  |  |  |

Table 6 - Continued from previous page

| A |  | Process |  | $E_{f}(\mathrm{MeV})$ | $g_{A}$ | $\log f t_{\text {exp }}$ | $\log f t_{t h}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 122 | $\mathrm{I}\left(1_{g s}^{+}\right)$ | $\rightarrow$ | $\mathrm{Te}\left(2_{1}^{+}\right)$ | 0.5641 | 0.60 | 5.39 | 6.94 |
|  |  | $\beta^{+} / E C$ |  |  |  |  |  |
|  | $\mathrm{I}\left(1_{g s}^{+}\right)$ | $\rightarrow$ | $\mathrm{Te}\left(0_{2}^{+}\right)$ | 1.3574 | 0.60 | 5.93 | 6.56 |
|  |  | $\beta^{+} / E C$ |  |  |  |  |  |
|  | $\mathrm{I}\left(1_{g s}^{+}\right)$ |  | $\mathrm{Te}\left(2_{2}^{+}\right)$ | 1.2570 | 0.60 | 6.31 | 7.81 |
|  |  | $\beta^{+} / E C$ |  |  |  |  |  |
| 124 | $\mathrm{Cs}\left(1_{\text {gs }}^{+}\right)$ |  | $\mathrm{Xe}\left(2_{1}^{+}\right)$ | 0.3540 | 0.63 | 5.10 | 5.98 |
|  |  | $\beta^{+} / E C$ |  |  |  |  |  |
|  | $\mathrm{Cs}\left(1_{g s}^{+}\right)$ | $\rightarrow$ | $\mathrm{Xe}\left(2_{2}^{+}\right)$ | 0.8465 | 0.63 | 5.89 | 7.14 |
|  |  | $\beta^{+} / E C$ |  |  |  |  |  |
| 126 | $\operatorname{Cs}\left(1_{\text {gs }}^{+}\right)$ | $\rightarrow$ | $\mathrm{Xe}\left(2_{1}^{+}\right)$ | 0.3886 | 0.67 | 5.151 | 5.77 |
|  |  | $\beta^{+} / E C$ |  |  |  |  |  |
|  | $\mathrm{Cs}\left(1_{\text {gs }}^{+}\right)$ | $\rightarrow$ | $\mathrm{Xe}\left(0_{2}^{+}\right)$ | 1.3139 | 0.67 | 5.39 | 6.52 |
|  |  | $\beta^{+} / E C$ |  |  |  |  |  |
|  | $\mathrm{Cs}\left(1_{\text {gs }}^{+}\right)$ | $\rightarrow$ | $\mathrm{Xe}\left(2_{2}^{+}\right)$ | 0.8799 | 0.67 | 5.78 | 7.23 |
|  |  | $\beta^{+} / E C$ |  |  |  |  |  |
| 128 | $\mathrm{I}\left(1_{g s}^{+}\right)$ | $\rightarrow$ | $\mathrm{Te}\left(2_{1}^{+}\right)$ | 0.7432 | 0.70 | 6.007 | 5.92 |
|  |  | $\beta^{+} / E C$ |  |  |  |  |  |
| 128 | $\mathrm{I}\left(1_{g s}^{+}\right)$ | $\rightarrow$ | $\mathrm{Xe}\left(2_{1}^{+}\right)$ | 0.4429 | 0.70 | 6.495 | 5.92 |
|  |  | $\beta^{-}$ |  |  |  |  |  |
|  | $\mathrm{I}\left(1_{g s}^{+}\right)$ | $\rightarrow$ | $\mathrm{Xe}\left(0_{2}^{+}\right)$ | 1.5830 | 0.70 | 7.748 | 5.46 |
|  |  | $\beta^{-}$ |  |  |  |  |  |
|  | $\mathrm{I}\left(1_{g s}^{+}\right)$ | $\rightarrow$ | $\mathrm{Xe}\left(2_{2}^{+}\right)$ | 0.9695 | 0.70 | 6.754 | 6.79 |
|  |  | $\beta^{-}$ |  |  |  |  |  |
| 128 | $\mathrm{Cs}\left(1_{\text {gs }}^{+}\right)$ |  | $\mathrm{Xe}\left(2_{1}^{+}\right)$ | 0.4429 | 0.70 | 5.093 | 5.71 |
|  |  | $\beta^{+} / E C$ |  |  |  |  |  |
|  | $\mathrm{Cs}\left(1_{\text {gs }}^{+}\right)$ | $\rightarrow$ | $\mathrm{Xe}\left(0_{2}^{+}\right)$ | 1.5830 | 0.70 | 5.583 | 6.84 |
|  |  | $\beta^{+} / E C$ |  |  |  |  |  |
|  | $\mathrm{Cs}\left(1_{\text {gs }}^{+}\right)$ | $\rightarrow$ | $\mathrm{Xe}\left(2_{2}^{+}\right)$ | 0.9695 | 0.70 | 5.832 | 7.47 |
|  |  | $\beta^{+} / E C$ |  |  |  |  |  |

Table 6 - Continued from previous page

| A |  | Process |  | $E_{f}(\mathrm{MeV})$ | $g_{A}$ | $\log f t_{\text {exp }}$ | $\log f t_{t h}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 130 | $\mathrm{Cs}\left(1_{g s}^{+}\right)$ | $\rightarrow$ <br> $\beta^{+} / E C$ | $\mathrm{Xe}\left(2_{1}^{+}\right)$ | 0.5361 | 0.73 | 6.3 | 5.65 |
|  | $\mathrm{Cs}\left(1_{g s}^{+}\right)$ | $\rightarrow$ <br> $\beta^{+} / E C$ <br> $\mathrm{Cs}\left(1_{g s}^{+}\right)$ | $\mathrm{Xe}\left(0_{2}^{+}\right)$ | 1.7935 | 0.73 | 7.0 | 7.16 |
|  | $\rightarrow$ <br> $\beta^{+} / E C$ | $\mathrm{Xe}\left(2_{2}^{+}\right)$ | 1.1221 | 0.73 | 7.5 | 7.74 |  |
| 134 | $\mathrm{La}\left(1_{g s}^{+}\right)$ | $\rightarrow$ <br> $\beta^{+} / E C$ <br> $\mathrm{La}\left(1_{g s}^{+}\right)$ | $\mathrm{Ba}\left(2_{1}^{+}\right)$ <br> $\beta^{+} / E C$ | $\mathrm{Ba}\left(0_{2}^{+}\right)$ | 1.7606 | 0.80 | 7.32 |



Figure 7: Experimental and theoretical $\log f t$ values of decays to the first excited $2^{+}$states of the even-even nuclei.

A curious case arises in the decay of rhodium to palladium via $\beta^{-}$decay, in


Figure 8: Experimental and theoretical $\log f t$ values of decays to the $0^{+}$ quadrupole two-phonon states of the even-even nuclei.
which the transition to the first $2^{+}$state is predicted very slow for each $A=$ 104, 106, 108. This can be seen in Figure 7 as the largest deviations from the experimental values. The deviation is likely to be due to the $X$ and $Y$ amplitudes in the major components of the wave function of the ground state of the Rh nucleus having opposite sign. There are thus large cancellations in the transition amplitudes and the calculated $\log f t$ values are very high making the comparative half lives too long by several orders of magnitude. It might also hint that the QRPA wave function of the first $2^{+}$state does not connect with the corresponding experimental state.

It is often not clear which states in the experimental spectrum actually correspond to the excited two-phonon states calculated from equation (8). There might be two $2^{+}$states accompanied by a $0^{+}$state within an essentially degenerate small energy interval. The degeneracy of the quadrupole two-phonon triplet might also be split by an unexpectedly large amount in the experimental spectrum. There are cases like this in the $A=116-118$ processes involving isotopes of Sn . Sn has a magic proton number of 50 , which leads to the energy of the first excited $2^{+}$state to be high compared to other neighbouring isotopes. This then leads to the two-phonon states to have a higher energy and thus makes it easier for them to get mixed with other kinds of excited states.


Figure 9: Experimental and theoretical $\log f t$ values of decays to the $2^{+}$ quadrupole two-phonon states of the even-even nuclei.

The experimental $\log f t$ values for these states are rather similar, though, so the error brought by a mistaken two-phonon state is not very substantial. The states appearing on Table 6 are ones thought of as the most reasonable guesses.

A disappearance of a clear two-phonon $0^{+}$state happens at $A \geq 126$. The experimental $\log f t$ values are given for the lowest excited $0^{+}$state, but this state is always too high in energy to be the two-phonon state the theory predicts. Either the degeneracy of the collective two-phonon triplet increases with increasing mass number $A$ or the formation of this particular multipolarity is prevented in nuclei investigated here with $A \geq 126$. The theoretical $\log f t$ values for these transitions often seem to deviate more than one unit from the experimental $\log f t$ value for the $0_{2}^{+}$state. There are also a few cases in which the theoretical prediction would coincide almost perfectly with the experimental value for the $0_{2}^{+}$state. Predictions of $\log f t$ values in the QRPA framework are often a game of chance in single events and it would take a larger specimen of nuclei and processes to make definite conclusions on the matter. The $4^{+}$state of the supposed quadrupole two phonon triplet can nevertheless be found, as is the case in the experimental energy spectra of ${ }^{126} \mathrm{Xe}$ and ${ }^{128} \mathrm{Xe}$ in Figure 10. The first excited $0^{+}$state in these cases lies around triple the energy of the first
$2^{+}$state. This makes it more probable for the $0_{2}^{+}$state to result from some other origin than two quadrupole phonons.


Figure 10: The experimental low energy spectra of ${ }^{126} \mathrm{Xe}$ and ${ }^{128} \mathrm{Xe}$ [12]. The energies are in keV . The $2^{+}$and $4^{+}$members of the quadrupole two-phonon triplets can be recognized at around twice the energy of the first $2^{+}$state, but the first $0^{+}$state is much higher in energy.

## 4 Conclusions

A study of beta decay properties in the QRPA framework was performed in a vast mass region $A=100-134$ in order to understand the systematics of the effective axial-vector coupling constant $g_{A}$ in allowed Gamow-Teller transitions. The investigated processes were transitions to and from the ground states of the following odd-odd nuclei: ${ }^{100} \mathrm{Nb},{ }^{100} \mathrm{Tc},{ }^{102} \mathrm{Tc},{ }^{104} \mathrm{Rh},{ }^{106} \mathrm{Rh},{ }^{106} \mathrm{Ag},{ }^{108} \mathrm{Rh}$, ${ }^{108} \mathrm{Ag},{ }^{110} \mathrm{Ag},{ }^{112} \mathrm{In},{ }^{114} \mathrm{Ag},{ }^{114} \mathrm{In},{ }^{116} \mathrm{In},{ }^{118} \mathrm{In},{ }^{118} \mathrm{Sb},{ }^{120} \mathrm{In},{ }^{122} \mathrm{In},{ }^{122} \mathrm{I},{ }^{124} \mathrm{Cs}$, ${ }^{126} \mathrm{Cs},{ }^{128} \mathrm{I},{ }^{128} \mathrm{Cs},{ }^{130} \mathrm{Cs}$ and ${ }^{134} \mathrm{La}$. Calculations were made in the QRPA framework in large valence spaces using realistic Bonn-A two-body interactions.

First, the ground state to ground state decays were examined by fitting the theoretical geometric means of the left and right Gamow-Teller matrix elements associated with each odd-odd nucleus to an experimental theoretical mean. This was done using four separate values for the particle-particle interaction strength parameter $g_{p p}=0.6,0.7,0.8,0.9$. The results were plotted to a graph, which is presented in Figure 6. In the graph, there were two mass regions in which the average behaviour of $g_{A}$ was roughly linear. By this method, a linear model for the behaviour of $g_{A}$ as a function of the mass number $A$ was adopted and predictions were made for the $\log f t$ values of ground state to ground state decays with an average value of $g_{p p}=0.7$ and

$$
g_{A}=\left\{\begin{array}{ll}
0.02 A-1.6, & \text { for } A \in[100,120] \\
\frac{1}{60} A-\frac{43}{30}, & \text { for } A \in[122,134]
\end{array} .\right.
$$

This examination left little doubt as to whether an effective value for $g_{A}$ is needed as the results all around pointed to values less than unity. With a linear model suggested to depict the behaviour of the effective $g_{A}$, the model was then put to a test. The linear model for $g_{A}$ was found accurate in describing the ground state to ground state decays. The mean deviation of theoretical $\log f t$ values from experimental ones with all processes included was 0.23 . Much of the deviation is attributed to the decays which were furthest away from the linear fit of Figure 6. The linear model gives very good predictions for such a simple model.

The study was then extended to decays from the $1^{+}$ground state of the odd-odd nuclei to the lowest lying excited states in the even-even nuclei: the first excited $2^{+}$state and the collective quadrupole two-phonon $0^{+}$and $2^{+}$states. Predictions of $\log f t$ values were made for every process with experimental reference data available.

The accuracy of the predictions for decays to the first $2^{+}$states was decent, yet somewhat expectedly not as good as in the case of ground state decays. The decay of rhodium $1_{g s}^{+}$to palladium $2_{1}^{+}$yielded a very high theoretical $\log f t$ value for each $A=104,106,108$. This was attributed to unfortunate cancellations in the transition amplitudes due to the $X$ and $Y$ amplitudes of the wave function of the $1^{+}$ground state of the rhodium nucleus. All other theoretical values were within reasonable limits of the experimental values. In any case, the linear $g_{A}$ model gives better overall predictions than a single constant value for $g_{A}$.

The predictions to the two-phonon states act as just that: predictions. It is difficult to make any definite conclusions based on the calculations presented here. The transitions to the $2_{2-p h}^{+}$states are systematically predicted too slow except on a few occasions. On the decays to $0_{2-p h}^{+}$states there is more variance. It is also often difficult to be sure if a state in the experimental spectrum is actually a two-phonon state. In the spectra of tin isotopes, there are a lot of $2^{+}$states around the expected energy of the two-phonon triplet. There is not much variance in the experimental $\log f t$ values to these states making this beta decay property a bad indicator of a two-phonon state. There is a curious disappearance of the two-phonon $0^{+}$states in the experimental spectra of eveneven nuclei with $A \geq 126$. Either the degeneracy of the triplet is badly broken or, as the beta decay results and the fact that a $2^{+}$and a $4^{+}$state are still found at the expected energy of the two-phonon triplet would hint, the $0^{+}$state of the triplet does not form.

The linear model for $g_{A}$ has deemed successful in predicting single beta decays from ground state to ground state as well as decays to the first excited $2^{+}$state of the even even nuclei. The next step would be to apply the model to the study of double beta decay. Predictions can be made for each possible two neutrino double beta decay in the investigated mass region and compare with available experimental data. It would also help to have good predictions for processes still lacking experimental data. The results are expected to be in good agreement with experiment.

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