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Table 1. Characteristics of the study sample

Variable	<i>n</i>	Mean ± SD/(% of total n)
TV-time in 2001 (hrs/d)	2594	2.0 ± 1.1
TV-time in 2007 (hrs/d)	2224	1.7 ± 1.1
TV-time in 2011 (hrs/d)	1970	1.8 ± 1.2
LTPA in 2001 (score)	2453	8.8 ± 1.9
LTPA in 2007 (score)	2173	8.8 ± 1.8
LTPA in 2011 (score)	1924	9.0 ± 1.8
Age (years) in 2001	2934	31.4 ± 4.9
Gender (%)	2934	
Men	1350	46.0
Women	1584	54.0
Education (years) in 2001	2604	14.5 ± 3.1
Body mass index in 2001	1924	25.0 ± 4.4
Smoking in 2001 (%)	2547	
Smoker	754	29.6
Non-smoker	1793	70.4

TV, television viewing; LTPA, leisure-time physical activity.