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# Extending an Example by Colding and Minicozzi 

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#### Abstract

Extending an example by Colding and Minicozzi (Trans Am Math Soc 356(1):283289, 2003), we construct a sequence of properly embedded minimal disks $\Sigma_{i}$ in an infinite Euclidean cylinder around the $x_{3}$-axis with curvature blow-up at a single point. The sequence converges to a non-smooth and non-proper minimal lamination in the cylinder. Moreover, we show that the disks $\Sigma_{i}$ are not properly embedded in a sequence of open subsets of $\mathbb{R}^{3}$ that exhausts $\mathbb{R}^{3}$.


Keywords Minimal surfaces • Minimal laminations • Colding-Minicozzi theory
Mathematics Subject Classification 53A10 • 49Q05

## 1 Introduction

In a series of influential papers [2-5], Colding and Minicozzi initiated the study of sequences of minimal disks in a 3-manifold. In general, if no restriction on the curvatures of the disks is required, it is known that some wild behaviour should be expected. For instance, in [1] Colding and Minicozzi constructed an example of a sequence of minimal disks in a Euclidean ball for which curvatures blow up at the centre of the ball, and such that the limit lamination is neither smooth nor proper. This result is obtained by a careful analysis of the Weierstrass representation of the minimal disks.

Following this example, a number of similar results have been obtained via analogous methods, in which comparable wild limits are observed with the curvature blowing up at a finite set of points on a line [6], along a closed segment [8], or more generally any compact subset of a line [9]. Using variational methods, Hoffman and

[^0]White [7] provided examples of minimal disks in an infinite Euclidean cylinder with curvature blow-ups along any prescribed compact subset of the axis of the cylinder.

In this paper, we follow the approach of [1] and show that their example can be extended to create a sequence of properly embedded minimal disks $\Sigma_{i}$ in an infinite Euclidean cylinder, displaying the same pathologies. By [5], it is known that these pathologies do not occur if the sequence $\Sigma_{i}$ is indeed a sequence of minimal disks properly embedded in a sequence of open sets which invade the whole $\mathbb{R}^{3}$.

Here we prove that the disks $\Sigma_{i}$, which we obtained by extending the ones constructed in [1], do not give rise to minimal disks properly embedded in a growing family of cylinders which exhaust $\mathbb{R}^{3}$.

Our main result is therefore analogous to Theorem 1 in [1] and can be stated as follows; we refer to [1] for the definition of multi-valued graph and pictures.

Theorem 1.1 One can construct a sequence of properly embedded minimal disks $0 \in$ $\Sigma_{i} \subset\left\{x_{1}^{2}+x_{2}^{2} \leq 1, x_{3} \in \mathbb{R}\right\} \subset \mathbb{R}^{3}$ containing the $x_{3}$-axis, $\{(0,0, t) \mid t \in \mathbb{R}\} \subset \Sigma_{i}$, and such that the following conditions are satisfied:
(1) $\lim _{i \rightarrow \infty}\left|A_{\Sigma_{i}}\right|^{2}(0)=\infty$;
(2) $\sup _{i} \sup _{\Sigma_{i} \backslash B_{\delta}}\left|A_{\Sigma_{i}}\right|^{2}<\infty$ for all $\delta>0$;
(3) $\Sigma_{i} \backslash\left\{x_{3}\right.$-axis $\}=\Sigma_{1, i} \cup \Sigma_{2, i}$, for multi-valued graphs $\Sigma_{1, i}$ and $\Sigma_{2, i}$;
(4) $\Sigma_{i} \backslash\left\{x_{3}=0\right\}$ converges to two embedded minimal disks $\Sigma^{ \pm} \subset\left\{ \pm x_{3}>0\right\}$ with $\overline{\Sigma^{ \pm}} \backslash \Sigma^{ \pm}=\left\{x_{1}^{2}+x_{2}^{2} \leq 1, x_{3}=0\right\}$. Moreover, $\Sigma^{ \pm} \backslash\left\{x_{3}\right.$-axis $\}=\Sigma_{1}^{ \pm} \cup \Sigma_{2}^{ \pm}$for multi-valued graphs $\Sigma_{1}^{ \pm}$and $\Sigma_{2}^{ \pm}$each of which spirals into $\left\{x_{3}=0\right\}$.

From (4) we get that $\Sigma_{i} \backslash\{0\}$ converges to a minimal lamination of $\left\{x_{1}^{2}+x_{2}^{2} \leq\right.$ $\left.1, x_{3} \in \mathbb{R}\right\} \backslash\{0\}$ (with leaves $\Sigma^{-}, \Sigma^{+}$, and $\left\{x_{1}^{2}+x_{2}^{2} \leq 1, x_{3}=0\right\} \backslash\{0\}$ ) which does not extend to a lamination of $\left\{x_{1}^{2}+x_{2}^{2} \leq 1, x_{3} \in \mathbb{R}\right\}$. In other words, 0 is not a removable singularity.

The structure of the paper is as follows: in Sect. 2 we review the definitions and basic results on the Weierstrass representation of minimal surfaces in the Euclidean space $\mathbb{R}^{3}$, and set up some notations for the domains and functions that will be used. In Sect. 3, we show that the disks constructed with those data are properly embedded in a fixed infinite Euclidean cylinder around the $x_{3}$-axis, and in Sect. 4 we show that they are not a sequence of properly embedded disks in an exhausting family. Section 5 contains the conclusion of the proof of the main theorem.

## 2 Preliminaries and Set Up

Let us first fix some notation. Following [1], we will use ( $x_{1}, x_{2}, x_{3}$ ) as the coordinates in $\mathbb{R}^{3}$ and $z=x+i y$ in $\mathbb{C}$. Given $f: \mathbb{C} \rightarrow \mathbb{C}^{n}, \partial_{x} f$ and $\partial_{y} f$ will denote $\frac{\partial f}{\partial x}$ and $\frac{\partial f}{\partial y}$, respectively, and likewise we will have $\partial_{z} f=\frac{1}{2}\left(\partial_{x} f-i \partial_{y} f\right)$. Given a point $p=\left(p_{1}, p_{2}, p_{3}\right) \in \mathbb{R}^{3}$ and a value $r>0$, we will denote by $D_{r}(p)$ the Euclidean disk of radius $r$, contained in the horizontal plane $\left\{x_{3}=p_{3}\right\}$, and centred at the point $p=\left(p_{1}, p_{2}, p_{3}\right)$.

When $\Sigma$ is a smooth surface embedded in $\mathbb{R}^{3}$, we denote by $\mathbf{K}_{\Sigma}$ its sectional curvature, and by $A_{\Sigma}$ its second fundamental form; so when $\Sigma$ is minimal we will have $\left|A_{\Sigma}\right|^{2}=-2 \mathbf{K}_{\Sigma}$. Moreover, when $\Sigma$ is oriented, $\mathbf{n}_{\Sigma}$ will denote its unit normal.

Let us recall the classical definition of a Weierstrass representation and its role in constructing minimal surfaces (see [10]). Let $\Omega \subset \mathbb{C}$ be a domain in the complex plane, $g$ a meromorphic function on $\Omega$ and $\phi$ a holomorphic 1-form on $\Omega$; then we refer to the couple ( $g, \phi$ ) as a Weierstrass representation.

Given a a Weierstrass representation $(g, \phi)$, one can associate to it a conformal minimal immersion $F: \Omega \rightarrow \mathbb{R}^{3}$

$$
\begin{equation*}
F(z)=\operatorname{Re} \int_{\zeta \in \gamma_{z_{0}, z}}\left(\frac{1}{2}\left(g^{-1}(\zeta)-g(\zeta)\right), \frac{i}{2}\left(g^{-1}(\zeta)+g(\zeta)\right), 1\right) \phi(\zeta) \tag{2.1}
\end{equation*}
$$

Here, $z_{0} \in \Omega$ denotes a fixed base point, and the integral is taken along a path $\gamma_{z_{0}, z}$ that joins $z_{0}$ to $z$ in $\Omega$. As soon as $g$ has no zeros or poles and $\Omega$ is simply connected, $F$ will not depend on the choice of the integration path (see [1]). On the other hand the choice of the base point $z_{0}$ will change the value of $F$ by an adding constant.

Using the Weierstrass data, one can find explicit formulae for the unit normal $\mathbf{n}$ and the Gauss curvature $\mathbf{K}$ (see [10, Sects. 8 and 9]):

$$
\begin{gather*}
\mathbf{n}=\frac{\left(2 \text { Reg }, 2 \operatorname{Im} g,|g|^{2}-1\right)}{|g|^{2}+1},  \tag{2.2}\\
\mathbf{K}=-\left[\frac{4\left|\partial_{z} g\right||g|}{|\phi|\left(1+|g|^{2}\right)^{2}}\right]^{2} \tag{2.3}
\end{gather*}
$$

As previously pointed out, the main goal of this paper is to provide an unbounded extension of the domain, on which to keep the same choice of the Weierstrass data as in [1]. The map $F$ is guaranteed to be an immersion (that is, $d F \neq 0$ ) as soon as $\phi$ does not vanish and $g$ has no zeros or poles.

We include the following lemma (see Lemma 1 in [1]), since its results will be useful for some further computations later on.

Lemma 2.1 Let $F$ be as in Eq. (2.1) for the Weierstrass data $(g, \phi)$ given by $g(z)=$ $e^{i(u(z)+i v(z)}$ and $\phi=d z$, then

$$
\begin{align*}
\partial_{x} F & =(\sinh v \cdot \cos u, \sinh v \cdot \sin u, 1)  \tag{2.4}\\
\partial_{y} F & =(\cosh v \cdot \sin u,-\cosh v \cdot \cos u, 0) \tag{2.5}
\end{align*}
$$

Let us construct the one-parameter family (with parameter $a \in(0,1 / 2])$ of minimal immersions $F_{a}$ that we will be using to construct our family of embedded minimal disks $\Sigma_{a}$.

Definition 2.2 We choose the same Weierstrass data $\left(g_{a}, \phi\right)$ as in [1], that is

$$
\begin{equation*}
g_{a}=e^{i h_{a}}, \text { where } h_{a}(z)=\frac{1}{a} \arctan \left(\frac{z}{a}\right) \text { and } \phi=d z \tag{2.6}
\end{equation*}
$$



Fig. 1 Graphical representations of both domains $\mathcal{D}_{a}^{1}$ (in blue) and $\mathcal{D}_{a}^{2}$ (in red) for different values of the parameter $a$

In this case, the two real functions $u$ and $v$ in Lemma 2.1 will then depend on the parameter $a$ : $h_{a}=u_{a}+i v_{a}$ (see Remark 2.6 for an explicit formulation of both $u_{a}$ and $v_{a}$ ).

In this paper, we are extending the original bounded domain $\Omega_{a}$ defined in [1] to an unbounded one, which will still be denoted by $\Omega_{a}$. To do so, we will first introduce the two families of domains $\mathcal{D}_{a}^{1}$ and $\mathcal{D}_{a}^{2}$, as follows (see Fig. 1):

$$
\begin{align*}
& \mathcal{D}_{a}^{1}=\left\{(x, y)| | y \left\lvert\, \leq \frac{\left(x^{2}+a^{2}\right)^{3 / 4}}{2}\right.\right\},  \tag{2.7}\\
& \mathcal{D}_{a}^{2}=\left\{(x, y)| | y \left\lvert\, \leq \frac{\left(x^{2}+a^{2}\right)^{1 / 2}}{2}\right.\right\} . \tag{2.8}
\end{align*}
$$

One should notice that the two domains $\mathcal{D}_{a}^{1}$ and $\mathcal{D}_{a}^{2}$ cross at the points where

$$
\begin{equation*}
x= \pm \sqrt{1-a^{2}} \tag{2.9}
\end{equation*}
$$

hence somewhere in the intervals $[\sqrt{3} / 2,1]$ and $[-1,-\sqrt{3} / 2]$, depending on the parameter $a \in(0,1 / 2]$. One should also notice that for $x^{2}>1-a^{2}$, the second domain $\mathcal{D}_{a}^{2}$ (in red) is strictly contained inside the first domain $\mathcal{D}_{a}^{1}$ (in blue), that is

$$
\begin{equation*}
\mathcal{D}_{a}^{2} \cap\left\{(x, y) \mid x^{2}>1-a^{2}\right\} \subset \mathcal{D}_{a}^{1} \cap\left\{(x, y) \mid x^{2}>1-a^{2}\right\} \tag{2.10}
\end{equation*}
$$

Vice versa, for $x^{2}<1-a^{2}$, we have the opposite inclusion:

$$
\begin{equation*}
\mathcal{D}_{a}^{1} \cap\left\{(x, y) \mid x^{2}<1-a^{2}\right\} \subset \mathcal{D}_{a}^{2} \cap\left\{(x, y) \mid x^{2}<1-a^{2}\right\} \tag{2.11}
\end{equation*}
$$

In Colding and Minicozzi's paper, the domains of definition $\Omega_{a}$ are exactly taken as follows (see [1, Eq. (2.1)]):

$$
\begin{equation*}
\left\{(x, y)\left||x| \leq \frac{1}{2},|y| \leq \frac{\left(x^{2}+a^{2}\right)^{3 / 4}}{2}\right\}=\mathcal{D}_{a}^{1} \cap\left\{(x, y)| | x \left\lvert\, \leq \frac{1}{2}\right.\right\},\right. \tag{2.12}
\end{equation*}
$$

which always falls into case (2.11), since $\frac{1}{4}<1-a^{2}$ for any $a \in(0,1 / 2]$.
Let us take into consideration the value $\frac{1}{\pi}$ (please refer to Remark 3.2 for the reasoning behind the choice of this value). If we divide the interval $\left[\frac{1}{\pi}, \frac{1}{2}\right]$ into thirds, we get the following two values:

$$
\begin{align*}
& x_{A}=\frac{1}{\pi}+\left(\frac{1}{2}-\frac{1}{\pi}\right) \cdot \frac{1}{3}=\frac{1}{\pi}+\frac{\pi-2}{6 \pi}=\frac{6+\pi-2}{6 \pi}=\frac{4+\pi}{6 \pi}, \text { and }  \tag{2.13}\\
& x_{B}=\frac{1}{\pi}+\left(\frac{1}{2}-\frac{1}{\pi}\right) \cdot \frac{2}{3}=\frac{1}{\pi}+\frac{\pi-2}{3 \pi}=\frac{3+\pi-2}{3 \pi}=\frac{1+\pi}{3 \pi} \tag{2.14}
\end{align*}
$$

By symmetry, the points $-x_{B}$ and $-x_{A}$ will divide into thirds the interval $\left[-\frac{1}{2},-\frac{1}{\pi}\right]$.
As already pointed out, $\mathcal{D}_{a}^{1} \cap\left\{(x, y)| | x \left\lvert\, \leq \frac{1}{2}\right.\right\} \subset \mathcal{D}_{a}^{2} \cap\left\{(x, y)| | x \left\lvert\, \leq \frac{1}{2}\right.\right\}$, which means that if we consider the two boundaries as follows:

$$
\begin{equation*}
|y|=\frac{\left(x^{2}+a^{2}\right)^{3 / 4}}{2}, \text { for }|x| \leq x_{A}, \text { and }|y|=\frac{\left(x^{2}+a^{2}\right)^{1 / 2}}{2}, \text { for }|x| \geq x_{B} \tag{2.15}
\end{equation*}
$$

we will see jumps (see Fig. 2 for a graphical representation of these jumps) of magnitude equal to $y_{B}-y_{A}$, where

$$
\begin{equation*}
y_{A}=\frac{\left(x_{A}^{2}+a^{2}\right)^{3 / 4}}{2}, \text { and } y_{B}=\frac{\left(x_{B}^{2}+a^{2}\right)^{1 / 2}}{2} . \tag{2.16}
\end{equation*}
$$

In order to join these two domains:

$$
\begin{equation*}
\mathcal{D}_{a}^{1} \cap\left\{(x, y)| | x \mid \leq x_{A}\right\} \text { and } \mathcal{D}_{a}^{2} \cap\left\{(x, y)| | x \mid \geq x_{B}\right\} \tag{2.17}
\end{equation*}
$$



Fig. 2 Graphical representations of the domains $\mathcal{D}_{a}^{1} \cap\left\{(x, y)| | x \mid \leq x_{A}\right\}$ (in blue) and $\mathcal{D}_{a}^{2} \cap\{(x, y) \mid$ $\left.|x| \geq x_{B}\right\}$ (in red) for different values of the parameter $a$
we can simply take the following line segments:

$$
\left\{\begin{array}{l}
\xi_{1}(x)=y_{A}+\left(y_{B}-y_{A}\right) \frac{x-x_{A}}{x_{B}-x_{A}} \text { from }\left(x_{A}, y_{A}\right) \text { to }\left(x_{B}, y_{B}\right) \\
\xi_{2}(x)=y_{A}+\left(y_{B}-y_{A}\right) \frac{x+x_{A}}{x_{A}-x_{B}} \text { from }\left(-x_{A}, y_{A}\right) \text { to }\left(-x_{B}, y_{B}\right) \\
\xi_{3}(x)=-\xi_{1}(x)=-y_{A}+\left(y_{A}-y_{B}\right) \frac{x-x_{A}}{x_{B}-x_{A}} \text { from }\left(x_{A},-y_{A}\right) \text { to }\left(x_{B},-y_{B}\right) \\
\xi_{4}(x)=-\xi_{2}(x)=-y_{A}+\left(y_{A}-y_{B}\right) \frac{x+x_{A}}{x_{A}-x_{B}} \text { from }\left(-x_{A},-y_{A}\right) \text { to }\left(-x_{B},-y_{B}\right) .
\end{array}\right.
$$

Using these segments, we are then able to define our domains of definition $\Omega_{a}$.
Definition 2.3 Our unbounded domains of definition $\Omega_{a}$ for $a \in(0,1 / 2]$ are given by

$$
\Omega_{a}=\left\{(x, y) \text { such that }\left\{\begin{array}{l}
|y| \leq \frac{\left(x^{2}+a^{2}\right)^{3 / 4}}{2} \text { for }|x| \leq x_{A} \\
|y| \leq \frac{\left(x^{2}+a^{2}\right)^{1 / 2}}{2} \text { for }|x| \geq x_{B} \\
|y| \leq \xi_{1}(x) \text { for } x_{A} \leq x \leq x_{B} \\
|y| \leq \xi_{2}(x) \text { for }-x_{B} \leq x \leq-x_{A}
\end{array}\right\}\right.
$$

and

$$
\begin{equation*}
\Omega_{0}=\bigcap_{a>0} \Omega_{a} \backslash\{0\}=\Omega_{0}^{+} \cup \Omega_{0}^{-}, \tag{2.18}
\end{equation*}
$$

where $\Omega_{0}^{+}$and $\Omega_{0}^{-}$are, respectively, the right and left components of $\Omega_{0}$.
Remark 2.4 One should notice that Definition 2.3 gives rise to domains $\Omega_{a}$ whose boundaries are piecewise smooth. In order to obtain smooth domains, it is sufficient to take the convolution of the boundary with a Friedrich mollifier.

Remark 2.5 Let us notice that, by construction, $\Omega_{a} \subset \mathcal{D}_{a}^{2}$ for any $a \in[0,1 / 2]$.
Remark 2.6 Let us study the explicit formulation of $h_{a}=u_{a}+i v_{a}$. On a suitable domain of definition we have, using the standard notation $z=x+i y$, that

$$
\begin{aligned}
h_{a}(z)= & \frac{1}{a} \arctan \left(\frac{z}{a}\right)=\frac{i}{2 a}\left[\log \left(1-\frac{i z}{a}\right)-\log \left(1+\frac{i z}{a}\right)\right] \\
= & \frac{i}{2 a}\left[\log \left(\frac{a-i x+y}{a}\right)-\log \left(\frac{a+i x-y}{a}\right)\right] \\
= & \frac{i}{2 a}\left[\frac{1}{2} \log \left(\frac{(a+y)^{2}+x^{2}}{a^{2}}\right)+i \operatorname{Arg}\left(\frac{a+y-i x}{a}\right)+\right. \\
& \left.-\frac{1}{2} \log \left(\frac{(a-y)^{2}+x^{2}}{a^{2}}\right)-i \operatorname{Arg}\left(\frac{a-y+i x}{a}\right)\right] \\
= & \frac{i}{2 a}\left[\frac{1}{2} \log \left(\frac{(a+y)^{2}+x^{2}}{(a-y)^{2}+x^{2}}\right)+i \operatorname{Arg}\left(\frac{a+y-i x}{a}\right)-i \operatorname{Arg}\left(\frac{a-y+i x}{a}\right)\right] \\
= & \frac{1}{2 a} \operatorname{Arg}\left(\frac{a-y+i x}{a}\right)-\frac{1}{2 a} \operatorname{Arg}\left(\frac{a+y-i x}{a}\right)+\frac{i}{4 a} \log \left(\frac{(a+y)^{2}+x^{2}}{(a-y)^{2}+x^{2}}\right) \\
= & u_{a}(x, y)+i v_{a}(x, y) .
\end{aligned}
$$

Remark 2.7 Let us further notice that the functions $h_{a}$ are indeed well defined, since the domains $\Omega_{a}$ are simply connected and the points $\pm i a \notin \Omega_{a}$. In fact, when $x=0$, we have $|y| \leq a^{3 / 2} / 2$, and we have that $a^{3 / 2} / 2<a$ if and only if $a<4$ (and by construction we are assuming $a \leq 1 / 2$ ).

Definition 2.8 In order to fix the notation, we will be denoting by $F_{a}$ the conformal minimal immersion $F_{a}: \Omega_{a} \rightarrow \mathbb{R}^{3}$ associated to the Weierstrass representation ( $g_{a}, \phi$ ) for any $a \in(0,1 / 2]$.

In the following lemma, we will be covering some explicit expressions and bounds that will be useful in the next sections. Unless otherwise stated, from now on we will be working within our domains of definition, that is $z=x+i y \in \Omega_{a}$.

Lemma 2.9 Let $h_{a}(z)=u_{a}(z)+i v_{a}(z)=\frac{1}{a} \arctan \left(\frac{z}{a}\right)$ be as above; then the following holds:
(1) $\partial_{z} h_{a}(z)=\frac{1}{z^{2}+a^{2}}=\frac{x^{2}+a^{2}-y^{2}-2 i x y}{\left(x^{2}+a^{2}-y^{2}\right)^{2}+4 x^{2} y^{2}}$,
(2) $\mathbf{K}_{a}(z)=-\frac{\left|\partial_{z} h_{a}\right|^{2}}{\cosh ^{4}\left(v_{a}\right)}=-\frac{\left|z^{2}+a^{2}\right|^{-2}}{\cosh ^{4}(\operatorname{Im}(\arctan (z / a)) / a)}$,
(3) $\partial_{y} u_{a}(z)=\frac{2 x y}{\left(x^{2}+a^{2}-y^{2}\right)^{2}+4 x^{2} y^{2}}$,
(4) $\partial_{y} v_{a}(z)=\frac{x^{2}+a^{2}-y^{2}}{\left(x^{2}+a^{2}-y^{2}\right)^{2}+4 x^{2} y^{2}}$,
(5) $\left|\partial_{y} u_{a}(z)\right| \leq \frac{4|x y|}{\left(x^{2}+a^{2}\right)^{2}}$,
(6) $\partial_{y} v_{a}(z)>\frac{3}{8\left(x^{2}+a^{2}\right)}$,
(7) $v_{a}(x, y) \geq 0$ for $y \geq 0$ and $v_{a}(x, y)<0$ for $y<0$.

Proof (1) and (2) are just computations, and (3) and (4) follow directly from (1) by applying the Cauchy-Riemann equations to $h_{a}$ (see equations (2.2), (2.3) and (2.4) in [1]).

Both inequalities (5-6) are obtained using the estimate $y^{2} \leq \frac{x^{2}+a^{2}}{4}$, which holds for every point ( $x, y$ ) $\in \Omega_{a}$ (see Remark 2.5). Finally, we obtain (7) by combining (6) with the fact that $v_{a}(x, 0)=0$.

Remark 2.10 Using the notation in Definition 2.1, we have that for any $x \in \mathbb{R}$ $F_{a}(x, 0)=(0,0, x)$. This can be obtain by directly integrating equation (2.4), knowing that $v_{a}(x, 0)=0$.

Let us further fix the following notation for points on the boundary of $\Omega_{a}$.
Definition 2.11 Given fixed values for $x_{0} \in \mathbb{R}$ and $a \in(0,1 / 2]$, we will denote by $y_{x_{0}, a}$ the $y$ value of the point of intersection between the line $x=x_{0}$ and the boundary of $\Omega_{a}$ in the upper half-plane. Likewise, we will denote by $-y_{x_{0}, a}$ the $y$ value of the point of intersection between $x=x_{0}$ and the boundary in the lower half-plane.

In other words:

$$
y_{x_{0}, a}=\left\{\begin{array}{l}
\frac{\left(x_{0}^{2}+a^{2}\right)^{3 / 4}}{2} \text { if }\left|x_{0}\right| \leq x_{A}, \\
\frac{\left(x_{0}^{2}+a^{2}\right)^{1 / 2}}{2} \text { if }\left|x_{0}\right| \geq x_{B}, \\
\xi_{1}\left(x_{0}\right) \text { if } x_{A} \leq x_{0} \leq x_{B}, \\
\xi_{2}\left(x_{0}\right) \text { if }-x_{B} \leq x_{0} \leq-x_{A}
\end{array},\right.
$$

and

$$
-y_{x_{0}, a}=\left\{\begin{array}{l}
-\frac{\left(x_{0}^{2}+a^{2}\right)^{3 / 4}}{2} \text { if }\left|x_{0}\right| \leq x_{A}, \\
-\frac{\left(x_{0}^{2}+a^{2}\right)^{1 / 2}}{2} \text { if }\left|x_{0}\right| \geq x_{B}, \\
-\xi_{1}\left(x_{0}\right) \text { if } x_{A} \leq x_{0} \leq x_{B}, \\
-\xi_{2}\left(x_{0}\right) \text { if }-x_{B} \leq x_{0} \leq-x_{A}
\end{array} .\right.
$$

Remark 2.12 As already observed in Remark 2.5, we have $\Omega_{a} \subset \mathcal{D}_{a}^{2}$. This implies in particular that for all $x \in \mathbb{R}$ and $a \in(0,1 / 2]$ we have $\left|y_{x, a}\right| \leq \frac{\left(x^{2}+a^{2}\right)^{1 / 2}}{2}$.

## 3 Lower bound: properly embedded in an infinite cylinder

In this section we want to show that all the minimal disks $\Sigma_{a}=F_{a}\left(\Omega_{a}\right)$ are properly embedded in a fixed infinite cylinder around the $x_{3}$-axis in $\mathbb{R}^{3}$. To do this, following [1], we analyse the intersection of $\Sigma_{a}$ with the horizontal planes $\left\{x_{3}=x\right\}$ for varying $x \in \mathbb{R}$. We will see that there exists some $R_{0}>0$ such that for all $a \in\left(0, \frac{1}{2}\right]$ and for all $x \in \mathbb{R}$, the intersection $\Sigma_{a} \cap\left\{x_{3}=x\right\}$ is a smooth curve in the plane $\left\{x_{3}=x\right\}$ going through the base point $F_{a}(x, 0)=(0,0, x)$ (see Remark 2.10), whose restriction to the disk $D_{R_{0}}((0,0, x))$ is properly embedded in $D_{R_{0}}((0,0, x))$.

The following lemmas are the extension of Lemma 3 in [1] to our unbounded domains. Let us fix some notations. We will consider the curves

$$
\begin{equation*}
\gamma_{x, a}:\left[-y_{x, a}, y_{x, a}\right] \rightarrow\left\{x_{3}=x\right\}, \gamma_{x, a}(y):=F_{a}(x, y) \tag{3.1}
\end{equation*}
$$

and use the notation $\gamma_{x, a}^{\prime}(y)=\frac{\partial F_{a}}{\partial y}(x, y)$. Using Eq. (2.5) on the choice of Weierstrass data made in Definition 2.2, this vector can easily be computed to be

$$
\gamma_{x, a}^{\prime}(y)=\left(\operatorname { c o s h } \left(v _ { a } ( x , y ) \operatorname { s i n } \left(u_{a}(x, y),-\cosh \left(v_{a}(x, y) \cos \left(u_{a}(x, y), 0\right)\right.\right.\right.\right.
$$

so in particular we have that

$$
\left\|\gamma_{x, a}^{\prime}(y)\right\|=\cosh \left(v_{a}(x, y)\right) \quad \text { and } \quad\left\|\gamma_{x, a}^{\prime}(0)\right\|=1 .
$$

Lemma 3.1 Using the notations above, the following holds:
(1) $x_{3}\left(F_{a}(x, y)\right)=x$, that is $\gamma_{x, a}=\Sigma_{a} \cap\left\{x_{3}=x\right\}$,
(2) $\cos \left(\gamma_{x, a}^{\prime}(y), \gamma_{x, a}^{\prime}(0)\right)=\cos \left(u_{a}(x, y)-u_{a}(x, 0)\right)$,
(3) the curve $\gamma_{x, a}$ is a graph over the line with direction $\gamma_{x, a}^{\prime}(0)$, contained in a sector of angle $\theta_{0} \leq \frac{1}{x_{A}}=\frac{6 \pi}{4+\pi}$ (see Eq. (2.13) for the definition of $x_{A}$ ).

Proof Statement (1) follows directly from Eq. (2.1), as $\phi=d z$. Let us prove the other points. Notice that when $|x| \leq x_{A}$ they are proved in Lemma 3 in [1], so let us focus on the case $|x|>x_{A}$. To prove (2), following [1], we consider

$$
\left\langle\gamma_{x, a}^{\prime}(y), \gamma_{x, a}^{\prime}(0)\right\rangle=\left\|\gamma_{x, a}^{\prime}(y)\right\|\left\|\gamma_{x, a}^{\prime}(0)\right\| \cos \left(\gamma_{x, a}^{\prime}(y), \gamma_{x, a}^{\prime}(0)\right)
$$

so that by the above remarks we get

$$
\left\langle\gamma_{x, a}^{\prime}(y), \gamma_{x, a}^{\prime}(0)\right\rangle=\cosh \left(v_{a}(x, y)\right) \cos \left(\gamma_{x, a}^{\prime}(y), \gamma_{x, a}^{\prime}(0)\right) .
$$

On the other hand, Eq. (2.5) can also be used to obtain directly that

$$
\left\langle\gamma_{x, a}^{\prime}(y), \gamma_{x, a}^{\prime}(0)\right\rangle=\cosh \left(v_{a}(x, y)\right) \cos \left(u_{a}(x, y)-u_{a}(x, 0)\right)
$$

which proves (2).

To obtain (3) we are going to integrate the inequalities obtained in Lemma 2.9 and use the fact that throughout $\Omega_{a}$ we have $y^{2} \leq \frac{x^{2}+a^{2}}{4}$ (see Remark 2.12):

$$
\left|u_{a}(x, y)-u_{a}(x, 0)\right| \leq \int_{0}^{y}\left|\partial_{t} u_{a}(x, t)\right| d t \leq \frac{4|x|}{\left(x^{2}+a^{2}\right)^{2}} \frac{y^{2}}{2} \leq \frac{|x|}{2\left(x^{2}+a^{2}\right)} .
$$

Let us fix an angle $\theta \in(2, \pi)$. From the last estimate and (2) we get that the absolute value of the angle between $\gamma_{x, a}^{\prime}(y)$ and $\gamma_{x, a}^{\prime}(0)$ is at most $\frac{\theta}{2}$ if and only if $|x|>\frac{1}{\theta}$. We are looking at the case $|x|>x_{A}$, so we get that the angle is at most $\frac{1}{2 x_{A}}$, so that all the tangent vectors $\gamma_{x, a}^{\prime}(y)$ live in a sector of angle at most $\frac{1}{x_{A}}=\frac{6 \pi}{4+\pi}<\pi$ in the direction of $\gamma_{x, a}^{\prime}(0)$. In particular $\gamma_{x, a}$ is a graph over the line in that direction. But by continuity this actually implies that the whole curve is contained in the same sector.

Remark 3.2 For $|x| \leq x_{A}<\frac{1}{2}$, [1, Eq. (2.11)] proves that $\gamma_{x, a}$ is contained in a sector of angle 2. In our extension to $|x|>x_{A}$, we get a sector of angle $\theta_{0}=\frac{1}{x_{A}}=\frac{6 \pi}{4+\pi}$ (see Eq. (2.13) for the definition of $x_{A}$ ). The reason for this particular choice is as follows: in order to get a convex sector we need $0<\theta_{0}=\frac{1}{x_{A}}<\pi$, i.e. $\frac{1}{\pi}<x_{A}$, but in order to get a connected domain $\Omega_{a}$ we also need $x_{A}<\frac{1}{2}$.

The first third of the interval $\left[\frac{1}{\pi}, \frac{1}{2}\right]$ turns out to be a geometrically convenient choice to satisfy both conditions, and this is the main reason for the specific choice of $x_{A}$ we made above. Any other choice for the value of $x_{A}$ in the interval $\left(\frac{1}{\pi}, \frac{1}{2}\right)$ would work.

In Lemma 3 of [1], it is also proved that when $|x| \leq 1 / 2$, the curves $\gamma_{x, a}$ have their endpoints outside the disks $D_{r_{0}}((0,0, x))$, where $r_{0}>0$ does not depend on $a$ or $x$. We are now going to prove that the same is still true for arbitrarily large values of $|x|$.

Lemma 3.3 Using the notations above, there exists $r_{0}^{\prime}>0$ such that for any $|x|>x_{A}$, and for any $a \in\left(0, \frac{1}{2}\right]$, we have $\left\|\gamma_{x, a}\left(y_{x, a}\right)-\gamma_{x, a}(0)\right\|>r_{0}^{\prime}$.

Proof For any $y \in\left[-y_{x, a}, y_{x, a}\right]$ we have the following equality:

$$
\begin{equation*}
\left\|\gamma_{x, a}(y)-\gamma_{x, a}(0)\right\|=\frac{\left\langle\gamma_{x, a}(y)-\gamma_{x, a}(0), \gamma_{x, a}^{\prime}(0)\right\rangle}{\left\|\gamma_{x, a}^{\prime}(0)\right\| \cos \left(\gamma_{x, a}(y)-\gamma_{x, a}(0), \gamma_{x, a}^{\prime}(0)\right)} \tag{3.2}
\end{equation*}
$$

and we want to find a lower bound for this quantity which is independent of $a$ and $x$. As observed above, $\left\|\gamma_{x, a}^{\prime}(0)\right\|=1$, and of course the cosine term is bounded. So it is enough to bound the numerator of the right-hand side. Reasoning as in the previous lemma, we have the following:

$$
\begin{align*}
\left\langle\gamma_{x, a}(y)-\gamma_{x, a}(0), \gamma_{x, a}^{\prime}(0)\right\rangle & =\int_{0}^{y}\left\langle\gamma_{x, a}^{\prime}(t), \gamma_{x, a}^{\prime}(0)\right\rangle d t  \tag{3.3}\\
& =\int_{0}^{y} \cosh v_{a}(x, t) \cos \left(u_{a}(x, t)-u_{a}(x, 0)\right) d t \tag{3.4}
\end{align*}
$$

From Lemma 3.1 we get that the absolute value of the argument of the cosine is at most $\frac{\theta_{0}}{2}=\frac{1}{2 x_{A}}=\frac{4+\pi}{3 \pi}$, so we can get a lower bound for the cosine.

Moreover from Lemma 2.9 we have $v_{a}(x, y) \geq 0$ when $y \geq 0$. This implies that the integrand function is non-negative, and allows us to get

$$
\begin{equation*}
\left\langle\gamma_{x, a}(y)-\gamma_{x, a}(0), \gamma_{x, a}^{\prime}(0)\right\rangle \geq \cos \left(\theta_{0}\right) \int_{y_{x, a} / 2}^{y_{x, a}} \cosh v_{a}(x, t) d t \tag{3.5}
\end{equation*}
$$

so it is now enough to provide a lower bound for $v_{a}$. Integrating the estimate in point (6) of Lemma 2.9, one easily gets that

$$
\begin{equation*}
\min _{y_{x, a} / 2 \leq y \leq y_{x, a}}\left|v_{a}(x, y)\right|=\left|v_{a}\left(x, \frac{y_{x, a}}{2}\right)\right| \geq \frac{3}{32 \sqrt{x^{2}+a^{2}}} . \tag{3.6}
\end{equation*}
$$

In the end we get

$$
\begin{aligned}
\left\langle\gamma_{x, a}(y)-\gamma_{x, a}(0), \gamma_{x, a}^{\prime}(0)\right\rangle & \geq \cos \left(\theta_{0}\right) \cosh \left(\frac{3}{32 \sqrt{x^{2}+a^{2}}}\right) \frac{\sqrt{x^{2}+a^{2}}}{4} \geq \\
& \geq \frac{\cos \left(\theta_{0}\right)}{4}|x| \geq \frac{\cos \left(\theta_{0}\right)}{4} x_{A} \geq \frac{\cos \left(\theta_{0}\right)}{4 \pi} .
\end{aligned}
$$

We conclude this section with the following statement.
Proposition 3.4 There exists $R_{0}>0$ such that, for any $a \in\left(0, \frac{1}{2}\right]$, the surface $\Sigma_{a} \cap$ $\left\{x_{1}^{2}+x_{2}^{2} \leq R_{0}^{2}, x_{3} \in \mathbb{R}\right\}$ is a properly embedded minimal disk. Moreover, we have that $\left\{0<x_{1}^{2}+x_{2}^{2}<R_{0}^{2}, x_{3} \in \mathbb{R}\right\} \cap F_{a}\left(\Omega_{a}\right)=\tilde{\Sigma}_{1, a} \cup \tilde{\Sigma}_{2, a}$ for multi-valued graphs $\tilde{\Sigma}_{1, a}$ and $\tilde{\Sigma}_{2, a}$ over $D_{R_{0}}(0) \backslash\{0\}$.

Proof By Lemma 3.1 we have that $F_{a}$ is an embedding. From Corollary 1 in [1], it follows that there exists a $r_{0}>0$ such that for all $|x| \leq x_{A}$ and $a \in\left(0, \frac{1}{2}\right]$ we have that $\Sigma_{a} \cap\left\{x_{3}=x\right\}$ intersects $D_{r_{0}}((0,0, x))$ in a properly embedded arc. A similar statement holds when $|x|>x_{A}$ for a possibly different $r_{0}^{\prime}>0$ thanks to Lemma 3.3. It is then enough to take $R_{0}=\min \left\{r_{0}, r_{0}^{\prime}\right\}$.

Furthermore, if we consider Eq. (2.2), we get that $F_{a}$ is vertical, that is $\langle\mathbf{n},(0,0,1)\rangle=0$ when $\left|g_{a}\right|=1$. However, $\left|g_{a}(x, y)\right|=1$ exactly when $y=0$, and hence by Remark 2.10, we know that the image is graphical away from the $x_{3}-$ axis. Combining this with Lemma 3.3 for $|x| \geq x_{A}$ and [1, Eq. (2.8)] for $|x| \leq x_{A}$, we finally get our result.

## 4 Upper bound: not properly embedded in an exhaustion of $\mathbb{R}^{3}$

We are left to prove that our minimal disks $\Sigma_{a}$ are not properly embedded in any growing sequence of open sets that exhausts $\mathbb{R}^{3}$.

In order to do so, we will show that there exists at least a value $x \neq 0$ for which the maximal excursion of all helicoids on the horizontal slice $\left\{x_{3}=x\right\}$ is bounded from above by a constant $C_{x}$ depending only on $x$. This would then imply that one can find an infinite cylinder wide enough (for example, we could take $\left\{x_{1}^{2}+x_{2}^{2}<2 C_{x}, x_{3} \in \mathbb{R}\right\}$ ) in which the minimal disks $\Sigma_{a}$ are not properly embedded. As we will see in Remark 4.3 this is actually the case for all $x \neq 0$.

Lemma 4.1 Given an arbitrary value $x \in \mathbb{R} \backslash\{0\}$, we have

$$
\begin{equation*}
\max _{0 \leq|y| \leq y_{a, x}}\left|v_{a}\left(x, y_{x, a}\right)\right| \leq M_{x}, \tag{4.1}
\end{equation*}
$$

where $M_{x}$ is a constant that depends only on $x$.
Proof By construction, as already pointed out in Remark 2.12, we know that $y^{2} \leq$ $\frac{1}{4}\left(x^{2}+a^{2}\right)$ for any $(x, y) \in \Omega_{a}$ and for any $a \in(0,1 / 2]$, and hence from Lemma 2.9 we get

$$
\partial_{y} v_{a}(x, y)=\frac{x^{2}+a^{2}-y^{2}}{\left(x^{2}+a^{2}-y^{2}\right)^{2}+4 x^{2} y^{2}} \leq \frac{x^{2}+a^{2}}{\left(x^{2}+a^{2}-\left(x^{2}+a^{2}\right) / 4\right)^{2}}=\frac{16}{9} \frac{1}{x^{2}+a^{2}} .
$$

Applying this estimate (and knowing $v_{a}(x, y)$ is an increasing function in $y$, see Lemma 2.9), we then obtain

$$
\begin{align*}
\max _{0 \leq|y| \leq y_{x, a}}\left|v_{a}(x, y)\right| & \leq \int_{0}^{y_{x, a}}\left|\partial_{y} v_{a}(x, y)\right| d y=\int_{0}^{y_{a, x}} \partial_{y} v_{a}(x, y) d y  \tag{4.2}\\
& \leq \frac{16}{9} \frac{1}{x^{2}+a^{2}} \int_{0}^{y_{a, x}} d y=\frac{16}{9} \frac{1}{x^{2}+a^{2}} \frac{\left(x^{2}+a^{2}\right)^{1 / 2}}{2}  \tag{4.3}\\
& =\frac{8}{9} \frac{1}{\sqrt{x^{2}+a^{2}}} \leq \frac{8}{9|x|}=: M_{x} \quad \forall a \in(0,1 / 2] . \tag{4.4}
\end{align*}
$$

Lemma 4.2 Given an arbitrary value $x \in \mathbb{R} \backslash\{0\}$, we also have

$$
\begin{equation*}
\left|\left\langle\gamma_{x, a}\left(y_{x, a}\right)-\gamma_{x, a}(0), \gamma_{x, a}^{\prime}(0)\right\rangle\right| \leq N_{x}, \tag{4.5}
\end{equation*}
$$

where $N_{x}$ is a constant that depends only on $x$.
Proof Using the Eqs. (3.3, 3.4), we get

$$
\begin{equation*}
\left\langle\gamma_{x, a}\left(y_{x, a}\right)-\gamma_{x, a}(0), \gamma_{x, a}^{\prime}(0)\right\rangle=\int_{0}^{y_{x, a}} \cosh v_{a}(x, t) \cos \left(u_{a}(x, t)-u_{a}(x, 0)\right) d t \tag{4.6}
\end{equation*}
$$

Therefore, since cosine is a bounded function, and using the estimate provided by Lemma 4.1, we obtain

$$
\begin{align*}
\mid\left\langle\gamma_{x, a}\left(y_{x, a}\right)\right. & \left.-\gamma_{x, a}(0), \gamma_{x, a}^{\prime}(0)\right\rangle\left|\leq \int_{0}^{y_{x, a}}\right| \cosh \left(v_{a}(x, y)\right) \mid d y  \tag{4.7}\\
& =\int_{0}^{y_{x, a}} \cosh \left(v_{a}(x, y)\right) d y \leq \cosh \left(M_{x}\right) \int_{0}^{y_{x, a}} d y  \tag{4.8}\\
\leq & \cosh \left(M_{x}\right) \cdot \frac{\sqrt{x^{2}+a^{2}}}{2} \leq \cosh \left(M_{x}\right) \cdot \frac{\sqrt{x^{2}+1 / 4}}{2}=: N_{x} . \tag{4.9}
\end{align*}
$$

Remark 4.3 Let us study the behaviour of $N_{x}$. As already pointed out before, $M_{x}=$ $C \cdot 1 /|x|$, and hence

$$
\begin{equation*}
N_{x} \approx C_{2} \cosh \left(\frac{1}{|x|}\right) \cdot\left(|x|+C_{2}\right) \tag{4.10}
\end{equation*}
$$

therefore $N_{x} \rightarrow \infty$ both when $|x| \rightarrow 0$, and when $|x| \rightarrow \infty$. On the other hand, for any $x$ for which $|x| \in(0, \infty)$, we have that $N_{x}$ is bounded.

Proposition 4.4 The minimal disks $\Sigma_{a}$ cannot be properly embedded in any growing sequence of open sets in $\mathbb{R}^{3}$ that exhausts $\mathbb{R}^{3}$.

Proof In order to prove this, it is sufficient to show that there exists at least one value of $x \in \mathbb{R}$ for which the maximal excursion of all the helicoids $\Sigma_{a}$ on the horizontal slice $\left\{x_{3}=x\right\}$ is bounded from above by a constant that depends only on $x$.

In order to do so, we will be combining the results provided in Lemma 4.2 and Lemma 3.1, so we finally obtain

$$
\left\|\gamma_{x, a}\left(y_{x, a}\right)-\gamma_{x, a}(0)\right\|=\frac{\left\langle\gamma_{x, a}\left(y_{x, a}\right)-\gamma_{x, a}(0), \gamma_{x, a}^{\prime}(0)\right\rangle}{\cos \left(\gamma_{x, a}\left(y_{x, a}\right)-\gamma_{x, a}(0), \gamma_{x, a}^{\prime}(0)\right)} \leq C N_{x}=: C_{x}
$$

## 5 Proof of Theorem 1.1

This result is analogous to Theorem 1 in Colding and Minicozzi's paper [1]. In order for this paper to be self-contained, we report the proof below.

Proof of Theorem 1.1 Up to rescaling, it is sufficient to show that there exists a sequence $\Sigma_{i} \subset\left\{x_{1}^{2}+x_{2}^{2} \leq R^{2}, x_{3} \in \mathbb{R}\right\}$, for some $R>0$. Lemma 3.1 gives minimal embeddings $F_{a}: \Omega_{a} \rightarrow \mathbb{R}^{3}$ with $F_{a}(x, 0)=(0,0, x)$ for any $x \in \mathbb{R}$ (see Remark 2.10), so by Proposition 3.4 (3) holds for any $R \leq R_{0}$.

Let us take $R=\frac{R_{0}}{2}$ and $\Sigma_{i}=\left\{x_{1}^{2}+x_{2}^{2} \leq R, x_{3} \in \mathbb{R}\right\} \cap F_{a_{i}}\left(\Omega_{a_{i}}\right)$, where the sequence $a_{i}$ is to be determined.

To get (1), simply notice that, by equation in point (2) of Lemma 2.9, we get $\left|\mathbf{K}_{a}\right|(0)=a^{-4} \rightarrow \infty$ as $a \rightarrow 0$.

Still applying the same equation in point (2) of Lemma 2.9, we get that for all $\delta>0$, $\sup _{a} \sup _{\{|x| \geq \delta\} \cap \Omega_{a}}\left|\mathbf{K}_{a}\right|<\infty$. Combine this with (3) and Heinz's curvature estimate for minimal graphs (see [10, Eq. (11.7)]), and we get (2).

In order to get (4), we use Lemma 2 in [1] to choose $a_{i} \rightarrow 0$ so the mappings $F_{a_{i}}$ converge uniformly in $C^{2}$ on compact subsets to $F_{0}: \Omega_{0} \rightarrow \mathbb{R}^{3}$. Hence, by Lemma 3.1 and Proposition 3.4, the $\Sigma_{i} \backslash\left\{x_{3}=0\right\}$ converge to two embedded minimal disks $\Sigma^{ \pm} \subset F_{0}\left(\Omega_{0}^{ \pm}\right)$with $\Sigma^{ \pm} \backslash\left\{x_{3}\right.$-axis $\}=\Sigma_{1}^{ \pm} \cup \Sigma_{2}^{ \pm}$for multi-valued graphs $\Sigma_{i}^{ \pm}$.

To complete the proof, one should notice that in a small enough neighbourhood of the plane $\left\{x_{3}=0\right\}$, our minimal disks $\Sigma_{i}$ coincide with those constructed in [1]. Hence each graph $\Sigma_{i}^{ \pm}$is $\infty$-valued (and hence spirals into the horizontal plane $\left\{x_{3}=0\right\}$ ), completing point (4).

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