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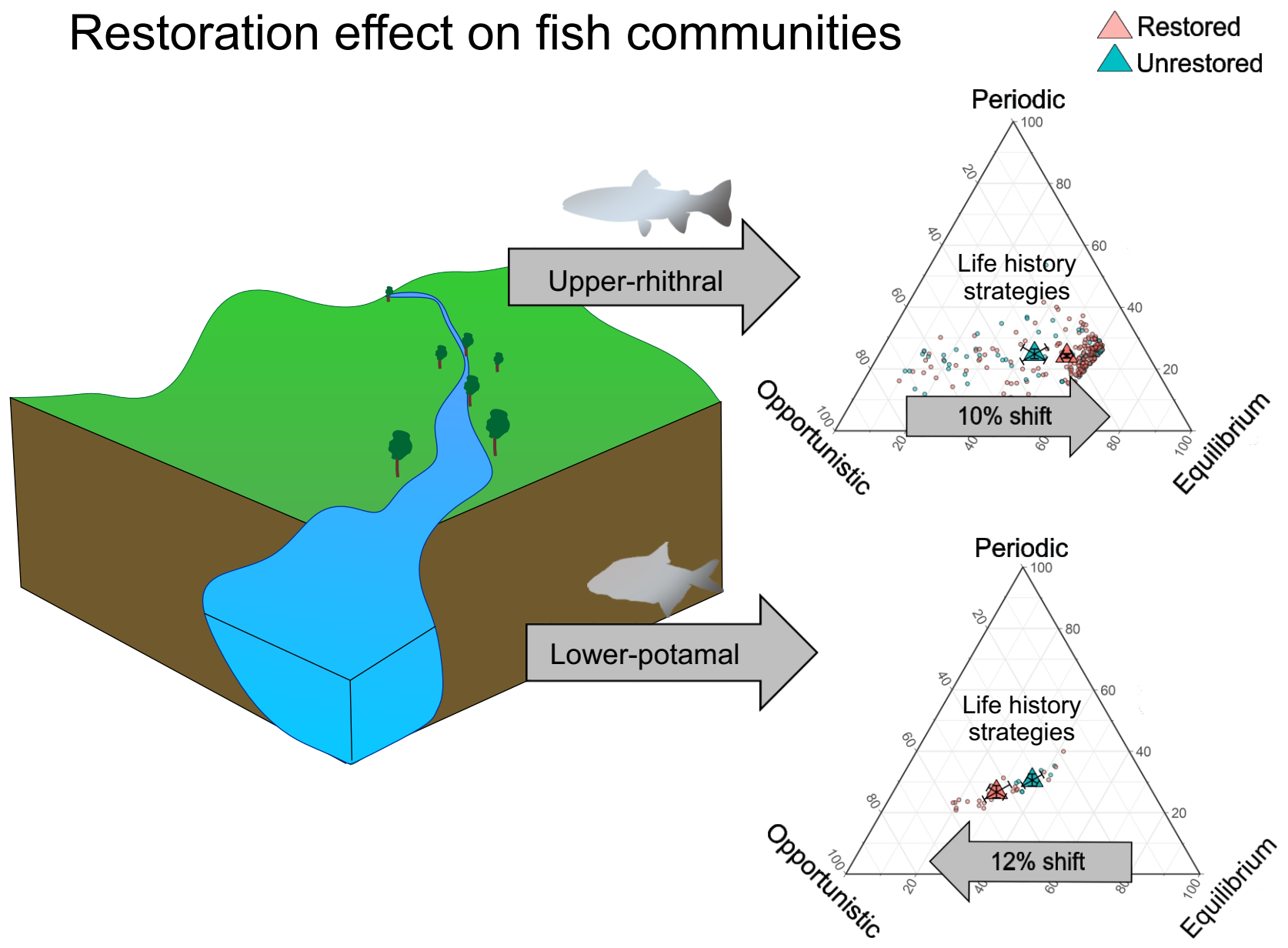
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Restoration effect on fish communities



- 1 • River restoration affects life-history trait composition of fish communities
- 2 • Restoration changes the ratio of opportunistic-periodic-equilibrium strategists
- 3 • Restoration outcome varies along the river continuum and successional
- 4 stages
- 5 • Restored reaches show more similar trait composition than unrestored
- 6 reaches
- 7 • A trait approach could be used to compare restorations across biogeographic
- 8 areas

1 **Effect of river restoration on life-history strategies in fish communities**

2

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28

29 **Abstract**

30

31 Assessments of river restoration outcomes are mostly based on taxonomic identities
32 of species, which may not be optimal because a direct relationship to river functions
33 remains obscure and results are hardly comparable across biogeographic borders.
34 The use of ecological species trait information instead of taxonomic units may help to
35 overcome these challenges.

36 Abundance data for fish communities were gathered from 134 river restoration
37 projects conducted in Switzerland, Germany and Finland, monitored for up to 15
38 years. These data were related to a dataset of 22 categories of ecological traits
39 describing fish life-history strategies to assess the outcome of the restoration
40 projects.

41 Restoration increased trait functional diversity and evenness in projects that
42 were situated in the potamal zone of rivers. Restoration effect increased with the
43 length of the restored river reaches. In areas with low levels of anthropogenic land
44 use, the peak of the restoration effect was reached already within one to five years
45 after the restoration and effect receded thereafter, while communities responded
46 later in areas with higher levels of anthropogenic land use.

47 In the lower potamal zone, a shift towards opportunistic life-history strategists
48 was observed. In the upper rhithral zone, in contrast, species with an opportunistic
49 life-history strategy increased only in the first five years of restoration, followed by a
50 shift towards equilibrium strategists at restorations older than 5 years. This pattern
51 was more pronounced in rivers with higher level of anthropogenic land use and
52 longer restored river reaches. Restoration reduced the variability in community trait
53 composition between river reaches suggesting that community trait composition
54 within these zones converges when rivers are restored.

55 This study showed how ecological traits are suitable to analyse restoration
56 outcomes and how such an approach can be used for the evaluation and
57 comparison of environmental management actions across geographical regions.

58

59 **Keywords:** functional traits, functional diversity, fish life strategies, functional
60 composition, life-history traits, restoration success

61 **1. Introduction**

62

63 In recent decades, a great deal of energy has gone into counteracting the
64 degradation of rivers through river restoration measures (e.g. Thomas et al., 2015).
65 River restorations commonly aim at re-establishing natural reference conditions in
66 terms of habitat structure. According to the habitat template theory (Southwood,
67 1988), this approach is commonly expected to increase habitat functioning, diversity
68 and dynamics of stream assemblages (Palmer et al., 1997, Palmer et al., 2010).
69 Challenges for assessment of restoration outcome are multiple, often leaving the
70 question open, if restoration efforts indeed lead to desired results.

71 Position within the river continuum, catchment size or discharge regime are
72 among the environmental variables that are discussed to influence restoration
73 outcomes (Stoll et al., 2016). Moreover, the effect of restoration can be enhanced
74 when the restoration is conducted in highly anthropogenic conditions compared to
75 areas characterised by lower anthropogenic land use pressures (Lorenz and Feld,
76 2013; Feld et al., 2016). Restoration effects may be reduced in fragmented rivers,
77 affecting the dispersal capacity of the surrounding species pool (Stoll et al., 2014,
78 Kominoski et al., 2018). It is also well known that restoration outcomes can vary over
79 time, as succession processes affect the abiotic characteristic of restored river
80 reaches as well as the communities that establish (Stoll et al., 2014; Pilotto et al.,
81 2018; Thomas et al., 2015). In fish communities, Höckendorff et al. (2017) showed
82 how post-restoration successional processes lasted approximately five to eight years
83 before reaching a level of relative ecological stability.

84 River restoration effectiveness is commonly assessed in terms of changes in
85 biodiversity, as species and communities integrate anthropogenic stressors in space

86 and time and therefore perform well as bio-indicators of the ecological status of an
87 ecosystem (Haase et al., 2016). Many successful regional bioindication tools, many
88 of them using fish communities, have been developed based on a taxonomic
89 reference system, calculating deviations from a set of species defining natural
90 reference conditions (e.g. the German fish assessment "fiBs" (Diekmann et al.,
91 2005b), or the Index of Biotic Integrity (IBI) developed for fish communities in the
92 USA (Karr, 1981)). A disadvantage of this common approach is that the results of
93 these assessments are limited to comparisons only within more or less
94 homogeneous biogeographic areas (Menezes, 2010). Each of these schemes is built
95 based on regional species lists, focuses on common regional ecological constraints
96 and is tied up to regional legislative regulations. This leaves a gap in the capacity to
97 evaluate environmental management actions, such as river restorations, at the trans-
98 national and trans-continental scale.

99 By shifting focus from species identity towards ecological traits of a
100 community, comparison between highly diverse and biogeographically distinct river
101 reaches can be made. Ecological traits are universal and largely independent of
102 species taxonomic identities and biogeographic borders. Many studies showed that
103 functional diversity, rather than species diversity, enhances ecosystem functions
104 (Petchey and Gaston, 2002, Cadotte et al., 2011), and thus, ultimately, ecosystem
105 services. Trait changes may capture important shifts in ecological functioning not
106 reflected directly in the taxonomic assemblage (Ernst, 2006). Therefore, ecological
107 traits are better suited to assessing the ecological functioning of a river, and hence,
108 ecological restoration targets (Loreau et al., 2001; Mouillot et al., 2006; Thomas et
109 al., 2015). Functional roles of ecological traits could be used as a baseline for the
110 comparison of restoration outcomes. However, to date restoration assessment

111 based on community trait composition is still the exception, rather than the rule (but
112 see van Kleef et al., 2006; Höckendorff et al., 2017; Lima et al., 2018).

113 Stream assemblages are constrained by hydromorphological, geological and
114 physicochemical characteristics of river ecosystems, which function as
115 environmental filters (Poff et al., 1997; Lamouroux et al., 2002; Statzner and Bêche,
116 2010). The natural flow-regime paradigm postulates that adaptations of riverine
117 assemblages are dictated by patterns of variation in river flows and habitat
118 hydromorphology (Poff et al., 1997). These adaptations include for example
119 ecological traits that enable riverine fish to avoid being flushed away by water peak
120 discharge in mountain reaches or that allow survival or fast recolonization after
121 oxygen depletion in lowland reaches (see Lytle and Poff, 2004). In fish, Winemiller
122 and Rose (1992) differentiated three life-history strategies, each of which reflect
123 demographical adaptations (i.e. juvenile survival, fecundity, reproduction) to a range
124 of environmental and ecological conditions. Opportunistic strategist fishes are small-
125 bodied, with relatively short life spans, early maturation and more than one spawning
126 event per year characterised by low fecundity; they usually adapt to unstable and
127 disturbed habitat conditions. Periodic strategists are large-bodied fishes with longer
128 life spans compared to the opportunistic strategists, late female maturity, high
129 fecundity per spawning event, and low juvenile survivorship as they do not provide
130 parental cares; they inhabit periodically suitable habitats. Equilibrium strategists are
131 usually associated with stable habitats and they show low fecundity per spawning
132 event and high juvenile survivorship providing parental care and producing large
133 eggs (Winemiller, 1989; 1992; Winemiller and Rose, 1992; Olden and Kennard,
134 2010). In river restorations, functional diversity of a river is maximized through the re-
135 establishment of river functions that are considered natural in that reach and the

136 creation of new river functions (e.g. water retention capacity). In this sense,
137 restoration actions change the habitat structure (i.e. water flow patterns, bed
138 structures and course) of the river favouring fish life strategies that possess
139 functional traits which are better adapted to the new habitat conditions (Tullos et al.,
140 2009).

141 The main objective of this study was to investigate the potential of
142 implementing ecological traits to assess river restoration outcomes. We used trait
143 data generated for 57 fish species collected over 134 restoration riverine projects
144 conducted in Switzerland, Germany and Finland. As a first step, we analysed
145 changes in functional diversity and evenness patterns due to restorations. Secondly,
146 we assessed how restoration affects the proportion of the opportunistic-periodic-
147 equilibrium strategists by changing the relative proportion (i.e. composition) of the
148 life-history traits associated to each fish strategy. For both diversity and
149 compositional analyses, we assessed how restoration effects relate to key
150 environmental variables, anthropogenic land use and typology of restoration actions.
151 All analyses were conducted along the longitudinal river gradient including the upper-
152 and lower-rhithral zones (trout and grayling zones) and upper- and lower-potamal
153 zones (barbel and bream zones) (Huet, 1949; Illies and Botosaneanu, 1963).

154

155 **2. Methods**

156

157 *2.1 Data set*

158

159 For this analysis, we searched for quantitative fish data from river restoration
160 projects that were designed to serve the entire fish community, not just individual

161 species. Per restoration project, at least two datasets (restored and unrestored
162 control) were required. Based on a call for data in the personal networks of the
163 authors, we received the data from three different European countries (Switzerland,
164 Germany, and Finland).

165 The dataset includes a total of 134 restorations projects performed in 77
166 rivers. The projects were undertaken between the years 1989 and 2013. Data were
167 collected in a time frame spanning from 15 years before to 15 years after the
168 restoration. The monitoring schemes varied among the 134 projects including a
169 temporal before (i.e. unrestored)–after (i.e. restored) approach (78 projects) or a
170 spatial impact (i.e. restored)–control (i.e. unrestored) approach (55 projects). In 1
171 project both approaches were used (full BACI design). Sites were distributed over a
172 latitudinal gradient from Northern to Central Europe (from 67° 37' N to 45° 53' N),
173 and an altitudinal gradient from lowland slow-flowing rivers to mountainous streams
174 in the pre-alpine regions (see Table S3). The dataset included at the same time
175 lower-order river reaches with average stream widths <3 m up to larger rivers with
176 average river width > 60m (see Table S3).

177 Fish data were collected using electro-fishing. Fish data from Switzerland
178 were provided by the cantonal administrations (environmental, fisheries, and hydro-
179 engineering departments) upon email request, and some additional data sets were
180 extracted from scientific works, such as diploma theses and reports. Fish data
181 collection for Switzerland and Germany is fully described in Thomas et al. (2015).
182 Fish communities in Germany were sampled based on a standardised protocol
183 compliant with the European Water Framework Directive (Diekmann et al., 2005a)
184 (see methodological details in Stoll et al., 2013). Finnish fish data were gathered
185 from Finnish Fish Sampling Data Register, Natural Resources Institute Finland and

186 regional ELY centres, or compiled from reports (North Karelia TE Office 2001;
187 Vihtonen, 2009). In all the Finnish restoration projects, fish sampling was conducted
188 according to the Finnish electrofishing standard (Vehanen et al., 2013).

189

190 *2.2 Life-history strategies*

191

192 The composition of fish traits, informative for the opportunistic-periodic-equilibrium
193 trichotomy of life-history strategies, was defined using 22 categories of seven
194 biological trait classes (Table 1) (see also Olden and Kennard, 2010 for similar
195 approach). Fish trait information was obtained at the species level from the database
196 freshwaterecology.info (Grenouillet and Schmidt-Kloiber, 2006; Schmidt-Kloiber A.
197 and Hering D., 2015). Gaps were filled using the available data from literature
198 (Kottelat and Freyhof, 2007) as well as electronic datasets (Pont et al., 2006; 2007)
199 and expert judgment of the authors. Each category was associated uniquely or as a
200 combination of opportunistic, periodic and equilibrium life strategies (Winemiller,
201 1989; 1992; Winemiller and Rose, 1992; Olden and Kennard, 2010) (see Table 1).

202

203 *2.3 Calculations of trait abundance and functional diversity metrics*

204

205 Relative fish abundance in each site was standardised as catch per unit of effort
206 (CPUE) per 200 m of river transect. This was done in order to have comparable fish
207 relative abundances among the different projects. Our trait database was used to
208 calculate a relative trait representation within each site based on CPUE of each fish
209 species and whether or not a fish species had a certain trait (0/1).

210 Fish CPUE and the trait information matrices were then used to calculate Rao's
211 quadratic entropy (RaoQ) and Functional dispersion (FDis) as functional diversity
212 indices, using the FD package (Laliberté and Legendre, 2010) for R (R Core Team,
213 2015). RaoQ measures the distribution and the abundance of traits in the trait space
214 combining both functional richness and divergence (Botta-Dukát, 2005; Peru and
215 Dolédec, 2010). FDis measures the dispersion of species in trait space weighted by
216 their relative abundance (Laliberté and Legendre, 2010). Both indexes are useful
217 explaining the relationships between biotic communities and environmental
218 constraints (Ding et al., 2017). Species Evenness Index (Eve) (Heip, 1974) was used
219 as measurement of how uniformly are abundances of trait categories distributed in
220 the trait space.

221

222 *2.4 Surveyed environmental variables*

223

224 As the restoration effect might vary due to local environmental variability and to the
225 uniqueness of the different restoration projects, additionally to environmental
226 variables measured during the sampling event (e.g. altitude, length of the restored
227 river stretch, total sampled area), we calculated other variables that potentially can
228 influence the restoration outcome. As the ecological effect of the restoration can vary
229 over time (Höckendorff et al., 2017), the number of years since the restoration was
230 realised, was included as an explanatory variable. Based on the work of Höckendorff
231 et al. (2017) and Palmer et al (2010), years since the restoration were pooled in 3
232 main categories to assess the effect of restoration from 1 to 5 years, from 6 to 10
233 years and from 10 to 15 years. Among all the projects, 20 different types of
234 restoration actions were identified. In order to achieve statistical replication, they

235 were categorized into three main groups: actions that aimed to restore riparian
236 section of the river (riparian actions); actions that aimed to restore the entire river
237 course including the river bed (river bed actions); actions that aimed to improve
238 longitudinal connectivity (connectivity actions) (see table S1) (see Simaika et al.,
239 2015 for a detailed methodological description).

240 Different level of anthropogenic land use pressures of the surrounding areas
241 can influence restoration outcome (Lorenz and Feld., 2013). To measure the extent
242 of anthropogenic landscape modification around each sampled location, land-use
243 data from a 10 km long and 200 m wide upstream buffer was computed (see Lorenz
244 and Feld, 2013 for similar approach). Percent land use was derived at each site for
245 each category of level 3 of Corine Land Cover 2006 (Büttner and Kosztra, 2007) and
246 present in the buffer using a GIS system (ArcView GIS, ver. 3.3, Esri, 2011). In order
247 to synthesise land-use with measure of anthropogenic pressure, the different
248 categories of land use were combined into an Anthropogenic Index (AI) (Larsen et
249 al., 2010; Manfrin et al., 2013; 2016), which was calculated as:

250

$$251 \quad AI = \sum k_i p_i$$

252

253 where k_i is the specific coefficient for each land-use category (1= no anthropogenic
254 pressure; 2= low anthropogenic pressure; 3= medium anthropogenic pressure; 4=
255 high anthropic pressure) and p_i is the relative frequency of each category inside the
256 buffer. The k values attributed to the land use categories are shown in Table S2. The
257 AI ranged between 1 (minimum anthropogenic pressure) and 4 (maximum
258 anthropogenic pressure). The AI was calculated with 10,000 x 200 m buffer distance
259 to reflect both local riparian features and larger scale patterns acting at catchment

260 level (see Lorenz and Feld, 2013). To differentiate river types in which restoration
261 effects may differ, we used the following environmental variables, extracted from
262 GIS: area (km²) of the catchment size upstream the restored site, the total length (m)
263 of the restored site and the altitude (m a.s.l.) at which the restoration was conducted.

264

265 *2.5 Data analysis – Diversity metrics*

266

267 The main effect of restoration on fish trait indices RaoQ, Fdis and Eve was analysed
268 with linear mixed-effect (LME) models using the lme4 package (Bates et al., 2007)
269 for R. Whether or not a site was restored, river zone, and their interaction were used
270 as fix factors in the model. River zonation was derived from the biocoenotic region
271 concept (Illies and Botosaneanu, 1963; see further details in Table S3). To account
272 for repeated sampling within each project and variability among rivers and locations
273 we used a random factor where “project” was nested in “river” which was nested in
274 “country”. In case of significant “restoration” - “river zone” interaction, a post-hoc test
275 was performed to examine the effects of restoration within each river zone using a
276 LME model with the same random structure of the initial model. When necessary,
277 weights were applied to account for heterogeneity of the variance and temporal
278 autocorrelation was corrected for (Zuur et al., 2009b). To determine the optimal
279 autocorrelation structure (ARMA), residuals in each model were tested using an
280 iterative process which included an Akaike Information Criterion assessment (Zuur et
281 al., 2009d).

282 Environmental variables underlying the main effect of restoration on the
283 diversity metrics, were only analysed for the given river zone in which significant
284 differences were found between restored and unrestored conditions. In this analysis,

285 difference in RaoQ, Fdis and Eve were assessed as deltas (restored – unrestored
286 value) between the two reaches restored and unrestored during the same time
287 (Control-Impact approach), the same reach before (unrestored) and after (restored)
288 the restoration, and between the reach before the restoration (unrestored) to which
289 we compared reaches monitored after the restoration multiple times (Before-After
290 approach). An LME model was used with fix factors “years since restoration” as well
291 as “AI”, “catchment size”, “altitude”, “length of the restored reach” and their
292 interaction with “years since restoration”. Number of restoration actions which fall
293 into the categories “river bed actions”, “riparian actions” for each restoration project
294 and presence or absence of “connectivity actions” were also included as fixed factors
295 in the analysis. Fix factors were checked for multicollinearity with variance inflation
296 factor (VIF) and Pearson correlation analyses using the mctest (Imdadullah et al.,
297 2016) and ppcor (Kim, 2015) packages for R. The random structure, similarly to the
298 main effect model (see above), considered projects nested in rivers nested in
299 countries. When necessary, independent size-related variables were log-transformed
300 to meet variance heterogeneity assumptions (Zuur et al., 2009a). Model interactions
301 and single fix factors were backward-selected using likelihood ratio tests against
302 reduced models (without the interaction or the fixed factor) (Zuur et al., 2009c). The
303 variance explained by each model was calculated as marginal (R^2_m) and conditional
304 (R^2_c) (Nakagawa and Schielzeth, 2013) using the MuMIn package (Barton, 2016) for
305 R. The distribution of residuals was assessed using qq-plots (Wilk and
306 Gnanadesikan, 1968). To control for inflated false discovery rates, we used
307 Benjamini-Hochberg corrected α -values (Waite and Campbell, 2006).

308

309 *2.6 Data analysis – Trait composition*

310

311 Differences in trait composition were computed as Bray-Curtis dissimilarities (Beals,
312 1984) on the relative abundances in trait categories in order to increase the influence
313 of rare species (Legendre and Gallagher, 2001). NMDS was used on the trait data to
314 visualise differences in trait composition between restored and unrestored reaches
315 among river zones. A two-way Permutational Multivariate Analysis of Variance
316 (perMANOVA) was performed to test for compositional dissimilarity among
317 “restoration” and “river zones” including their interaction. Where a significant
318 restoration- river zone interaction was detected, a one-way perMANOVA was
319 performed within each river zone as a post-hoc comparison with the unique fix factor
320 “restoration”. For each perMANOVA, 9999 Permutations were constrained within
321 rivers nested in countries to account for data dependency.

322 Similarity percentage (SIMPER) analysis (Clarke, 1993) was used to identify a
323 ranked list of trait categories that cumulatively contributed more than 70% to
324 significant (after one-way perMANOVA) differences between restored and
325 unrestored site. To assess shifts in life-history strategies between restored and
326 unrestored river reaches, we first computed a percentage of trait representation in
327 each site for the three fish life strategies (opportunistic, periodic, equilibrium). This was
328 done by assigning a life strategy to each trait and calculating the weighted average
329 representation of that trait in the site, weighted by CPUE. Results were visualized in
330 a simplex/ternary plot and shifts along each of the axes was tested separately using
331 a Fischer’s exact test from the perm package (Fay and Shaw, 2010) for R.

332 Environmental variables underlying for the main effect of restoration on the
333 trait composition, were only analysed when significant differences were found in
334 post-hoc analysis for the given zone. Similarly to the analysis of the environmental

335 variables performed on the diversity metrics with LME, also for the analysis of the
336 composition, delta CPUE was calculated in each restored-unrestored paired
337 condition (see above) for each trait category. The resultant matrix of compositional
338 deltas was analysed using partial redundancy analysis (pRDA) using 9999
339 permutations and Euclidean distance (Oksanen et al., 2013). After VIF diagnostic for
340 multicollinearity, environmental constrains included in the RDA were “AI”, “catchment
341 size”, “altitude”, “length of the restored site” and their interaction with “years since
342 restoration”. Number of “riparian actions”, “river bed actions” and presence or
343 absence of “connectivity actions” were also included. To account for the effect of
344 country and rivers, these factors were partialled out from the pRDA. Permutational
345 (999 permutations) iterative test (anova) was used to assess the marginal effect of
346 each variable.

347 Analysis of β -diversity was also assessed as multivariate homogeneity of
348 groups dispersions (variance) between restored and unrestored reaches and among
349 river zones (interaction “restoration” x “river zone”). The measure of multivariate
350 homogeneity was calculated as the average distance of group reaches to the group
351 centroid in multivariate space. A permutational test of the model residuals (permutes
352 betadisper) was used to test if the dispersions (variances) of one or more groups
353 were different and to perform pairwise comparisons between restored and
354 unrestored condition among zones. We performed all compositional analyses using
355 the vegan package (Oksanen et al., 2013) for R.

356

357 **3. Results**

358

359 *3.1 Diversity metrics*

360

361 Trait functional diversity measures varied between river zones (RAoQ: $X^2=13.85$,
362 $p=0.003$; FDis: $X^2=13.96$, $p=0.003$), but generally increased due to restoration
363 (RAoQ: $X^2=3.74$, $p=0.053$; FDis: $X^2=4.22$, $p=0.039$). However, the restoration effect
364 on functional diversity varied between river zones (interaction “restoration” x “river
365 zone”; RaoQ: $X^2=9.44$, $p=0.024$; FDis: $X^2=11.53$, $p=0.009$) (see complete LME
366 results in Table S4). An interactive effect of restoration and river zone was also
367 found for changes in trait evenness ($X^2=10.34$, $p=0.016$). Analysis of individual river
368 zones revealed that restoration affected trait diversity similarly in lower-rhithral and
369 upper- and lower-potamal zone, although the increase in trait diversity from
370 unrestored to restored conditions was only significant in the upper-potamal zone
371 (RaoQ: $X^2=12.28$, $p<0.001$; Fdis: $X^2=15.01$, $p<0.001$; Eve: $X^2=15.01$, $p=0.023$; Fig.
372 2). In the upper-rhithral zone, in contrast, restorations tended to decrease functional
373 diversity and trait evenness.

374 Changes in functional diversity metrics and evenness between unrestored
375 and restored conditions in the upper-potamal zone were influenced by the
376 combination of anthropogenic pressures (AI) and restoration age (interaction “AI” x
377 “years since restoration”) (dRaoQ: $X^2=7.22$, $p=0.027$; dFDis: $X^2=7.55$, $p=0.023$)
378 (Table S5). In the first 5 years, functional diversity increased in the restored
379 compared to unrestored conditions independently from the AI (see Fig. S1). In older
380 restorations, greater increases in trait diversity were observed in areas with larger AI,
381 while trait diversity receded in areas of lower AI (see Fig. S1). A second interactive
382 effect on functional diversity and evenness in the upper-potamal zone was found
383 between altitude and years from restoration (dRaoQ: $X^2=7.23$, $p=0.027$; dFDis:
384 $X^2=6.54$, $p=0.038$; dEve: $X^2=7.64$, $p=0.022$) (Fig. S2, Table S5). In the first 5 years,

385 changes in trait functional diversity and evenness were more pronounced in rivers at
386 low altitudes; at greater restoration ages, restoration effects were more pronounced
387 in rivers at higher altitudes (see Fig. S2). Furthermore, greater changes in functional
388 diversity and evenness in the upper-potamal zone were observed at longer restored
389 site (dRaoQ: $X^2=6.03$, $p=0.014$; dFDis: $X^2=5.87$, $p=0.015$; dEve: $X^2=7.35$, $p=0.007$)
390 (See Fig. S3) and in presence of restoration actions which were aimed to increase
391 river connectivity (dRaoQ: $X^2=15.07$, $p<0.001$; dFDis: $X^2=13.39$ $p<0.001$; dEve:
392 $X^2=9.73$, $p=0.002$) (See Fig. S4).

393

394 *3.2 Trait Composition*

395

396 Fish community trait composition varied between restored and unrestored conditions
397 and among river zones (“restoration” x “river zone”, $F_{3, 612}=4.05$, $p=0.002$).

398 Composition between restored and unrestored reaches differed in the upper-rhithral
399 zone ($F_{1, 276}=13.54$, $p=0.022$) and in the lower-potamal zone ($F_{1, 28}=5.21$, $p=0.044$)
400 (Fig. 3). Trait categories associated with equilibrium life-history strategy increased by
401 10 % in the restored conditions in upper-rhithral zones (Table 2, Figure 4a, Fischer’s
402 exact test $p < 0.001$). Traits associated to opportunistic strategists decreased by 9 %
403 in restored reaches (Table 2, Figure 4a, Fischer’s exact test $p = 0.001$). In contrast,
404 in the lower-potamal zone trait categories associated with an opportunistic strategy
405 increased by 12% after restoration (Table 2, Figure 4b, Fischer’s exact test $p =$
406 0.014), while trait categories related to equilibrium strategists decreased by 8 %
407 (Table 2, Figure 4b, Fischer’s exact test $p = 0.012$).

408 Communities at restored reaches were more similar to each other than
409 communities observed at unrestored reaches (“restoration” x “fish zones”; F_7 ,

410 $\epsilon_{12}=14.47$, $p=0.001$). Restored reaches in the upper-rhithral (permutest: $p<0.001$),
411 lower-rhithral (permutest: $p=0.048$) and in the upper-potamal zone (permutest:
412 $p=0.035$) had lower value of β -diversity (lower variance) compared to the unrestored
413 reaches (see Fig. 5).

414 Analysis of the environmental variables showed that in the upper-rhithral zone
415 the effect of the restoration on the trait categories (delta values) varied between
416 years from the restoration and level of anthropogenic pressure ("years since
417 restoration" X "AI": $F_{2,155}=3.62$, $p=0.009$), years since restoration and length of the
418 restored site ("years since restoration" X "length restored site": $F_{2,155}=6.62$, $p=0.001$)
419 and among the number of restorations actions that focus on river bed structure
420 ($F_{1,155}=22.04$, $p=0.001$) and the riparian sector ($F_{1,155}=4.62$, $p=0.001$) (Fig. 6a).
421 Especially reaches with longer restored stretch and higher level of anthropogenic
422 pressure showed shifts in trait composition towards an opportunistic strategy (fish
423 species with more than 1 generation per year (st2), short life span (sl1) and with
424 early female sexual maturation (ma1); Fig. 6a). In older restorations (6 to 10 years
425 since restoration), species with equilibrium and periodic life-history strategies
426 became more prevalent (fish species with late sexual maturity (ma4), large egg size
427 (ed3), parental care (nnh) and large bodies (bl3) (Fig. 6a). Especially restorations
428 that focused on riparian habitats led to trait shifts towards an equilibrium and periodic
429 life-history strategy (Fig. 6a).

430 In the lower-potamal zone the effect of the restoration on community trait
431 composition was mainly affected by the presence of a restoration action which aim to
432 increase river connectivity ($F_{1,13}=8.37$, $p=0.007$), but no clear relationship to life-
433 history strategy could be observed, as the effect of measures on connectivity is

434 associated with the first RDA axis, while the separation of traits belonging to different
435 life-history strategies is along the second RDA axis (Fig. 6b).

436

437 **4. Discussion**

438

439 In this study, we showed that ecological traits can be used to compare restoration
440 outcomes across different river types and across large geographical areas.

441 Restoration actions have been shown to be able to influence ecosystem functions of
442 rivers through changing trait composition in macroinvertebrates (Frainer 2018). Here,
443 we showed that, also in fish, changes in trait composition can aid in our
444 understanding of the secondary succession processes that take place in restored
445 river reaches. We showed how the location of the restoration on the rhithral-potamal
446 river continuum, as well as the level of anthropogenic pressures and the length of the
447 restored river stretch affected the speed of trait turnover in fish communities. Using a
448 functional approach with ecological traits, we were able to assess restoration
449 projects across multiple countries, overcoming taxonomical difference due to
450 geographical constraints on the local species pool (Olden and Kennard, 2010).

451 Restoration of hydromorphology is one of the key strategies employed in river
452 restoration, though short term monitoring schemes have yielded varying and
453 sometimes limited results (e.g. England 2018). We presented evidence that
454 hydromorphological restoration can increase functional diversity and change the
455 proportion of opportunistic-periodic-equilibrium strategists in riverine fish
456 communities using long-term monitoring data. In particular, this was the case in the
457 upper-potamal zone of rivers. Increases in functional diversity are widely believed to
458 increase the resilience of an ecosystem (Dukes, 2001; Bellwood et al., 2004). Higher

459 functional diversity is a sign of the success of restoration in stimulating self-
460 organising of rivers and thereby creating diverse habitats with structural
461 characteristics favourable to a wide range of fish species. This is supported by the
462 changes away from equilibrium species and towards more opportunistic species in
463 the lower potamal zone. Higher river-floodplain connectivity with more pronounced
464 temporal dynamics, opens up temporary niches for opportunistic species to flourish
465 in temporary ponds and pools, and rearrangement of substratum in unchained rivers
466 leads to a continuous rejuvenation and provision of habitats in early succession
467 stages. Restorations also converged communities closer to the expected reference
468 conditions of their respective surroundings. Hence, river reaches that were already
469 close to this potential target, which is typically the case in areas of low AI, showed a
470 relatively smaller and more immediate restoration effect. River reaches that were
471 further away from natural reference conditions, which typically occurs in areas with
472 higher AI, showed greater effects, and effects took longer time to materialize. A
473 range of studies has already pointed out the role of the status of the surrounding
474 species pool for the colonization process at restored river reaches (Stoll et al., 2013;
475 Sundermann et al., 2011).

476

477 *4.1 Dispersion of community trait composition*

478

479 Restorations reduced the trait variability (as β -diversity) across restoration projects.
480 In this study, this was particularly true in the upper-rhithral zone for which restoration
481 projects analysed were biogeographically distant to each other including rivers from
482 Switzerland, Germany and Finland. Different types of degradation can lead to
483 different functional trait compositions between communities. The greater similarity in

484 trait composition at restored reaches, even in this set of restoration projects from
485 geographically distant locations, underpins that natural conditions for each river zone
486 are well defined and communities reflect these more homogenous conditions among
487 restored reaches. If proven universal, these river zone-specific trait compositions of
488 natural habitat conditions could serve as a robust and universal target for restoration
489 managers that allows for comparisons across biogeographic borders.

490

491 *4.2 Restoration along the river continuum*

492

493 Our results suggest that the effects of restoration depend on the position of a
494 restoration project along the river continuum. For the upper rhithral river reaches we
495 find different response patterns for trait diversity, life-history strategies and
496 succession dynamics compared to lower river reaches. Upper rhithral river reaches
497 are naturally more uniform with less room for a great variety of traits. Anthropogenic
498 influences are known to hamper restoration of fish communities (Zajicek 2019). By
499 anthropogenic changes such as impoundment, extra (un-natural) habitat diversity is
500 created, allowing for a wider range of traits to persist in the system. Through
501 restoration, opportunistic traits are reduced, leading to a shift towards the more
502 natural and less functionally diverse rhithral-zone communities. This suggests that
503 restoring a river natural state is not necessarily associated with richer or more
504 functionally diverse assemblages, especially in the upper rhithral zone. Degradation
505 in the upper rhithral zone is often associated with a deterioration of the sediment
506 quality, especially colmatation of the sediment interstitial (Scheuer et al., 2009). An
507 accessible and oxygenated interstitial zone however is crucial especially for low
508 fecundity equilibrium strategists in this river zone such as brown trout and bullhead.

509 Beside its role as the reproduction habitat, the interstitial zone is also a crucial refuge
510 for fish species during high discharge events. In degraded reaches flushing of fish is
511 more likely, which favours short lived, fast reproducing opportunists which can
512 recolonize flushed-out reaches more quickly.

513

514 *4.3 Time since restoration, land use and environmental characteristics affect* 515 *restoration outcomes*

516

517 The succession dynamics of the changes in trait composition of fish communities
518 elicited by the restorations varied as an effect of anthropogenic pressures in the
519 adjacent catchment area and altitudinal position of the restoration project. In areas
520 with greater levels of anthropogenic pressure, the effect of the restoration on fish
521 community functional aspects emerged later, but reached higher effect sizes. In
522 contrast to analyses focusing on taxonomical species (Palmer et al 2010), we
523 showed that, also in intensely used areas, improvements are possible by restoration
524 actions if enough recovery time is allowed. However, these improvements may have
525 started from a very low pre-restoration status. Here we observed a clear succession
526 of functional patterns where in the short term opportunistic species benefited, while
527 on the longer term equilibrium and periodic species became more prevalent.

528 Communities in rivers exposed to lower levels of anthropogenic pressures, and
529 thereby probably already closer to natural conditions even in the degraded state,
530 experienced an initial increase of functional diversity. Opportunistic species are
531 efficient in building up sizeable populations quickly (Thomas et al., 2015), especially
532 in the situation of a temporal loss of more competitive, longer-lived equilibrium
533 strategist species due to the disturbance associated with execution of the restoration

534 (Tullos et al., 2009). Later, these communities experienced a gradual return to
535 values similar to the unrestored reaches. Within the altitudinal span from 25 m to 347
536 m a.s.l. in the upper potamal zone, reaches which are located at higher altitudes
537 seem slower to return to natural functional assemblages after the restoration event
538 than upper potamal reaches at lower altitudes.

539 Altitude is often correlated with slope, and thereby current velocity (Schulze,
540 2005). Both the natural sequence of riffles and pools as well as anthropogenic
541 barriers to manage the flow in such river reaches contribute to a reduction
542 longitudinal connectivity, impede free longitudinal dispersion (Aarts and Nienhuis,
543 2003). In these conditions, colonization events may be more stochastic and
544 conducted mainly by nearby individuals (Stoll et al., 2014), thus take longer time
545 showing delayed effects of the restoration.

546

547 *4.4 Conclusions*

548

549 This study demonstrates the usefulness of species traits in understanding general
550 processes that take place in communities after restorations are carried out.

551 Restoration effects at the level of community composition with regard to ecological
552 traits and life-history strategies followed the same patterns across a large geographic
553 area, spanning from boreal Northern Finland to the German lower mountain areas
554 and lowlands and to the Swiss Alps. We therefore believe that the use of ecological
555 traits, more than taxonomic information, would allow us to compare restoration
556 results across biogeographic regions. A better comparability of results is crucial to
557 learn from each other about experiences with different restoration approaches to
558 reach specific targets. This synthesis of practitioner knowledge on restoration

559 options is highly pertinent (Palmer et al., 2005; Bernhardt and Palmer, 2007). The
560 use of ecological trait information instead of species identities also matches well with
561 the common ultimate aim of river restoration to enhance the natural integrity and
562 functionality of rivers. Ecological species traits are more directly coupled to
563 ecological functioning than species identities, and thus trait-based approaches allow
564 a more direct interpretation of restoration results. In this pilot study we focused our
565 analysis exclusively on trait categories which are associated to the opportunistic-
566 periodic-equilibrium life strategies, however other traits categories (e.g. feeding
567 behaviour) are available and can be implemented to further analyse the outcome of
568 the river restoration.

569 This study also reconfirmed that succession processes at restored reaches
570 are non-linear and depend on the environmental context of where a restoration takes
571 place. Such general ecological patterns are difficult to perceive based on highly inter-
572 annually variable taxonomic data, but easier to spot using functionally aggregated
573 data based on ecological traits. Too early evaluation of restoration outcomes can
574 furthermore be misleading, as restoration effects on communities may vary (and
575 even may be opposite) in early and late succession stages. To further test the
576 functional patterns observed along the river continuum in this study, trans-continental
577 comparisons of restoration outcomes based on ecological trait information should be
578 conducted. If successful, this could help to define overarching robust references for
579 restoration managers. If proven to be universal, references based on community trait
580 composition may be developed to evaluate the naturalness of species communities.
581 Independent of taxonomic units, such an approach can be used for the evaluation
582 and comparison of environmental management actions, e.g. restoration projects,
583 across biogeographic regions.

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585

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592

593

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830

831 Table 1 – Life-history traits used in the study as informative of the opportunistic-
832 periodic-equilibrium trichotomy fish life-history strategies: opportunistic (O), periodic
833 (P), equilibrium (E), following Winemiller and Rose (1992) concept. For trait
834 categories which were not falling specifically in one of the three life-strategies,
835 multiple strategies were indicated as potentially suitable.

836

Trait Class	Trait Category	Code	Life-history strategy
maximum life span (years)	<8	ls1	O
	8-15	ls2	P/O/E
	>15	ls3	P/E
maximum body length (cm)	<20	bl1	O
	20-39	bl2	E
	>39	bl3	P
female maturity (years)	<2	ma1	O
	2-3	ma2	E
	3-4	ma3	E
	4-5	ma4	E
	>5	ma5	P
spawning time	1 per year	st1	P/E
	> 1 per year	st2	O
fecundity (no. oocytes)	< 55,000	fe1	O/E
	55,000 - 60,000	fe2	P/O/E
	> 60,000	fe3	P
egg diameter (mm)	< 1.3	ed1	P/O
	1.3 - 2	ed2	P/O/E
	> 2	ed3	E
parental care	no parental care	nop	P/O
	protection with nest or hiding eggs	pnh	E
	no protection with nest or hiding eggs	nnh	E

Table 2 –Traits that contributed to the dissimilarity in community composition (SIMPER analysis) for restored and unrestored river reaches. Only river zones in which trait composition was significantly different (perMANOVA $p < 0.05$) between the restored and unrestored reaches are shown. For each category, contribution (with standard deviation) and relative cumulative contribution (up to 70%) to the group dissimilarity are shown as well as the average relative frequency (avg %) for the restored and unrestored conditions. Life-history strategies (O=opportunistic; P=periodic; E=equilibrium) for each trait category are included.

River zone	Trait class	Trait category	Contrib(%)	sd	Cumul Contrib(%)	Avg % (Rest)	Avg % (Unrest)	Life-history strategy
Upper-rhithral	parental care	no protection with nest or hiding eggs	0.032	0.024	0.074	0.095	0.066	E
	egg diameter	>2 mm	0.032	0.026	0.147	0.110	0.075	E
	body length	>39 cm	0.030	0.022	0.218	0.093	0.070	P
	parental care	no parental care	0.029	0.024	0.287	0.030	0.061	O
	female maturity	4-5 years	0.030	0.022	0.355	0.090	0.076	E
	life span	8-15 years	0.028	0.020	0.419	0.091	0.074	P/O/E
	body length	<20 cm	0.028	0.021	0.483	0.042	0.061	O
	fecundity	<55,000 oocytes	0.024	0.021	0.540	0.114	0.096	O/E
	life span	<8 years	0.024	0.020	0.596	0.039	0.050	O
	egg diameter	<1.3 mm	0.022	0.022	0.647	0.018	0.041	P/O
	fecundity	55,000 - 60,000 oocytes	0.020	0.020	0.694	0.020	0.037	P/O/E
Lower-potamal	female maturity	4-5 years	0.026	0.014	0.086	0.040	0.083	E
	body length	20-39 cm	0.026	0.015	0.171	0.041	0.085	E
	life span	>15 years	0.025	0.014	0.253	0.049	0.089	P/E
	body length	<20 cm	0.024	0.014	0.333	0.092	0.054	O
	fecundity	55,000 - 60,000 oocytes	0.022	0.015	0.407	0.075	0.099	P/O/E
	fecundity	<55,000 oocytes	0.019	0.012	0.469	0.050	0.015	O/E
	life span	<8 years	0.018	0.013	0.530	0.053	0.025	O
	female maturity	<2 years	0.018	0.012	0.588	0.047	0.018	O
	spawning time	1 per year	0.015	0.011	0.639	0.083	0.099	P/E
	spawning time	>1 per year	0.015	0.011	0.690	0.060	0.043	O
	egg diameter	<1.3 mm	0.015	0.010	0.739	0.079	0.083	P/O

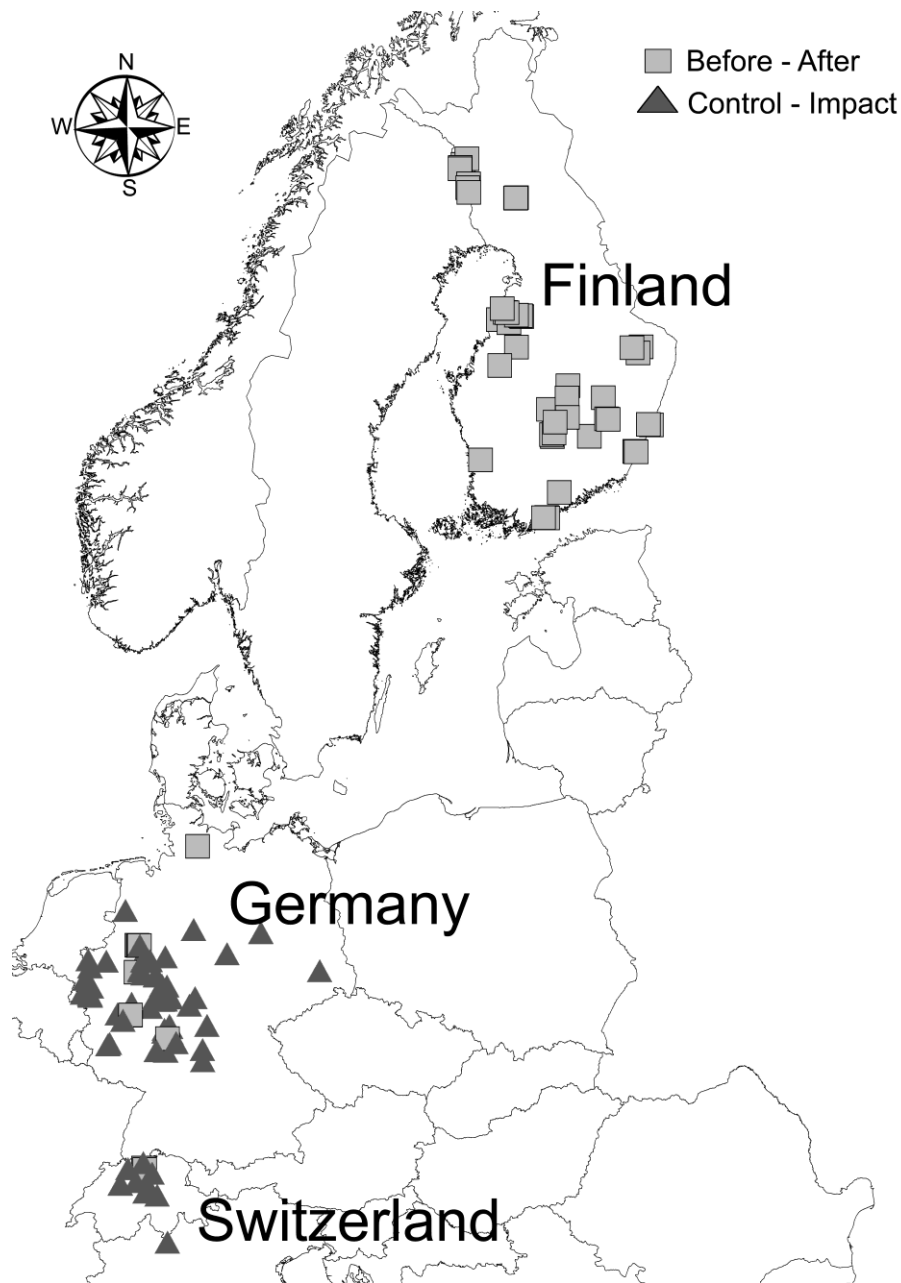


Fig. 1 – Study projects included in the study. The figure shows projects in which the same river reach was assessed before and after the restoration (BA) (squares), and projects assessed with a control – impact approach (CI) (triangles) in which an unrestored reach was compared to a restored one.

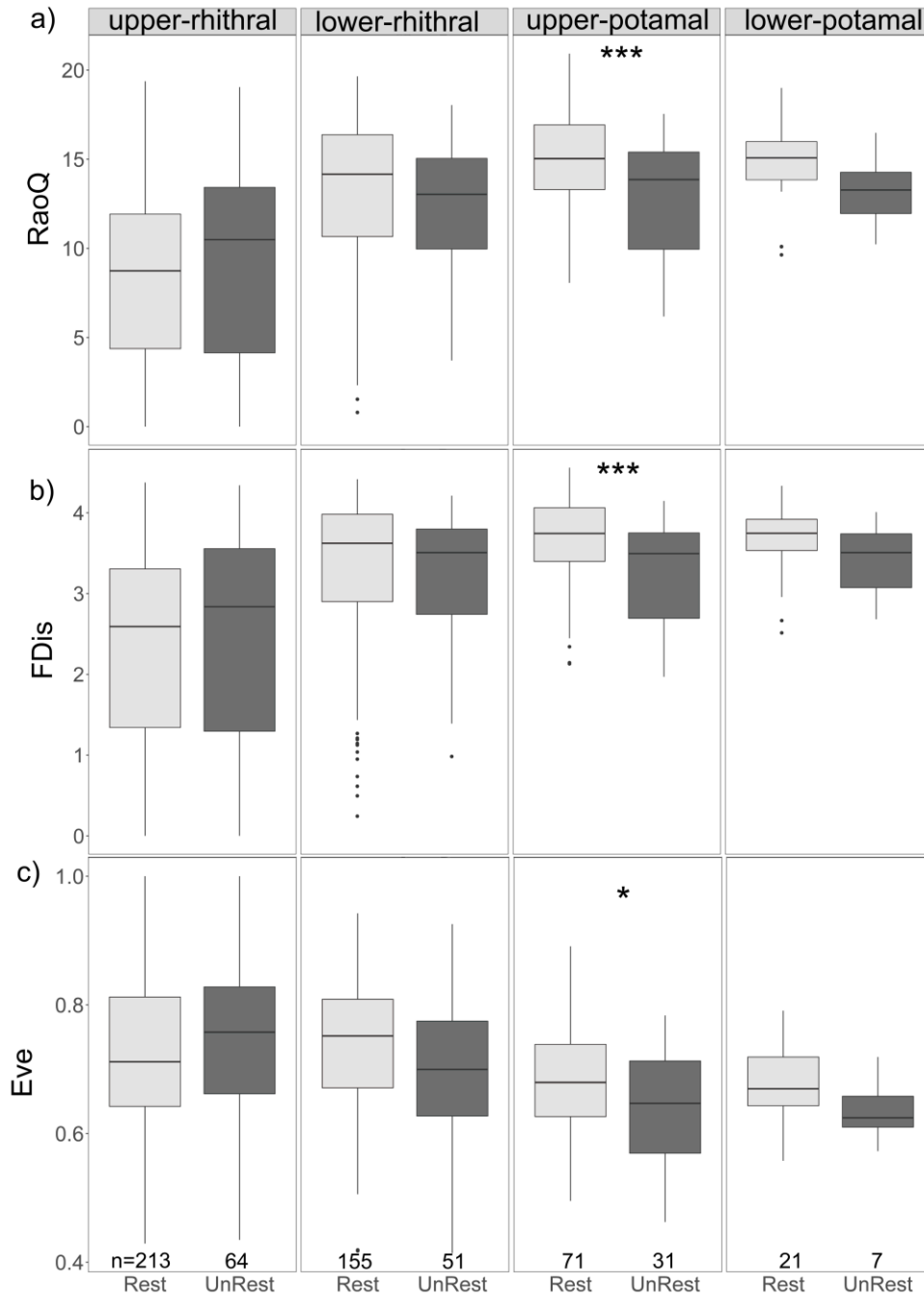


Fig. 2 – Boxplots showing Rao's quadratic entropy (RaoQ) and Functional dispersion (FDis) as functional diversity metrics together with species evenness Eve (c) in restored and unrestored conditions in the four longitudinal river zones (number of river reaches analysed are shown). Significant (LME) effect of restoration is indicated in the upper-potamal zone. (* = $p < 0.05$; *** = $p < 0.001$).

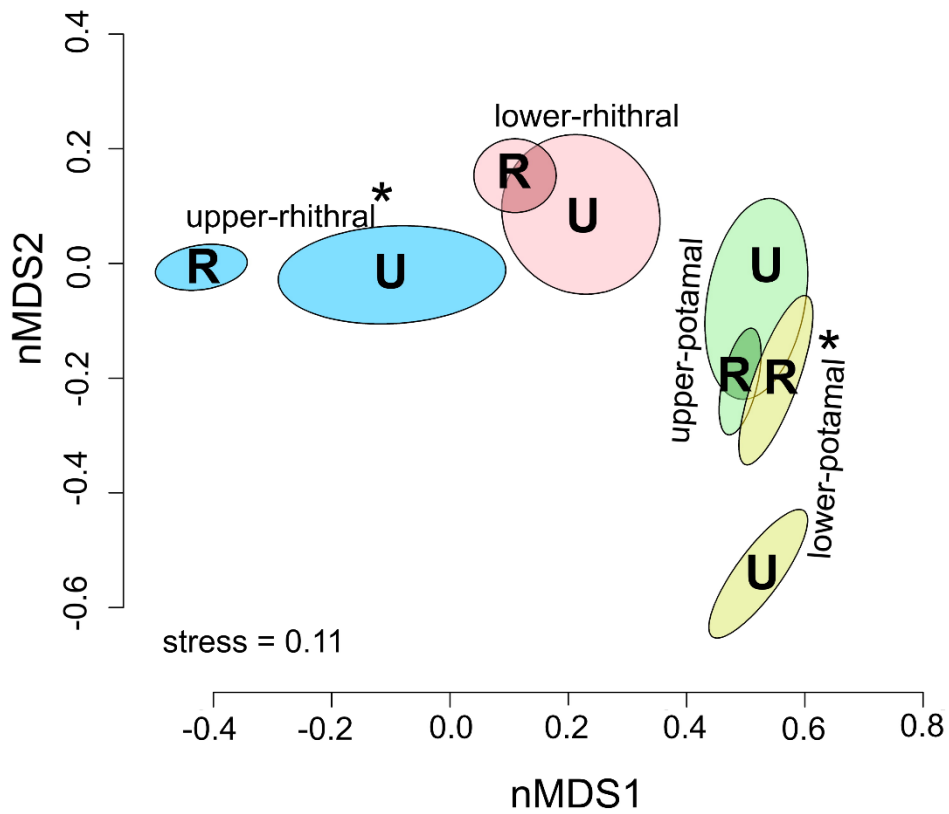


Fig. 3 – Trait composition of restored (R) and unrestored (U) conditions among longitudinal river zones is illustrated using a non-parametric Multidimensional Scaling plot (nMDS). Ellipses represent 95 % confidence intervals. Significant (perMANOVA) effect of restoration is indicated in the upper-rhithral and lower-potamal zone. (* = $p < 0.05$).

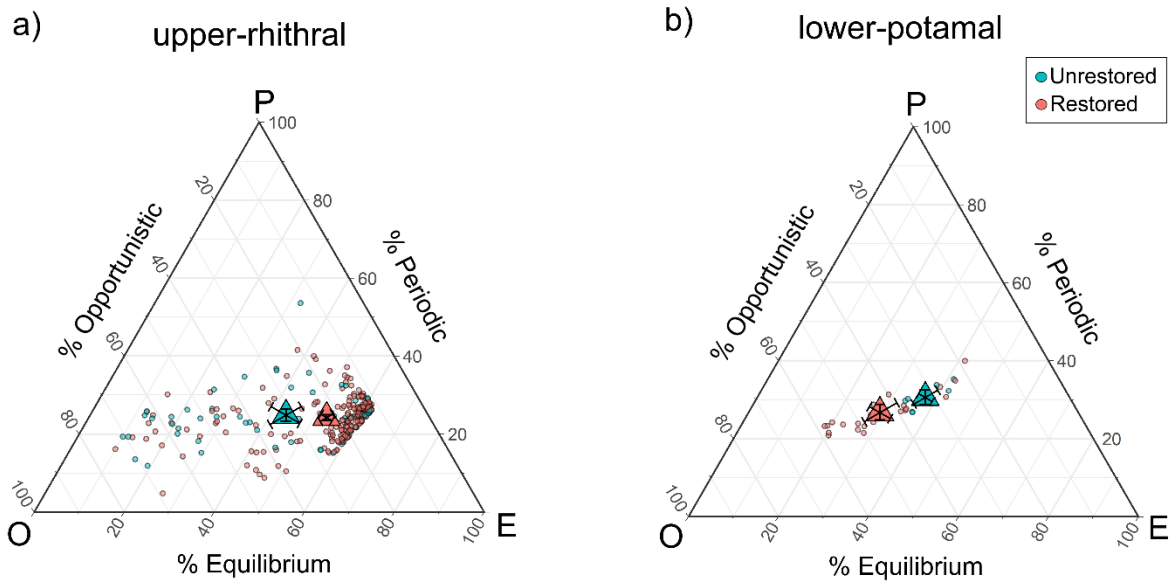


Fig. 4 – Ternary plot showing the relative proportion of opportunistic, periodic and equilibrium strategists for restored (pink dots) and unrestored (blue dots) river reaches for the upper-rhithral (a) and lower-potamal (b) zones in which significant variation in trait composition (1-way perMANOVA) was found. Coloured triangles and error bars represent centroid means and 95% confidence limits for restored (pink) and unrestored (blue) reaches. Trait proportions were calculated using only those trait categories that significantly contributed to the observed dissimilarity between unrestored and restored sites (SIMPER analysis).

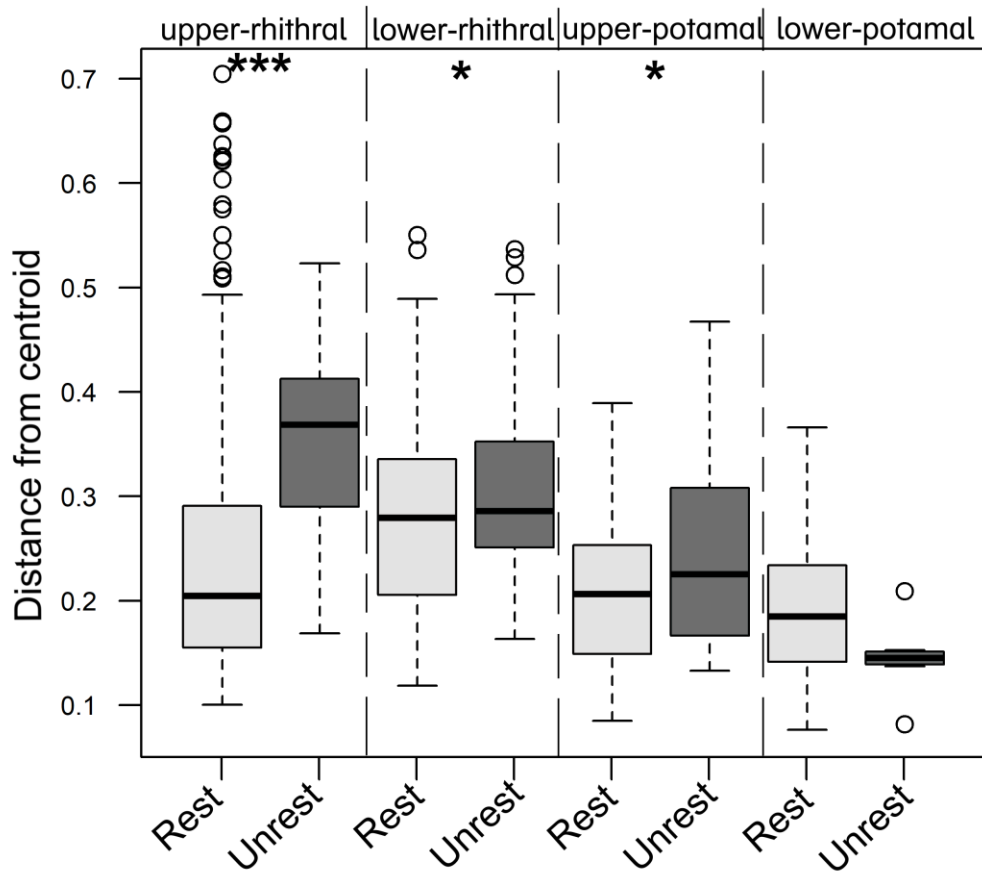


Fig. 5 – Distance from centroid in nMDS (as measure of β -diversity) on community trait composition in restored and unrestored conditions in the four longitudinal river zones (cf. Fig. 3). Significant restoration effects are indicated (***) = $p < 0.001$; * = $p < 0.05$). Box plots depict the 25, 50 and 75 percentiles, and whiskers the highest and lowest values excluding outliers.

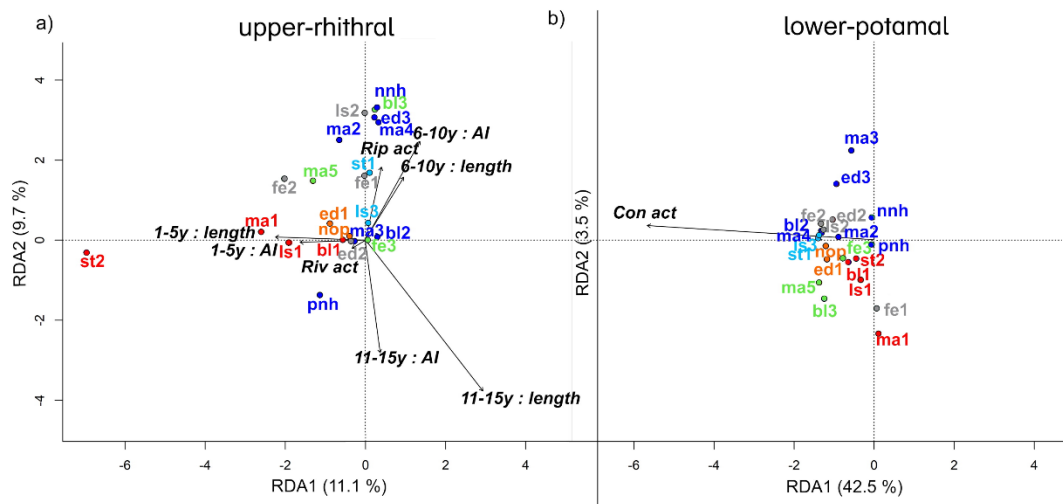


Fig. 6 – RDA plot depicting the relation between trait categories (as delta CPUE, calculated in each restored-unrestored paired condition) and environmental variables for the upper-rhithral (panel a) and lower-potamal (panel b) zones. The first two components of the RDA (with proportion explained in brackets) are included in each plot. Arrows represent significant environmental variables (anova: $p < 0.05$): years since restoration (1-5y; 6-10y; 11-15y), number of actions that aimed to restore riparian section of the river (Rip act in the plot); actions that aimed to restore river bed structures (Riv act); actions that aimed to improve longitudinal connectivity (Con act). Interactive effects are shown for years since restoration with anthropic index (AI) and length of the restored river reach (length). Trait categories are color-coded according to the association with opportunistic (red), periodic (green) and equilibrium (blue) fish life strategies, or to a combination of them (orange = opportunistic/periodic; light blue = equilibrium/periodic; gray = opportunistic/equilibrium/periodic). See Table 1 for the trait category codes and relative opportunistic-periodic-equilibrium association.

Supplementary Material

Table S1 – Restoration actions were grouped in riparian, river bed and connectivity categories.

Categories	Restoration actions
Connectivity	Elimination of artificial barriers Mouth rehabilitation Transformation piping
Riparian	Creating shade shore edge strips Creation of gravel bars Creation of still water zones (pounds, lakes, backwaters) Elimination of embankments Introduction of deadwood Networking and floodplain reconnection Widening
River bed	Artificial bedload entry Creation of riffles and pools Deflectors flow diverter Diversify the river flow current Elimination of artificial structures Raising of the river bed Re-braiding of the water course Recreation river channel Re-meandering

Table S2 – Corine Land-use categories (code and description) (level 3) included in the 10 km length upstream buffer. A coefficient (k) was attributed to each of the categories based on the level of anthropogenic pressure in each category (1= no pressure; 2= low pressure; 3= medium pressure; 4= high pressure). The sum of each proportional area of each category multiplied by the correspondent coefficient k gives the anthropogenic index (AI) used for the analysis.

Code	Category description	k value
FTYP313	Mixed forest	1
FTYP324	Transitional woodland-shrub	1
FTYP512	Water bodies	1
FTYP311	Broad-leaved forest	1
FTYP321	Natural Grassland	1
FTYP322	Moors and heathland	1
FTYP332	Bare rocks	1
FTYP333	Sparsely vegetated areas	1
FTYP511	Water courses	1
FTYP412	Peat bogs	1
FTYP523	Sea and Ocean	1
FTYP411	Inland marshes	1
FTYP421	Salt marshes	1
FTYP312	Coniferous forest	2
FTYP243	Land principally occupied by agriculture, and natural vegetation	2
FTYP141	Green urban areas	2
FTYP211	Non-irrigated arable land	3
FTYP242	Complex cultivation patterns	3
FTYP231	Pastures	3
FTYP221	Vineyards	3
FTYP222	Fruit trees and berry plantations	3
FTYP142	Sport and leisure facilities	3
FTYP112	Discontinuous urban fabric	4
FTYP121	Industrial or commercial units	4
FTYP111	Continuous urban fabric	4
FTYP124	Airports	4
FTYP122	Road and rail networks and associated land	4
FTYP131	Mineral extraction sites	4
FTYP123	Port Areas	4
FTYP132	Dump sites	4

Table S3 –Number of projects as well as average width, catchment size and altitude are shown for each country according with the longitudinal river gradient used to classify the zones in the study. The longitudinal gradient was broken down according to the river biocoenotic region (Illies and Botosaneanu, 1963) and fish zonation (Huet, 1949) concepts using differentiation into rhithral (upper- and lower-) and potamal (upper- and lower-) zones. In Europe, potamal river reaches only occur in Central to Southern Europe, while in Northern Europe the potamal zone rarely occurs or is limited to the lowermost river section.

Longitudinal zonation	Country	N° of Projects	avg. width (m)	avg. catch size (Km ²)	avg. altitude (m a.s.l.)	Biocoenotic regions	Fish zones
Upper rhithral	CH	15	4.21	48.55	448.67	Epi- and Meta-rhithral	Trout
	DE	19	4.25	77.93	155.96		
	FIN	24	7.07	1029.58	103.65		
	avg.	58	6.15	718.80	158.30		
Lower rhithral	DE	22	11.59	372.60	156.17	Hypo-rhithral	Grayling
	FIN	26	35.24	4665.33	69.40		
	avg.	48	29.33	3592.15	91.09		
Upper potamal	DE	20	25.88	1651.25	77.44	Epi-potamal	Barbel
Lower potamal	DE	9	62.65	3041.00	68.35	Meta-potamal	Bream

1 Table S4 – Statistic summary for LME model of the main effect of the restoration
 2 among longitudinal river zones for the functional diversity metrics (RaoQ, FDis) and
 3 species evenness (Eve). In the table are included only the factors selected after
 4 model backward, for which p value was <0.06. Marginal (R^2_m) and conditional (R^2_c)
 5 variance of the model are indicated, as well as likelihood ratio statistic (X^2), degree of
 6 freedom (df) and significance (p).

7

Metric	Selected factors	R^2_m ; R^2_c	X^2	df	p
RaoQ	Restoration*Zonation	0.10; 0.45	9.44	479	0.024
	Zonation		13.85	479	0.003
	Restoration		3.74	479	0.053
Fdis	Restoration*Zonation	0.09; 0.42	11.53	479	0.009
	Zonation		13.96	479	0.003
	Restoration		4.22	479	0.039
Eve	Restoration*Zonation	0.01; 0.28	10.34	479	0.016

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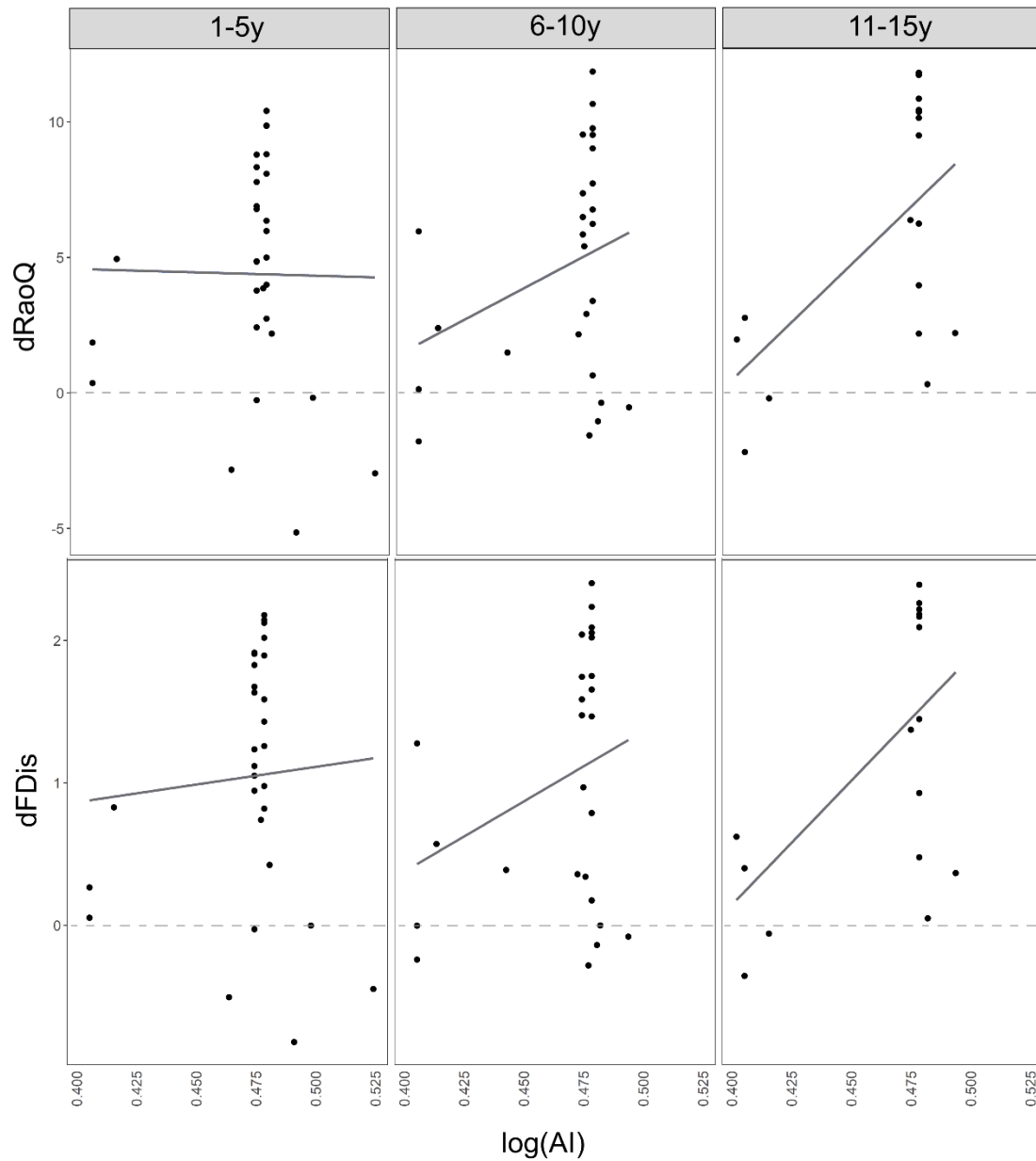
10 Table S5 – Statistic summary for LME model of the restoration drivers for the upper-
 11 potamal river zone for the delta (restored-unrestored) functional diversity metrics
 12 (dRaoQ, dFDis) and delta species evenness (dEve). In the table are included only
 13 the factors selected after model backward, for which p value was <0.05. Marginal
 14 (R^2m) and conditional (R^2c) variance of the model are indicated, as well as likelihood
 15 ratio statistic (X^2), degree of freedom (df) and significance (p).

Metric	R^2m ; R^2c	Selected factors	X^2	df	p
dRaoQ	0.55; 0.59	Age:log(AI)	7.22	44	0.027
		Age:log(Altitude)	7.23	44	0.027
		log (Length rest)	6.03	8	0.014
		Connectivity actions	15.07	44	<0.001
dFDis	0.58; 0.62	Age:log(AI)	7.55	44	0.023
		Age:log(Altitude)	6.54	44	0.038
		log (Length rest)	5.87	8	0.015
		Connectivity actions	13.39	44	<0.001
dEve	0.50; 0.76	Age:log(Altitude)	7.64	44	0.022
		log (Length rest)	7.35	8	0.007
		Connectivity actions	9.73	44	0.002

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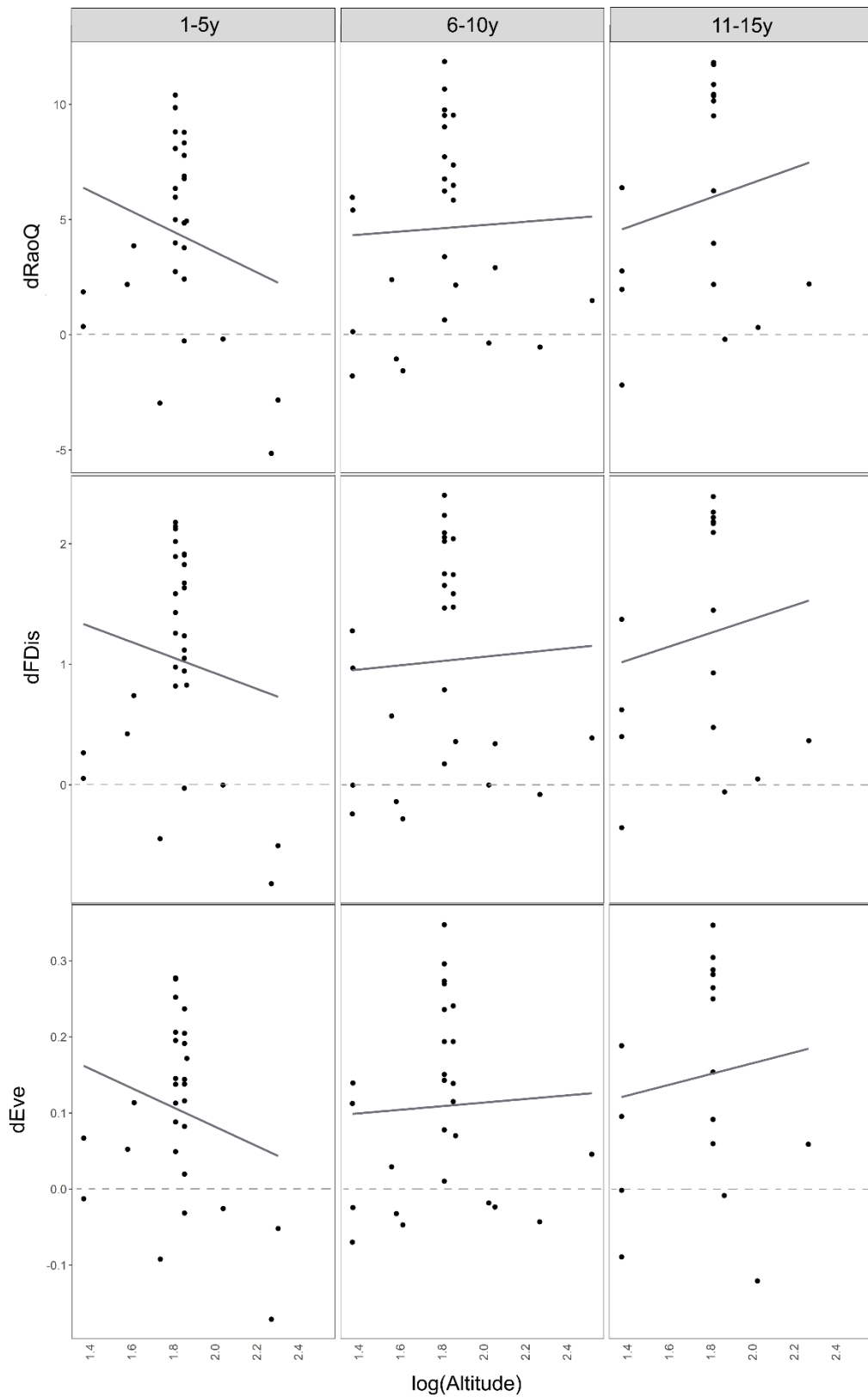
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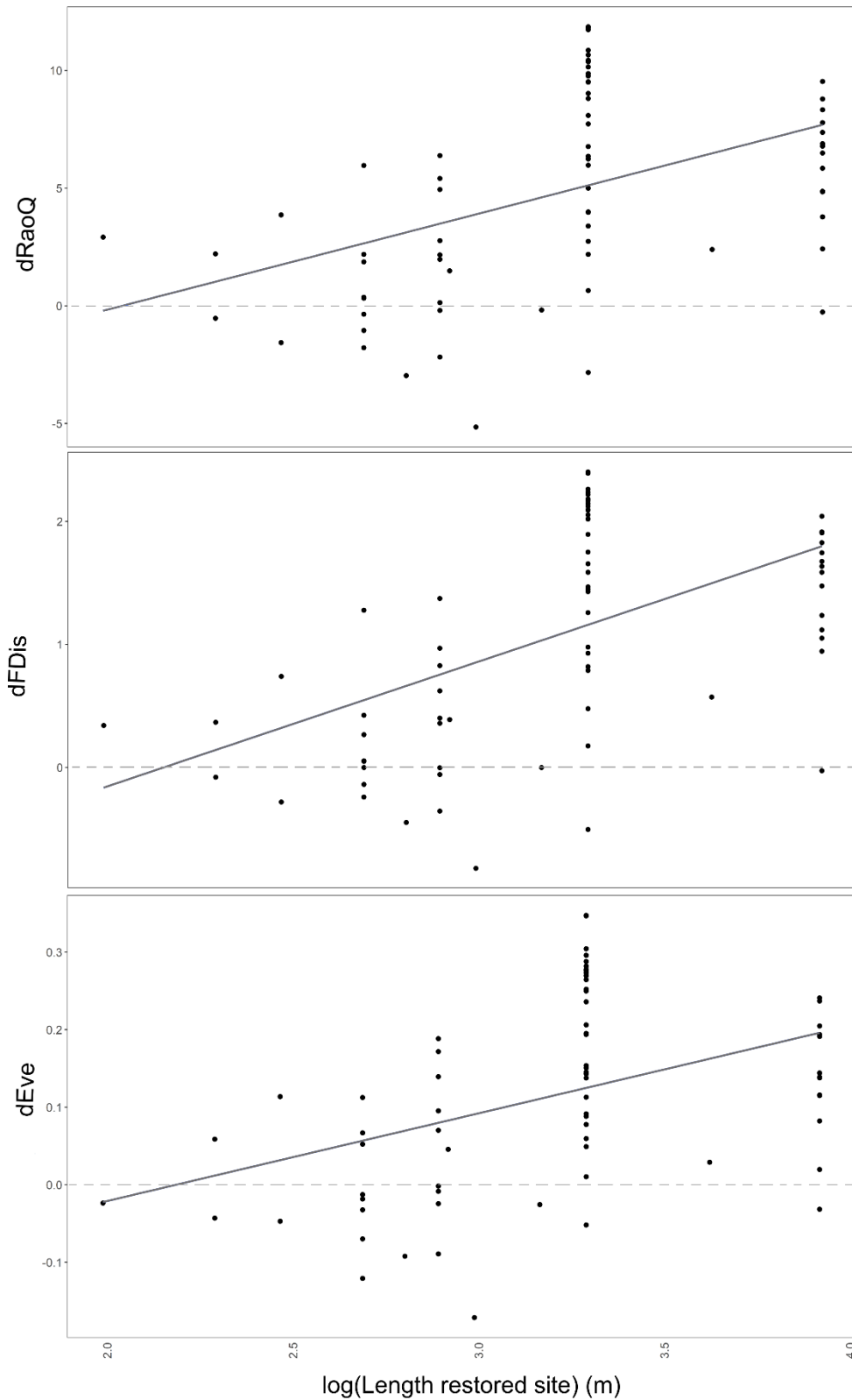
20 Fig. S1 – Linear relation between delta (restored-unrestored) values of RaoQ and
 21 FDis and log transformed Anthropoc Index (AI) over the three age categories (1-5
 22 years; 6-10 years; 11-15 years) in the upper-potamal river zone.

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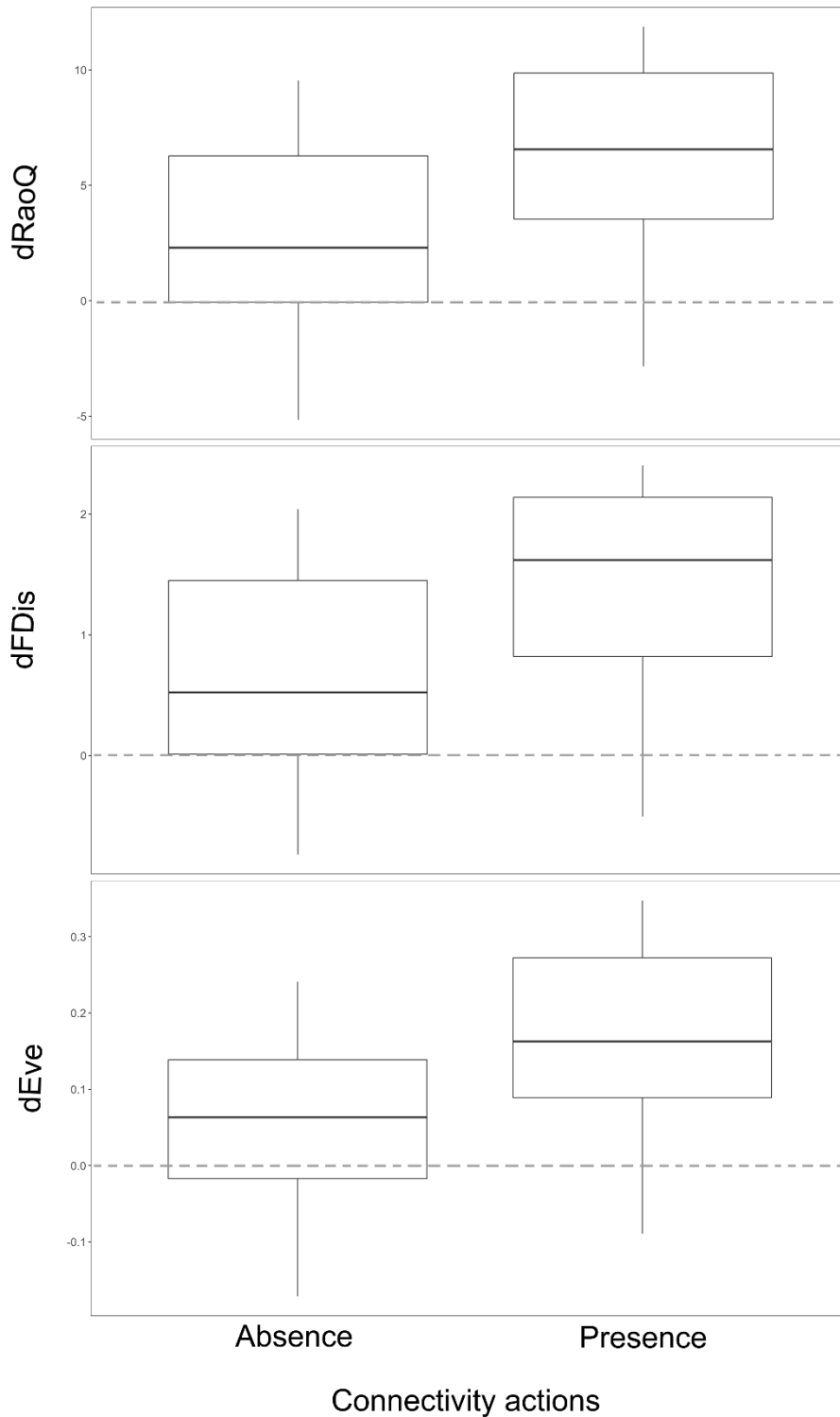
25 Fig. S2 – Linear relation between delta (restored-unrestored) values of RaoQ, FDis
 26 and Eve and log transformed altitude (m) (LAI) over the three age categories (1-5
 27 years; 6-10 years; 11-15 years) in the upper-potamal river zone.



28

29 Fig. S3 – Linear relation between delta (restored-unrestored) values of RaoQ, FDis
 30 and Eve and log transformed length of the restored river reach (m) in the upper-
 31 potamal river zone.

32



33

34 Fig. S4 – Comparison of delta (restored-unrestored) values of RaoQ, FDis and Eve
 35 and absence or presence of restoration actions that aimed to increase longitudinal
 36 connectivity in the upper-potamal river zone. Box plots depict the 25, 50 and 75
 37 percentiles and whiskers the highest and lowest values excluding outliers.

38

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Table 1

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Table 1 - Life-history traits used in the study as informative of the opportunistic-periodic-equilibrium trichotomy fish life-history strategies: Opportunistic (O), Periodic (P), Equilibrium (E) following Winemiller and Rose (1992) concept. For trait categories which were not falling specifically in one of the three life-strategies, multiple strategies were indicated as potentially suitable.

Trait Class	Trait Category	Code	Life-history strategy
maximum life span (years)	<8	ls1	O
	8-15	ls2	P/O/E
	>15	ls3	P/E
maximum body length (cm)	<20	bl1	O
	20-39	bl2	E
	>39	bl3	P
female maturity (years)	<2	ma1	O
	2-3	ma2	E
	3-4	ma3	E
	4-5	ma4	E
	>5	ma5	P
spawning time	1 per year	st1	P/E
	> 1 per year	st2	O
fecundity (no. oocytes)	< 55,000	fe1	O/E
	55,000 - 60,000	fe2	P/O/E
	> 60,000	fe3	P
egg diameter (mm)	< 1.3	ed1	P/O
	1.3 - 2	ed2	P/O/E
	> 2	ed3	E
parental care	no parental care	nop	P/O
	protection with nest or hiding eggs	pnh	E
	no protection with nest or hiding eggs	nnh	E

Table 2

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Table 2 –Traits that contributed to the dissimilarity in community composition (SIMPER analysis) for restored and unrestored river reaches. Only river zones in which trait composition was significantly different (perMANOVA $p < 0.05$) between the restored and unrestored reaches are shown. For each category, contribution (with standard deviation) and relative cumulative contribution (up to 70%) to the group dissimilarity are shown as well as the average relative frequency (avg %) for the restored and unrestored conditions. Life-history strategies (E=equilibrium; P=periodic; O=opportunistic) for each trait category are included.

River zone	Trait class	Trait category	Contrib(%)	sd	Cumul Contrib(%)	Avg % (Rest)	Avg % (Unrest)	Life-history strategy
Upper-rhithral	parental care	no protection with nest or hiding eggs	0.032	0.024	0.074	0.095	0.066	E
	egg diameter	>2 mm	0.032	0.026	0.147	0.110	0.075	E
	body length	>39 cm	0.030	0.022	0.218	0.093	0.070	P
	parental care	no parental care	0.029	0.024	0.287	0.030	0.061	O
	female maturity	4-5 years	0.030	0.022	0.355	0.090	0.076	E
	life span	8-15 years	0.028	0.020	0.419	0.091	0.074	P/O/E
	body length	<20 cm	0.028	0.021	0.483	0.042	0.061	O
	fecundity	<55,000 oocytes	0.024	0.021	0.540	0.114	0.096	O/E
	life span	<8 years	0.024	0.020	0.596	0.039	0.050	O
	egg diameter	<1.3 mm	0.022	0.022	0.647	0.018	0.041	P/O
	fecundity	55,000 - 60,000 oocytes	0.020	0.020	0.694	0.020	0.037	P/O/E
Lower-potamal	female maturity	4-5 years	0.026	0.014	0.086	0.040	0.083	E
	body length	20-39 cm	0.026	0.015	0.171	0.041	0.085	E
	life span	>15 years	0.025	0.014	0.253	0.049	0.089	P/E
	body length	<20 cm	0.024	0.014	0.333	0.092	0.054	O
	fecundity	55,000 - 60,000 oocytes	0.022	0.015	0.407	0.075	0.099	P/O/E
	fecundity	<55,000 oocytes	0.019	0.012	0.469	0.050	0.015	O/E
	life span	<8 years	0.018	0.013	0.530	0.053	0.025	O
	female maturity	<2 years	0.018	0.012	0.588	0.047	0.018	O
	spawning time	1 per year	0.015	0.011	0.639	0.083	0.099	P/E
	spawning time	>1 per year	0.015	0.011	0.690	0.060	0.043	O
	egg diameter	<1.3 mm	0.015	0.010	0.739	0.079	0.083	P/O

Figure 1
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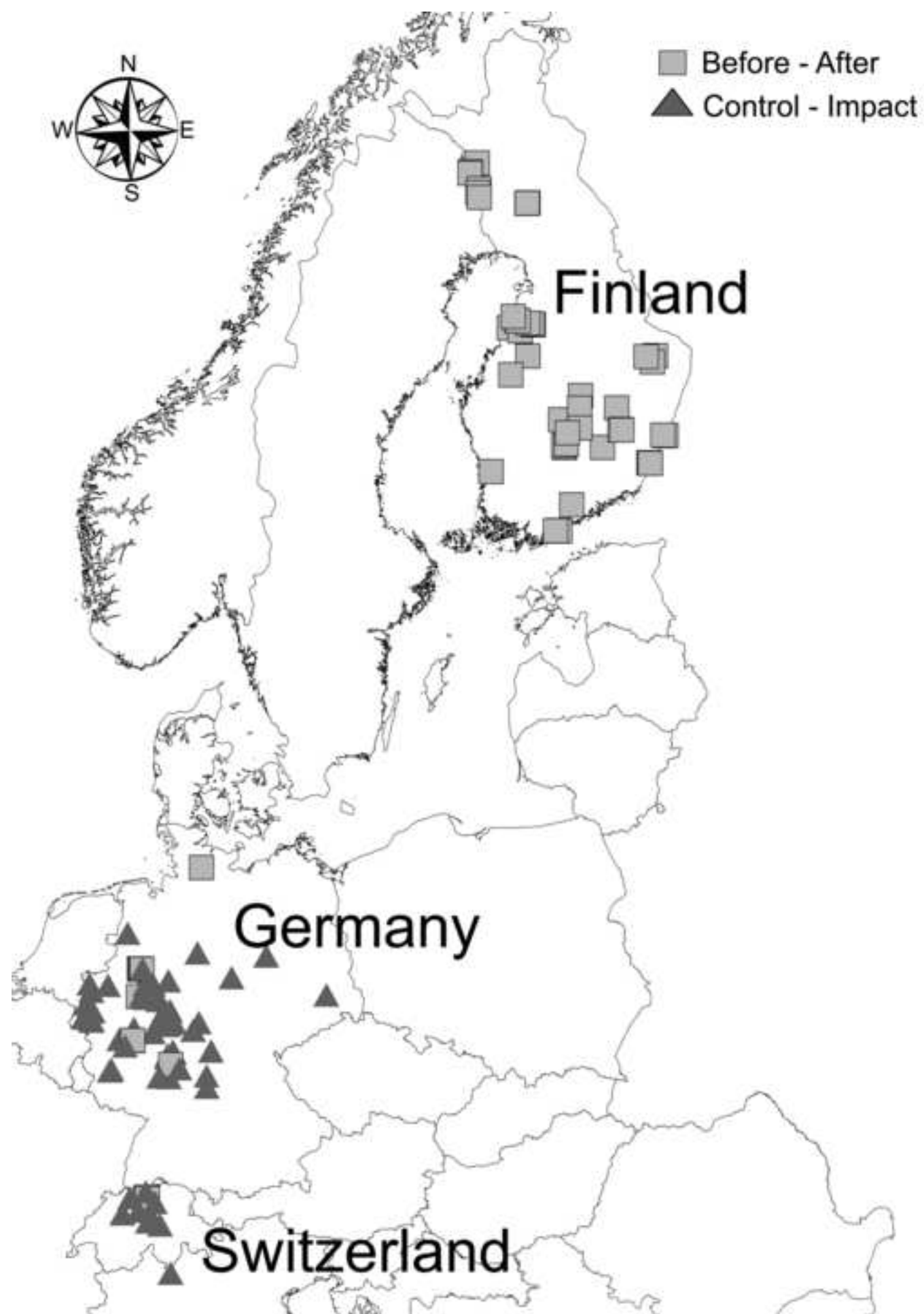


Figure 2

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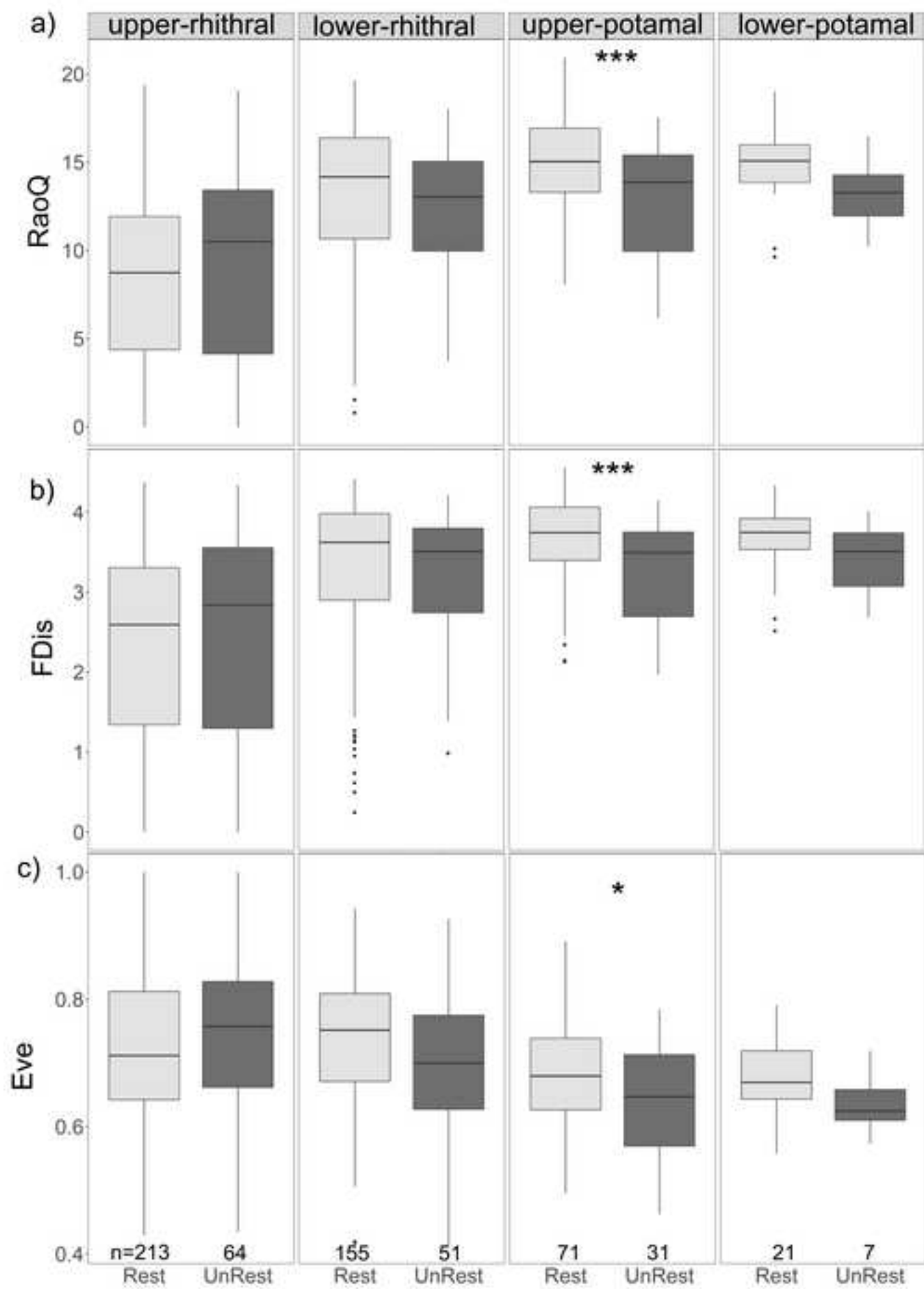


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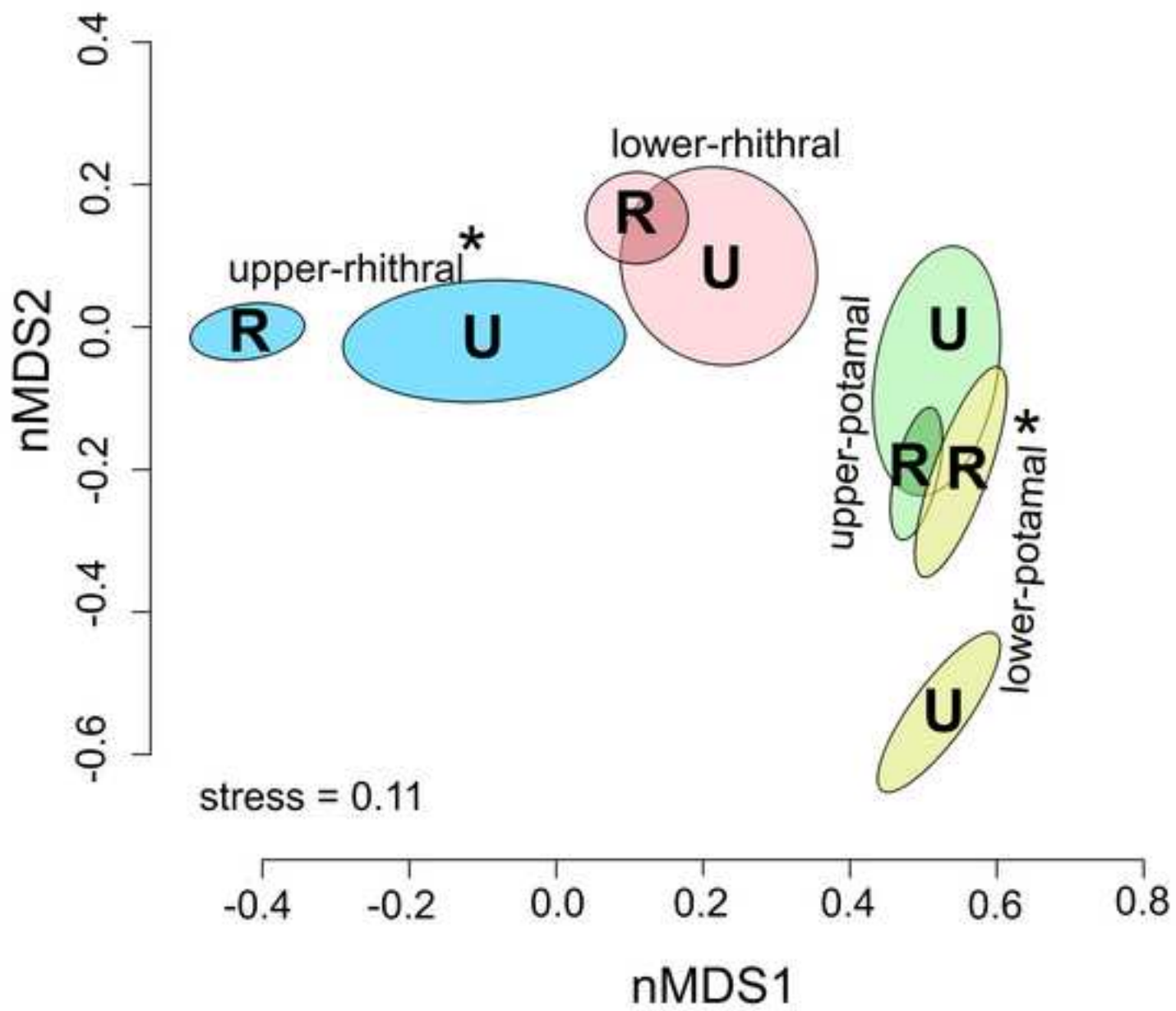


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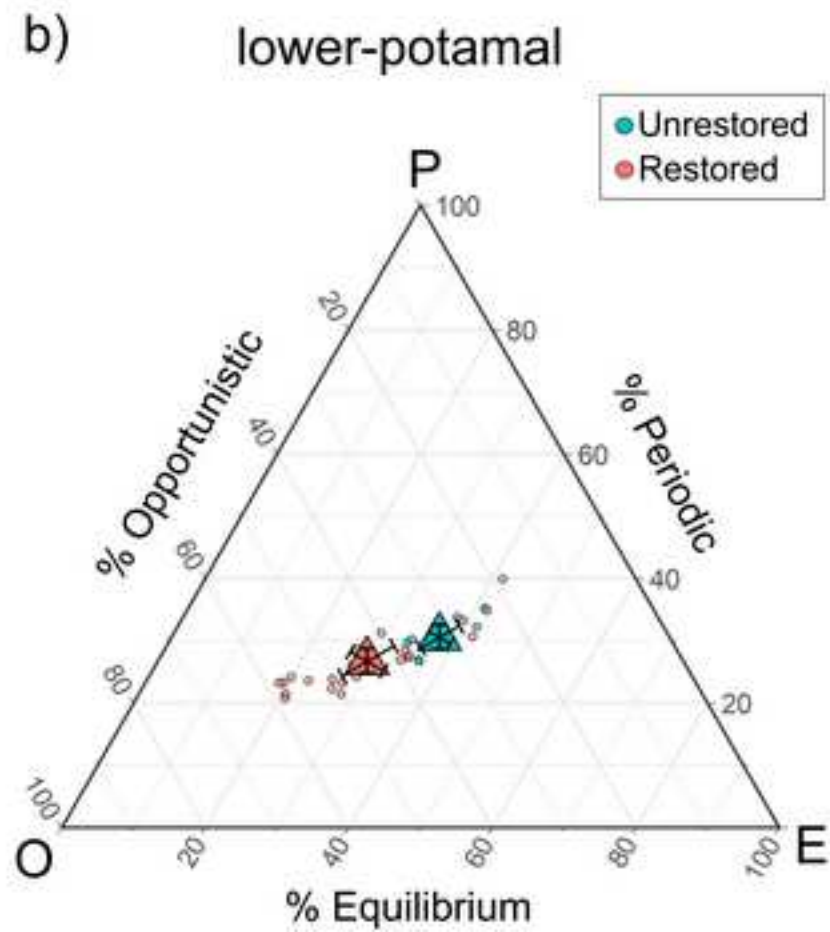
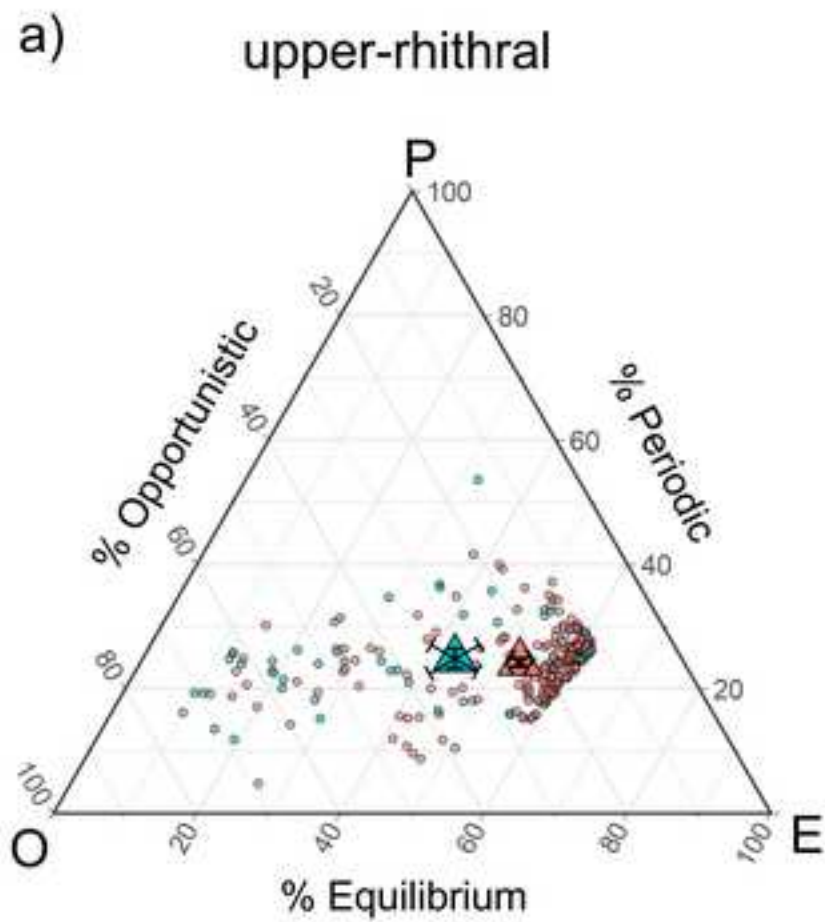


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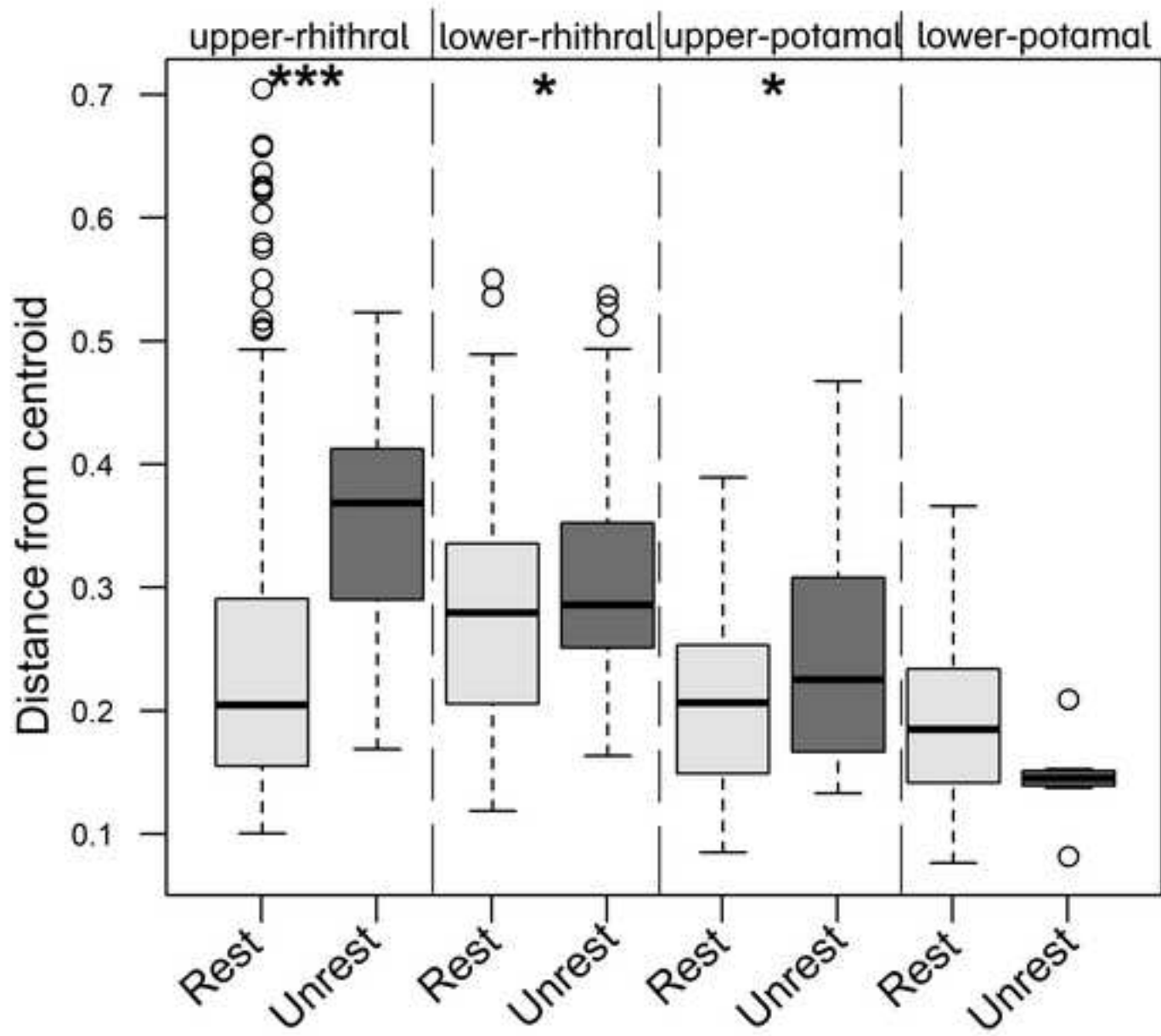
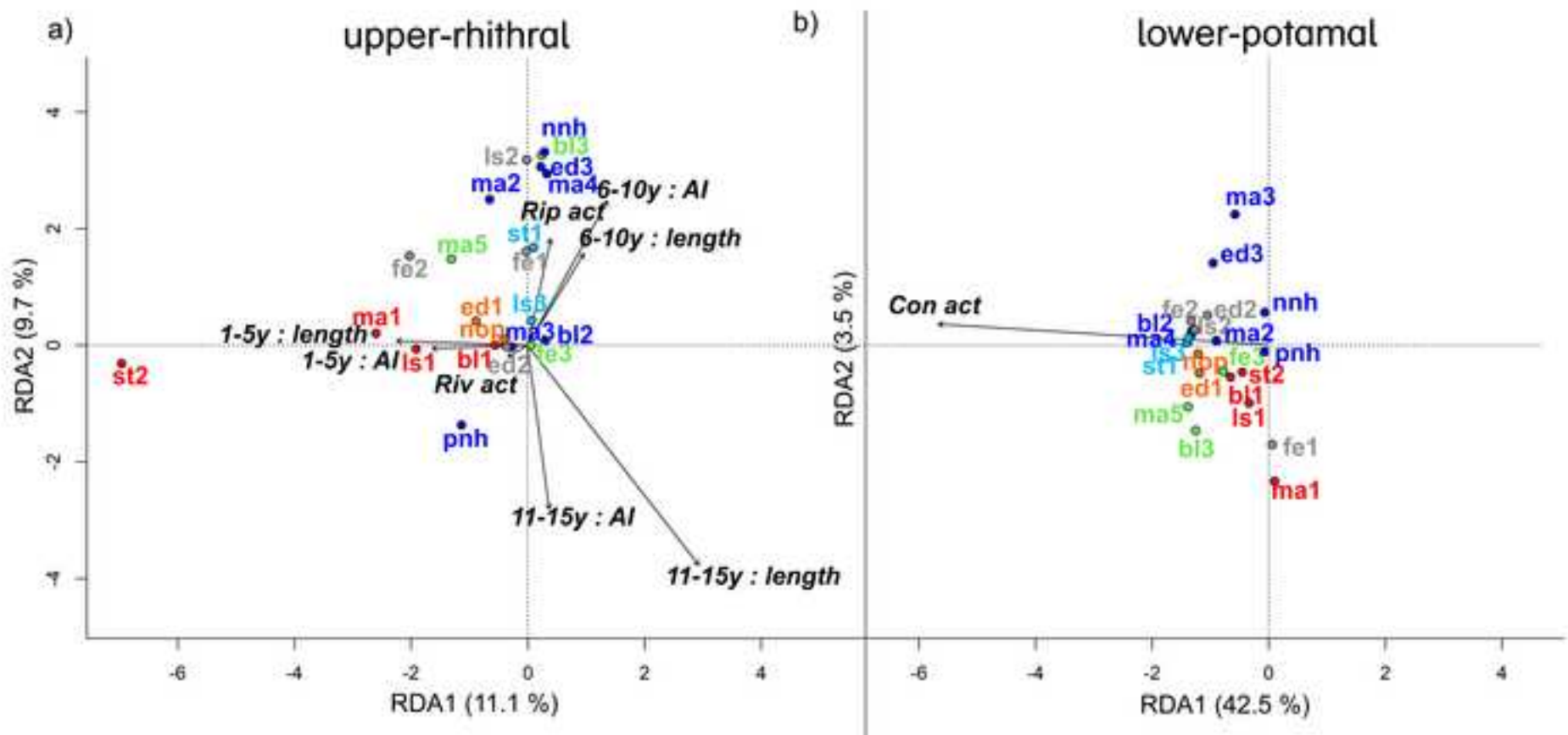


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