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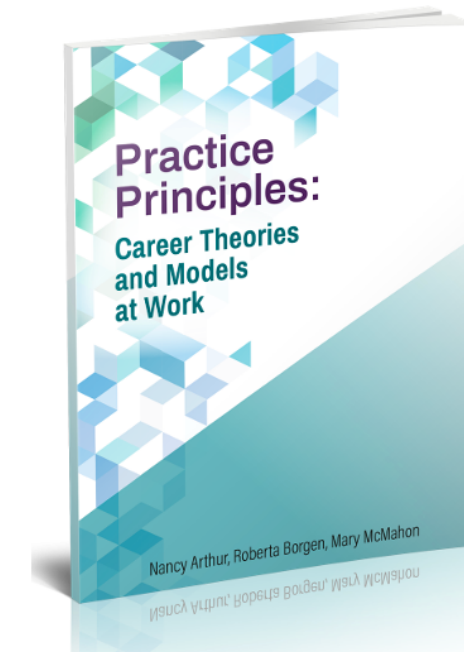
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# Arthur, N., Borgen, R. & McMahon, M. (2024). Practice Principles: Career Theories and Models

by Raimo Vuorinen & Jaana Kettunen

In early 2024, CERIC, a Canadian foundation for the promotion of guidance practices and research, published a handbook entitled *Practice Principles: Career Theories and Models at Work*. The work offers perspectives and principles on how to utilise different theoretical approaches and models in practical guidance work. The publication is aimed at those who have been involved in guidance work for a long time, as well as professionals who are new to the field, as well as students of the field of guidance. The book was written by Nancy Arthur, Roberta Borgen and Mary McMahon, who aim to complement the previous anthology *Career Theories and Models at Work: Ideas for Practice*, published in 2019. An earlier work, involving more than 60 authors from nine different countries, covered a wide range of theories and approaches. The aim of the book is to help supervisors identify the general principles behind their supervision work, independent of different theoretical approaches. In addition, supervisors are encouraged to strengthen their own supervision work based on the latest international theoretical approaches.

The introduction to the book examines more generally the relationship between different theories of guidance and practical supervision work and describes the working method by which the principles presented in the book have been derived from the application of different theories and approaches to practice. Other chapters analyse in more detail the principles related to, for example,



supervisors' self-reflection, supervision relationship, cooperation related to the guidance process, personalisation, cultural context, equality and social justice, and multiprofessional cooperation. The summary examines the combined effect of the above-mentioned principles on one's own guidance work, and the summary provides a practical guide for evaluating and further developing one's own work practices.

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Arthur, N., Borgen, R. & McMahon, M. (2024). *Practice Principles: Career Theories and Models at Work*. CERIC. <https://ceric.ca/publications/practice-principles-career-theories-and-models-at-work/>

The authors of the book publish free podcasts and blogs related to the theme at [www.ceric.ca/practice](http://www.ceric.ca/practice)