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Table 1. Characteristics of the study sample

| Variable                  | <i>n</i> | Mean ± SD/(% of total n) |
|---------------------------|----------|--------------------------|
| TV-time in 2001 (hrs/d)   | 2594     | 2.0 ± 1.1                |
| TV-time in 2007 (hrs/d)   | 2224     | 1.7 ± 1.1                |
| TV-time in 2011 (hrs/d)   | 1970     | 1.8 ± 1.2                |
| LTPA in 2001 (score)      | 2453     | 8.8 ± 1.9                |
| LTPA in 2007 (score)      | 2173     | 8.8 ± 1.8                |
| LTPA in 2011 (score)      | 1924     | 9.0 ± 1.8                |
| Age (years) in 2001       | 2934     | 31.4 ± 4.9               |
| Gender (%)                | 2934     |                          |
| Men                       | 1350     | 46.0                     |
| Women                     | 1584     | 54.0                     |
| Education (years) in 2001 | 2604     | 14.5 ± 3.1               |
| Body mass index in 2001   | 1924     | 25.0 ± 4.4               |
| Smoking in 2001 (%)       | 2547     |                          |
| Smoker                    | 754      | 29.6                     |
| Non-smoker                | 1793     | 70.4                     |

TV, television viewing; LTPA, leisure-time physical activity.