Minimality via second variation for microphase separation of diblock copolymer melts

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Abstract. We consider a non-local isoperimetric problem arising as the sharp interface limit of the Ohta–Kawasaki free energy introduced to model microphase separation of diblock copolymers. We perform a second order variational analysis that allows us to provide a quantitative second order minimality condition. We show that critical configurations with positive second variation are indeed strict local minimizers of the problem. Moreover, we provide, via a suitable quantitative inequality of isoperimetric type, an estimate of the deviation from minimality for configurations close to the minimum in the $L^1$-topology.

1. Introduction

In this note, we are interested in performing a second order analysis for a non-local isoperimetric problem arising as a variational limit of the Ohta–Kawasaki functional introduced for a density functional theory for microphase separation of A/B diblock copolymers. To this end we will follow the strategy introduced by Acerbi, Fusco and Morini in [1].

Among the several mean field approximation theories proposed to model the phase separation in diblock copolymer melts, the one derived by Ohta and Kawasaki in [16] turns out to be one of the most promising from the mathematical point of view. Let $\Omega \subset \mathbb{R}^n$ be a bounded domain representing the volume occupied by the polymeric material. The free energy can be written as a non-local functional of Cahn–Hilliard type as

$$E(\epsilon) = \epsilon \int_{\Omega} |\nabla u|^2 \, dx + \frac{1}{\epsilon} \int_{\Omega} (u^2 - 1)^2 \, dx + \gamma_0 \int_{\Omega} \int_{\Omega} G(x, y)(u(x) - m)(u(y) - m) \, dx \, dy,$$

where $\gamma_0$ is a positive constant and $G(x, y)$ is a short-range interaction potential.

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where \( u \in H^1(\Omega) \) represents the density distribution of the monomers forming the copolymers, \( G \) is the Green’s function of the Laplace operator with Neumann boundary conditions and

\[
m := \int_{\Omega} u \, dx
\]

is the difference of the phases’ volume fractions. The formulation (1.1) was first introduced in [15] and for a derivation of the Ohta–Kawasaki density function theory from the self-consistent mean field theory we refer the reader to [6] and the references therein.

As pointed out in [6], depending on the molecular structure of the polymers there are several regimes of phase mixture. Nevertheless, the presence of an observable phase separation occurs in the so-called intermediate or strong segregation regimes, wherein the domain size is much larger than the interfacial length. This suggests that most of the features of the model can be described, from a mathematical point of view, by looking at the sharp interface limit of \( E_\varepsilon \) as the thickness \( \varepsilon \) of the diffuse interface tends to zero. Thus we are lead to study the minimizers of the following energy functional, that arises as the \( \varepsilon \)-limit of \( E_\varepsilon \) in the \( L^1 \)-topology,

\[
E(u) = \frac{8}{3} |Du| (\Omega) + \gamma_0 \int_{\Omega} \int_{\Omega} G(x, y) (u(x) - m)(u(y) - m) \, dx \, dy,
\]

where \( u : \Omega \to \{-1, 1\} \) is a function of bounded variation and \( |Du| (\Omega) \) denotes its total variation in \( \Omega \). The functional (1.2) can be described in a more geometric way that turns out to be suitable for our analysis. Indeed, identifying the function \( u \) with the set

\[
E = \{ x \in \Omega \mid u(x) = 1 \}
\]

and using the properties of \( G(x, y) \), we can rewrite \( E(u) \), up to a multiplicative constant, as

\[
J(E) = P(E, \Omega) + \gamma \int_{\Omega} |\nabla v_E|^2 \, dx,
\]

where \( P(E, \Omega) \) stands for the perimeter of \( E \) in \( \Omega \) and \( v_E \) is the solution of

\[
\begin{cases}
-\Delta v_E = u_E - m & \text{in } \Omega, \\
\frac{\partial v_E}{\partial n} = 0 & \text{on } \partial \Omega, \\
\int_{\Omega} v_E = 0,
\end{cases}
\]

with the positions

\[ u_E = \chi_E - \chi_{\Omega \setminus E} \quad \text{and} \quad m = \int_{\Omega} u_E \, dx. \]

We are thus lead to study the variational problem

\[
\min \left\{ J(E) \mid E \subset \Omega, \int_{\Omega} u_E \, dx = m \right\}.
\]

Let us note that the condition \( \int_{\Omega} u_E \, dx = m \) in problem (1.5) is nothing but a volume constraint imposed on the admissible sets, since \( |E| = \frac{1}{2}(m + 1)|\Omega| \).

Problem (1.5) has been presented in [7] as a mathematical paradigm for the phenomenon of energy-driven pattern formation associated with competing short and long-range interactions. Recently an increasing interest has been devoted to the second order variational analysis.
of energy functionals which exhibit this competing behaviour. Indeed it has successfully been applied to prove stability and minimality criteria in several contexts (see e.g. [1, 3, 5, 10]). Directly related to our problem is the work by Ren and Wei and by Choksi and Sternberg (cf. [7, 17–21]). In a series of papers, as a first step toward the validation of the conjectured periodicity of global minimizers of the functional (1.3), they computed the second variation of (1.3) at a critical configuration and, among several other applications, they constructed examples of periodical critical configurations and found conditions under which their second variation is positive definite.

A different approach is taken in [1], where the authors consider the problem of minimizing the functional (1.3) in the periodic case, i.e., when $\Omega$ is the $n$-dimensional flat torus. They prove the local minimality of regular critical configurations whose second variation is positive definite. In this direction goes also our present work, whose aim is to prove that a similar minimality criterion holds true for problem (1.5).

In order to describe our main result, we recall that, if $E$ is a sufficiently regular critical set for $J$, then the following Euler–Lagrange equation holds:

$$H_M + 4\nu E = \lambda \quad \text{on } M,$$

where $M := \partial E \cap \Omega$ is the relative boundary of $E$ in $\Omega$, $H_M(x)$ indicates the sum of the principal curvatures of $M$ and the constant $\lambda$ is a Lagrange multiplier associated to the volume constraint. Moreover, a regular critical set $E$ meets $\partial \Omega$ orthogonally in the sense that

$$\{v_M, v_\Omega\} = 0 \quad \text{on } M \cap \partial \Omega,$$

where $v_M$ is the outward unit normal to $M$ and $v_\Omega$ is the exterior normal to $\Omega$. Following [7] and [22] (cf. in particular [7, Remark 2.8]), the second variation of the functional (1.3) at a regular critical set $E$ (cf. Definition 2.1) can be associated with the quadratic form defined over all functions $\varphi \in H^1(M)$ satisfying the integral condition

$$\int_M \varphi \, d\mathcal{H}^{n-1} = 0,$$

as

$$\partial^2 J(E)[\varphi] = \int_M (|D_\tau \varphi|^2 - |B_M|^2 \varphi^2) \, d\mathcal{H}^{n-1}$$

$$- \int_{M \cap \partial \Omega} B_{\partial \Omega}(v_M, v_M) \varphi^2 \, d\mathcal{H}^{n-2}$$

$$+ 8\nu \int_M \int_M G(x, y) \varphi(x) \varphi(y) \, d\mathcal{H}^{n-1}(x) \, d\mathcal{H}^{n-1}(y)$$

$$+ 4\nu \int_M \langle \nabla \nu E, v_M \rangle \varphi^2 \, d\mathcal{H}^{n-1},$$

where $B_{\partial \Omega}$ stands for the second fundamental form of $\partial \Omega$, i.e., the Hessian of the distance function from the boundary, $|B_M|^2$ is the sum of the squares of the principal curvatures of $M$ and $G : \Omega \times \Omega \to \mathbb{R}$ is the Green’s function defined by the Neumann boundary value problem

$$\left\{ \begin{array}{l}
-\Delta_y G(x, y) = \delta_x - \frac{1}{|\Omega|} \quad \text{in } \Omega, \\
D_y G(x, y) \cdot v_\Omega(x) = 0 \quad \text{for any } x \in \partial \Omega, \\
\int_\Omega G(x, y) \, dx = 0.
\end{array} \right.$$
It follows from the results in [7] and [22] that every regular local minimizer \( E \) of (1.3) satisfies
\[
\partial^2 J(E)[\varphi] \geq 0 \quad \text{for every } \varphi \in H^1(M) \text{ with } \int_M \varphi \, d\mathcal{H}^{n-1} = 0.
\]
As we already mentioned, our main result deals with the opposite question. In other words, we study whether we may deduce the stability of a critical set \( E \) from the positivity of the second variation. Our goal is to prove that a regular critical point with positive second variation is indeed an isolated local minimum. This is achieved in the following theorem.

**Theorem 1.1.** Suppose \( \Omega \) is \( C^{4,\alpha} \)-regular for some \( 0 < \alpha \leq 1 \) and that \( E \subset \Omega \) with \( \int_\Omega u_E \, dx = m \) is a regular critical set of (1.3) which satisfies
\[
\partial^2 J(E)[\varphi] > 0
\]
for every \( \varphi \in H^1(M) \setminus \{0\} \) with \( \int_M \varphi \, d\mathcal{H}^{n-1} = 0 \). Then \( E \) is a strict local minimum for \( J \) and there exist constants \( c > 0 \) and \( \delta > 0 \) such that
\[
J(F) \geq J(E) + c \, |F \Delta E|^2
\]
for every set \( F \) of finite perimeter in \( \Omega \) with \( \int_\Omega u_F \, dx = m \) and \( |F \Delta E| \leq \delta \).

In particular, this implies that \( E \) is a local minimizer of \( J \) and, in addition, provides a quantitative estimate of the deviation from the minimality for sets near to \( E \). We remark that our result holds also in the case \( \gamma = 0 \) and thus we cover the case of volume constrained isoperimetric problem in a regular domain \( \Omega \). However, in this case it is rather restrictive to assume that the second variation is positive definite, and not just positive semi-definite.

Going back to the functionals \( E_\varepsilon \) defined in (1.1), as we already observed, it is well known that, for \( \varepsilon \to 0 \), they \( \Gamma \)-converge in the \( L^1 \)-topology to \( E \). As a corollary of the previous theorem we can thus obtain the following stability result in the spirit of [1, Theorem 1.3].

**Corollary 1.2.** Assume \( E \) is a regular critical point of \( J \) with positive second variation and define \( u_E := \chi_E - \chi_{\Omega \setminus E} \). There exist \( \varepsilon_0 > 0 \) and a family \( \{u_\varepsilon\}_{\varepsilon < \varepsilon_0} \) of isolated local minimizers of \( E_\varepsilon \) satisfying the constraint \( \int_\Omega u_\varepsilon \, dx = m \) such that \( u_\varepsilon \to u_E \) in \( L^1(\Omega) \) as \( \varepsilon \to 0 \).

Some comments are in order on the differences between the periodic case (studied in [1]) and the Neumann boundary case. Indeed, if on one side working with the Neumann setting dispenses us from several technicalities needed to deal with the translation invariance of the functional \( J \), on the other side new delicate arguments need to be introduced to deal with problems which arise when \( E \) touches \( \partial \Omega \). We remark that in [1] the Neumann boundary case was considered only under a restrictive assumption that the set \( E \) does not intersect the boundary of \( \Omega \).

Finally, we outline the structure of the paper. In Section 2, we introduce the notation and recall some preliminary results. In Section 3, we discuss some regularity results for \( \Lambda \)-minimizers of the area functional and in particular a stability result for the regularity (cf. Theorem 3.3) which will play an important role in the proof of the main theorem. Section 4 is devoted to lengthy calculation of the second variation formula for regular sets which satisfy the orthogonality condition (1.7) but are not necessarily critical. The main difficulties in the calculations
are due to the perimeter term in (1.3). As in [4], where the general second variation formula of the perimeter in $\mathbb{R}^n$ is derived, we have to find the right formula for the second variation of the perimeter, but in our case we have to include the terms induced by the boundary $\partial \Omega$.

The proof of the main result, Theorem 1.1, is presented in Sections 5 and 6. The scheme follows a well-established path (see for instance [1, 3, 5, 10]). First we use the general second variation formula from Proposition 4.1 to prove the local minimality among regular sets which are close to the critical one in the $W^{2,p}$-topology and satisfy the orthogonality condition (1.7) (cf. Proposition 5.2 for a precise statement). The proof of the $W^{2,p}$-minimality differs from the periodic case, since we always have to preserve the orthogonality condition (see Lemma 5.3). The final result is then proved by contradiction using a penalization argument and exploiting the regularity theory of $\Lambda$-minimizers of the area functional.

2. Preliminaries

In this section, we set up the basic notation and recall some preliminary results. Throughout the paper $\Omega \subset \mathbb{R}^n$ is assumed to be a bounded domain with boundary of class $C^{4,\alpha}$ for some $\alpha \in (0,1]$, unless otherwise mentioned. We say that a set $E \subset \Omega$ is $C^{k,\alpha}$-regular, with $k \in \mathbb{N}$ and $\alpha \in (0,1]$, if its relative boundary, defined by

$$M := \partial E \cap \overline{\Omega},$$

is a $C^{k,\alpha}$-regular $(n-1)$-dimensional manifold with or without boundary if $\partial E \cap \partial \Omega \neq \emptyset$ or $\partial E \cap \partial \Omega = \emptyset$ respectively.

For any sufficiently regular set $E \subset \Omega$ such that $\partial M := M \cap \partial \Omega \neq \emptyset$, we denote, for a point $x \in \partial M$, by $v^*(x)$ the outward unit co-normal of $\partial M$ at $x$, i.e., the unit vector which is normal to $M \cap \partial \Omega$ and tangent to $M$ at the point $x$. Given an oriented regular manifold $M$ and $x \in M$ we denote by $v_M(x)$ the outward unit normal to $M$ at the point $x$ and we use the notation $H_M(x)$ to indicate the sum of the principal curvatures of $M$ at $x$, i.e.,

$$H_M(x) = \text{div}_x v_M,$$

where $\text{div}_x$ denotes the tangential divergence on $M$ (see [2, Section 7.3]). We shall omit the dependence on the point $x$ whenever it is clear from the context.

Let $E$ be a $C^1$-regular set and let $X$ be a $C^1$-vector field defined in $\overline{\Omega}$, which satisfies

$$(2.1) \quad X(x) \in \text{Tan}_x(\partial \Omega) \quad \text{for every } x \in \partial \Omega,$$

where $\text{Tan}_x(\partial \Omega)$ denotes the tangent space of $\partial \Omega$ at the point $x$. We assume further that

$$\int_E \text{div}(X) \, d\, x = \int_M (X, v_M) \, d\, e^{n-1} = 0. \quad (2.2)$$

We say that a vector field $X$ is admissible if it satisfies (2.1) and (2.2). Using the flow associated with $X$, i.e., the local solution $\Phi : \overline{\Omega} \times (-t_0, t_0) \to \overline{\Omega}$ of the Cauchy problem

$$\frac{\partial}{\partial t} \Phi(x,t) = X(\Phi(x,t)), \quad \Phi(x,0) = x, \quad (2.3)$$

we define the perturbations of $E$, induced by $X$ and parametrized by $t$, by

$$E_t = \Phi(E,t).$$
The condition (2.1) ensures that the flow is well defined and does not leave $\Omega$, while (2.2) ensures that $|E_1| = |E| + o(t)$. We then define the first variation of the functional (1.3) at $E$ in the direction of the field $X$ (or, equivalently, with respect to the flow $\Phi$) by

$$\frac{d}{dt} J(E_t)|_{t=0}.$$ 

The well-known formula for the first variation (see [7] and [22]) leads us to the following definition of regular critical sets of (1.3).

**Definition 2.1.** We say that a $C^1$-regular set $E \subset \Omega$ is a regular critical set for $J$ if for every admissible $X \in C^1(\overline{\Omega}; \mathbb{R}^n)$ it holds

$$\int_M \text{div}_t X \, dH^{n-1} + 4\gamma \int_M v_E(X, v_M) \, dH^{n-1} = 0. \tag{2.4}$$

In other words, $E$ is a set for which the first variation of $J$ is zero in the direction of every admissible vector field $X$ of class $C^1$.

Since any regular critical set, $E$, by definition, satisfies equation (1.6) in the weak sense, we may use this information to infer higher regularity for $E$. According to [1, Remark 2.3] and [9, Section 1.3] it has been observed that a regular critical set is indeed of class $C^{3,\alpha}$ in $\Omega$ for any $\alpha \in (0, 1)$. In the next proposition, we show that this regularity can be significantly improved using standard elliptic regularity theory for elliptic equations.

**Proposition 2.2.** Let $\Omega \subset \mathbb{R}^n$ be a domain with boundary of class $C^{k,\alpha}$ and let $E \subset \Omega$ be a regular critical set. Then $E$ is $C^{k,\alpha}$-regular and $C^{\infty}$-regular in $\Omega'$ for every $\Omega' \subset \subset \Omega$.

**Proof.** We will prove in detail only the interior regularity since the regularity up to the boundary follows from a similar argument. As we already observed, $\partial E$ is in fact $C^{3,\alpha}$-regular in $\Omega$ for every $\alpha \in (0, 1)$. This follows from (1.6) using standard elliptic estimates, after noticing that $v_E$, being a solution of (1.4), is of class $C^{1,\alpha}(\Omega)$.

Let $x_0$ be a point on $\partial E \cap \Omega$. Then there exist a neighbourhood $U$ of $x_0$ and a $C^{3,\alpha}$-diffeomorphism $\Phi$ from $U$ to the unit ball $B_1$ such that

$$\Phi(U \cap E) = B_1 \cap \{y_n < 0\}, \quad \Phi(U \cap \partial E) = B_1 \cap \{y_n = 0\}, \quad \det D\Phi^{-1} = 1.$$ 

Define $w(y) = v_E(\Phi^{-1}(y))$ and $h(y) = u_E(\Phi^{-1}(y)) - m$. By (1.4), $w$ solves an equation of the form

$$-\text{div}(A(y) Dw) = h.$$ 

in $B_1$ with $A = \{A_{ij}\}_{i,j=1,...,n}$ of class $C^{2,\alpha}$. Since $h(y)$ is constant in every direction, except in the normal direction $y_n$, we may differentiate the above equation with respect to $y_i$ for every $i = 1, 2, \ldots, n - 1$ and obtain

$$-\text{div}(A(y) Dw_{y_i}) = \text{div}(A_{y_i}(y) Dw).$$

Since $Dw \in C^\alpha(B_1)$ and $A_{ij} \in C^{2,\alpha}(B_1)$, we obtain from standard elliptic regularity theory (cf. [11, Chapter 8]) that $w_{y_i} \in C^{1,\alpha}(B_1)$. This implies that the tangential derivative $D_{\tau}v_E$ is locally $C^{1,\alpha}$ regular on $\partial E \cap \Omega$ and the Euler equation (1.6) in turn implies that $\partial E \cap \Omega$ is locally of class $C^{4,\alpha}$. Thus the interior $C^{\infty}$ regularity follows from a bootstrap argument. □
At the end of the section we remark that Definition 2.1 implies the orthogonality condition (1.7), i.e., that the relative boundary $M$ of a regular critical set meets $\partial \Omega$ orthogonally. Indeed, since by Proposition 2.2, $M$ is $C^2$-regular, using the Divergence Theorem on $M$ we have, for any vector field $X$, that
\begin{equation}
\int_M \text{div}_\tau X \, d\mathcal{H}^{n-1} = \int_M H_M(X, v_M) \, d\mathcal{H}^{n-1} + \int_{M \cap \partial \Omega} \langle X, v^* \rangle \, d\mathcal{H}^{n-2}.
\end{equation}
Moreover, $M$ is classical solution of (1.6), thus by Definition 2.1 and (2.5), we can write, for any $X$ which satisfies (2.1) and (2.2),
\begin{align*}
\int_{M \cap \partial \Omega} \langle X, v^* \rangle \, d\mathcal{H}^{n-2} &= \int_M (H_M + 4\gamma v_E) \langle X, v_M \rangle \, d\mathcal{H}^{n-1} + \int_{M \cap \partial \Omega} \langle X, v^* \rangle \, d\mathcal{H}^{n-2} \\
&= \int_M \text{div}_\tau X \, d\mathcal{H}^{n-1} + 4\gamma \int_M v_E \langle X, v_M \rangle \, d\mathcal{H}^{n-1} = 0
\end{align*}
and the orthogonality condition follows (cf. [22, Proof of Theorem 2.2]).

3. Regularity of $\Lambda$-minimizers

In this section, we briefly discuss the regularity of sets which we call $\Lambda$-minimizers of the perimeter. The regularity result will later play an important role in the proof of Theorem 1.1 and we will also use it to deduce the partial $C^1$-regularity for local minimizers of (1.3). Together with Proposition 2.2 this will then imply the partial $C^\infty$-regularity for the local minimizers.

**Definition 3.1.** A set $E$ of finite perimeter in $\Omega$, i.e., such that $\chi_E \in BV(\Omega)$, is called a $\Lambda$-minimizer of the perimeter if for every $G \subset \Omega$ it holds
\begin{equation}
P(E, \Omega) \leq P(G, \Omega) + \Lambda |G \triangle E|.
\end{equation}

The above definition appears e.g. in [8] where it is called strong $\Lambda$-minimality. Very similar is the definition of ‘almost minimizer’ or ‘quasiminimizer’ of the perimeter used e.g. in [13] and [23], where the perturbation is assumed to take place in a small ball, i.e., $G \triangle E \subset B_{\varepsilon}(x_0)$, and the measure of the symmetric difference $|G \triangle E|$ is replaced by the volume of that ball, $|B_{\varepsilon}|$. The advantage of $\Lambda$-minimality is that it implies the existence of a uniformly bounded generalized mean curvature vector. This allows us to use the regularity result by Grüter and Jost [14, Theorem 4.9] to prove the regularity of $\Lambda$-minimizers.

**Theorem 3.2.** Suppose that $E$ is a $\Lambda$-minimizer in $\Omega$. Then for every $\alpha \in (0, 1)$ the relative boundary $M := \partial E \cap \partial \Omega$ of $E$ is $C^{1,\alpha}$-regular outside a singular set $\Gamma$ with Hausdorff dimension $\dim_{\mathcal{H}}(\Gamma) \leq n - 8$. Moreover, $M$ meets $\partial \Omega$ orthogonally on $\partial \Omega \setminus \Gamma$.

**Proof.** The result follows essentially from the work by Grüter [13], where he proves the regularity for minimizers of the partitioning problem, i.e., (1.3) with $\gamma = 0$. We need only show that we may indeed apply the argument in [13].

Let us first show that there exists a function $H : M \to \mathbb{R}^n$ such that
\begin{equation}
\int_M \text{div}_\tau X \, d\mathcal{H}^{n-1} = \int_M \langle X, H \rangle \, d\mathcal{H}^{n-1}.
\end{equation}
for every $X \in C^1(\Omega)$ which satisfies the tangential condition (2.1), and that $\|H\|_{L^\infty} \leq \Lambda$. For a fixed vector field $X$ satisfying (2.1), consider the flow

$$\frac{\partial}{\partial t} \Phi(x, t) = X(\Phi(x, t)), \quad \Phi(x, 0) = x.$$ 

Since $E$ is a $\Lambda$-minimizer, it holds

$$P(E, \Omega) \leq P(\Phi(E, t), \Omega) + \Lambda |\Phi(E, t) \triangle E|$$

for some small $t > 0$. We claim that

$$|\Phi(E, t) \triangle E| \leq \int_0^t \int_M |\langle X, v_M \rangle| \, d\mathcal{H}^{n-1} \, ds + o(t).$$

Indeed, by the standard mollifying argument we can find a sequence of smooth sets $E_\varepsilon$ such that $D X_{E_\varepsilon} \to D X_E$ weakly* in $\Omega$ and $|D X_{E_\varepsilon}|(\Omega) \to |D X_E|(\Omega)$. Denote

$$M_\varepsilon := \partial E_\varepsilon \cap \Omega.$$ 

We may estimate the $n$-dimensional tangential Jacobian of $\Phi$ on $M_\varepsilon \times [0, t)$ from above by $|\langle X, v_{M_\varepsilon} \rangle| + \varepsilon(t)$, with a small remainder term $\varepsilon(\cdot)$. Hence, by the area formula, we have

$$|\Phi(E_\varepsilon, t) \triangle E_\varepsilon| \leq |\{\Phi(x, s) \mid x \in M_\varepsilon, s \in [0, t]\}|$$

$$\leq \int_0^t \int_{M_\varepsilon} |\langle X, v_{M_\varepsilon} \rangle| \, d\mathcal{H}^{n-1} \, ds + o(t).$$

The above claim follows from Reshetnyak’s continuity theorem (see [2, Theorem 2.39]) by letting $\varepsilon \to 0$.

Finally, letting $t \to 0$ in (3.2) we obtain

$$\int_M \text{div}_\tau X \, d\mathcal{H}^{n-1} \leq \Lambda \int_M |\langle X, v_M \rangle| \, d\mathcal{H}^{n-1}. $$

Since the above inequality holds for every admissible $X$, the claim (3.1) follows from Riesz’s representation theorem.

We may thus apply the regularity result from [14] and the $C^1$-regularity follows exactly as in [13]. In particular, this result implies that, if the excess at a given point $x_0 \in M$

$$\lambda(E, x_0, \rho) := \rho^{n-1} \left( \int_{B_\rho(x_0) \cap \Omega} |D X_E| - \left| \int_{B_\rho(x_0) \cap \Omega} D X_E \right| \right)$$

is small, then $x_0$ is a regular point. By regular point we mean that $M$ coincides with an oriented $C^1$-submanifold (with or without boundary) in a neighbourhood of $x_0$. The $C^{1,\alpha}$-regularity follows from the fact that the curvature is bounded. \qed

It is well known that when $n \geq 8$, the singular set, even of a minimal surface, might not be empty. However, as we pointed out in the proof of Theorem 3.2, we have the full regularity, if we know a priori that the excess $\lambda(E, x, \rho)$ is small for every $x \in \Omega$. This leads to the following classical convergence result. The proof can be found e.g. in [8] with a few modifications due to the fact that the relative boundary is a manifold with boundary.
**Theorem 3.3.** Suppose that $E_k$ are $\Lambda$-minimizers in $\Omega$, and that $E$ has $C^{1,\alpha}$-boundary in $\Omega$ with $\alpha \in (0, 1)$. If $E_k \to E$ in $L^1$, then $\partial E_k \to \partial E$ in $C^{1,\alpha}$. In particular, every $E_k$ is $C^{1,\alpha}$-regular when $k$ is sufficiently large.

In order to exploit the relation between the local minimizers of the functional $J$ and the $\Lambda$-minimizers of the perimeter, we recall that there exists a dimensional constant $C$ such that for every pair of measurable sets $E, F \subset \Omega$ we have

\[
(3.3) \quad \left| \int_{\Omega} |\nabla v_F|^2 \, dx - \int_{\Omega} |\nabla v_E|^2 \, dx \right| \leq C |F \triangle E|,
\]

where $v_E$ and $v_F$ are defined by problem (1.4). The previous property of Lipschitz continuity of the non-local part of the energy (1.3) follows for example arguing as in [1, Lemma 2.6] (cf. also [9, Section 2.1]). The next proposition allows us to apply the regularity theory for $\Lambda$-minimizers to local minimizers of $J$.

**Proposition 3.4.** Any local minimizer $E$ of the functional (1.3) is a $\Lambda$-minimizer of the perimeter for some $\Lambda$ depending on $E$.

**Proof.** Following the same argument of [1, Proposition 2.7] we can show that, if $E$ is a local minimizer for $J$, there exist $\delta > 0$ and $\lambda > 0$ such that $E$ solves the following penalized minimization problem

\[
(3.4) \quad \min \{ J(F) + \lambda ||F| - |E|| : F \subset \Omega, |F \triangle E| < \delta \}.
\]

Let $G \subset \Omega$. According to Definition 3.1, we need to show that

\[
P(E, \Omega) \leq P(G, \Omega) + \Lambda |G \triangle E|
\]

for some large $\Lambda$. If $|G \triangle E| \geq \delta$, the above inequality is trivially true. If $|G \triangle E| < \delta$, then (3.4) yields

\[
J(E) \leq J(G) + \lambda ||G| - |E||.
\]

The Lipschitz continuity of the non-local part (3.3) gives

\[
P(E, \Omega) \leq P(G, \Omega) + \lambda ||G| - |E|| + C \gamma |G \triangle E|
\leq P(G, \Omega) + (\lambda + C \gamma) |G \triangle E|,
\]

proving the claim. $\square$

In view of Proposition 3.4 we can invoke the regularity for $\Lambda$-minimizers proved in Theorem 3.2 and the Proposition 2.2, to infer that every local minimizer of (1.3) is locally $C^\infty$-regular outside a singular set $\Gamma$ with $\text{dim}_{F}(\Gamma) \leq n - 8$. This motivates us to define regular critical sets as critical sets with no singularities.

**4. Second variation formula**

In this section, we calculate the second variation of the functional (1.3) and our aim is to write it in a form where the quadratic structure appears. As it is done in [1] in the periodic setting, we also generalize the formula in [7] and calculate the second variation at any regular set $E$, not necessarily critical.
We assume that the set $E \subset \Omega$ is $C^2$-regular. As in Section 2 we consider a vector field $X \in C^2(\overline{\Omega}; \mathbb{R}^n)$ which satisfies the tangential condition (2.1) and the associated flow, defined by (2.3), $\Phi : \Omega \times (-t_0, t_0) \rightarrow \Omega$. We define the second variation at $E$ in the direction of $X$ (or with respect to the flow $\Phi$) as

$$\frac{d^2}{dt^2} J(E_t) \bigg|_{t=0},$$

where $E_t = \Phi(E, t)$. Notice that we have not yet imposed any condition on the volume of $E_t$.

A major technical challenge is the calculation that involves the local part of the energy, namely $P(\cdot, \Omega)$. We follow a slightly different path than [4, Proposition 3.9] where the general second variation formula of the perimeter functional in $\mathbb{R}^n$ is derived. Instead of differentiating the first variation formula we will first calculate the second derivative of $P$.

From the previous section, (1.7) is a necessary condition for local minimality (indeed even for $\hat{E}$-minimality by Theorem 3.2), thus it can be viewed as a part of the regularity assumption on $E$.

Imposing the orthogonality condition on $E$ implies $v^* = v_\Omega$ on $M \cap \partial \Omega$ and, by (2.5), we may write the integration by parts formula for any $f \in C^1(\Omega)$ as

$$\int_M f \text{div}_X X d\mathcal{H}^{n-1} = -\int_M (D_\tau f, X) d\mathcal{H}^{n-1} + \int_M H_M f \langle X, v_M \rangle d\mathcal{H}^{n-1} + \int_{M \cap \partial \Omega} f \langle X, v_\Omega \rangle d\mathcal{H}^{n-2},$$

where we recall that $D_\tau f = Df - \langle Df, v_M \rangle v_M$ is the tangential derivative on $M$.

**Proposition 4.1.** Let $E \subset \mathbb{R}^n$ be a $C^2$-regular set which satisfies the orthogonality condition (1.7) and $X \in C^2(\overline{\Omega}; \mathbb{R}^n)$ be a vector field satisfying the tangential condition (2.1). Then the second variation of (1.3) at $E$ in the direction of $X$ can be written as

$$\frac{d^2 J(E_t)}{dt^2} \bigg|_{t=0} = \int_M \langle D_\tau (X, v_M) \rangle^2 - |B_M|^2 \langle X, v_M \rangle^2 d\mathcal{H}^{n-1}$$

$$- \int_{M \cap \partial \Omega} B_{\partial \Omega} \langle v_M, v_M \rangle \langle X, v_M \rangle^2 d\mathcal{H}^{n-2}$$

$$+ 8\gamma \int_M G(x, y) \langle X(x), v_M \rangle \langle X(y), v_M \rangle d\mathcal{H}^{n-1}(x) d\mathcal{H}^{n-1}(y)$$

$$+ 4\gamma \int_M \langle \nabla v_E, v_M \rangle \langle X, v_M \rangle^2 d\mathcal{H}^{n-1} - \int_M (H + 4\gamma v_E) \text{div}_X (\langle X, v_M \rangle) d\mathcal{H}^{n-1}$$

$$+ \int_M (H + 4\gamma v_E) \text{div}(X) \langle X, v_M \rangle d\mathcal{H}^{n-1}.$$
Here $|B_M|^2$ is the sum of the square of the principal curvatures of $M$, $B_{\partial \Omega}$ stands for the second fundamental form of $\partial \Omega$, i.e., the Hessian of the distance function from the boundary and $X_\tau = X - X_v$ where $X_v = \langle X, v_M \rangle v_M$.

Before giving the proof, we remark that the above formula agrees with the quadratic form (1.8) with two additional terms for $\varphi := \langle X, v_M \rangle$. It turns out that both of these extra terms vanish if $E$ is critical and the flow is volume preserving. Indeed, if $|E_t| = |E|$, we deduce, by standard calculations (cf. [7, equations (2.29) and (2.30)] or [22, equations (2.15) and (2.17)]), that

$$
0 = \frac{d}{dt} |E_t| \big|_{t=0} = \int_E \text{div}(X) \, dx = \int_M \langle X, v_M \rangle \, dH^{n-1},
$$

which ensures (2.2) and

$$
0 = \frac{d^2}{dt^2} |E_t| \big|_{t=0} = \int_E \text{div}(\text{div}(X)) \, dx = \int_M \text{div}(X, v_M) \, dH^{n-1}.
$$

Therefore, if $E$ is a regular critical set, since $H + 4\gamma v_E$ is constant, for a volume preserving flow, we obtain

$$
\frac{d^2 J(E_t)}{dt^2} \big|_{t=0} = \partial^2 J(E)[\varphi],
$$

where $\partial^2 J(E)$ is the quadratic form (1.8).

**Proof of Proposition 4.1.** We analyse separately the perimeter and the non-local part of the energy for which we use respectively the notations

$$P(t) = P(E_t, \Omega), \quad F(t) = \gamma \int_\Omega |\nabla v_{E_t}|^2 \, dx.
$$

The value of $F''(0)$ has been calculated in [7] in the periodic setting. However, as it is pointed out in [7, Remark 2.8], replacing the Neumann boundary condition does not produce any new terms to it and the formula for $F''(0)$ is the same as in the periodic case. Recalling the condition (2.1) we thus have (cf. [7, Proof of Theorem 2.6, step 3])

$$F''(0) = 8\gamma \int_M \int_M G(x, y) \{X(x), v\} \{X(y), v\} \, dH^{n-1}(x) \, dH^{n-1}(y) + 4\gamma \int_M \text{div}(v_E X) \{X, v\} \, dH^{n-1},
$$

where for simplicity we have set (and we will continue to use this convention) $v = v_M$. Also the expression for $P''(0)$ is well known, indeed, from [12, Theorem 10.4], we have

$$P''(0) = \int_M (\text{div}_\tau Z + (\text{div}_\tau X)^2 + |(D_\tau X)^T v_M|^2 - \text{Tr}(D_\tau X)^2) \, dH^{n-1},
$$

where $Z$ is the acceleration vector field given by $Z = DXX$, $\text{div}_\tau X = \text{div} X - \langle DXv, v \rangle$ and $D_\tau X = DX - (DXv) \otimes v$, i.e., $(D_\tau X)_{i,j} = (D_\tau X_j, e_i)$. By the Divergence Theorem on $M$ we have

$$P''(0) = \int_M (|(D_\tau X)^T v|^2 + (\text{div}_\tau X)^2 - \text{Tr}((D_\tau X)^2) + H(z, v)) \, dH^{n-1} + \int_{M \cap \Omega} \{Z, v_\Omega\} \, dH^{n-2},$$
where we have used that $v^* = v_\Omega$ on $M \cap \partial \Omega$ by the orthogonality condition. Notice that this is the second variation formula for the perimeter $P(E_t, \Omega)$ given by any vector field $X$.

We have to manipulate (4.4) in order to find the quadratic structure in it. To this end we will use the decomposition of $X$ in its tangential and normal components with respect to $M$, i.e., we write $X = X_v + X_\tau$ where $X_v = \langle X, v \rangle v$ and rewrite every term in (4.4) accordingly. Let us start with the first term. Since $D_v v = 0$, we have

$$
(D_\tau X_v)^T v = D_\tau \{X, v\}
$$

and therefore

$$
(4.5) \quad |(D_\tau X)^T v|^2 = |(D_\tau X_v)^T v|^2 + 2((D_\tau X_v)^T v) \cdot ((D_\tau X_\tau)^T v) + |(D_\tau X_\tau)^T v|^2
$$

Since div$_\tau X_v = H \langle X, v \rangle$, the second term in (4.4) can be written as

$$
(4.6) \quad (\text{div}_\tau X)^2 = (\text{div}_\tau X_v + \text{div}_\tau X_\tau)^2
$$

$$
= H^2 \langle X, v \rangle^2 + 2H \langle X, v \rangle \text{div}_\tau X_\tau + (\text{div}_\tau X_\tau)^2.
$$

For the third term in (4.4) we will use the equalities

$$(D_\tau X_v)^2 = \langle X, v \rangle^2 (Dv)^2 + (D_\tau \{X, v\} \cdot v) v \otimes D_\tau \{X, v\}$$

and

$$(D_\tau X_\tau)(D_\tau X_v) = \langle X, v \rangle D_v D_\tau X_\tau.$$}

Hence, we deduce

$$
(4.7) \quad \text{Tr}(D_\tau X)^2 = \text{Tr}(D_\tau X_v)^2 + 2 \text{Tr}((D_\tau X_v)(D_\tau X_\tau)) + \text{Tr}(D_\tau X_\tau)^2
$$

$$
= \langle X, v \rangle^2 |B_M|^2 + 2 \langle X, v \rangle \text{Tr}(D_v D_\tau X_\tau) + \text{Tr}(D_\tau X_\tau)^2.
$$

We treat the fourth term in (4.4) by writing

$$
(4.8) \quad \langle Z, v \rangle = \langle DXX, v \rangle
$$

$$
= \langle (DX(X_v) + D(X_v)(X_\tau) + D(X_\tau)(X_v)), v \rangle
$$

$$
= \langle X, v \rangle (DXX, v, v) + D_\tau \{X, v\} \cdot X_\tau + \langle Z_\tau, v \rangle
$$

$$
= \langle X, v \rangle \text{div} X - \langle X, v \rangle \text{div}_\tau X + D_\tau \{X, v\} \cdot X_\tau + \langle Z_\tau, v \rangle
$$

$$
= \langle X, v \rangle \text{div} X - \text{div}_\tau \{X, v\} \cdot X_\tau + H \langle X, v \rangle^2
$$

$$
+ 2X_\tau \cdot D_\tau \{X, v\} + \langle Z_\tau, v \rangle,
$$

where we have set $Z_\tau = D(X_\tau)(X_\tau)$ and in the last equality we have used div$_\tau X_v = H \langle X, v \rangle$.

For the last term $\int_{M \cap \partial \Omega} \langle Z, v_\Omega \rangle d\mathcal{H}^{n-2}$ we notice that the tangential condition (2.1) on $X$ implies $\langle X, v_\Omega \rangle = 0$ on $M \cap \partial \Omega$. In particular, $D \langle X, v_\Omega \rangle \cdot X = 0$ on $M \cap \partial \Omega$. Hence the last term in (4.4) becomes

$$
(4.9) \quad \int_{M \cap \partial \Omega} \langle Z, v_\Omega \rangle d\mathcal{H}^{n-2} = \int_{M \cap \partial \Omega} \langle DXX, v_\Omega \rangle d\mathcal{H}^{n-2}
$$

$$
= -\int_{M \cap \partial \Omega} \langle Dv_\Omega X, X \rangle d\mathcal{H}^{n-2}.
$$
From now on we will use the notation $\langle D \nu \Omega , X \rangle = B_{\partial \Omega}(X, X)$. We use (4.5), (4.6), (4.7), (4.8) and (4.9) to rewrite (4.4) as

\begin{equation}
(4.10) \quad P''(0) = \int_M |D(X, v)|^2 - |B_M|^2 \langle X, v \rangle^2 d\mathcal{H}^{n-1} \nonumber \\
- \int_{M \cap \partial \Omega} B_{\partial \Omega}(X, X) d\mathcal{H}^{n-2} \nonumber \\
+ 2 \int_M D(X, v) \cdot ((D(X, v)^T v) d\mathcal{H}^{n-1} \nonumber \\
+ 2 \int_M H((X, v) \div_{\tau} X_{\tau}) d\mathcal{H}^{n-1} \nonumber \\
- 2 \int_M \langle X, v \rangle \Tr(D(X, v) \div_{\tau} X_{\tau}) d\mathcal{H}^{n-1} \nonumber \\
+ 2 \int_M H(X_{\tau} \cdot D(X, v)) d\mathcal{H}^{n-1} \nonumber \\
+ \int_M H(2X_{\tau} \cdot D(X, v) + \langle X, v \rangle \div X - \div_{\tau}(X_{\tau}(X, v))) d\mathcal{H}^{n-1} \nonumber \\
+ \int_M (\div_{\tau} X_{\tau})^2 + |(D(X, v)^T v)|^2 - \Tr(D(X, v)^2) + H\langle Z_{\tau}, v \rangle d\mathcal{H}^{n-1}. \nonumber
\end{equation}

We continue by treating the mixed terms in (4.10). We integrate by parts the third term in (4.10) and deduce

\begin{equation}
(4.11) \quad 2 \int_M D(X, v) \cdot ((D(X, v)^T v) d\mathcal{H}^{n-1} \nonumber \\
= -2 \int_M \langle X, v \rangle \div_{\tau}(D(X, v)^T v) d\mathcal{H}^{n-1} \nonumber \\
+ 2 \int_{M \cap \partial \Omega} \langle X, v \rangle \langle (D(X, v)^T v, \nu_{\Omega}) d\mathcal{H}^{n-2} \nonumber \\
= -2 \int_M \langle X, v \rangle \div_{\tau}(D(X, v)^T v) d\mathcal{H}^{n-1} \nonumber \\
- 2 \int_{M \cap \partial \Omega} \langle X, v \rangle \langle D(\nu X_{\tau}, \nu_{\Omega}) d\mathcal{H}^{n-2}, \nonumber
\end{equation}

where we have used

$$\langle D(X, v) X_{\tau}, v \rangle + \langle D(\nu X_{\tau}, \nu_{\Omega}) = D(X_{\tau}, v) \cdot \nu_{\Omega} = 0. \nonumber$$

For the fourth term in (4.10) we observe that, by the orthogonality condition, $X_{\tau}$ vanishes on $M \cap \partial \Omega$ and therefore integration by parts yields

\begin{equation}
(4.12) \quad 2 \int_M H(X, v) \div_{\tau} X_{\tau} d\mathcal{H}^{n-1} = -2 \int_M D(X, v) \cdot X_{\tau} d\mathcal{H}^{n-1} \nonumber \\
+ 2 \int_{M \cap \partial \Omega} H(X, v) \langle X_{\tau}, \nu_{\Omega} \rangle d\mathcal{H}^{n-2} \nonumber \\
= -2 \int_M H X_{\tau} \cdot D(X, v) d\mathcal{H}^{n-1} \nonumber \\
- 2 \int_M \langle X, v \rangle D(X, v) H \cdot X_{\tau} d\mathcal{H}^{n-1}. \nonumber
\end{equation}
Next we introduce the notation $\delta_i$ for partial derivative on $M$, i.e., $\delta_i g = \partial_{x_i} g - (Dg, v_i)v_j$ for any smooth function $g$. We use $\delta_j v_i = \delta_i v_j$ and

$$\sum_{i,j} (\delta_j \delta_i v_j) X^j = \sum_{i,j} (\delta_i \delta_j v_i) X^i$$

(see [12, Lemma 10.7]) and obtain

$$\text{div}_t((D^T X_t) v) + D_t H \cdot X_t + \text{Tr}(Dv D_t X_t)$$

$$= \sum_{i,j} \delta_i (\delta_i X^j v_j) + (\delta_j \delta_i v_j) X^j + \delta_j v_i \delta_i X^j$$

$$= \sum_{i,j} \delta_i (\delta_i X^j v_j) + (\delta_i \delta_i v_j) X^j + \delta_i v_j \delta_i X^j$$

$$= \sum_{i,j} \delta_i \delta_i (X^j v_j) = \Delta_M (X_t, v) = 0,$$

where $\Delta_M = \sum_{i=1}^n \delta_i \delta_i$ is the Laplacian on $M$. Together with (4.11)–(4.13) formula (4.10) becomes

$$P''(0) = \int_M |D_t (X, v)|^2 - |B_M|^2 (X, v)^2 \, d\mathcal{H}^{n-1}$$

$$- \int_{M \cap \partial \Omega} B_\partial \Omega (X, X) \, d\mathcal{H}^{n-2}$$

$$- 2 \int_{M \cap \partial \Omega} \langle X, v \rangle \langle Dv X_t, v_\Omega \rangle \, d\mathcal{H}^{n-2}$$

$$+ \int_M H(\langle X, v \rangle \text{div} X - \text{div}_t (X_t (X, v))) \, d\mathcal{H}^{n-1}$$

$$+ \int_M (\text{div}_t X_t)^2 + |(D^T X_t) v|^2 - \text{Tr}(D_t X_t)^2 + H (Z_t, v) \, d\mathcal{H}^{n-1}.$$

With the aim of understanding the last row in the previous formula, we observe that, as we noticed before, $X_t$ vanishes on $M \cap \partial \Omega$ and therefore the flow associated with $X_t$ leaves $M$ unchanged. Thus the second variation (formula (4.4)) of the perimeter in the direction of the vector field $X_t$ is zero. In other words we have

$$\int_M (\text{div}_t X_t)^2 + |(D^T X_t) v|^2 - \text{Tr}(D_t X_t)^2 + H (Z_t, v) \, d\mathcal{H}^{n-1}$$

$$+ \int_{M \cap \partial \Omega} \langle Z_t, v_\Omega \rangle \, d\mathcal{H}^{n-2} = 0.$$

Since $X_t$ vanishes on $M \cap \partial \Omega$, we have $D(X_t, v_\Omega) \cdot X_t = 0$ on $M \cap \partial \Omega$. This yields

$$\int_{M \cap \partial \Omega} \langle Z_t, v_\Omega \rangle \, d\mathcal{H}^{n-2} = \int_{M \cap \partial \Omega} \langle D(X_t) X_t, v_\Omega \rangle \, d\mathcal{H}^{n-2}$$

$$= - \int_{M \cap \partial \Omega} B_\partial \Omega (X_t, X_t) \, d\mathcal{H}^{n-2}.$$

Moreover, since $\langle v, v_\Omega \rangle = 0$ on $M \cap \partial \Omega$, we get

$$0 = D \langle v, v_\Omega \rangle \cdot X_t = \langle Dv X_t, v_\Omega \rangle + \langle Dv_\Omega X_t, v \rangle$$

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and therefore
\begin{equation}
\int_{M \cap \partial \Omega} \langle X, v \rangle \langle Dv X, v \rangle \, d\mathcal{H}^{n-2} = - \int_{M \cap \partial \Omega} \langle Dv X, X, v \rangle \, d\mathcal{H}^{n-2}
= - \int_{M \cap \partial \Omega} B_{\partial \Omega} \langle X, X, v \rangle \, d\mathcal{H}^{n-2}.
\end{equation}

We combine (4.3) and (4.14), together with (4.15)–(4.17) to write the second variation as
\begin{equation}
\left. \frac{d^2 J(E_t)}{dt^2} \right|_{t=0} = \int_M \left( |D_t (X, v)_M|^2 - |B_M|^2 \langle X, v_M \rangle \right) \, d\mathcal{H}^{n-1} - \int_{M \cap \partial \Omega} B_{\partial \Omega} \langle v, v \rangle \langle X, v \rangle \, d\mathcal{H}^{n-2} + \int_M H(\langle X, v \rangle \text{div} X - \text{div} (X_t(X, v))) \, d\mathcal{H}^{n-1} + 8\gamma \int_M \int_M G(x, y) \langle X(x), v \rangle \langle X(y), v \rangle \, d\mathcal{H}^{n-1}(x) \, d\mathcal{H}^{n-1}(y) + 4\gamma \int_M \text{div}(v X) \langle X, v \rangle \, d\mathcal{H}^{n-1}.
\end{equation}

Finally, we integrate by parts and obtain
\begin{align*}
\int_M \text{div}(v E X) \langle X, v \rangle \, d\mathcal{H}^{n-1} &= \int_M \langle Dv E, X \rangle \langle X, v \rangle \, d\mathcal{H}^{n-1} + \int_M v E \text{div}(X) \langle X, v \rangle \, d\mathcal{H}^{n-1} = \int_M \langle D_t v E, X_t \rangle \langle X, v \rangle \, d\mathcal{H}^{n-1} + \int_M \langle \nabla v E, v \rangle \langle X, v \rangle \, d\mathcal{H}^{n-1} + \int_M v E \text{div}(X) \langle X, v \rangle \, d\mathcal{H}^{n-1} \\\\\\\\= - \int_M v E \text{div}(X_t(X, v)) \, d\mathcal{H}^{n-1} + \int_M \langle \nabla v E, v \rangle \langle X, v \rangle \, d\mathcal{H}^{n-1} + \int_M v E \text{div}(X) \langle X, v \rangle \, d\mathcal{H}^{n-1},
\end{align*}
where the last equality follows again from the fact that $X_t$ vanishes on $M \cap \partial \Omega$. The last equality, combined with the formula above, yields the result.

\section{W^{2,p}-minimality}

In this section, we prove that a regular critical set $E$ with positive second variation is a strict local minimizer among sets which are regular and close to $E$ in a strong sense, namely in the $W^{2,p}$-topology, and which satisfy the orthogonality condition (1.7). This result is stated in Proposition 5.2 and can be interesting in itself. The idea is to construct an appropriate volume
preserving flow $\Phi$ for every set $F$ near $E$ such that $\Phi(E, 1) = F$. We can then use Proposition 4.1 to estimate the second variation of $E_t = \Phi(E, t)$ at any time $t \in [0, 1]$. Notice that by the assumption on $E$ we know that the second derivative of $t \mapsto J(E_t)$ at $t = 0$ is strictly positive. We use the fact that $E_t$ are close to $E$ in $W^{2,p}$-topology to deduce that the function $t \mapsto J(E_t)$ is in fact strictly convex.

In the following we say that $J$ has positive second variation at the set $E$ if

$$\partial^2 J(E)[\varphi] > 0 \quad \text{for every } \varphi \in H^1(M) \setminus \{0\} \text{ with } \int_M \varphi \, d\mathcal{H}^{n-1} = 0,$$

where we recall that $\partial^2 J(E)[\varphi]$ is defined by (1.8). We begin with a simple compactness argument whose proof is exactly the same as in [1, Lemma 3.6] and will therefore be omitted.

**Lemma 5.1.** Suppose that $J$ has positive second variation at the critical set $E$. Then there exists a constant $c_0 > 0$ such that

$$\partial^2 J(E)[\varphi] \geq c_0 \|\varphi\|^2_{H^1(M)}$$

for every $\varphi \in H^1(M)$ with $\int_M \varphi \, d\mathcal{H}^{n-1} = 0$.

We define the $W^{2,p}$- and $C^2$-distance between regular sets $E, F \subset \Omega$ as

$$\|E, F\|_{W^{2,p}} := \inf\{\|\Psi - \text{Id}\|_{W^{2,p}(\Omega)} \mid \Psi : E \to F, C^2\text{-diffeomorphism}\},$$

$$\|E, F\|_{C^2} := \inf\{\|\Psi - \text{Id}\|_{C^2(\Omega)} \mid \Psi : E \to F, C^2\text{-diffeomorphism}\}.$$ 

The main result of the section is the following:

**Proposition 5.2.** Let $E$ be as in Theorem 1.1 and let $p > n$. There exist $\delta > 0$ and a constant $c_1 > 0$ such that for any $F \subset \Omega$ with $|F| = |E|$, satisfying the orthogonality condition (1.7) and $\|E, F\|_{W^{2,p}} \leq \delta$, it holds

$$J(F) \geq J(E) + c_1 |F \Delta E|^2.$$

We begin by proving some technical lemmata and we give the proof of Proposition 5.2 at the end of the section. A crucial point is Lemma 5.3 where we construct a vector field $X$ and a flow $\Phi$ which deforms the set $E$ into a given regular set $F$ sufficiently close to $E$. The difficulty lies in the fact that the flow needs to satisfy both the orthogonality condition and the volume constraint. We have to construct it carefully near the boundary $\partial \Omega$ in order to preserve the orthogonality condition.

Let us recall some well-know facts on the distance function. Since $\Omega$ is $C^{4,\alpha}$-regular, the distance function $d_\Omega(x) = \inf_{y \in \partial \Omega} |x - y|$ is $C^{4,\alpha}$-regular in a neighbourhood of $\partial \Omega$. By a neighbourhood of $\partial \Omega$ we mean a connected set $V \subset \Omega$ which contains $\partial \Omega$ and it is relatively open with respect to $\Omega$. We may define the projection $\Pi : V \to \partial \Omega$ as $\Pi(x) = y_x$, where $y_x \in \partial \Omega$ is the unique point for which $d_\Omega(x) = |x - y_x|$. Every point $x \in V$ can therefore be written as

$$x = \Pi(x) - d_\Omega(x)v_\Omega(\Pi(x)),$$

where $v_\Omega(y)$ is the outer normal of $\Omega$ at $y \in \partial \Omega$. We also remark that we may naturally define $D \Pi(y)$ for every $y \in \partial \Omega$ and the kernel of $D \Pi(y)$ is spanned by $v_\Omega(y)$,

$$\text{Ker}(D \Pi(y)) = \text{span}\{v_\Omega(y)\}, \quad y \in \partial \Omega.$$
The orthogonality condition (1.7) for a set $E$ is equivalent to the fact that for every $x \in M \cap \partial \Omega$ the normal vector to $\partial \Omega$ at $x$ belongs to the tangent plane of $M$ at $x$, i.e.,

\[(5.3) \quad v_{\Omega}(x) \in \text{Tan}_x(M).\]

Finally, we remark that we may consider $\partial \Omega$ itself as an $(n - 1)$-dimensional manifold and define a natural distance on $\partial \Omega$ by

\[(5.4) \quad \text{dist}_{\partial \Omega}(x, y) := \inf \left\{ \int_0^1 |\xi'(s)| \, ds \right\} \quad \text{\(\xi\) is a path on \(\partial \Omega\) with \(\xi(0) = x, \xi(1) = y\)}.

**Lemma 5.3.** Let $E$ be as in Theorem 1.1 and let $F \subset \Omega$ be a $C^2$-regular set which satisfies the volume constraint $|F| = |E|$ and the orthogonality condition (1.7). There exists a constant $\delta > 0$ such that, if $\|E, F\|_{W^{2,p}} \leq \delta$, with $p > n$, then we can find a $C^2$-regular vector field $X$, with $\|X\|_{W^{2,p}} \leq C\delta$, that satisfies the tangential condition (2.1) and such that the associated flow $\Phi$, defined by (2.3), has the following properties:

(i) For any $t \in [0, 1]$ the set $E_t = \Phi(E, t)$ satisfies the volume constraint $|E_t| = |E|$ and the orthogonality condition (1.7).

(ii) The flow $\Phi$ takes $E$ to $F$, i.e., $E_1 = \Phi(E, 1) = F$.

**Proof.** The proof is rather technical and long and it is therefore divided into three steps.

**Step 1.** We begin by constructing a vector field, which gives us the trajectories of the final flow. It will be enough to construct the vector field in a neighbourhood of the relative boundary $M = \partial E \cap \Omega$, which we denote by $U$. By a neighbourhood of $M$ we mean a connected set $U$ which contains $M$ and is relatively open with respect to $\Omega$.

First of all, by Proposition 2.2, $M$ is $C^{4,\alpha}$-regular and therefore the signed distance function from $M$ in $\Omega$

\[d_M(x) := \begin{cases} \inf_{y \in \Omega \setminus E} |x - y| & \text{for } x \in \Omega \setminus E, \\ - \inf_{y \in M \cap \partial \Omega} |x - y| & \text{for } x \in \Omega \cap E, \end{cases}\]

is in $C^{4,\alpha}(U)$. The gradient field $\nabla d_M$ will define the trajectories away from the boundary of $\Omega$.

As we already pointed out, we have to construct the trajectories carefully near the boundary $\partial \Omega$ in order to be able to verify the orthogonality condition in the forthcoming step. We begin by noting that the $(n - 2)$-dimensional boundary $M \cap \partial \Omega$ is $C^{4,\alpha}$-regular. The signed distance function from $M \cap \partial \Omega$ on $\partial \Omega$

\[d_{M \cap \partial \Omega}(x) := \begin{cases} \inf_{y \in M \cap \partial \Omega} \text{dist}_{\partial \Omega}(x, y) & \text{for } x \in \partial \Omega \setminus E, \\ - \inf_{y \in M \cap \partial \Omega} \text{dist}_{\partial \Omega}(x, y) & \text{for } x \in \partial \Omega \cap E, \end{cases}\]

is therefore $C^{4,\alpha}$-regular near $M \cap \partial \Omega$. Here $\text{dist}_{\partial \Omega}(x, y)$ is defined in (5.4). We will define the vector field $Z$ on the boundary $\partial \Omega$ as

\[(5.5) \quad Z(x) = \nabla_x d_{M \cap \partial \Omega}(x) \quad \text{for } x \in \partial \Omega \cap U.\]
Here $\nabla_x$ denotes the tangential gradient on $\partial \Omega$. We extend $Z$ to a neighbourhood of $\partial \Omega \cap U$, which we will denote by $V$, such that $Z \in C^2(V, \mathbb{R}^n)$. The trajectories of the final flow will then be given by the vector field

\[(5.6)\]

\[Y'(x) = \zeta(x) \nabla d_M(x) + (1 - \zeta(x))Z(x),\]

where $\zeta \in C_0^\infty(U)$ is a cut-off function such that $\zeta \equiv 1$ outside $V$. Notice that $Y' \in C^2(U, \mathbb{R}^n)$ and (5.5) implies that $Y'$ satisfies the tangent condition (2.1). Since $Y'$ defines the trajectories for the final flow $X$, it will then also satisfy (2.1).

We will extend $Z$, defined on $\partial \Omega$ as (5.5), to $V$ in such a way that it satisfies

\[(5.7)\]

\[\text{div } Z = 0 \quad \text{in } V\]

and it has a property which we call “the projection property”. To describe this, let us assume that we have extended $Z$ to $V$, and let $\Phi_Z$ be the associated flow

\[\frac{\partial}{\partial t} \Phi_Z(x, t) = Z(\Phi_Z(x, t)) \quad \text{with } \Phi_Z(x, 0) = x\]

defined in $V$. Let $\Pi$ be the projection operator onto $\partial \Omega$. We construct $Z$ such that the flow $\Phi_Z$ satisfies

\[(5.8)\]

\[\Pi(\Phi_Z(x, t)) = \Phi_Z(\Pi(x), t)\]

for every $x \in V$ and $t \in \mathbb{R}$ for which $\Phi_Z(x, t) \in V$. Roughly speaking (5.8) means that any point $y \in V$ will travel side-by-side with its projection point $\Pi(y)$. In other words, for every $x \in \partial \Omega$ and $h > 0$ it holds

\[\Phi_Z(x - hv_\Omega(x), t) = \Phi_Z(x, t) - l_hv_\Omega(\Phi_Z(x, t))\]

for some $l_h > 0$. We call this the projection property of $Z$ (cf. Figure 1).

\[\text{Figure 1. The projection property on a trajectory.}\]

First we remark that if $Z$ is an extension of (5.5) and satisfies (5.7) and (5.8), then it will be uniquely defined and we may construct it locally. We first make sure that $Z$ will satisfy (5.8). In order to do this, it is convenient to flatten the boundary $\partial \Omega$.

Let us fix $x_0 \in M \cap \partial \Omega$, which we may assume to be the origin. We write $x \in \mathbb{R}^n$ as $x = (x', x_n)$ where $x' = (x_1, \ldots, x_{n-1}) \in \mathbb{R}^{n-1}$ and denote the projection $\tilde{\Pi} : \mathbb{R}^n \to \mathbb{R}^n$ onto the plane $\{x_n = 0\}$ by

\[\tilde{\Pi}(x) = (x', 0)\]

We may locally write, up to a translation and rotation, $\Omega = \{x \mid x_n > g(x')\}$ for a $C^{4,\alpha}$-function $g : D \subset \mathbb{R}^{n-1} \to \mathbb{R}$ with $g(0) = 0$ and $\nabla g(0) = 0$. 

We will now define a $C^{4,\alpha}$-diffeomorphism $\Psi$ in a neighbourhood of $x_0$, say $V' \subset V$, which flattens the boundary. Since we may write every point $x \in \partial \Omega$ as $x = (x', g(x'))$, we define the diffeomorphism on the boundary as $\Psi(x) = \Pi(x)$. By (5.1), every $x \in V'$ can be expressed as $x = \Pi(x) - d\Omega(x) e_n(\Pi(x))$. The diffeomorphism $\Psi : V' \to \Psi(V')$ is then defined as

$$\Psi(x) = \Pi(\Pi(x)) + d\Omega(x) e_n.$$  

Notice that $e_n$ is the inner normal of the new domain $\Psi(V')$ on the flat boundary. The map $\Psi$ has the property that for every $x \in V'$ and every $y \in \Psi(V')$ it holds

$$\Pi(\Psi(x)) = \Psi(\Pi(x)) \quad \text{and} \quad \Pi(\Psi^{-1}(y)) = \Psi^{-1}(\Pi(y)).$$  

Notice that the flow $\Phi Z$ is already defined on $\partial \Omega$ by (5.5). We map this flow to the new coordinates by

$$\tilde{\Phi}_Z(y,t) := \Psi(\Phi Z(\Psi^{-1}(y), t))$$

and denote the associated vector field by $\tilde{Z}$. We may write $\tilde{Z}$ explicitly as

$$(5.10) \quad \tilde{Z}(y) = D\Psi(\Psi^{-1}(y))Z(\Psi^{-1}(y))$$

on the flat boundary of $\Psi(V')$. Since $\tilde{\Phi}_Z$ does not exit the flat boundary $\partial \Psi(V') \subset \{y_n = 0\}$, its vertical velocity is zero, i.e., $\langle \tilde{Z}, e_n \rangle = 0$. In other words, $\Pi(\tilde{Z}) = \tilde{Z}$, where $\Pi$ is the projection onto the plane $\{y_n = 0\}$. We extend $\tilde{Z}$ to $\Psi(V')$ as

$$\tilde{Z}(y) := \tilde{Z}(\Pi(y)) + f(y)e_n \quad \text{for} \quad y \in \Psi(V'),$$

where $f \in C^2(\Psi(V'))$ is some function with boundary values $f(y) = 0$ on $y \in \{y_n = 0\}$, which will be chosen later.

Let us denote, with a slight abuse of notation, the associated flow by $\tilde{\Phi}_Z$. The construction implies that

$$\Pi(\tilde{\Phi}_Z(y,t)) = \tilde{Z}(\Pi(y)) \quad \text{for} \quad y \in \Psi(V').$$

This means that at every point $y \in \Psi(V')$ the flow has the same horizontal velocity as at its projection point $\Pi(y)$. Therefore $\tilde{\Phi}_Z$ satisfies

$$\Pi(\tilde{\Phi}_Z(y,t)) = \tilde{Z}(\Pi(\Pi(y),t)).$$

We map the flow $\tilde{\Phi}_Z$ back to $V'$ by

$$(5.13) \quad \Phi Z(x,t) := \Psi^{-1}(\tilde{\Phi}_Z(\Psi(x),t)).$$

for every $x \in V'$ and $t \in \mathbb{R}$ for which $\Phi Z(x,t) \in V'$. It follows from (5.9), (5.12) and (5.13) that

$$\Pi(\Phi Z(x,t)) = \Pi(\Psi^{-1}(\tilde{\Phi}_Z(\Psi(x),t)))$$. 
$$= \Psi^{-1}(\Pi(\tilde{\Phi}_Z(\Psi(x),t)))$$
$$= \Psi^{-1}(\tilde{\Phi}_Z(\Pi(\Psi(x),t)))$$
$$= \Psi^{-1}(\tilde{\Phi}_Z(\Psi(\Pi(x),t)))$$
$$= \Phi Z(\Pi(x),t).$$

Hence, we have the projection property (5.8).
Let $Z$ be the vector field associated to $\Phi_Z$. We may use (5.10), (5.11), (5.9) and (5.13) in order to write $Z$ explicitly as

\begin{equation}
Z(x) = D\Psi^{-1}(\Psi(x))\tilde{Z}(\Psi(x))
= D\Psi^{-1}(\Psi(x))\left(\tilde{Z}(\Pi(\Psi(x))) + f(\Psi(x))e_n\right)
= D\Psi^{-1}(\Psi(x))(\tilde{Z}(\Psi(x))) + f(\Psi(x))e_n
= D\Psi^{-1}(\Psi(x))D\Psi(\Pi(x))Z(\Pi(x)) + f(\Psi(x))D\Psi^{-1}(\Psi(x))e_n.
\end{equation}

We remark that, since we impose the boundary condition $f(y) = 0$ for $y_n = 0$, we have $f(\Psi(\Pi(x))) = f(\Pi(\Psi(x))) = 0$. Therefore it follows from (5.14) that $Z$ really is an extension of the vector field we defined on the boundary $\partial \Omega$ in (5.5).

Finally, we choose $f$, which defines the vertical velocity of $QZ$ in (5.11), such that $Z$ satisfies (5.7). Let us write the equation $\text{div } Z = 0$ in a form

\begin{equation}
(a(x), \nabla f(\Psi(x))) + b(x)f(\Psi(x)) + c(x) = 0, \quad x \in V',
\end{equation}

where, by (5.14), the coefficients are

\begin{align*}
a(x) &= D\Psi(x)D\Psi^{-1}(\Psi(x))e_n = e_n, \\
b(x) &= \text{div}(D\Psi^{-1}(\Psi(x))e_n), \\
c(x) &= \text{div}(D\Psi^{-1}(\Psi(x))D\Psi(\Pi(x))Z(\Pi(x))).
\end{align*}

We remark that since $\Psi$ is a $C^{4,\alpha}$-diffeomorphism and $x \mapsto Z(\Pi(x))$ is $C^{3,\alpha}$-regular (in view of (5.5)) then the above coefficients are $C^{2,\alpha}$-regular. Going back to the domain $\Psi(V')$ with a flat boundary, we have to solve the PDE

\begin{equation}
(\nabla f(y), e_n) + \tilde{b}(y)f(y) + \tilde{c}(y) = 0, \quad y \in \Psi(V'),
\end{equation}

with the boundary condition $f(y) = 0$ on $\Psi(V') \cap \{y_n = 0\}$. Here $\tilde{b}(y) = b(\Psi^{-1}(y))$ and $\tilde{c}(y) = c(\Psi^{-1}(y))$. We may solve this equation by using the method of characteristics and thus we have $Z$, which is $C^2$ regular.

We define the primitive vector field $Y'$ by (5.6). For the distance function from $M$ it holds

\begin{equation}
\nabla d_M(x) = v_M(x) \quad \text{for } x \in M.
\end{equation}

Moreover, since $M$ satisfies the orthogonality condition (1.7), (5.5) implies that

\begin{equation}
Z(x) = \nabla_x d_M \cap \partial \Omega(x) = v_M(x) \quad \text{for } x \in M \cap \partial \Omega.
\end{equation}

By the regularity of $Z$ and $M$, choosing the cut-off function such that $\zeta \neq 1$ only in a narrow neighbourhood of $\partial \Omega$, we can ensure that

\begin{equation}
|Y'(x) - v_M(x)| \leq \frac{1}{16}, \quad x \in M.
\end{equation}

**Step 2.** In this short step, we change $Y'$ to $Y \in C^2(U, \mathbb{R}^n)$, which has the same trajectories and satisfies

\begin{equation}
\text{div}(Y(x)) = 0, \quad x \in U, \quad \text{and } Y(x) = Y'(x) \quad \text{on } M,
\end{equation}
where $U$ is a neighbourhood of $M$. We impose that $Y$ is of the form $Y(x) = \eta(x)Y'(x)$, where $\eta$ is a function. In order to have $\text{div} \ Y = 0$ and $Y(x) = Y'(x)$ on $M$, the function $\eta$ has to satisfy

\[(5.18) \quad \{Y'(x), \nabla \eta(x)\} + \eta(x) \text{div} \ Y'(x) = 0, \quad x \in U,\]

with the boundary condition $\eta(x) = 1$ for $x \in M$. By (5.6), $Y'$ is of the form

\[Y' = (1 - \zeta)Z + \zeta \nabla d_M,\]

where $Z$ is $C^2$-regular and $\nabla d_M$ and $\zeta$ are $C^3$-regular. However, since $\text{div} \ Z = 0$, equation (5.18) has $C^2$-regular coefficients and we may solve it by using the method of characteristics. Moreover, since $Y' = Z$ and $\text{div} \ Z = 0$ in a neighbourhood of $\partial \Omega$, say $V$, we have that

\[(5.19) \quad Y(x) = Z(x), \quad x \in V.\]

We denote the flow associated to $Y$ by $\hat{Y}$. It is clear that $\hat{Y}$ is defined in $U$ for a short time interval $(-t_0, t_0)$. Moreover, since $Y \in C^2(U, \mathbb{R}^n)$, $\hat{Y}$ is also $C^2$-regular. Moreover, from (5.16) and (5.17) it follows that

\[(5.20) \quad |Y(x) - v_M(x)| \leq \frac{1}{16}, \quad x \in M.\]

**Step 3.** We finally construct the vector field $X$ such that the associated flow, denoted by $\Phi$, satisfies $\Phi(E, 1) = F$, and that for every $t \in [0, 1]$ the set $E_t := \Phi(E, t)$ satisfies the orthogonality condition (1.7) and the volume constraint $|E_t| = |E|$.

In a neighbourhood $U$ of $M$ the map $\Phi_Y|_{M \times (-t_0, t_0)} \to U$ is a $C^2$-diffeomorphism and every point $y \in U$ can be written uniquely as $y = \Phi_Y(x, t)$ for some $x \in M$ and for some $t \in (-t_0, t_0)$. We may therefore define implicitly the two projections $\pi : U \to M$ and $T : U \to (-t_0, t_0)$ such that

\[(5.21) \quad \Phi_Y(\pi(y), T(y)) = y.\]

Since $\Phi_Y$ is $C^2$-regular, $\pi$ and $T$ are $C^2$-regular as well.

By the assumption on $F$, there exists a $C^2$-diffeomorphism $\Psi_F : E \to F$ satisfying

\[\|\Psi_F - \text{Id}\|_{W^{2,p}} < \delta.\]

We assume without mentioning that $\delta > 0$ is small. We define the map $S : M \to M$ as

\[S(x) := \pi(\Psi_F(x)).\]

The tangential differential of $S$ is

\[D_{\tau}S(x) = D_{\tau}\pi(\Psi_F(x))D_{\tau}\Psi_F(x) \quad \text{on} \quad x \in M.\]

From the regularity of $\pi$ and from the fact that $\pi(x) = x$ for $x \in M$ we conclude that

\[|D_{\tau}\pi(\Psi_F(x))| \geq c.\]

Moreover, since $\|D_{\tau}\Psi_F(x) - I\|_{L^\infty} \leq \delta$ we conclude that $S$ is a $C^2$-diffeomorphism and the bound $\|\Psi_F\|_{W^{2,p}} \leq C$ implies

\[(5.22) \quad \|S^{-1}\|_{W^{2,p}(M)} \leq C.\]
We introduce a further projection onto the relative boundary of $F$, $M_F := \partial F \cap \Omega$, denoted by $\pi_F : U \to M_F$ and defined as

$$\pi_F(y) := \Psi_F(S^{-1}(\pi(y))),$$

which labels for every point $y \in U$ a unique point $z$ on $M_F$ on the same trajectory. Trivially the map $\pi_F$ is constant along the trajectories of $\Phi_Y$ and the value

$$T_F(y) := T(\pi_F(y))$$

denotes the time needed from $M$ to $M_F$ along the trajectory passing through $y$. The definition of $\pi_F$, the estimate $\|\Psi_F - 1d\|_{W^{2,p}} < \delta$ and (5.22) imply

$$\|\pi_F - S^{-1} \circ \pi\|_{W^{2,p}} < C \delta.$$

Since $S^{-1}(\pi(y)) \in M$ for every $y \in U$, it holds, by the definition of $T$, that $T(S^{-1}(\pi(y))) = 0$ for $y \in U$. Therefore the above estimate yields

$$\|T_F\|_{W^{2,p}} = \|T \circ \pi_F - T \circ S^{-1} \circ \pi\|_{W^{2,p}} \leq C \delta.$$

We define the vector field $X$ by

$$X(y) = T_F(y)Y(y).$$

Since $Y$ is $C^2$-regular, estimate (5.24) yields $\|X\|_{W^{2,p}} \leq C \delta$. We denote the flow associated to $X$ by $\Phi$. We may write $\Phi$ explicitly as

$$\Phi(x, t) = \Phi_Y(x, T_F(x) t) \quad \text{for } x \in M.$$

We denote $E_t = \Phi(E, t)$ and $M_t = \partial E_t \cap \Omega$. Since $T_F(x)$ is the time that the flow $\Phi_Y$ needs to get from $x \in M$ to $M_F$, it follows directly from (5.26) that $M_F = \{\Phi(x, 1) \mid x \in M\}$. Hence $E_1 = F$.

Since $T_F$ is constant along the trajectories of $\Phi_Y$, (5.17) implies

$$\text{div } X = \text{div}(T_F Y) = \langle \nabla T_F, Y \rangle + T_F \text{ div } Y = 0.$$

We may calculate as in (4.2)

$$\frac{d^2}{dt^2} |E_t| = \int_{M_t} \text{div}(X) (X, v_M) d\mathcal{H}^{n-1} = 0,$$

by (5.27). Therefore $t \mapsto |E_t|$ is an affine function. Since $|E| = |F|$, it has to be constant. Hence, the flow satisfies the volume constraint $|E_t| = |E|$ for $t \in [0, 1]$.

We have yet to make sure that at any time $t \in (0, 1)$ the set $E_t$ satisfies the orthogonality condition. Before that we remark that (5.19) implies that $\Phi_Y = \Phi_Z$ in a neighbourhood of $\partial \Omega$ which we denote by $V$. We show first that for every $z \in \partial \Omega$ and every $s \in (-t_0, t_0)$ it holds

$$D \Phi_Z(z, s) v_\Omega(z) = \lambda v_\Omega(\Phi_Z(z, s))$$

for some $\lambda = \lambda(z, s) > 0$. 

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Indeed, the projection property (5.8) yields
\[ \Pi(\Phi_Z(z - h v_{\Omega}(z), s)) = \Phi_Z(\Pi(z - h v_{\Omega}(z)), s) = \Phi_Z(z, s) \]
for every small \( h > 0 \). This implies
\[
0 = \lim_{h \to 0} \frac{1}{h} (\Pi(\Phi_Z(z - h v_{\Omega}(z), s)) - \Phi_Z(z, s)) \\
= -D \Pi(\Phi_Z(z, s)) D \Phi_Z(z, s) v_{\Omega}(z).
\]
In other words, \( D \Phi_Z(z, s) v_{\Omega}(z) \in \text{Ker}(D \Pi(\Phi_Z(z, s))) \), which implies (5.28) by (5.2).

Let us now prove the orthogonality condition. We fix \( t \in (0, 1) \) and \( y \in M_t \cap \partial \Omega \). We will show that
\[ v_{\Omega}(y) \in \text{Tan}_y(M_t), \]
which implies the orthogonality as we noted in (5.3). Since \( y \in M_t \cap \partial \Omega \), there exists a unique \( x \in M \cap \partial \Omega \) such that \( y = \Phi(x, t) = \Phi_Z(x, T_F(x) t) \).

To show (5.29), we notice that since \( M \) satisfies the orthogonality condition (1.7), it holds \( v_{\Omega}(x) \in \text{Tan}_x(M) \) by (5.3). Therefore, since \( \Phi(\cdot, t) : M \to M_t \) is a diffeomorphism, we have
\[ (5.30) \quad D \Phi(x, t) v_{\Omega}(x) \in \text{Tan}_y(M_t). \]
We use (5.26) to calculate
\[ D \Phi(x, t) v_{\Omega}(x) = D \Phi_Z(x, T_F(x) t) v_{\Omega}(x) + t \frac{\partial \Phi_Z}{\partial t}(x, T_F(x) t) \langle \nabla T_F(x), v_{\Omega}(x) \rangle. \]
Notice that (5.28) implies
\[ D \Phi_Z(x, T_F(x) t) v_{\Omega}(x) = \lambda v_{\Omega}(y) \]
for some \( \lambda > 0 \). Hence, by (5.30) we need yet to show
\[ (5.31) \quad \langle \nabla T_F(x), v_{\Omega}(x) \rangle = 0 \]
to conclude (5.29).

We recall that \( T_F(x) = T(\pi_F(x)) \), where \( \pi_F \) is a map which labels for every \( x' \in U \) a unique point \( y' \in M_F \) on the same trajectory. We may therefore write \( \pi_F(x) = \Phi_Z(x, s) \) and \( \pi_F(x - h v_{\Omega}(x)) = \Phi_Z(x - h v_{\Omega}(x), s_h) \) for some \( s, s_h \in (-t_0, t_0) \). We also denote
\[ \hat{y} = \pi_F(x) \quad \text{and} \quad \lim_{h \to 0} \frac{s_h - s}{h} = \mu. \]
We have
\[ (5.32) \quad D \pi_F(x) v_{\Omega}(x) = \lim_{h \to 0} \frac{1}{h} (\pi_F(x) - \pi_F(x - h v_{\Omega}(x))) \\
= \lim_{h \to 0} \frac{1}{h} (\Phi_Z(x, s) - \Phi_Z(x - h v_{\Omega}(x), s_h)) \\
= D \Phi_Z(x, s) v_{\Omega}(x) - \mu \frac{\partial \Phi_Z}{\partial t}(x, s) \\
= \hat{\lambda} v_{\Omega}(\hat{y}) - \mu Z(\hat{y}), \]
where the last equality follows from (5.28) and \( \frac{\partial \Phi_Z}{\partial t}(x, s) = Z(\Phi_Z(x, s)) \). Since \( \pi_F(x) \in M_F \), we have that \( D\pi_F(x)v_{\Omega}(x) \in \text{Tan}_{\tilde{y}}(M_F) \). Moreover, since \( M_F \) satisfies the orthogonality condition (5.3), it holds

\[
v_{\Omega}(\tilde{y}) \in \text{Tan}_{\tilde{y}}(M_F).
\]

However, since \( F \) is close to \( E \) in \( W^{2,p} \)-sense, we have the estimate

\[
|v_M(x) - v_{M_F}(\pi_F(x))| \leq C\delta
\]
(see (5.35) in Lemma 5.4). Since \( Z = Y \) in \( V \), estimate (5.20) and the \( C^2 \)-regularity of \( Z \) then imply

\[
\langle Z(\tilde{y}), v_{M_F}(\tilde{y}) \rangle > 0
\]
when \( \delta \) is small. In particular, \( Z(\tilde{y}) \notin \text{Tan}_{\tilde{y}}(M_F) \). Therefore, by (5.32), we must have \( \mu = 0 \), which in turns implies

\[
(5.33) \quad D\pi_F(x)v_{\Omega}(x) = \tilde{\lambda}v_{\Omega}(\tilde{y})
\]
for some \( \tilde{\lambda} > 0 \).

Since \( T_F = T \circ \pi_F \), (5.31) can be written as

\[
\langle \nabla T(\pi_F(x)), D\pi_F(x)v_{\Omega}(x) \rangle = 0.
\]
By (5.33) this is equivalent to

\[
(5.34) \quad \langle \nabla T(\tilde{y}), v_{\Omega}(\tilde{y}) \rangle = 0
\]
for \( \tilde{y} = \pi_F(x) \).

We recall that the definition of \( T : U \to \mathbb{R} \) in (5.21) implies \( T(\Phi_Y(x', t')) = t' \) for every \( x' \in U \). Since \( \Phi_Y = \Phi_Z \) in \( V \), we have that

\[
T(\Phi_Z(x', s)) = s \quad \text{for every } x' \in M \cap V.
\]
We recall that \( \tilde{y} = \Phi_Z(x, s) \) for \( x \in M \cap \partial \Omega \). Therefore the above equality implies

\[
\langle \nabla T(\tilde{y}), D\Phi_Z(x, s)\tau \rangle = 0 \quad \text{for every } \tau \in \text{Tan}_x(M).
\]
Since \( M \) satisfies the orthogonality condition, it holds \( v_{\Omega}(x) \in \text{Tan}_x(M) \). Hence,

\[
\langle \nabla T(\tilde{y}), D\Phi_Z(x, s)v_{\Omega}(x) \rangle = 0.
\]
We then conclude from (5.28) that

\[
\langle \nabla T(\tilde{y}), v_{\Omega}(\tilde{y}) \rangle = 0.
\]

This proves (5.34) and shows that \( M_t \) satisfies the orthogonality condition (1.7), and the lemma is finally proved.

In the next lemma we study the regularity properties of the flow \( \Phi \) and the vector field \( X \) constructed in the previous lemma.
Lemma 5.4. Let $E$, $F$ be as in Lemma 5.3, let $X$ be the vector field defined by (5.25), let $\Phi$ be the associated flow and set $M_t := \partial E_t \cap \Omega$. The flow $\Phi$ satisfies
\[
\|\Phi(\cdot, t) - \text{Id}\|_{W^{2,p}(M)} \leq C\delta
\]
for some constant $C > 0$ and $\delta$ given by Lemma 5.3. The vector field $X$ satisfies
\[
|F \triangle E| \leq C \int_M |\langle X, v_M \rangle| \, d\mathcal{H}^{n-1}
\]
and
\[
\|X_{\tau_t}\|_{H^1(M_t)} \leq C \|\langle X, v_{M_t} \rangle\|_{H^1(M_t)}
\]
for some constant $C$, where $v_{M_t}$ is the normal vector of $M_t$ and $X_{\tau_t} = X - \langle X, v_{M_t} \rangle v_{M_t}$.

Proof. We begin by proving (5.35). By the definition (2.3) of $\hat{\cdot}$, we can write, for $x \in M$ and $t \in [0, 1],
\[
\Phi(x, t) - x = \int_0^t X(\Phi(x, s)) \, ds.
\]
Recalling that $X$ satisfies the estimate $\|X\|_{W^{2,p}} \leq C \|T_F\|_{W^{2,p}} \leq C\delta$, we can easily get
\[
|\Phi(x, t) - x| \leq C\delta.
\]
By differentiating (2.3), we obtain
\[
\frac{\partial}{\partial t} \Phi_{x_i}(x, t) = DX(\Phi(x, t)) \Phi_{x_i}(x, t), \quad \Phi_{x_i}(x, 0) = e_i.
\]
Again $\|X\|_{W^{2,p}} \leq C\delta$ implies
\[
|\Phi_{x_i}(x, t) - e_i| \leq C\delta \quad \text{for all} \ x \in M,
\]
for every $i = 1, 2, \ldots, n$, since $p > n$. We differentiate (2.3) once more and use the previous estimates to obtain
\[
\|\Phi_{x_i x_j}(\cdot, t)\|_{L^p(M)} \leq C\delta,
\]
which implies (5.35).

It follows from (5.35) that $|v_{M_t}(x) - v_{M_t}(\Phi(x, t))| \leq C\delta$ for $x \in M$ and $t \in [0, 1]$. Therefore (5.20) implies
\[
|Y(x) - v_{M_t}(x)| \leq \frac{1}{8} \quad \text{for all} \ x \in M_t.
\]
We recall that $T_F(\cdot)$ is constant along the trajectories, i.e., $T_F(\Phi(x, t)) = T_F(x)$ for $x \in M$. Hence, by (5.20) we have
\[
|X(\Phi(x, t))| \leq C |T_F(x)| \leq C \|\langle X(x), v_M(x) \rangle\| \quad \text{for all} \ x \in M.
\]
Similarly, it follows from (5.38) that
\[
C^{-1} \|\langle X(x), v_M(x) \rangle\| \leq |\langle X(\Phi(x, t)), v_{M_t}(\Phi(x, t)) \rangle| \leq C \|\langle X(x), v_M(x) \rangle\| \quad \text{for all} \ x \in M,
\]
for every $t \in [0, 1]$, when $\delta$ is sufficiently small.
We proceed by showing estimate (5.36). We use the same calculation as in the proof of Theorem 3.2 to estimate
\[
\frac{d}{dt}|E_t \triangle E| \leq \int_{M_t} |\langle X, v_{M_t} \rangle| \, d\mathcal{H}^{n-1} \leq C \int_M |\langle X, v_M \rangle| \, d\mathcal{H}^{n-1},
\]
where the last inequality follows from (5.35) and (5.39). Hence
\[
|F \triangle E| = \int_0^1 \frac{d}{dt}|E_t \triangle E| \, dt \leq C \int_M |\langle X, v_M \rangle| \, d\mathcal{H}^{n-1}.
\]

The estimate (5.37) follows exactly as [1, Lemma 7.1], but we give the proof for the convenience of the reader. We notice that (5.39) implies
\[
|X_{\tau_t}| \leq |X| \leq C |\langle X, v_{M_t} \rangle| \text{ on } M_t.
\]
In particular,
\[
\|X_{\tau_t}\|_{L^2(M_t)} \leq C \|\langle X, v_{M_t} \rangle\|_{L^2(M_t)}.
\]

Notice that we may write \( X = \langle X, \tilde{Y} \rangle Y \), where \( \tilde{Y} = \frac{Y}{|Y|} \). Estimate (5.38) implies \( |\tilde{Y} - v_{M_t}| \leq \frac{1}{4} \) on \( M_t \). We may estimate the tangential differential on \( M_t \) by (5.38) and by the \( C^2 \)-regularity of \( Y \):
\[
|D_{\tau_t} X_{\tau_t}| = |D_{\tau_t} X - D_{\tau_t} \langle X, v_{M_t} \rangle v_{M_t}| \\
= |D_{\tau_t} \langle X, \tilde{Y} \rangle Y - D_{\tau_t} \langle X, v_{M_t} \rangle v_{M_t}| \\
\leq |D_{\tau_t} \langle X, v_{M_t} \rangle (Y - v_{M_t})| + |D_{\tau_t} \langle X, (\tilde{Y} - v_{M_t}) \rangle Y| \\
\leq \frac{1}{8} |D_{\tau_t} \langle X, v_{M_t} \rangle| + \frac{1}{2} |D_{\tau_t} X| + C |X|(1 + |D_{\tau_t} v_{M_t}|).
\]

Since \( |D_{\tau_t} X| \leq |D_{\tau_t} X_{\tau_t}| + |D_{\tau_t} \langle X, v_{M_t} \rangle| + |X||D_{\tau_t} v_{M_t}| \), we obtain
\[
|D_{\tau_t} X_{\tau_t}| \leq C |D_{\tau_t} \langle X, v_{M_t} \rangle| + C |\langle X, v_{M_t} \rangle|(1 + |D_{\tau_t} v_{M_t}|),
\]
where we have also used (5.39). Integrating and using Hölder’s inequality we get
\[
\|D_{\tau_t} X_{\tau_t}\|_{L^2(M_t)}^2 \leq C \|\langle X, v_{M_t} \rangle\|_{H^1(M_t)}^2 + C \int_{M_t} |\langle X, v_{M_t} \rangle| |D_{\tau_t} v_{M_t}| \, d\mathcal{H}^{n-1} \\
\leq C \|\langle X, v_{M_t} \rangle\|_{H^1(M_t)}^2 + C \|\langle X, v_{M_t} \rangle\|_{L^{2p/(p-2)}(M_t)}^2 \|D_{\tau_t} v_{M_t}\|_{L^p(M_t)}^2 \\
\leq C \|\langle X, v_{M_t} \rangle\|_{H^1(M_t)}^2,
\]
where the last inequality follows from (5.35) and from Sobolev inequality with \( p > n \).

In the following lemma we show, by continuity, that if \( J \) has positive second variation at a critical point \( E \) then the quadratic form (1.8) remains positive in a \( W^{2,p} \)-neighbourhood of \( E \).

**Lemma 5.5.** Let \( E \) be as in Theorem 1.1 and let \( p > n \). There exists a constant \( \delta > 0 \) such that for any \( C^2 \)-regular set \( F \) with \( \|E, F\|_{W^{2,p}} \leq \delta \) and every function \( \varphi \in H^1(M_F) \) with \( \int_{M_F} \varphi \, d\mathcal{H}^{n-1} = 0 \) it holds
\[
\partial^2 J(F)[\varphi] \geq \frac{c_0}{2} \|\varphi\|_{H^1(M_F)}^2.
\]
Here \( M_F := \overline{F \cap \Omega} \), \( \partial^2 J(F)[\varphi] \) is defined in (1.8) and \( c_0 \) is the constant from Lemma 5.1.
Proof. We argue by contradiction and assume that there are \( F_k \) with
\[
\| E, F_k \|_{W^{2,p}} = \varepsilon_k \to 0
\]
and functions \( \varphi_k \in H^1(M_k) \) with \( \int_{M_k} \varphi_k \, d\mathcal{H}^{n-1} = 0 \), which by scaling we may assume to satisfy \( \| \varphi_k \|_{H^1(M_k)} = 1 \), such that
\[
(5.40) \quad \partial^2 J(F_k)[\varphi_k] < \frac{c_0}{2},
\]
where \( M_k := \partial F_k \cap \Omega \). Let us recall the formula for \( \partial^2 J(F_k) \):
\[
(5.41) \quad \partial^2 J(F_k)[\varphi_k] = \int_{M_k} (|D_{\tau_k} \varphi_k|^2 - |B_{M_k}|^2 \varphi_k^2) \, d\mathcal{H}^{n-1}
- \int_{M_k \cap \partial \Omega} B_{\partial \Omega}(v_k, \varphi_k)^2 \, d\mathcal{H}^{n-2}
+ 8\gamma \int_{M_k} \int_{M_k} G(x, y) \varphi_k(x) \varphi_k(y) \, d\mathcal{H}^{n-1}(x) d\mathcal{H}^{n-1}(y)
+ 4\gamma \int_{M_k} \langle \nabla v_{F_k}, v_k \rangle \varphi_k^2 \, d\mathcal{H}^{n-1},
\]
where \( v_k \) is the unit normal of \( F_k \). We will show that there exists a function \( \varphi \in H^1(M) \) with \( \| \varphi \|_{H^1(M)} = 1 \) and \( \int_M \varphi \, d\mathcal{H}^{n-1} = 0 \) such that, up to a subsequence,
\[
\lim_{k \to \infty} \partial^2 J(F_k)[\varphi_k] \geq \partial^2 J(E)[\varphi].
\]
This together with (5.40) contradicts Lemma 5.1.

Since \( \| E, F_k \|_{W^{2,p}} \to 0 \), we can find a sequence of \( C^2 \)-diffeomorphisms \( \Psi_k : E \to F_k \) such that
\[
\| \Psi_k - \text{Id} \|_{W^{2,p}} \to 0.
\]
By compactness there exists some \( \varphi \in H^1(M) \) with \( \| \varphi \|_{H^1(M)} = 1 \) and \( \int_\partial E \varphi \, d\mathcal{H}^{n-1} = 0 \) such that, up to a subsequence,
\[
\varphi_k \circ \Psi_k \rightharpoonup \varphi \quad \text{weakly in } H^1(M),
\]
where \( M = \partial E \cap \Omega \). In particular, \( \varphi_k \circ \Psi_k \rightharpoonup \varphi \) strongly in \( L^2(M) \). We also conclude that \( v_k \circ \Psi_k \rightharpoonup v \) uniformly on \( M \) where \( v \) is the unit normal of \( E \). Therefore for the first term in (5.41), by the weak lower semi-continuity, we obtain
\[
\lim_{k \to \infty} \int_{M_k} |D_{\tau_k} \varphi_k|^2 \, d\mathcal{H}^{n-1} \geq \int_M |D_{\tau} \varphi|^2 \, d\mathcal{H}^{n-1}.
\]
Next we observe that the following convergences holds:
\[
B_{M_k} \circ \Psi_k \rightharpoonup B_M \quad \text{in } L^p(M) \quad \text{and} \quad v_{F_k} \rightharpoonup v_E \quad \text{in } C^{1,\alpha}(\Omega).
\]
Indeed, the first one follows immediately from the \( W^{2,p} \)-convergence of \( F_k \) and the second one follows from the uniform \( C^{1,\alpha} \)-regularity given by equation (1.4). Therefore we obtain the convergences of the second and the last term in (5.41), namely
\[
\lim_{k \to \infty} \int_{M_k} |B_{M_k}|^2 \varphi_k^2 \, d\mathcal{H}^{n-1} = \int_M |B_M|^2 \varphi^2 \, d\mathcal{H}^{n-1}
\]
and
\[
\lim_{k \to \infty} \int_{M_k} \langle \nabla v_{F_k}, v_k \rangle \varphi_k^2 \, d\mathcal{H}^{n-1} = \int_M \langle \nabla v_E, v \rangle \varphi^2 \, d\mathcal{H}^{n-1}.
\]
By compactness of the trace operator we have that \( \varphi_k \circ \Psi_k \to \varphi \) on \( L^2(M \cap \partial \Omega) \). Hence we deduce the convergence of the boundary term

\[
\lim_{k \to \infty} \int_{M_k \cap \partial \Omega} B_{\partial \Omega}(v_k \cdot v_k) \varphi_k^2 \, d\mathcal{H}^{n-2} = \int_{M \cap \partial \Omega} B_{\partial \Omega}(v, v) \varphi^2 \, d\mathcal{H}^{n-2}.
\]

To conclude the proof it remains to show that

\[
\lim_{k \to \infty} \int_M \int_{M_k} G(x, y) \varphi_k(x) \varphi_k(y) \, d\mathcal{H}^{n-1} \, d\mathcal{H}^{n-1} = \int_M \int_{M_k} G(x, y) \varphi(x) \varphi(y) \, d\mathcal{H}^{n-1} \, d\mathcal{H}^{n-1}.
\]

which is equivalent to show that

\[
\lim_{k \to \infty} \|Dw_k\|_{L^2(\Omega)} = \|Dw\|_{L^2(\Omega)},
\]

where

\[-\Delta w_k = \varphi_k \mathcal{H}^{n-1}|_{M_k} \quad \text{and} \quad -\Delta w = \varphi \mathcal{H}^{n-1}|_M.\]

This in turn follows from the strong convergence of \( \varphi_k \mathcal{H}^{n-1}|_{M_k} \) to \( \varphi \mathcal{H}^{n-1}|_M \) in \( H^1(\Omega) \). The argument is the same as in the proof of [1, Theorem 3.9, Step 1] and therefore we present here only the main steps outlining the differences. Fix \( f \in H^1(\Omega) \cap C^1(\Omega) \). Denote by \( J_M \Psi_k \) the Jacobian of \( \Psi_k \) on \( M \) and notice that \( J_M \varphi_k \to 1 \) uniformly on \( M \). For simplicity we set \( \tilde{\varphi}_k = \varphi_k \circ \Psi_k \). By Lemma 5.3 we can construct a flow \( \Phi_{F_k}(\cdot, t) \) such that \( \Phi_{F_k}(x, 0) = x \) and \( \Phi_{F_k}(E, 1) = F_k \), and that the associated vector field satisfies \( |X_k|_{W^{2,p}} \leq C\varepsilon_k \). With a slight abuse of notation we denote \( \Phi_{F_k}(\cdot, 1) = \Phi_k \).

As in [1] we have

\[
\{(\varphi_k \mathcal{H}^{n-1}|_{M_k} - \varphi \mathcal{H}^{n-1}|_M, f)\} \leq C \|\tilde{\varphi}_k\|_{L^2(M)} \cdot \|f \circ \Phi_k - f\|_{L^2(M)} + \tilde{\varepsilon}_k \|f\|_{H^1(\Omega)} + C \|J_M \Phi_k - 1\|_{L^{\infty}(M)} \|f\|_{H^1(\Omega)},
\]

with \( \tilde{\varepsilon}_k \to 0 \). Using (5.39) and arguing as in the proof of Theorem 3.2 we may estimate pointwise the \( n \)-dimensional Jacobian of \( \Phi_{F_k} : M \times [0, 1] \to \Omega \) from below by \( c |X_k(\Phi_{F_k}(x, t))| \) with \( c > 0 \). Let us denote \( M_0 = M \cap \{X_k \neq 0\} \). Then estimate (5.39) implies that the map \( \Phi_{F_k} : M_0 \times [0, 1] \to \Omega \) is a diffeomorphism onto its image and that \( |X_k(\Phi_{F_k}(x, t))| = 0 \) for all \( x \in M \setminus M_0 \) and \( t \in [0, 1] \). Therefore we have

\[
\|f \circ \Phi_k - f\|_{L^2(M)}^2 = \int_M \left| f(\Phi_k(x)) - f(x) \right|^2 \, d\mathcal{H}^{n-1}
\]

\[
= \int_M \int_0^1 \left| \frac{d}{dt} f(\Phi_{F_k}(x, t)) \right|^2 \, dt \, d\mathcal{H}^{n-1}
\]

\[
\leq \int_M \int_0^1 |\nabla f(\Phi_{F_k}(x, t))|^2 \, |X_k(\Phi_{F_k}(x, t))|^2 \, dt \, d\mathcal{H}^{n-1}
\]

\[
\leq \|X_k\|_{L^\infty} \int_{M_0} \int_0^1 |\nabla f(\Phi_{F_k}(x, t))|^2 \, |X_k(\Phi_{F_k}(x, t))| \, dt \, d\mathcal{H}^{n-1}
\]

\[
\leq C \|X_k\|_{L^\infty} \int_\Omega |\nabla f(y)|^2 \, dy.
\]
Hence we have 
\[ \| \varphi_k \mathcal{H}^{n-1} |_{M_k} - \varphi \mathcal{H}^{n-1} |_M \|_{H^{-1}(\Omega)} \to 0, \]
and the proof is completed.

We are now ready to prove Proposition 5.2.

**Proof of Proposition 5.2.** Without loss of generality we may assume that \( F \) is \( C^2 \)-regular and \( M_F = \partial F \cap \Omega \) is a \( C^2 \)-manifold with boundary that meets \( \partial \Omega \) orthogonally.

Let \( X \) be the vector field and let \( \Phi \) be the associated flow given by Lemma 5.3. For every \( t \in [0, 1] \) we set \( E_t = \Phi(E, t), M_t = \partial E_t \cap \Omega \) and denote by \( v_t \) the unit normal to \( M_t \).

Since \( E \) is a critical set, we have
\[ \frac{d}{dt} J(E_t) \big|_{t=0} = 0. \]
Moreover, Proposition 4.1 and Lemma 5.1 yield in particular, for \( \varphi = \langle X, v \rangle \), that
\[ \frac{d}{dt} J(E_t) \big|_{t=0} = \partial^2 J(E)[\varphi] \geq c_0 \| \varphi \|^2_{H^1(M)} \]
for some constant \( c_0 > 0 \). The idea of the proof is to show, by a continuity argument, that if \( \delta > 0 \) is chosen small enough, we have
\[ \frac{d^2}{dt^2} J(E_t) \geq \frac{c_0}{4} \| \varphi_t \|^2_{H^1(M_t)} \quad \text{for every} \quad t \in [0, 1], \]
where \( \varphi_t = \langle X, v_t \rangle \). Once we have (5.42), the result then follows since we may infer, by (5.35) and (5.39), that
\[ \int_{M_t} |\varphi_t|^2 d\mathcal{H}^{n-1} \geq c \int_M |\langle X, v \rangle|^2 d\mathcal{H}^{n-1}, \]
and therefore the estimates (5.36) and (5.42) yield
\[ J(F) - J(E) = \int_0^1 (1 - t) \frac{d^2}{dt^2} J(E_t) \ dt \geq c \| \varphi \|^2_{L^2(M)} \geq c |F \triangle E|^2, \]
proving the claim.

Hence, it remains to prove (5.42). By Proposition 4.1 we can write the second derivative of \( J(E_t) \) at \( t \) as
\[ \frac{d^2}{dt^2} J(E_t) = \partial^2 J(E_t)[\varphi_t] - \int_{M_t} (H_{M_t} + 4\gamma v E_t) \text{div} v_t \langle X, v_t \rangle d\mathcal{H}^{n-1} \]
\[ + \int_{M_t} (H_{M_t} + 4\gamma v E_t) \text{div}(X, v_t) d\mathcal{H}^{n-1} \]
for \( \varphi_t = \langle X, v_t \rangle \) as before. Notice that since the flow preserves the volume, we have
\[ \int_{M_t} \varphi_t d\mathcal{H}^{n-1} = \int_{M_t} \langle X, v_t \rangle d\mathcal{H}^{n-1} = 0. \]
Therefore when \( \delta > 0 \) is small enough, Lemma 5.5 yields
\[ \partial^2 J(E_t)[\varphi_t] \geq \frac{c_0}{2} \| \varphi_t \|^2_{H^1(M_t)}. \]
Moreover, by (5.27) $\text{div} \, X = 0$ and therefore to conclude the proof it is enough to show that, when $\delta > 0$ is chosen small enough, we have

$$
(5.44) \quad S_t := \left| \int_{M_t} \left( H_{M_t} + 4\gamma v_{E_t} \right) \text{div}_t (X_t, (X, v_t)) \, d\mathcal{H}^{n-1} \right| \leq \frac{c_0}{4} \| \phi_t \|_{H^1(M_t)}^2.
$$

Since $E$ solves (1.6), we deduce that $(H_{M_t} + 4\gamma v_{E_t}) \circ \Phi(\cdot, t) \to \lambda$ in $L^p(M)$. Therefore for every $\varepsilon > 0$ we can find $\delta > 0$ small enough such that

$$
S_t = \left| \int_{M_t} \left( H_{M_t} + 4\gamma v_{E_t} - \lambda \right) \text{div}_t (X_t, (X, v_t)) \, d\mathcal{H}^{n-1} \right|
$$

$$
\leq \left( \int_{M_t} \left( H_{M_t} + 4\gamma v_{E_t} - \lambda \right)^p \, d\mathcal{H}^{n-1} \right)^{\frac{1}{p}} \left( \int_{M_t} \left( \text{div}_t (X_t, (X, v_t)) \right)^\frac{2p}{p-2} \, d\mathcal{H}^{n-1} \right)^{\frac{p-2}{2p}}
$$

$$
\leq \varepsilon \left( \| D_{t}X_t \|_{L^2(M_t)} \right) \left( \| (X, v_t) \|_{L^2(M_t)} \right)^{\frac{2p}{p-2}} + \| D_{t}X_t \|_{L^2(M_t)} \| (X, v_t) \|_{L^2(M_t)} \| (X, v_t) \|_{L^2(M_t)}
$$

$$
\leq C \varepsilon \| X_t \|_{H^1(M_t)} \| (X, v_t) \|_{H^1(M_t)}
$$

where the last inequality follows from the Sobolev inequality and from $p > n$. Estimate (5.44) then follows from (5.37) of Lemma 5.4.

\[ \square \]

6. Proof of the main theorem

In this section, we prove Theorem 1.1. As it was mentioned in the introduction we will use the regularity of $\Lambda$-minimizers to rule out those competing sets which are not regular. This idea goes back to the work by White [24] and more recently it has been used by Cicalese and Leonardi [8] and by Fusco and Morini [10]. We begin by proving a simple lemma.

**Lemma 6.1.** Suppose that $E \subset \Omega$ is $C^2$-regular and satisfies the orthogonality condition (1.7). There exists a constant $C$ depending only on $E$ such that for every set of finite perimeter, $F$, we have

$$
J(E) \leq J(F) + C |F \triangle E|.
$$

**Proof.** By the Lipschitz continuity of the non-local part (3.3) we have

$$
J(E) \leq J(F) + P(E, \Omega) - P(F, \Omega) + C |F \triangle E|.
$$

On the other hand by the assumptions on $E$ we may construct a $C^1$-vector field $X$ on $\Omega$ such that $X = v_E$ on $M = \partial E \cap \Omega$, $(X, v_\Omega) = 0$ on $\partial \Omega$ and $\|X\|_{L^\infty} \leq 1$. Therefore

$$
P(E, \Omega) - P(F, \Omega) \leq \int_{\partial(E \cap \Omega)} (X, v) \, d\mathcal{H}^{n-1}(x) - \int_{\partial(F \cap \Omega)} (X, v) \, d\mathcal{H}^{n-1}(x)
$$

$$
= \int_{E \cap \Omega} \text{div} \, X \, dx - \int_{F \cap \Omega} \text{div} \, X \, dx
$$

$$
\leq \| \text{div} \, X \|_{L^\infty} |F \triangle E|.
$$

\[ \square \]

We remark that the above proof also yields that $E$ is a $\Lambda$-minimizer in the sense of Definition 3.1.

The next lemma that relates convergence of mean curvatures with $W^{2,p}$-convergence, is very similar to [1, Lemma 7.2] therefore we only give a sketch of the proof.
Lemma 6.2. Let $p > n$. Suppose that $E$ is as in Theorem 1.1, and let $F_k$ be a sequence of sets such that there exist diffeomorphisms $\Psi_k : E \to F_k$ with $\|\Psi_k - \text{Id}\|_{C^{1,\alpha}} \to 0$ and

$$H_3 F_k (\Psi_k (\cdot)) \to H_3 E (\cdot) \quad \text{in } L^p (M).$$

Then we can find a family of diffeomorphisms $\Phi_k : E \to F_k$ such that $\|\Phi_k - \text{Id}\|_{W^{2,p}} \to 0$.

**Sketch of the proof.** Since $M_k$ are $C^{1,\alpha}$-manifolds with boundary, they can be represented locally as a graph of $C^{1,\alpha}$-functions. Far from the relative boundary $/\Omega \setminus F_k \setminus /\Omega$ the convergence follows as in [1, Lemma 7.2]. On the boundary we can flatten the boundary $/\Omega$ locally to a half space and use similar elliptic regularity estimate as in the interior case. □

We are now ready to prove the main result of the paper.

**Proof of Theorem 1.1.** As in [1, 5] the proof is divided into two steps: we first prove that $E$ is a local minimizer with respect to Hausdorff distance and then sharpen the result to obtain the local minimality with respect to $L^1$-distance with the quantitative estimate.

**Step 1.** First we prove that $E$ is a local minimizer in $L^\infty$-topology, i.e., there exists a constant $\delta > 0$ such that for every $F \subset J_\delta (E) := \{ x \in \Omega \mid \text{dist} (x, E) < \delta \}$ of finite perimeter in $\Omega$ with $|F| = |E|$ it holds

$$J (F) \geq J (E).$$

We argue by contradiction and assume that there exist $E_k \subset \Omega$ such that $|E_k| = |E|$, $E_k \subset J_{1/k} (E)$ verifying

$$J (E_k) < J (E).$$

Since $M = /E \cap /\Omega$ is $C^{4,\alpha}$-regular and satisfies the orthogonality condition (1.7), there exist a neighbourhood of $M$, say $U$, and a function $g_M \in C^2 (U)$ such that

(i) $g_M = 0$ on $M$ and $g_M \leq 0$ in $E \cap U$,

(ii) $\| \nabla g_M \| \geq c > 0$ in $U$,

(iii) $\langle \nabla g_M, \nu \rangle = 0$ on $/\Omega \cap U$.

We denote the sublevel sets of $g_M$ by

$$U_\varepsilon := \{ x \in \Omega \mid g_M (x) < \varepsilon \}.$$

These sets are $C^2$-regular and, by the previous condition (iii), they satisfy the orthogonality condition (1.7). Moreover, there is a sequence $\varepsilon_k \to 0$ such that

(i) $J_{1/k} (E) \subset U_{\varepsilon_k}$,

(ii) $\| U_{\varepsilon_k}, E \|_{C^2} \to 0$.

We remark that we may, for instance, define the sets $U_\varepsilon$ by using the flow $\Phi_Y$ constructed in Step 2 of Lemma 5.3 as

$$U_\varepsilon := \Phi_Y (E, \varepsilon).$$

Using the terminology of Lemma 5.3 we choose $T_F (x) = 1$ for every $x$. The orthogonality of $U_\varepsilon$ then follows exactly as in Step 3 of Lemma 5.3.
Using an argument similar to [1, Proof of Theorem 4.3, Step 1] we replace the contradicting sequence \( \{E_k\}_k \) by \( \{F_k\}_k \), were each \( F_k \) solves the minimization problem

\[
J(F) + \Lambda_1 ||F| - |E||. \quad F \subset U_{\varepsilon_k},
\]

where \( \Lambda_1 \) is sufficiently large. We will first show that when \( \Lambda_1 \) is large enough, the sets \( F_k \) satisfy the volume constraint

\[
(6.1) \quad |F_k| = |E|.
\]

Then the minimality of \( F_k \) and (6.1) imply \( J(F_k) < J(E) \) for every \( k \) and obviously \( F_k \to E \) in Hausdorff topology.

We argue by contradiction and assume that \( |F_k| < |E| \) (in the case \( |F_k| > |E| \) we argue similarly). We may choose \( \varepsilon \leq \varepsilon_k \) such that the set

\[
\tilde{F}_k = F_k \cup U_{\varepsilon}
\]

satisfies \( |\tilde{F}_k| = |E| \). The reduced boundary \( \partial^* \tilde{F}_k \) can be decomposed in three disjoint parts, one contained in \( \partial^* F_k \setminus \partial U_{\varepsilon} \), another contained in \( \partial U_{\varepsilon} \setminus \partial^* F_k \), and the third one

\[
\{x \in \partial^* F_k \cap \partial U_{\varepsilon} \mid \nu_{F_k}(x) = \nu_{U_{\varepsilon}}(x)\}.
\]

Notice that

\[
\nu_{U_{\varepsilon}} = \frac{\nabla g_M}{|\nabla g_M|} \quad \text{on } \partial U_{\varepsilon}.
\]

Therefore by choosing \( X := \frac{\nabla g_M}{|\nabla g_M|} \) we get

\[
P(F_k, \Omega) - P(F_k, \Omega) \leq \int_{\partial^* F_k \cap \Omega} \langle X, \nu_{F_k} \rangle \, dH^{n-1} - \int_{\partial^* F_k \cap \Omega} \langle X, \nu_{E_k} \rangle \, dH^{n-1}.
\]

Notice that it holds \( F_k \subset \tilde{F}_k \). Hence, by the Lipschitz property (3.3) we have

\[
J(\tilde{F}_k) - J(F_k) - \Lambda_1 ||F_k| - |E|| \leq P(\tilde{F}_k, \Omega) - P(F_k, \Omega) + (C \gamma - \Lambda_1)|\tilde{F}_k \setminus F_k|
\]

\[
\leq \int_{\partial^* F_k \cap \Omega} \langle X, \nu_{\tilde{F}_k} \rangle \, dH^{n-1} - \int_{\partial^* F_k \cap \Omega} \langle X, \nu_{F_k} \rangle \, dH^{n-1}
\]

\[
+ (C \gamma - \Lambda_1)|\tilde{F}_k \setminus F_k|
\]

\[
\leq \int_{\tilde{F}_k \setminus F_k} |\text{div } X| \, dx + (C \gamma - \Lambda_1)|\tilde{F}_k \setminus F_k|.
\]

Therefore (6.1) follows if

\[
\Lambda_1 > C \gamma + \||\text{div } X||_{L^\infty}.
\]

Next we show that \( F_k \) are \( \Lambda \)-minimizers with a constant \( \Lambda \), independent of \( k \). Let \( G \subset \Omega \) be a set of finite perimeter. We divide \( G \) into two parts

\[
G \cap U_{\varepsilon_k} \quad \text{and} \quad G \setminus U_{\varepsilon_k}.
\]

By the minimality of \( F_k \) and by (3.3) we obtain

\[
(6.2) \quad P(F_k, \Omega) \leq P(G \cap U_{\varepsilon_k}, \Omega) + (C \gamma + \Lambda_1)|(G \Delta F_k) \cap U_{\varepsilon_k}|.
\]
Moreover, since $U_{sk}$ are uniformly $C^2$ regular and satisfy the orthogonality condition, they are $\Lambda$-minimizers, as we remarked after the proof of Lemma 6.1. Hence,

$$P(U_{sk},\Omega) \leq P(G \cup U_{sk},\Omega) + C|G \setminus U_{sk}|$$

for some $C > 0$. Since

$$P(G \cup U_{sk},\Omega) + P(G \cap U_{sk},\Omega) \leq P(G,\Omega) + P(U_{sk},\Omega),$$

the estimates (6.2) and (6.3) yield

$$P(F_k,\Omega) \leq P(G,\Omega) + \Lambda|F_k \triangle G|$$

for some large $\Lambda$. Thus we have the $\Lambda$-minimality. By the $\Lambda$-minimizing property of $F_k$ and by Theorem 3.3 we conclude that $F_k \rightarrow E$ in $C^{1,\alpha}$ and that the sets $F_k$ satisfy the orthogonality condition (1.7).

Finally, we will use the Euler–Lagrange equation for $F_k$ to conclude that

$$\|F_k, E\|_{W^{2,p}} \rightarrow 0.$$
where the last equality follows from the Euler–Lagrange equation (1.6) and from the fact that \( X = v_E \) on \( \partial \Omega \). Therefore the \( C^{1,\alpha} \)-convergence of \( F_k \) and (6.5) imply that either \( \lambda_k \to \lambda \), or \( \mathcal{H}^{n-1}(M_k \cap U_k) \to 0 \). In either case we obtain (6.6) due to the fact that \( H_{M_k} \) are uniformly bounded in \( L^\infty \).

From (6.6) and Lemma 6.2 we deduce \( \|F_k, E\|_{W^{2,p}} \to 0 \). Since \( F_k \) satisfy the orthogonality condition, we may use Proposition 5.2 to conclude
\[
J(F_k) \geq J(E)
\]
when \( k \) is large. This contradicts the minimality of \( F_k \) since, as we already observed, we have
\[
J(F_k) < J(E).
\]

**Step 2.** As in the previous step we argue by contradiction and assume that there exist sets \( E_k \subset \Omega \) such that \( |E_k| = |E|, |E_k \Delta E| \to 0 \) and
\[
J(E_k) < J(E) + \frac{c_1}{4} |E_k \Delta E|^2,
\]
where the constant \( c_1 \) is from Proposition 5.2. Denote \( \varepsilon_k := |E_k \Delta E| \). We will replace the contradicting sequence \( \{E_k\}_k \) by \( \{F_k\}_k \), where each \( F_k \) solves the minimization problem
\[
\min \left\{ J(F) + \gamma_1 \sqrt{|F \Delta E| - \varepsilon_k}^2 + \varepsilon_k \bigg| \ F \subset \Omega \text{ with } |F| = |E| \right\},
\]
for some constant \( \gamma_1 \) which will be chosen later. We may use the same argument as in the proof of Proposition 3.4 to deduce that \( F_k \) minimizes the penalized problem
\[
(6.7) \quad J(F) + \gamma_2 ||F| - |E|| + \gamma_1 \sqrt{|F \Delta E| - \varepsilon_k}^2 + \varepsilon_k, \quad F \subset \Omega,
\]
for large enough \( \gamma_2 \), which is independent of \( k \). By compactness we may assume that, up to a subsequence, \( F_k \to F_0 \) in \( L^1 \), and that \( F_0 \) minimizes
\[
J(F) + \gamma_2 ||F| - |E|| + \gamma_1 |F \Delta E|, \quad F \subset \Omega.
\]
By choosing \( \gamma_1 \) large, but independent of \( \gamma_2 \), it follows from Lemma 6.1 that \( F_0 = E \). In particular, \( F_k \to E \) in \( L^1 \).

As in Step 1 we observe that every \( F_k \) is a \( \Lambda \)-minimizer with \( \Lambda \) independent of \( k \). In fact, since there are no obstacle in (6.7), this observation follows exactly as in the proof of Proposition 6.1. Therefore Theorem 3.3 implies that \( F_k \to E \) in \( C^{1,\alpha} \) and that \( F_k \) are \( C^{1,\alpha} \)-manifolds with boundary for sufficiently large \( k \) and satisfy the orthogonality condition (1.7). Moreover, since the mean curvatures \( H_{M_k} \) are bounded by \( \Lambda \), we conclude that \( M_k \) are \( W^{2,p} \)-regular for every \( p > n \).

We use the minimality of \( F_k \), the contradiction assumption and Step 1 to obtain
\[
J(F_k) + \gamma_2 \sqrt{|F_k \Delta E| - \varepsilon_k}^2 + \varepsilon_k \leq J(E_k) + \gamma_2 \sqrt{\varepsilon_k}
\]
\[
\leq J(E) + \frac{c_0}{8} \varepsilon_k^2 + \gamma_2 \sqrt{\varepsilon_k}
\]
\[
\leq J(F_k) + \frac{c_0}{8} \varepsilon_k^2 + \gamma_2 \sqrt{\varepsilon_k}.
\]
The previous inequality yields
\begin{equation}
\lim_{k \to \infty} \frac{|F_k \Delta E| - \varepsilon_k}{\varepsilon_k} = 0.
\end{equation}
In particular,
\begin{equation}
\frac{|F_k \Delta E| - \varepsilon_k}{\sqrt{(|F_k \Delta E| - \varepsilon_k)^2 + \varepsilon_k}} \leq \sqrt{\varepsilon_k},
\end{equation}
for large \(k\).
Arguing similarly as in the proof of [1, Theorem 1.1] we now show that \(M_k\) solves the Euler–Lagrange equation
\begin{equation}
H_{M_k} + 4\gamma v F_k + \Lambda_1 f_k = \lambda_k \quad \text{on} \ M_k,
\end{equation}
with \(\|f_k\|_{L^\infty} \leq C \sqrt{\varepsilon_k}\). Fix a vector field \(X \in C_0^\infty(\Omega)\) such that \(\text{div} \ X = 0\), and let \(\Phi\) be the associated flow. By (4.1) we have
\[|\Phi(F_k, t)| = |F_k|.
\]
As in the proof of Theorem 3.2 we conclude that
\[|\Phi(F_k, t)\Delta F_k| \leq |t| \int_{M_k} |\langle X, v_{M_k} \rangle| d\mathcal{H}^{n-1} + o(t).
\]
We then use (6.9) to estimate
\begin{equation}
\lim_{t \to 0} \frac{1}{t} \left| \sqrt{(|\Phi(F_k, t)\Delta E| - \varepsilon_k)^2 + \varepsilon_k} - \sqrt{(|F_k \Delta E| - \varepsilon_k)^2 + \varepsilon_k} \right| \\
\leq C \sqrt{\varepsilon_k} \int_{M_k} |\langle X, v_{M_k} \rangle| d\mathcal{H}^{n-1}.
\end{equation}
The minimality of \(F_k\) yields
\[J(\Phi(F_k, t)) + \Lambda_1 \sqrt{(|\Phi(F_k, t)\Delta E| - \varepsilon_k)^2 + \varepsilon_k} \geq J(F_k) + \Lambda_1 \sqrt{(|F_k \Delta E| - \varepsilon_k)^2 + \varepsilon_k}.
\]
Hence, we have by the first variation formula of \(J(F_k)\) and by (6.11) that
\[\left| \int_{M_k} (H_{M_k} + 4\gamma v F_k) \langle X, v_{M_k} \rangle d\mathcal{H}^{n-1} \right| \leq C \Lambda_1 \sqrt{\varepsilon_k} \int_{M_k} |\langle X, v_{M_k} \rangle| d\mathcal{H}^{n-1}.
\]
By a density argument (cf. [1, Corollary 3.4]) the previous estimate implies
\[\left| \int_{M_k} (H_{M_k} + 4\gamma v F_k) \varphi d\mathcal{H}^{n-1} \right| \leq C \Lambda_1 \sqrt{\varepsilon_k} \int_{M_k} |\varphi| d\mathcal{H}^{n-1}
\]
for all functions \(\varphi \in C_0^\infty(M_k)\) with \(\int_{M_k} \varphi d\mathcal{H}^{n-1} = 0\). By Riesz’ representation formula we then obtain (6.10).
We use equation (6.10) and argue exactly as in Step 1 to conclude that
\[ \|F_k, E\|_{W^{2,p}} \to 0 \]
for any \( p > n \). Hence we may use Proposition 5.2 to conclude
\[ J(F_k) \geq J(E) + c_1|F_k \Delta E|^2 \]
for large \( k \). However, the minimality of \( F_k \), the contradiction assumption and (6.8) yield
\[ J(F_k) \leq J(E_k) \leq J(E) + c_1 \frac{1}{4} e_k^2 \leq J(E) + c_1 \frac{1}{2} |F_k \Delta E|^2 \]
for large \( k \), which is a contradiction. \( \square \)

Proof of Corollary 1.2. We obtain Corollary 1.2 immediately from Theorem 1.1 arguing as in [1, Theorem 6.3]. \( \square \)

References


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