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Primordial black holes from a curvaton scenario with strongly non-Gaussian perturbations

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Abstract. We investigate the production of primordial black holes (PBHs) in a mixed inflaton-curvaton scenario with a quadratic curvaton potential, assuming the curvaton is in de Sitter equilibrium during inflation with $\langle\chi\rangle = 0$. In this setup, the curvature perturbation sourced by the curvaton is strongly non-Gaussian, containing no leading Gaussian term. We show that for $m^2/H^2 \gtrsim 0.3$, the curvaton contribution to the spectrum of primordial perturbations on CMB scales can be kept negligible but on small scales the curvaton can source PBHs. In particular, PBHs in the asteroid mass range $10^{-16}M_\odot \lesssim M \lesssim 10^{-10}M_\odot$ with an abundance reaching $f_{\text{PBH}} = 1$ can be produced when the inflationary Hubble scale $H \gtrsim 10^{12}$ GeV and the curvaton decay occurs in the window from slightly before the electroweak transition to around the QCD transition.

Keywords: primordial black holes, inflation, physics of the early universe

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1 Introduction

The study of primordial black holes (PBHs) formed via gravitational collapse of large primordial density fluctuations was initiated over 50 years ago [1, 2]. Already in [3] it was proposed that PBHs could form a cold dark matter component in the universe. The possibility that PBHs of mass $M \gtrsim 10^{-10} M_\odot$ would constitute all of the dark matter is already ruled out by constraints from lensing, dynamical effects, structure formation and gravitational waves [4]. In the asteroid mass window, $10^{-16} M_\odot \lesssim M \lesssim 10^{-10} M_\odot$ the constraints are uncertain and it is possible that PBHs with masses in this range could constitute a dominant dark matter component [4]. Even a subdominant PBH contribution to dark matter can have characteristic observational imprints, such as gravitational waves from PBH mergers testable with LIGO-Virgo-KAGRA data [5–9]. Observational signals associated to PBHs are among the very few ways to probe small scale primordial perturbations and the process responsible for their generation.

Several mechanisms for producing PBHs have been investigated in the literature, including perturbations produced during inflation [10–32], cosmic strings [33–35], phase transitions [36–38], dark matter clumps [39], and bouncing cosmologies [40, 41]. In this work, we focus on the curvaton scenario [42–46]. Several authors have already investigated PBH formation in curvaton models [47–51] and other spectator scenarios [52–57] where the curvature perturbation can acquire non-Gaussian contributions. The effect of this non-Gaussianity is typically treated perturbatively, using the parameters f_{NL} etc. [58–62]. Recently, a general non-perturbative formalism for investigating the PBH abundance in the presence of non-Gaussian perturbations has been developed e.g. in [63–65]. To our knowledge, the previous analyses of PBH production in the curvaton scenario have however focused on the case where the curvaton field has a non-vanishing mean value during inflation, $|\langle\chi\rangle| \gg H$, and the curvature perturbation contains a leading Gaussian part proportional to $\delta\chi/\langle\chi\rangle \ll 1$. The non-Gaussianities can then be accommodated using a truncated expansion around the Gaussian part, although see [48] for a discussion of limitations of this method when $\langle\chi\rangle \gg H$.

In this work, we will study PBH formation in the curvaton setup with a quadratic potential, assuming $\langle\chi\rangle = 0$. This is the equilibrium configuration of a light spectator during de Sitter inflation [66], provided the potential is minimized at $\chi = 0$. Even if one starts from an initial configuration with a non-zero $\langle\chi\rangle$, the distribution is rapidly driven towards the equilibrium during de Sitter inflation [66, 67].¹ For $\langle\chi\rangle = 0$, perturbations of the curvaton energy density obey the distribution of a squared Gaussian field and are large, $\langle\delta\rho_\chi^2\rangle/\langle\rho_\chi\rangle^2 = 2$ [42]. Consequently, the curvature perturbation component sourced by the curvaton has no leading Gaussian part and it can not be expanded in small perturbations. Therefore, one needs to consider the full non-linear and non-Gaussian solution for the curvature perturbation when investigating the PBH formation. The curvature perturbation ζ on CMB anisotropy scales is Gaussian to a high precision [69] and contributions sourced by $\delta\rho_\chi/\langle\rho_\chi\rangle$ must be strongly suppressed on these scales. If the curvaton spectrum is sufficiently blue-tilted, it can however give a dominant contribution to ζ on small scales $k \gg \text{Mpc}^{-1}$ where there are no constraints on non-Gaussianity. We focus on such a setup, investigating a mixed inflaton-curvaton scenario with a strongly blue tilted curvaton component which dominates the curvature perturbation on small scales and sources a strongly non-Gaussian ζ with no leading Gaussian component. On the CMB scales, we require that the spectrum of ζ is dominated by a Gaussian inflaton component and contributions from the curvaton are suppressed to the 10^{-11} level at the CMB pivot scale $k_* = 0.05 \text{ Mpc}^{-1}$. We note that PBHs in a partially related phenomenological setup with a Gaussian blue tilted spectator curvature perturbation component was investigated in [54].

We use the δN approach [70–73] to obtain a non-linear solution for the superhorizon scale curvature perturbation. We expand the curvaton field $\chi(\mathbf{x})$ in spherical harmonics and, following [63], truncate the expansion to the monopole when considering fluctuations relevant for PBHs. Within this approximation, we compute the probability distribution for $C_l(r)$ which determines the compaction function $C(C_l(r))$. The compaction function $C(r)$ equals the comoving gauge density contrast smoothed over a radius r . Using $C_c = 0.55$ [74] as the PBH collapse threshold and modeling the PBH mass with the collapse parameters obtained in [75] for the power law spectrum, we explore the fraction of dark matter in PBHs f_{PBH} and the mass distribution $f(M)$ as functions of the curvaton model parameters. We show that the curvaton scenario with the quadratic potential and the equilibrium configuration $\langle\chi\rangle = 0$ can lead to very efficient PBH production. In particular, we find that the scenario can produce asteroid mass PBHs, $10^{-16}M_\odot \lesssim M \lesssim 10^{-10}M_\odot$, with $f_{\text{PBH}} = 1$ when the inflationary Hubble scale $H \gtrsim 10^{12} \text{ GeV}$, the curvaton mass $m^2/H^2 \gtrsim 0.3$ and the curvaton decay occurs in the window from slightly before the electroweak transition to around the QCD transition.

The paper is organised as follows. In section 2 we present the setup and in section 3 we compute the probability distribution for the compaction function. In section 4 we collect the expressions for the PBH abundance f_{PBH} and the mass distribution $f(M)$. In section 5 we present our main results and summarise the discussion in section 6.

2 The mixed inflaton-curvaton setup

We investigate the PBH abundance in a mixed inflaton-curvaton scenario where the inflaton generates the Gaussian, nearly scale invariant curvature perturbations on CMB scales and

¹When the inflationary solution deviates from de Sitter, the relaxation towards the de Sitter equilibrium may happen at a slower rate, or there may also be parameter combinations for which the equilibrium is not reached [68].

curvaton-sourced perturbations dominate on small scales relevant for PBH formation. We assume the quadratic curvaton potential

$$V(\chi) = \frac{1}{2}m^2\chi^2. \quad (2.1)$$

We further assume that the curvaton distribution during inflation follows the de Sitter equilibrium result with a vanishing mean value $\langle\chi\rangle = 0$ [66]. Ebadi et al. [76] recently examined the production of gravitational waves for this case. For the quadratic potential, the curvaton χ is a Gaussian field and for $m^2/H^2 < 3/2$ its spectrum at the end of inflation on superhorizon scales is given by the standard power-law expression [77]

$$\mathcal{P}_\chi(k) = \left(\frac{H}{2\pi}\right)^2 \left(\frac{k}{k_{\text{end}}}\right)^{3-2\nu} \frac{2^{2\nu-1}\Gamma(\nu)^2}{\pi}, \quad \nu = \sqrt{\frac{9}{4} - \frac{m^2}{H^2}}. \quad (2.2)$$

We denote the Hubble scale at the end of inflation by $H \equiv H(t_{\text{end}})$, and $k_{\text{end}} = a(t_{\text{end}})H(t_{\text{end}})$ is the mode exiting the horizon at the end of inflation. Perturbations of the curvaton energy density

$$\frac{\delta\rho_\chi(\mathbf{x})}{\langle\rho_\chi\rangle} = \frac{\rho_{\chi(\mathbf{x})} - \langle\rho_\chi\rangle}{\langle\rho_\chi\rangle} = \frac{\chi^2(\mathbf{x})}{\langle\chi^2\rangle} - 1, \quad (2.3)$$

obey the statistics of a Gaussian squared quantity, and the perturbations are large since $\langle\delta\rho_\chi^2(\mathbf{x})\rangle/\langle\rho_\chi\rangle^2 = 2$. Consequently, any contribution to the curvature perturbation sourced by $\delta\rho_\chi/\langle\rho_\chi\rangle$ must be suppressed on the large scales $k \lesssim \text{Mpc}^{-1}$ probed by the CMB and LSS data [69].

Using the δN formalism [70–73], the superhorizon curvature perturbation ζ in the mixed scenario with inflaton sourced perturbations in the radiation component and the perturbed curvaton component obeys the non-linear equation [78]

$$e^{4\zeta} - \Omega_\chi e^{3\zeta_\chi} e^\zeta + (\Omega_\chi - 1) e^{4\zeta_r} = 0. \quad (2.4)$$

The individual curvature perturbations of the radiation ζ_r and curvaton ζ_χ fluids, and Ω_χ are given in terms of spatially flat gauge quantities by the expressions,

$$\zeta_r(\mathbf{x}) = \frac{1}{4} \ln \frac{\rho_r(\mathbf{x})}{\langle\rho_r\rangle}, \quad \zeta_\chi(\mathbf{x}) = \frac{1}{3} \ln \frac{\rho_\chi(\mathbf{x})}{\langle\rho_\chi\rangle}, \quad \Omega_\chi = \frac{\langle\rho_\chi\rangle}{\langle\rho_r\rangle + \langle\rho_\chi\rangle}. \quad (2.5)$$

Both ζ_r and ζ_χ are separately conserved, i.e. constant in time. For the quadratic potential eq. (2.1), the curvaton component ζ_χ can be written in terms of the field χ as

$$\zeta_\chi = \frac{1}{3} \ln \frac{\chi^2}{\langle\chi^2\rangle}. \quad (2.6)$$

Here and in the rest of the text we use $\chi \equiv \chi_{\text{end}}$ to denote the curvaton field at the end of inflation.

The solution for the fourth order algebraic equation (2.4) can be written as [78]

$$\begin{aligned}\zeta &= \zeta_r + \ln \left(K^{1/2} \left(\frac{4 - \Omega_\chi}{12} \right)^{1/3} \left[1 + \left(\frac{3\Omega_\chi K^{-3/2} e^{3(\zeta_\chi - \zeta_r)}}{4 - \Omega_\chi} - 1 \right)^{1/2} \right] \right), \\ K &= \frac{1}{2} \left[P^{1/3} + \frac{4\Omega_\chi - 4}{4 - \Omega_\chi} \left(\frac{12}{4 - \Omega_\chi} \right)^{1/3} P^{-1/3} \right], \\ P &= \left(\frac{3\Omega_\chi e^{3(\zeta_\chi - \zeta_r)}}{4 - \Omega_\chi} \right)^2 + \left[\left(\frac{3\Omega_\chi e^{3(\zeta_\chi - \zeta_r)}}{4 - \Omega_\chi} \right)^4 + \frac{12}{4 - \Omega_\chi} \left(\frac{4 - 4\Omega_\chi}{4 - \Omega_\chi} \right)^3 \right]^{1/2}.\end{aligned}\tag{2.7}$$

Here the only time dependent quantity is the curvaton density parameter Ω_χ . Assuming the curvaton is subdominant at the onset of oscillations, which we define as $H(t_{\text{osc}}) \equiv m$, the density parameter for $t \gg t_{\text{osc}}$ can be written as

$$\Omega_\chi = \frac{\Omega_{\chi, \text{osc}}}{\Omega_{\chi, \text{osc}} + \frac{a_{\text{osc}}}{a}} \approx \frac{0.136 \langle \chi^2 \rangle}{0.136 \langle \chi^2 \rangle + \frac{a_{\text{osc}}}{a} M_{\text{P}}^2}.\tag{2.8}$$

Here we used that $\rho_{\chi, \text{osc}} \approx (1/2)m^2 0.816 \chi^2$ which follows from solving the curvaton equation of motion in a radiation dominated universe. We approximate the curvaton decay as an instant process at $H(t_{\text{dec}}) = \Gamma$. Within this approximation $\zeta \equiv \zeta(t > t_{\text{dec}}) = \zeta(t_{\text{dec}})$ is obtained by evaluating eq. (2.7) at the moment t_{dec} .

We assume the perturbation of the radiation component ζ_r is entirely sourced by the inflaton and uncorrelated with the curvaton, $\langle \zeta_r \zeta_\chi \rangle = 0$. We further assume ζ_r obeys Gaussian statistics with the power law spectrum

$$\mathcal{P}_{\zeta_r}(k) = A_r \left(\frac{k}{k_*} \right)^{n_r - 1},\tag{2.9}$$

where $k_* = 0.05 \text{ Mpc}^{-1}$. As explained above, we want to realise a scenario where the Gaussian inflaton sourced perturbations ζ_r dominate the two point function of ζ on large scales and generate the observed CMB spectrum with $P_\zeta(k_*) = A_s = 2.10 \times 10^{-9}$, $n_s = 0.965$ [79]. Correspondingly, contributions from ζ_χ to the spectrum of ζ must be sufficiently suppressed. To this end, we require

$$\mathcal{P}_{\zeta_\chi}(k_*) < 2 \times 10^{-11},\tag{2.10}$$

which, as we show in appendix B, allows us to obtain the observed CMB spectrum with $A_r \sim 10^{-9}$ and $|n_r - 1| \sim 0.01$, assuming $\Omega_\chi \lesssim 0.9$. Note that the underlying computation is somewhat non-trivial as ζ is a strongly non-linear function of the non-Gaussian ζ_χ . The condition (2.10) constrains the curvaton mass from below as we show in detail in appendix A, and implies a strongly blue tilted spectrum both for the curvaton field eq. (2.2) and for ζ_χ . On small scales, $k \gg \text{Mpc}^{-1}$, the connected correlators of ζ are dominated by ζ_χ which, as we show below, can lead to efficient formation of PBHs. For the maximal inflationary Hubble scale $H \approx 5.2 \times 10^{13} \text{ GeV}$ consistent with the observational bound on the tensor-to-scalar ratio $r_{\text{T}} < 0.044$ [80], eq. (2.10) implies $m^2/H^2 \gtrsim 0.29$, assuming instant transition from inflation to radiation domination. The lower bound on m^2/H^2 slowly grows as a function of decreasing H . For example, for $H = 1.6 \times 10^{11} \text{ GeV}$, eq. (2.10) implies $m^2/H^2 \gtrsim 0.31$, see figure 6 in appendix B.

3 Probability distribution of density fluctuations

The central quantity in determining if an overdense region collapses into a primordial black hole is the compaction function $C(r)$ [81–83] which for spherical overdensities equals the comoving density contrast coarse-grained with a top hat window function over a spherical volume of comoving radius r . Denoting the background equation of state by $w = \langle p \rangle / \langle \rho \rangle$, the expression for $C(r)$ can be written as [84, 85]

$$C(r) = C_l(r) - \frac{1}{2f(w)} C_l(r)^2, \quad (3.1)$$

where

$$f(w) = \frac{6(1+w)}{5+3w}, \quad (3.2)$$

and $C_l(r)$ is determined by the curvature perturbation ζ as

$$C_l(r) = -f(w)r\zeta'(r). \quad (3.3)$$

Here the prime denotes a derivative with respect to r .

Around the high density peaks relevant for the PBH formation, spherical symmetry can be expected to be a reasonable first approximation. We implement the approximation following [63] by expanding the Gaussian field χ in spherical harmonics

$$\chi(\mathbf{x}) = \int \frac{d\mathbf{k}}{(2\pi)^3} \chi_{\mathbf{k}} 4\pi \sum_{l,m} i^l j_l(kx) Y_{lm}(\hat{\mathbf{x}}) Y_{lm}^*(\hat{\mathbf{k}}), \quad (3.4)$$

and retaining only the leading monopole term of the expansion

$$\chi(r) = \int \frac{d\mathbf{k}}{(2\pi)^3} j_0(kr) \chi_{\mathbf{k}}. \quad (3.5)$$

Here $j_0(z) = \sin(z)/z$. Since eq. (3.5) is a linear map from $\chi(\mathbf{x})$, the field $\chi(r)$ and its derivative $\chi'(r)$ are Gaussian fields with the joint probability distribution given by

$$P_{\chi\chi'}(\chi, \chi') = \frac{1}{2\pi\sqrt{|\Sigma|}} \exp\left(-\frac{1}{2} X^T \Sigma^{-1} X\right), \quad X^T = (\chi, \chi'), \quad \Sigma^{-1} = \begin{pmatrix} \sigma_{\chi\chi}^2 & \sigma_{\chi\chi'}^2 \\ \sigma_{\chi\chi'}^2 & \sigma_{\chi'\chi'}^2 \end{pmatrix}. \quad (3.6)$$

The components of the covariance matrix depend on r and can be written as

$$\sigma_{\chi\chi}^2(r) = \langle \chi(r)\chi(r) \rangle = \int d\ln k j_0^2(kr) \mathcal{P}(k), \quad (3.7)$$

$$\sigma_{\chi\chi'}^2(r) = \langle \chi(r)\chi'(r) \rangle = \int d\ln k j_0'(kr) j_0(kr) \mathcal{P}(k), \quad (3.8)$$

$$\sigma_{\chi'\chi'}^2(r) = \langle \chi'(r)\chi'(r) \rangle = \int d\ln k (j_0'(kr))^2 \mathcal{P}(k), \quad (3.9)$$

where a prime denotes a derivative with respect to r and $\mathcal{P}(k)$ is the power spectrum of the full curvaton field $\chi(\mathbf{x})$

$$\langle \chi_{\mathbf{k}} \chi_{\mathbf{k}'} \rangle = (2\pi)^3 \delta(\mathbf{k} + \mathbf{k}') \frac{2\pi^2}{k^3} \mathcal{P}(k). \quad (3.10)$$

In our case $\mathcal{P}(k)$ is given by eq. (2.2). We denote the variance of the full field $\chi(\mathbf{x})$ by σ^2 ,

$$\sigma^2 \equiv \langle \chi^2(\mathbf{x}) \rangle = \int d \ln k \mathcal{P}(k). \quad (3.11)$$

We proceed to substitute $\chi(\mathbf{x}) \rightarrow \chi(r)$ in eqs. (2.6) and (2.7) in places where the field $\chi(\mathbf{x})$ appears with no brackets, but evaluate the background quantities that depend on $\langle \chi^2 \rangle$ in eq. (2.7) using the variance of the full field (3.11). Using $\langle \chi(r)^2 \rangle < \langle \chi(\mathbf{x})^2 \rangle$ would give a higher probability for larger ζ_χ values and hence enhance the PBH abundance but it is hard to quantify to what extent this is a spurious effect of the monopole truncation. We will therefore conservatively use $\langle \chi(\mathbf{x})^2 \rangle$ in the background quantities.

In this setup, eq. (3.3) takes the form

$$C_l(r) = -rf(w)\chi'(r)\partial_\chi\zeta(\chi(r)), \quad (3.12)$$

where $\partial_\chi\zeta \equiv \frac{\partial\zeta}{\partial\chi}$ is obtained by differentiating eq. (2.7). The probability distribution of C_l is given by

$$P_{C_l}(C_l, r) = \iint d\chi d\chi' P_{\chi\chi'}(\chi, \chi') \delta[C_l + rf(w)\chi'(r)\partial_\chi\zeta(\chi(r))]. \quad (3.13)$$

Carrying out the integral over χ' , we obtain

$$P_{C_l}(C_l, r) = \frac{1}{2\pi f(w)r|\Sigma(r)|^{1/2}} \times \int \frac{d\chi}{|\partial_\chi\zeta|} \exp \left[-\frac{1}{2|\Sigma(r)|} \left(\sigma_{\chi'\chi'}^2(r)\chi^2 + \frac{2\sigma_{\chi\chi'}^2(r)\chi C_l}{f(w)r\partial_\chi\zeta} + \frac{\sigma_{\chi\chi}^2(r)C_l^2}{(f(w)r\partial_\chi\zeta)^2} \right) \right], \quad (3.14)$$

where the remaining integral needs to be computed numerically.

4 Expression for the PBH abundance

The mass of a PBH formed by a collapsing region with compaction C can be approximated by

$$M = KM_{\text{H}}(C - C_c)^\gamma, \quad (4.1)$$

obtained by fitting to numerical simulations [74, 86–91]. Here $M_{\text{H}} = 4\pi/3H^{-3}\rho$ is the mass within a Hubble volume at the collapse time, γ depends on the equation of state, and K and the collapse threshold C_c depend on both the equation of state and the shape of the collapsing overdensity. In a radiation dominated universe $\gamma \approx 0.36$. For monochromatic PBHs formed during radiation domination from a Gaussian ζ with the spectrum $\mathcal{P}_\zeta(k) \propto \delta(k - k_*)$, $K = \mathcal{O}(1)$ and $C_c \approx 0.59$, and the overdensity peaks at the comoving scale $r_* \approx 2.74/k_*$ [30, 75, 84, 92, 93]. For a Gaussian ζ with a nearly scale invariant power-law spectrum and radiation domination, $K \approx 4$ and $C_c \approx 0.55$, and the overdensity generated by a mode k_* peaks at $r_* = 4.49/k_*$ [74, 75].

There are no existing numerical collapse simulations corresponding to our case with a strongly non-Gaussian ζ which does not have a leading Gaussian part. We adopt a phenomenological approach and set the collapse parameters equal to the Gaussian power-law results in radiation domination, $\gamma = 0.36$, $C_c = 0.55$, and $K = 4$. Therefore, we will compute the PBH mass using

$$M(C, r) = 4M_{\text{H}}(r)(C - 0.55)^{0.36}. \quad (4.2)$$

We evaluate $M_{\text{H}}(r)$ at the horizon entry of the smoothing scale $a(t_{\text{r}})H(t_{\text{r}})r = 1$,

$$M_{\text{H}}(r) = \frac{4\pi}{3} H(t_{\text{r}})^{-3} \rho(t_{\text{r}}) \Big|_{a(t_{\text{r}})H(t_{\text{r}})r=1}. \quad (4.3)$$

In our setup, the curvaton contribution to the energy density will in general not be negligible at t_{r} and the universe is therefore not fully radiation dominated. However, decreasing the pressure decreases C_{c} and using the threshold C_{c} for radiation domination we should be estimating the PBH abundance from below. In any case, our results should be regarded as order of magnitude estimates both due to the use of eq. (4.2) and due to the monopole truncation eq. (3.5).

The probability that a spherical overdensity coarse grained over the comoving radius r collapses into a PBH upon horizon entry equals the probability that C exceeds the threshold C_{c} . The contribution of the PBHs to the total energy density at the collapse time can then be written as

$$\begin{aligned} \beta(r) &\equiv \frac{\rho_{M(r)}}{\rho} \Big|_{t_{\text{r}}} = \int_{C_{\text{c}}}^{\frac{f(w)}{2}} dC \frac{M(C, r)}{M_{\text{H}}(r)} P_C(C, r) \\ &= \int_{C_{l,c}}^{f(w)} dC_l K \left(C_l(r) - \frac{1}{2f(w)} C_l(r)^2 - C_{\text{c}} \right)^{\gamma} P_{C_l}(C_l, r), \end{aligned} \quad (4.4)$$

where $C_{l,c} = f(w) \left(1 - \sqrt{1 - 2C_{\text{c}}/f(w)} \right)$, we used $dC P_C(C, r) = dC_l P_{C_l}(C_l, r)$, and $P_{C_l}(C_l, r)$ is given by eq. (3.14). The upper limit $C = f(w)/2$ is the largest fluctuation amplitude that forms a type I overdensity for which the areal radius is a monotonic function of the coordinate r [94].

The fraction of the present day dark matter energy density constituted by the PBHs reads

$$f_{\text{PBH}}(r) \equiv \frac{\rho_{M(r)}}{\rho_{\text{DM}}} \Big|_{t_0} = \frac{\Omega_{\text{m},0}}{\Omega_{\text{DM},0}} \frac{1}{k_{\text{eq}} r} \beta(r), \quad (4.5)$$

where $k_{\text{eq}} = (aH)_{\text{eq}}$ at the matter radiation equality, and we have omitted the $\mathcal{O}(1)$ factor $(g_*(t_{\text{r}})/g_*(t_{\text{eq}}))^{-1/6}$ from the effective number of relativistic degrees of freedom. This can be recast as

$$f_{\text{PBH}}(r) = \int d \ln M f(M), \quad (4.6)$$

with the mass distribution function $f(M)$ given by

$$f(M) = \frac{\Omega_{\text{m},0}}{\Omega_{\text{DM},0}} \frac{1}{k_{\text{eq}} r} \frac{\left(C_l - \frac{1}{2f(w)} C_l^2 - C_{\text{c}} \right)^{\gamma+1}}{\gamma \left(1 - \frac{1}{f(w)} C_l \right)} P_{C_l}(C_l, r), \quad (4.7)$$

where $C_l \equiv C_l(M) = f(w) \left(1 - \sqrt{1 - (2/f(w)) (C_{\text{c}} + (M/(KM_{\text{H}}))^{1/\gamma})} \right)$, as obtained from eq. (4.2).

5 Results

It is straightforward to compute the variances eq. (3.7) using eq. (2.2) and numerically perform the integral in eq. (3.14) to find the probability distribution $P_{C_l}(C_l, r)$. Using eqs. (4.4) and (4.5) we then get $f_{\text{PBH}}(r)$ as a function of the coarse-graining scale r .

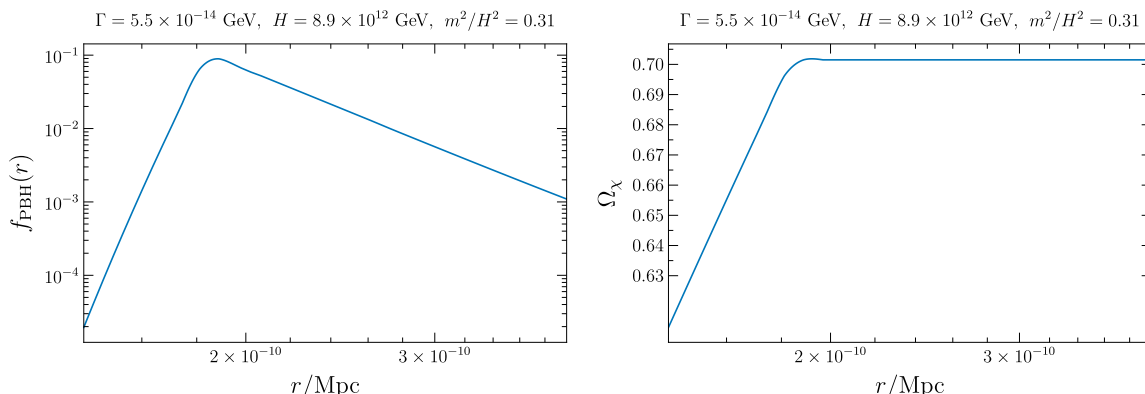


Figure 1. Left panel: the fraction of the dark matter abundance in PBHs f_{PBH} as function of the coarse-graining scale r . Right panel: the curvaton density parameter Ω_χ evaluated at $a(t_r)H(t_r)r = 1$ shown as a function of the coarse-graining scale r . Both panels are computed setting $\Gamma = 5.5 \times 10^{-14}$ GeV, $H = 8.9 \times 10^{12}$ GeV, and $m^2/H^2 = 0.31$.

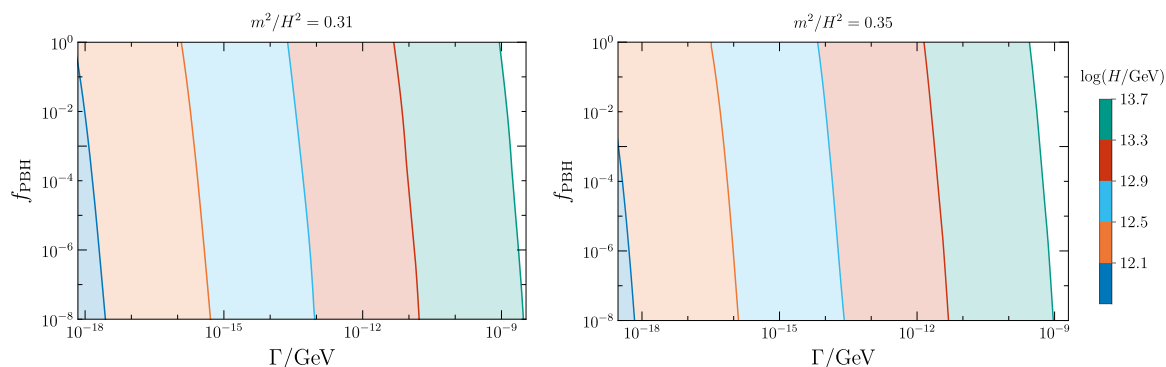


Figure 2. PBH abundance f_{PBH} as a function of the curvaton decay rate Γ and the inflationary Hubble scale H . Computed for $m^2/H^2 = 0.31$ (left) and 0.35 (right).

Figure 1 illustrates the typical shape of the function $f_{\text{PBH}}(r)$ and the curvaton density parameter Ω_χ at the horizon crossing of r , which enters in the computation via eq. (3.14). The abundance $f_{\text{PBH}}(r)$ has a clearly peaked structure although the curvaton spectrum eq. (2.2) is of pure power law form. This is a generic feature in the setup and it arises from an interplay of two opposite effects. First, increasing the coarse-graining scale r makes the variance $\sigma_{\chi\chi}^2(r)$ smaller, see eq. (3.7), and therefore suppresses the probability of large $\chi(r)$ values that can source PBHs. Second, the curvature perturbation ζ and Ω_χ keep growing in time until the curvaton decay at $H(t_{\text{dec}}) = \Gamma$. For $t_r < (t_{\text{dec}})$, increasing r corresponds to later horizon crossing times t_r , making $\zeta(t_r)$ larger and enhancing the probability for PBH formation. This effect dominates to the left of the $f_{\text{PBH}}(r)$ peak in figure 1, and the peak corresponds to $t_r = t_{\text{dec}}$. To the right of the peak, ζ stays constant as $t_r > t_{\text{dec}}$. In this region, increasing r only acts to decrease $\sigma_{\chi\chi}^2(r)$ and therefore $f_{\text{PBH}}(r)$ starts to decrease. In the following, we will choose the coarse-graining scale r equal to the peak scale by setting $r = r_{\text{dec}} \equiv 1/(a(t_{\text{dec}})H(t_{\text{dec}}))$, and define $f_{\text{PBH}} = f_{\text{PBH}}(r_{\text{dec}})$.

Figures 2 and 3 illustrate the behaviour of f_{PBH} as a function of the decay rate Γ , the inflationary Hubble scale H , and the curvaton mass parameter m^2/H^2 . Varying the decay

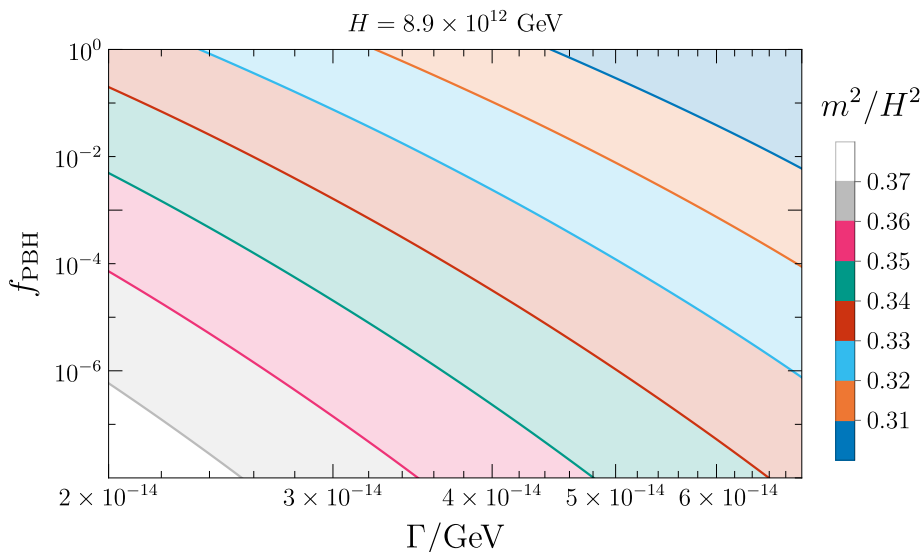


Figure 3. PBH abundance f_{PBH} as a function of the curvaton decay rate Γ and the curvaton mass parameter m^2/H^2 . Computed for $H = 8.9 \times 10^{12}$ GeV.

rate Γ alters the curvaton density parameter Ω_χ at $t_r = t_{\text{dec}}$. As seen in figure 1, f_{PBH} is a strongly dependent function of Ω_χ . Increasing Γ moves the decay to earlier times and decreases Ω_χ for fixed H , m^2/H^2 values. This explains the strong decrease of f_{PBH} as a function of Γ in figures 2 and 3. The figures further show that, for a fixed Γ , increasing m^2/H^2 or decreasing H causes f_{PBH} to decrease. The former is because larger m^2/H^2 makes the curvaton spectrum eq. (2.2) more blue-tilted, decreasing the variance $\sigma_{\chi\chi}^2(r)$, eq. (3.7), and therefore suppressing the probability for large $\chi(r)$ values. The latter is because the mean curvaton energy at the end of inflation $\langle\rho_\chi\rangle \propto m^2\langle\chi^2\rangle \propto H^4$ [66], and decreasing H therefore decreases Ω_χ for fixed Γ and m^2/H^2 values.

The observational constraints on the PBH abundance f_{PBH} depend on the PBH mass which, setting $r = r_{\text{dec}}$ in eqs. (4.2) and (4.3), in our setup is parametrically proportional to

$$M_{\text{H}} = 4\pi M_{\text{p}}^2 \Gamma^{-1} \approx 1.3 \times 10^{-15} M_{\odot} \left(\frac{\Gamma}{5 \times 10^{-14} \text{ GeV}} \right)^{-1}. \quad (5.1)$$

Black hole evaporation sets very strong constraints for PBHs with $M \lesssim 10^{-16} M_{\odot}$. Constraints for $M \gtrsim 10^{-10} M_{\odot}$ PBHs from various different systems range downwards from $f_{\text{PBH}} = \mathcal{O}(10^{-2})$ depending on the mass [4]. In the asteroid mass window $10^{-16} M_{\odot} \lesssim M \lesssim 10^{-10} M_{\odot}$, the constraints are subject to significant uncertainties and it can be possible to have $f_{\text{PBH}} = 1$ in this window [4]. Interestingly, asteroid mass PBHs can be efficiently produced in the curvaton scenario. This is demonstrated in figure 4 which shows the PBH mass spectra $f(M)$ computed using eq. (4.7) for $\Gamma = 5.5 \times 10^{-18}$ GeV, $\Gamma = 6.5 \times 10^{-16}$ GeV and $\Gamma = 5.5 \times 10^{-14}$ GeV, with $m^2/H^2 = 0.31$, and H chosen in each case such that $f_{\text{PBH}} \approx 0.10$. The corresponding curvaton decay temperatures are $T_{\text{dec}} \sim 2$ GeV for $\Gamma = 5.5 \times 10^{-18}$ GeV, $T_{\text{dec}} \sim 20$ GeV for $\Gamma = 6.5 \times 10^{-16}$ GeV, and $T_{\text{dec}} \sim 200$ GeV for $\Gamma = 5.5 \times 10^{-14}$ GeV, approximating the curvaton decay into radiation and the thermalisation of the decay products as instant processes, and using the Standard Model $g_*(T)$. The respective mass spectra in figure 4 are peaked at $M \sim 10^{-11} M_{\odot}$, $M \sim 10^{-13} M_{\odot}$ and $M \sim 10^{-15} M_{\odot}$. In all three

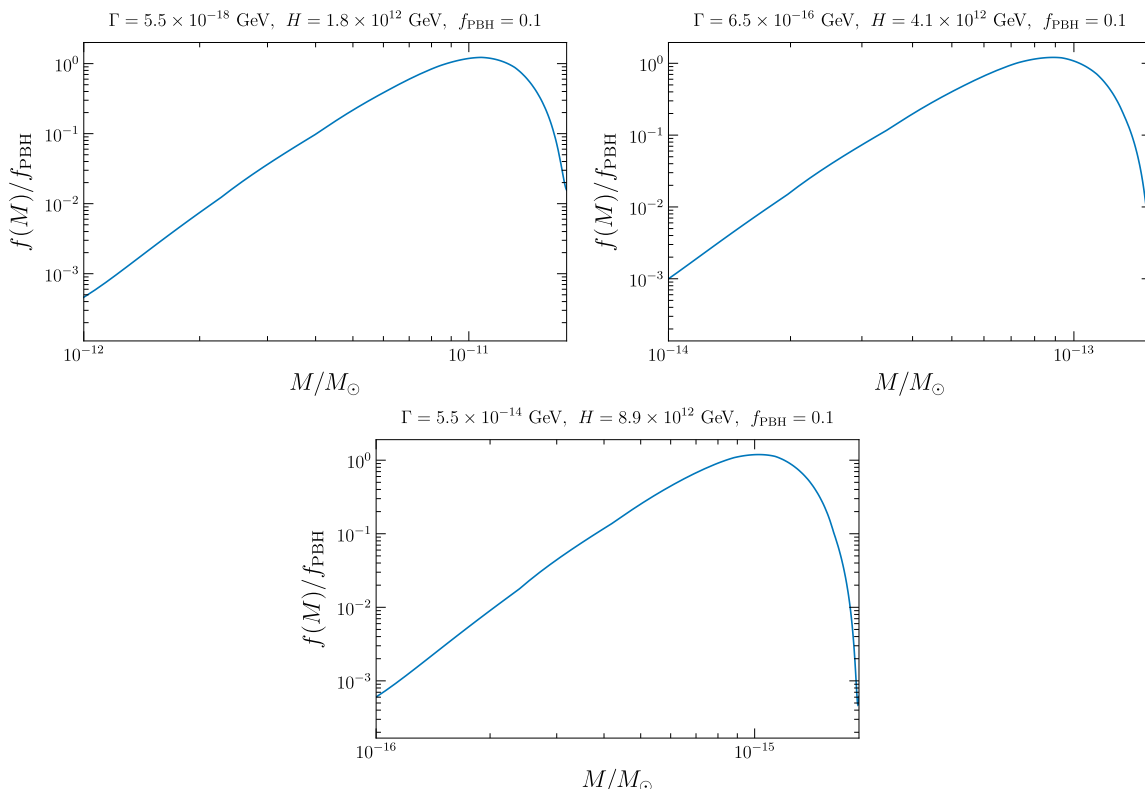


Figure 4. The PBH mass distribution $f(M)$ normalised by the PBH abundance f_{PBH} . In all figures $m^2/H^2 = 0.31$. The first panel shows the results for $\Gamma = 5.5 \times 10^{-18}$ GeV, $H \approx 1.78 \times 10^{12}$ GeV, the second panel for $\Gamma = 6.5 \times 10^{-16}$ GeV, $H \approx 4.08 \times 10^{12}$ GeV, and the third panel for $\Gamma = 5.5 \times 10^{-14}$ GeV, $H \approx 8.85 \times 10^{12}$ GeV. In all cases $f_{\text{PBH}} \approx 0.10$.

cases, the PBH abundance can be increased by slightly increasing H , see figure 2. For example, $f_{\text{PBH}} \approx 1.0$ is obtained with $H \approx 1.85 \times 10^{12}$ GeV, $H \approx 4.25 \times 10^{12}$ GeV, and $H \approx 9.19 \times 10^{12}$ GeV for $\Gamma = 5.5 \times 10^{-18}$ GeV, $\Gamma = 6.5 \times 10^{-16}$ GeV, and $\Gamma = 5.5 \times 10^{-14}$ GeV, respectively.

Figures 2, 3 and 4 represent the main results of this work. In particular, they show that the curvaton scenario can generate a significant dark matter fraction consisting of asteroid mass scale PBHs when the inflationary Hubble scale is large enough $H \gtrsim 10^{12}$ GeV, the curvaton mass parameter $m^2/H^2 \gtrsim 0.3$ and the decay rate falls in the window 10^{-18} GeV $\lesssim \Gamma \lesssim 10^{-13}$ GeV, corresponding to decay temperatures from slightly above the electroweak transition to around the QCD transition scale. If the curvaton decay occurs earlier, 10^{-13} GeV $\lesssim \Gamma \lesssim 10^{-8}$ GeV, the scenario generates PBHs with $M \lesssim 10^{-16} M_\odot$ and, according to the dependencies shown in figures 2 and 3, the observational constraints on f_{PBH} constrains the viable parameter space for H from above and for m^2/H^2 from below. For $\Gamma \gtrsim 10^{-8}$ GeV there are no constraints as the PBH abundance is exponentially suppressed for any $H \lesssim 5.2 \times 10^{13}$ GeV compatible with the observational bound on the tensor-to-scalar ratio $r_{\text{T}} < 0.044$ [80], and m^2/H^2 in the range compatible with eq. (2.10).² For $\Gamma \lesssim 10^{-18}$ GeV, the scenario generates

²More precisely, for the maximal Hubble scale $H = 5.2 \times 10^{13}$ GeV, eq. (2.10) implies $m^2/H^2 \geq 0.29$, see figure 6 in appendix B. The maximal PBH abundance is obtained for $m^2/H^2 = 0.29$ and we find $f_{\text{PBH}} < 10^{-10}$ for $\Gamma > 7.45 \times 10^{-9}$ GeV.

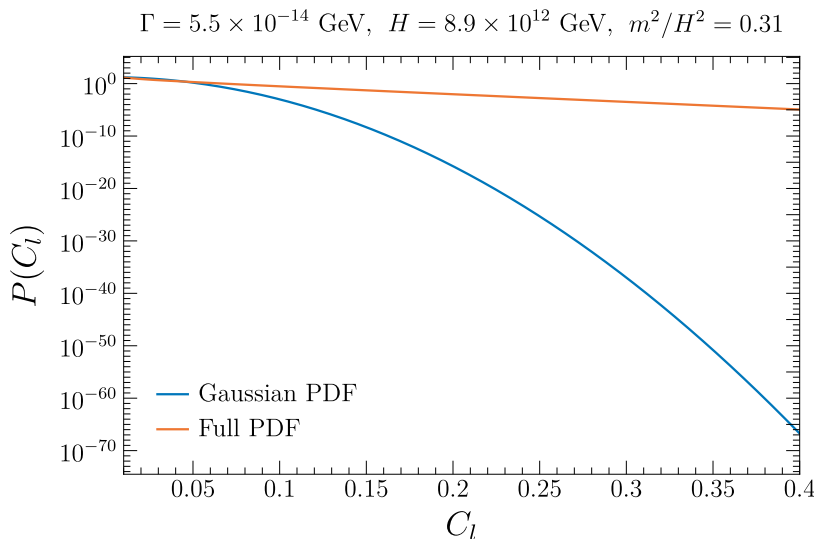


Figure 5. The full probability distribution function $P_{C_l}(C_l, r_{\text{dec}})$ and a Gaussian distribution with the same variance ($\langle C_l^2 \rangle \approx 5.1 \times 10^{-4}$). Parameters chosen as in figure 1.

PBHs with $M \gtrsim 10^{-10} M_\odot$ but in this region our numerical integration of eq. (3.14) starts to become inaccurate for configurations leading to $f_{\text{PBH}} \gtrsim 0.01$. We are therefore not able to perform a detailed study of the $\Gamma \lesssim 10^{-18} \text{ GeV}$ region in this work.

Finally, figure 5 depicts the probability distribution $P_{C_l}(C_l, r_{\text{dec}})$ given by eq. (3.14) for the same choice of parameters as in figure 1, and in the third panel of figure 4. For comparison, we also show a Gaussian distribution with the variance equal to the variance computed from the full distribution for this set of parameters, $\int dC_l C_l^2 P_{C_l}(C_l, r_{\text{dec}}) \approx 5.1 \times 10^{-4}$. The full distribution deviates significantly from the Gaussian case and decays much slower as a function of C_l . The slowly decaying tail of $P_{C_l}(C_l, r_{\text{dec}})$ is essential for the PBH formation in our setup. We recall, that the fully non-Gaussian form of $P_{C_l}(C_l, r_{\text{dec}})$ follows from the vanishing mean of the curvaton field $\langle \chi \rangle = 0$ which in turn is the equilibrium configuration during inflation for the χ^2 potential. The curvature perturbation component $\zeta_\chi \propto \ln \rho_\chi / \langle \rho_\chi \rangle = \ln \chi^2 / \langle \chi^2 \rangle$ has no leading Gaussian term and there is no suppression for fluctuations $\chi^2 / \langle \chi^2 \rangle \sim 1$. Together with the non-linear form of eq. (2.7), this gives rise to the strongly non-Gaussian distribution of C_l seen in figure 5.

6 Summary

In this work we have investigated the PBH production in the mixed inflaton-curvaton scenario with a quadratic curvaton potential and a strongly blue-tilted curvaton spectrum, assuming the curvaton is in the de Sitter equilibrium $\langle \chi \rangle = 0$ during inflation. We require that the inflaton sourced Gaussian component dominates the spectrum of the curvature perturbation ζ on CMB scales and the curvaton sourced contribution is suppressed below the 2×10^{-11} level at the pivot scale $k_* = 0.05 \text{ Mpc}^{-1}$. This constrains the curvaton mass from below, for example for the inflationary Hubble scale $H = 10^{13} \text{ GeV}$, the curvaton mass must satisfy $m^2/H^2 \gtrsim 0.3$. On small scales, however, the curvaton sourced component of ζ can take large values leading to PBH formation.

A key feature in this setup, is that the curvaton sourced part of ζ is strongly non-Gaussian. It contains no leading Gaussian term, unlike in scenarios with a non-vanishing curvaton mean value $|\langle\chi\rangle| \gg H$ (a specific initial condition during inflation) which have been studied previously in the PBH context e.g. in [47–51]. We use the δN formalism to obtain the full non-linear solution for ζ as a function of χ and, following [63], include only the monopole term of the spherical harmonics series of $\chi(\mathbf{x})$ when considering fluctuations relevant for PBHs. With this approximation, we compute the probability distribution for $C_l(r)$ which determines the compaction function $C(C_l(r))$, and where r is the coarse-graining scale of perturbations. Comparing to a fiducial Gaussian distribution with the same variance $\langle C_l^2 \rangle$, we find that the full distribution $P_l(C_l, r)$ decreases exponentially slower as a function of C_l . We use $C_c = 0.55$ as the threshold for the PBH collapse [75] and model the PBH mass with parameters obtained for the power-law spectrum in [74, 75].

We find that the curvaton scenario with $\langle\chi\rangle = 0$ can lead to very efficient production of PBHs. In particular, the setup can generate asteroid mass PBHs, $10^{-16} M_\odot \lesssim M \lesssim 10^{-10} M_\odot$, with an abundance equal to the observed dark matter abundance, $f_{\text{PBH}} = 1$, when the Hubble scale at the end of inflation $H \gtrsim 10^{12}$ GeV, the curvaton mass $m^2/H^2 \gtrsim 0.3$ and the curvaton decay occurs in the window from slightly before the electroweak transition to around the QCD transition. If the curvaton decays before or after the aforementioned window, PBHs with masses below or above the asteroid mass range can be generated, respectively. The PBH abundance depends sensitively on H , m^2/H^2 and the curvaton decay rate Γ , and the observational bounds on f_{PBH} imply non-trivial constraints on these parameters when $\Gamma \lesssim 10^{-8}$ GeV. For larger values of Γ the PBH production in the setup is exponentially suppressed.

The main uncertainties in our results arise from the monopole truncation eq. (3.5) and the phenomenological choice of collapse parameters in eq. (4.2). Changing the collapse parameter values would affect f_{PBH} predicted for a fixed set of curvaton parameters. However, even order of magnitude changes of f_{PBH} are compensated by just slight changes of H , m^2/H^2 and Γ , as can be seen in figures 2 and 3. The error caused by the use of eq. (3.5) is harder to quantify but we expect that the very efficient PBH production from the strongly non-Gaussian ζ is a robust conclusion.

Acknowledgments

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A The spectrum of ζ_χ

We use the stochastic formalism [66] and the spectral expansion method [95–97] to compute the infrared spectrum of ζ_χ in our setup where $\langle\chi\rangle = 0$ and eq. (2.6) cannot be expanded in small perturbations around a mean field. For the quadratic curvaton potential (2.1), the joint equal time two-point distribution of $\chi(t, \mathbf{r})$ in de Sitter equilibrium is given by the spectral

sum [95–97]

$$\rho_2(\chi, \mathbf{r}, t; \chi', \mathbf{r}', t) = \frac{m^2}{H^4} \psi_0(x) \psi_0(x') \sum_{n=0}^{\infty} \psi_n(x) \psi_n(x') (a(t)H|\mathbf{r} - \mathbf{r}'|)^{-2\Lambda_n/H}, \quad (\text{A.1})$$

where

$$x = \frac{m\chi}{H^2}, \quad \Lambda_n = \frac{nm^2}{3H}, \quad \psi_n(x) = \frac{1}{\sqrt{n!2^n}} \left(\frac{4\pi}{3}\right)^{1/4} e^{-2\pi^2 x^2/3} H_n\left(\frac{2\pi x}{\sqrt{3}}\right), \quad (\text{A.2})$$

and $H_n(x) = (-1)^n e^{x^2/2} \frac{d^n}{dx^n} e^{-x^2/2}$ are the Hermite polynomials. The eigenfunctions $\psi_n(x)$ are orthonormal,

$$\int_{-\infty}^{\infty} dx \psi_m(x) \psi_n(x) = \delta_{mn}. \quad (\text{A.3})$$

Using that $\langle \chi^2 \rangle = 3H^4/(8\pi^2 m^2)$, we have from eq. (2.6) $\zeta_\chi = (1/3)\ln(8\pi^3 x^2/3)$, and the connected part of its two-point function can be written as

$$\begin{aligned} \langle \zeta_\chi(\mathbf{r}) \zeta_\chi(\mathbf{r}') \rangle_c &= \int_{-\infty}^{\infty} d\chi \int_{-\infty}^{\infty} d\chi' \zeta(\chi) \zeta(\chi') \rho_2(\chi, \mathbf{r}, t; \chi', \mathbf{r}', t) \\ &= \sum_{n=1}^{\infty} \left(\int_{-\infty}^{\infty} dx \frac{1}{3} \psi_0(x) \psi_n(x) \ln x^2 \right)^2 (a(t)H|\mathbf{r} - \mathbf{r}'|)^{-\frac{2nm^2}{3H^2}}. \end{aligned} \quad (\text{A.4})$$

Truncating the series at the leading order we get

$$\langle \zeta_\chi(\mathbf{r}) \zeta_\chi(\mathbf{r}') \rangle_c = \frac{2}{9} (aH|\mathbf{r} - \mathbf{r}'|)^{-\frac{4m^2}{3H^2}} + \mathcal{O} \left[(aH|\mathbf{r} - \mathbf{r}'|)^{-\frac{8m^2}{3H^2}} \right]. \quad (\text{A.5})$$

The corresponding power spectrum is given by

$$\begin{aligned} \mathcal{P}_{\zeta_\chi} &= \frac{k^3}{2\pi^2} \int d^3r e^{-i\mathbf{k}\cdot\mathbf{r}} \langle \zeta_\chi(\mathbf{r}) \zeta_\chi(\mathbf{r}') \rangle_c \\ &= \frac{2^{3-\frac{4m^2}{3H^2}} \Gamma\left(\frac{3}{2} - \frac{2m^2}{3H^2}\right)}{9\sqrt{\pi} \Gamma\left(\frac{2m^2}{3H^2}\right)} \left(\frac{k}{aH}\right)^{\frac{4m^2}{3H^2}}. \end{aligned} \quad (\text{A.6})$$

The existence of the Fourier transform requires $4m^2 < 9H^2$ which we assume here.

Assuming an instant transition from de Sitter inflation to radiation dominated epoch, and approximating the universe as radiation dominated until the curvaton decay,³ we can write

$$\frac{k}{aH} = 6 \times 10^{-24} \frac{k}{0.05 \text{ Mpc}^{-1}} \frac{10^{15} \text{ GeV}}{\rho^{1/4}}, \quad (\text{A.7})$$

where $\rho = 3H^2 M_{\text{p}}^2$ denotes the energy density during inflation. Using eqs. (A.6) and (A.7) we can directly solve for the m^2/H^2 range where the condition eq. (2.10) is satisfied, i.e. $\mathcal{P}_{\zeta_\chi}(k_*) < 2 \times 10^{-11}$. The result is shown in figure 6 where the shaded orange area marks the region where eq. (2.10) holds.

³This is strictly valid for $\Omega_\chi \ll 1$ but suffices here because we only consider cases where the curvaton decays before it fully dominates the universe, and therefore the period when $\Omega_\chi \ll 1$ may not hold is short.

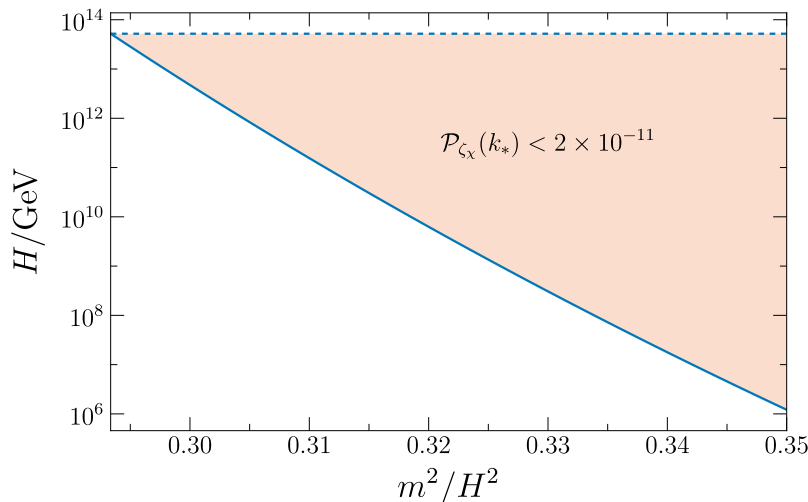


Figure 6. Above the solid line $\mathcal{P}_{\zeta_\chi}(k_*) < 2 \times 10^{-11}$. The dashed line shows the maximum inflationary Hubble scale $H \approx 5.2 \times 10^{13}$ GeV consistent with the observational bound on the tensor-to-scalar ratio $r_T < 0.044$ [80]. The shaded orange area between the solid and dashed lines depicts the phenomenologically viable region where $\mathcal{P}_{\zeta_\chi}(k_*) < 2 \times 10^{-11}$.

We will also need the two point functions of the powers ζ_χ^ℓ in the analysis below. These can be directly computed using the spectral expansion expression

$$\begin{aligned}
 \langle \zeta_\chi^\ell(\mathbf{r}) \zeta_\chi^{\ell'}(\mathbf{r}') \rangle_c &= \int_{-\infty}^{\infty} d\chi \int_{-\infty}^{\infty} d\chi' \zeta^\ell(\chi) \zeta^{\ell'}(\chi') \rho_2(\chi, \mathbf{r}, t; \chi', \mathbf{r}', t) \\
 &= \sum_{n=1}^{\infty} \sum_{n'=1}^{\infty} \left(\int_{-\infty}^{\infty} dx \frac{1}{3} \psi_0(x) \psi_n(x) \ln x^2 \right)^\ell \left(\int_{-\infty}^{\infty} dx' \frac{1}{3} \psi_0(x') \psi_{n'}(x') \ln x'^2 \right)^{\ell'} \\
 &\quad \times (a(t)H|\mathbf{r} - \mathbf{r}'|)^{-\frac{2(n+n')m^2}{3H^2}}.
 \end{aligned} \tag{A.8}$$

Truncating the series again at the leading order we obtain

$$\langle \zeta_\chi^\ell(\mathbf{r}) \zeta_\chi^{\ell'}(\mathbf{r}') \rangle_c = \left(\frac{\sqrt{2}}{3} \right)^{\ell+\ell'} (aH|\mathbf{r} - \mathbf{r}'|)^{-\frac{4m^2}{3H^2}} + \mathcal{O} \left[(aH|\mathbf{r} - \mathbf{r}'|)^{-\frac{8m^2}{3H^2}} \right]. \tag{A.9}$$

B The spectrum of ζ on CMB scales

We express the full solution eq. (2.7) for ζ in the form

$$\zeta = \zeta_r + Z(\zeta_\chi, \zeta_r), \tag{B.1}$$

where the explicit expression for $Z(\zeta_\chi, \zeta_r)$ can be read off from eq. (2.7). The connected part of the two point function of ζ is given by

$$\langle \zeta(\mathbf{r}) \zeta(\mathbf{r}') \rangle_c = \langle \zeta_r(\mathbf{r}) \zeta_r(\mathbf{r}') \rangle_c + 2 \langle Z(\mathbf{r}) \zeta_r(\mathbf{r}') \rangle_c + \langle Z(\mathbf{r}) Z(\mathbf{r}') \rangle_c. \tag{B.2}$$

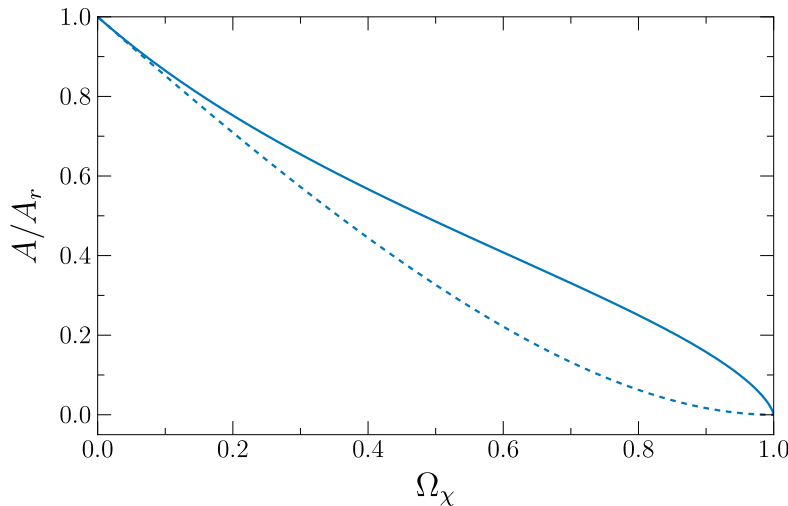


Figure 7. The solid line shows A/A_r defined in eq. (B.7) as a function of the curvaton density parameter Ω_χ . The dashed line shows the corresponding quantity computed in linear perturbation theory.

Expanding $Z(\zeta_\chi - \zeta_r)$ around $\zeta_r = 0$, the last two terms can be written as

$$\langle Z(\mathbf{r})\zeta_r(\mathbf{r}') \rangle_c = \sum_{n=0}^{\infty} \frac{1}{(2n+1)!} \langle Z^{(2n+1)}(\zeta_\chi) \rangle \langle \zeta_r(\mathbf{r})\zeta_r^{2n+1}(\mathbf{r}') \rangle_c \quad (\text{B.3})$$

$$\begin{aligned} \langle Z(\mathbf{r})Z(\mathbf{r}') \rangle_c &= \sum_{n=1}^{\infty} \sum_{n'=1}^{\infty} \frac{1}{n!n'!} \langle Z^{(n)}(\zeta_\chi) \rangle \langle Z^{(n')}(\zeta_\chi) \rangle \langle \zeta_r^n(\mathbf{r})\zeta_r^{n'}(\mathbf{r}') \rangle_c \\ &\quad + \text{terms involving } \langle \zeta_\chi^n(\mathbf{r})\zeta_\chi^{n'}(\mathbf{r}') \rangle_c. \end{aligned} \quad (\text{B.4})$$

We assume the curvature perturbation of the radiation component is sourced by the inflaton, and is Gaussian distributed with a nearly scale invariant spectrum

$$\mathcal{P}_{\zeta_r}(k) = A_r \left(\frac{k}{k_*} \right)^{n_r-1}, \quad A_r \gg P_{\zeta_\chi}(k_*), \quad (\text{B.5})$$

and require that the curvaton component is suppressed on CMB scales such that $P_{\zeta_\chi}(k_*) < 2 \times 10^{-11}$ according to eq. (2.10). Using eq. (A.9), we then observe that on scales $k \lesssim k_*$ we can to leading precision drop all terms involving connected correlators of ζ_χ^n in eq. (B.4). On scales $k \lesssim k_*$, the leading contribution to the two point function eq. (B.2) then reads

$$\langle \zeta(\mathbf{r})\zeta(\mathbf{r}') \rangle_c \approx \langle \zeta_r(\mathbf{r})\zeta_r(\mathbf{r}') \rangle_c \left(1 + \langle Z^{(1)}(\zeta_\chi) \rangle \right)^2. \quad (\text{B.6})$$

The non-linear function $\langle Z^{(1)}(\zeta_\chi) \rangle$ involves contributions from closed ζ_χ loops attached to the points \mathbf{r} or \mathbf{r}' . Since $\langle Z^{(1)}(\zeta_\chi) \rangle$ has no dependence on spatial coordinates, the spectrum of the curvature perturbation for $k \lesssim k_*$ is simply given by

$$\mathcal{P}_\zeta(k) = A \left(\frac{k}{k_*} \right)^{n_r}, \quad A = A_r \left(1 + \langle Z^{(1)}(\zeta_\chi) \rangle \right)^2, \quad k \lesssim k_*. \quad (\text{B.7})$$

Figure 7 shows the ratio A/A_r as function of Ω_χ . For comparison, we have also plotted the corresponding linear perturbation theory result $A/A_r = (4(1 - \Omega_\chi)/(4 - \Omega_\chi))^2$ obtained

from $\zeta = 4\zeta_r(1 - \Omega_\chi)/(4 - \Omega) + 3\zeta_\chi\Omega_\chi/(4 - \Omega)$, see e.g. [98], when $\mathcal{P}_{\zeta_\chi}(k) \ll \mathcal{P}_{\zeta_r}(k)$. As seen in figure 7, for $\Omega_\chi \lesssim 0.9$ we have $0.2 \lesssim A/A_r \leq 1$, indicating that the observed CMB spectrum amplitude $\mathcal{P}_\zeta(k_*) = A = 2.10 \times 10^{-9}$ is obtained by adjusting the inflaton sector to give A_r in the range $5 \gtrsim A_r \geq 1$, correspondingly. From eqs. (A.9) and (B.2)–(B.4) we further see that when eq. (2.10) holds, the contributions from ζ_χ to the spectral index $n_s - 1 = d \ln \mathcal{P}_\zeta / d \ln k$ are parametrically suppressed to $\mathcal{O}(0.01)$. The measured spectral index $n_s = 0.965$ at $k = k_*$ should then be obtainable with slow roll inflationary models having $\epsilon = \mathcal{O}(0.01)$ which can be adjusted to give the correct n_s . We thus conclude that when eq. (2.10) holds, we obtain inflaton dominated, Gaussian and nearly scale-invariant perturbations on CMB scales.

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