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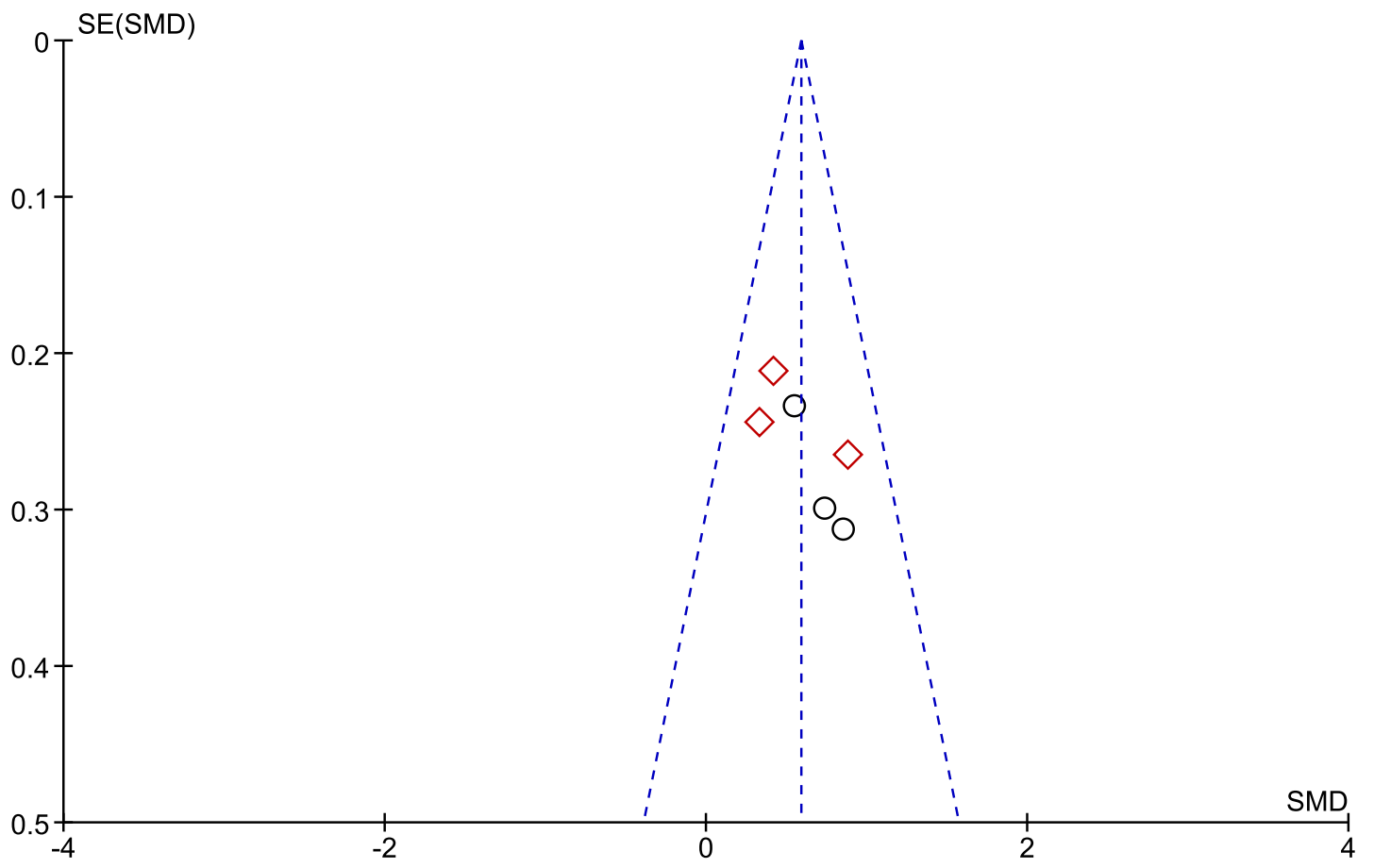
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**Subgroups**

- Internet and the use of pedometer
- ◇ Telephone alone, or with telehealth monitoring or pedometer