Mothers’ non-standard working schedules and family time: enhancing regularity and togetherness

Murtorinne-Lahtinen, Minna; Moilanen, Sanna; Tammelin, Mia; Rönkä, Anna; Laakso, Marja-Leena

Figure 1.
Example of the generation of the main theme ‘favourable work conditions, its sub-themes, and the codes of the first sub-theme ‘meaningful work’
Coupled mothers

- Flexible routines and regularity within irregularity
- Enjoyment of the child wellbeing
- Doing things together with the family
- Importance of the family

Lone mothers

- Flexible routines and regularity within irregularity
- Enjoyment of the child wellbeing
- Doing things together with the family
- Importance of the family
- Intensive mother-child relationship

**Satisfaction with family time**

**Favourable work conditions**

- Meaningful work
- Working time autonomy
- Regular work shifts
- Weekdays off

**Successful childcare arrangements**

- ‘Tag-team’ parenting with the father
- Publicly provided childcare
- Supportive social network
- Childcare by non-residential father
- Publicly provided childcare
- Supportive social network

**Figure 2.**
Final themes and sub-themes of the conditions under which coupled and lone mothers perceived NSWS as positive in relation to family time

**Note:** The descendent order of the sub-themes is based on how the mothers prioritized them
Figure 3.
Final themes and sub-themes of the conditions under which coupled and lone mothers perceived NSWS as negative in relation to family time

Note: The descendent order of the sub-themes is based on how the mothers prioritized them