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Circadian clock of D*rosophila montana* is adapted to high variation in summer day lengths and temperatures prevailing at high latitudes

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1 Circadian clock of Drosophila montana is adapted to high variation in summer day lengths

2 and temperatures prevailing at high latitudes

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CEPTY

16 ABSTRACT

17 Photoperiodic regulation of the circadian rhythms in insect locomotor activity has been studied in 18 several species, but seasonal entrainment of these rhythms is still poorly understood. We have 19 traced the entrainment of activity rhythm of northern Drosophila montana flies in a climate 20 chamber mimicking the photoperiods and day and night temperatures that the flies encounter in 21 northern Finland during the summer. The experiment was started by transferring freshly emerged 22 females into the chamber in early and late summer conditions to obtain both non-diapausing and 23 diapausing females for the studies. The locomotor activity of the females and daily changes in the 24 expression levels of two core circadian clock genes, *timeless* and *period*, in their heads were 25 measured at different times of summer. The study revealed several features in fly rhythmicity that 26 are likely to help the flies to cope with high variation in the day length and temperature typical to 27 northern summers. First, both the non-diapausing and the diapausing females showed evening 28 activity, which decreased towards the short day length as observed in the autumn in nature. 29 Second, timeless and period genes showed concordant daily oscillations and seasonal shifts in 30 their expression level in both types of females. Contrary to D. melanogaster, oscillation profiles of these genes were similar to each other in all conditions, including the extremely long days in 31 32 early summer and the cool temperatures in late summer, and their peak expression levels were 33 not locked to lights-off transition in any photoperiod. Third, the diapausing females were less 34 active than the non-diapausing ones, in spite of their younger age. Overall, the study showed that 35 D. montana clock functions well under long day conditions, and that both the photoperiod and 36 the daily temperature cycles are important zeitgebers for seasonal changes in the circadian 37 rhythm of this species.

38 Keywords: Seasonal adaptation, photoperiod, temperature, circadian clock, *timeless, period*.

39 ABBREVIATIONS

- 40 D Diapausing female
- 41 DD Constant darkness

- 42 Evening locomotor activity peak E peak
- Light dark cycle 43 LD
- 44 LL Continuous light
- Morning locomotor activity peak 45 M peak
- Non-diapausing female ND 46
- .cdi ΖT 47 Zeitgeber time; environmental signal that adjust the circadian clock of the 48

49 **1. INTRODUCTION**

50 Organization of biological activities into daily and seasonal cycles is universal in organisms from 51 cyanobacteria to humans, and in many species endogenous rhythms in physiological and 52 behavioral traits are controlled by a circadian clock. Even though the clock-driven rhythms can persist with a period of about 24 h in the absence of environmental cues (free-running rhythms), 53 54 they have to be reset every day by environmental signals (entrainment) to keep up proper phase 55 relationship with the day-to-night cycle (Dubruille and Emery, 2008). Seasonal phase shifts in the 56 circadian clock have also been found to lead to corresponding changes in various kinds of 57 metabolic, physiological and behavioral traits, including insect locomotor activity (Saunders, 58 2002). Furthermore, the circadian clock has been suggested to function in cooperation with the 59 photoperiodic timer, which can induce shifts e.g. in insects' dormancy and diapause (Koštál, 2011). 60

61 Insects' circadian rhythms have usually been studied by monitoring the oviposition, 62 eclosion and/or locomotor activity rhythms of groups of individuals (Hamblencoyle et al., 1992; 63 Sheeba et al., 2001). For example Drosophila melanogaster flies start to move actively before the lights-on and lights-off transition, which leads to a bimodal locomotor activity pattern 64 (Hamblencoyle et al., 1992; Wheeler et al., 1993). In this species, flies' morning (M) and evening 65 (E) activity peaks have been suggested to be induced by two separate circadian oscillators, the 66 morning and the evening oscillators (Aschoff, 1966; Pittendrigh and Daan, 1976), so that 67 seasonal changes in the phase angle between these activity peaks help the flies to adjust their 68 69 behavior to match with forthcoming environmental changes (Majercak et al., 1999; Rieger et al., 70 2003). The morning peak of the flies has also been found to synchronize with the temperature 71 increase in the morning and the evening peak with the temperature decrease in the afternoon in 72 natural-like temperature cycles (Bywalez et al., 2012). Several other insect species have been 73 found to show unimodal activity pattern, and thus their seasonal time measuring cannot be based 74 on above-mentioned system. For example housefly Musca domestica (Helfrich et al., 1985) and 75 some D. virilis group species (Bahn et al., 2009; Kauranen et al., 2012) show only evening 76 activity peak, while *D. ananassae* shows only morning activity peak (Joshi, 1999).

77 Differences between the species with uni- and bimodal activity rhythms can be detected 78 also in fly brains. Bahn et al. (2009), Hermann et al. (2012) and Kauranen et al. (2012) have 79 detected differences in the number and location of PDF-neuropeptide and CRY-protein 80 expressing neurons between in D. virilis group species and D. melanogaster. According to the 81 authors, these differences account, at least partly, for the lack of flies' morning activity, their 82 reduced circadian rhythmicity in constant darkness and their ability to maintain rhythmicity in 83 continuous light. Interestingly, unimodal activity patterns seem to be common among northern 84 Drosophila species (Simunovic and Jaenike, 2006), which raises a question on whether this kind 85 of rhythmicity / clock mechanism is adaptive to high latitudes. Ability to retain the rhythmic circadian behavior in constant light is not unique for D. montana, as e.g. bumblebees Bombus 86 terrestris and B. pascuorum have been found to retain their foraging rhythm in constant light 87 88 during summer in northern hemisphere (Stelzer and Chittka, 2010). However, in some other 89 northern insect species the circadian clock stops working under constant light; e.g. Antarctic 90 midges, Belgica antarctica, lose their activity rhythm, as well as rhythmic clock gene expression 91 (Kobelkova et al. 2015).

92 Molecular models of the circadian clock underlying behavioral rhythms are based on the 93 oscillations in the transcription and translation of the central circadian clock genes, which is 94 largely regulated by the proteins coded by other clock genes (reviewed in Hardin, 2004). This 95 system is best understood in *D. melanogaster*, where the circadian genes *Clock* (*Clk*) and *cycle* 96 (cyc) activate the transcription of genes like *timeless* (*tim*) and *period* (*per*), whose transcript 97 levels show highest expression during the early night (Hardin et al., 1990; Sehgal et al., 1995). 98 Price et al. (1995) have suggested that D. melanogaster clock will stop in continuous light (LL), 99 since PER protein level does not show any rhythmic changes in this condition. According to Lee 100 et al. (1996) and Myers et al. (1996) this is likely to be due to that the level of TIMELESS protein 101 is reduced in LL, which prohibits the cycling of *per* expression. Rhythmicity of *D. melanogaster* 102 flies can, however, be rescued in continuous light through temperature cycling (Yoshii et al, 2005), and in low temperatures also through temperature-dependent splicing of tim and per 103 104 (Dubruille and Emery, 2008).

105 During the summer, northern *Drosophila* species have to cope with quite different 106 combinations of day lengths and temperatures than the southern species, and studies on the daily

107 and seasonal rhythms of these species may give new insight on the clock mechanisms behind the 108 rhythms. Our study species, D. montana, is a good representative of the northern Drosophila 109 species with its unimodal daily activity rhythm and an ability to maintain free-running locomotor 110 activity rhythm in continuous light, but not in constant darkness (Kauranen et al., 2012). D. 111 montana females enter photoperiodic adult reproductive diapause under short day conditions 112 (Tyukmaeva et al., 2011), which offers good possibilities for simultaneous studies on daily and 113 seasonal changes in fly behavior. The main questions of this study were: (1) Do D. montana 114 females show unimodal locomotor activity also in LD cycles with temperature fluctuations, and 115 does their activity decrease? (2) Does D. montana's circadian clock involve daily and seasonal 116 oscillations in the expression levels of *tim* and *per*, and does the mutual phase relationship of 117 these genes break down under long day conditions and/or in cool temperatures? (3) Do the non-118 diapausing and diapausing females show differences in their activity level under late summer 119 conditions?

120 2. MATERIAL AND METHODS

121 2.1. Study material

The study flies came from a mass-bred *D. montana* population established from the F3 progenies of 20 females collected in Oulanka (northern Finland, 66° 40'N) in 2008. The flies were maintained in a wooden population cage attached to eight malt bottles (Lakovaara, 1969) and kept in continuous light, 19°C and 60% humidity for about 16 generations prior to the experiment. Females were collected from cage bottles within 1 day after eclosion and transferred in malt vials (15-20 females per vial) into an experimental chamber (Sanyo MLR-351H, Sanyo, San Diego, CA, USA) in early and late summer conditions (see below).

129 2.2. Study design

The experimental conditions in the climate chamber were set to mimic the photoperiod and the day and night temperature conditions typical to northern Finland from June to the beginning of September. Photoperiod was decreased during this period stepwise from 24 LL (continuous light) to LD 14:10 (14 hours light and 10 hours dark), the day temperature from 19°C to14°C and the

134 night temperature from 13° C to 11° C (see Fig. 1). Light intensity was kept at ~950 lux and 135 humidity at $60 \pm 10\%$ throughout the experiment. Conditions were changed at about two week 136 intervals, which enabled us to perform 14 days locomotor activity recordings at different times of 137 summer in given photoperiods and temperatures.

D. montana females originating from Oulanka develop ovaries, if the day length during 138 139 the first days after their emergence is more than 18-19 hours, while the females emerging under 140 shorter day length in late summer will enter reproductive diapause (Tvukmaeva et al., 2011). 141 Accordingly, the first set of freshly emerged female vials was transferred into the chamber in 142 Mid-June conditions (photoperiod 24 LL and the day and night temperatures of 19°C; see Fig. 1). 143 This set of females represented the non-diapausing (ND) generation, which is very small 144 compared to the diapausing (D) and overwintering one in wild D. montana populations in 145 northern Finland (Aspi et al., 1993). The second set of females was placed into the chamber in a photoperiod of 16:8 LD and the day and night temperatures of 16°C and 12°C, corresponding to 146 $19^{\text{th}} \sim 20^{\text{th}}$ of August. These females entered diapause. The reproductive stage of the females used 147 in the experiments was determined on the basis of their ovarian development stage (see 148 149 Tyukmaeva et al., 2011). It should be noted that once the females have developed ovaries, they 150 cannot enter diapause even if the environmental conditions would change substantially (Salminen 151 and Hoikkala, 2013).

The activity rhythms of the females were studied in five different photoperiods (free-running 152 153 rhythm in continuous light and entrained rhythms in four LD cycles) and temperatures prevailing 154 in the chamber at different times of summer. Females (64-96 females/LD) were transferred 155 individually into glass tubes inserted in Trikinetics Drosophila Activity Monitors (Waltham, MA, 156 USA) and placed back into the chamber in these monitors. The locomotor activity of these 157 females was registered in each of the five photoperiods/temperature conditions for 14 days. After 158 this, the females were stored at -20°C until their reproductive stage was determined on the basis 159 of the developmental stage of their ovaries (see Tyukmaeva et al., 2011). The data for the early summer conditions (24 LL, 22:2 LD and 18:6 LD) consisted of only ND females, while the data 160 161 for the late summer conditions (16:8 LD and 14:10 LD) involved both ND and D females (see 162 Fig 1). The age of the ND females was 24 days at the beginning of the first locomotor 163 experiments (24 LL) and increased to 51 days in 22:2 LD, 86 days in 18:6 LD, 115 days in 16:8

LD and 136 days in 14:10 LD experiment. The ages of the D females were 14 and 35 days in
165 16:8 LD and 14:10 LD experiments, respectively.

166 2.3. Analysis of female locomotor activity data

The raw locomotor activity data for the females were displayed as double-plotted actograms (48 hour plots) for 14 days under free-running and/or entraining conditions to determine the daily activity rhythms of the females. The primary analysis was done with the ActogramJ program (Schmid et al., 2011; available at http://actogramj.neurofly.de. The presence of daily rhythms in actograms was traced using the Lomb-Scargle periodogram method with a significance level of 0.05; if the periodogram analysis detected significant periodicity in fly's activity rhythm across consecutive days, the fly was determined to be rhythmic.

The mean activity level of the females was calculated over 14 days in 5 min bins (how many times a fly moved during each bin) in given environmental conditions. Flies that did not survive throughout the whole experiment were excluded from the analysis.

177 2.4. Gene expression samples

178 Daily and seasonal variation in the expression level of *tim* and *per* genes was traced in the same 179 experimental conditions, where the females' activity rhythms were measured. Fresh sets of females (5-6 females/ZT; ZT = Zeitgeber Time = daily sampling time) for this study were 180 181 collected from the chamber every 6 h over a 24 h period immediately after the locomotor activity 182 experiments had been completed, i.e. the females used for the activity experiments and for the 183 RNA extractions at the same photoperiod were of the same age. As above, the samples of ND 184 females were collected from all five photoperiods and the ones of D females at photoperiods 16:8 185 LD and 14:10 LD. In each photoperiod, the first sample was collected immediately before the lights-on transition (ZT = 0 in darkness) and the 2^{nd} , 3^{rd} and 4^{th} sample 6, 12 and 18 h after the 186 187 lights-on transition (ZT 6, ZT 12 and ZT 18). ZT 0 samples were collected at 10.00 AM both in 188 LD cycles and in 24 LL. The females of all samples were flash-frozen in liquid nitrogen 189 immediately after their removal from the chamber and stored at -84° C. Prior to RNA extractions, 190 they were put in pre-cooled (2 h in -84°C) RNAlaterICE solution (Applied Biosystems, 191 Waltham, MA, USA) and maintained there in -20°C for at least 16 h, after which their heads

were used individually for the RNA extractions. Females' abdomens (with ovaries) were storedin 70% ethanol to determine females' reproductive stage.

194 2.5. Quantitative real-time PCR (qPCR) on tim and per genes

195 RNA samples collected for ND and D females in different environmental conditions were used to 196 trace daily changes in the expression profiles of tim and per genes. Total RNA was extracted 197 individually from the heads of the females using ZR RNA Microprep kit with DNase treatment 198 (ZymoResearch, Irvine, CA, USA) according to the manufacturer's protocol. After extraction, the 199 purity and concentration of each sample was measured with NanoDrop (NanoDrop Technologies, 200 Wilmington, DE, USA) and the integrity of RNA for part of the samples (one to two from each 201 extraction set) was checked with Bioanalyzer (Agilent, Santa Clara, CA, USA). Before cDNA 202 synthesis, RNA samples were diluted to equal concentrations (15 ng/μ) and 2 μ l of total RNA of 203 each sample was used as a template for cDNA synthesis using iScript Reverse Transcription 204 Supermix (Bio-Rad Laboratories, Hercules, CA, USA) following the manufacturer's protocol. In 205 addition to RNA, the cDNA reaction mixture (20 µl) consisted of 4 µl of 5 x iScript reaction 206 mixture, 1 µl of reverse transcriptase enzyme and dH₂O. The PCR runs were run with Bio-Rad 207 C1000 instrument (Bio-Rad Laboratories, Hercules, CA, USA) and the cycling conditions were 5 208 minutes at 25°C, 30 min at 42°C and 5 min at 85°C.

209 Primers for tim and per and two reference genes Actin42A and Elalpha48D were 210 designed using NetPrimer (http://www.premierbiosoft.com/netprimer/index.html) program 211 (primer sequences are available Table A1). Amplification efficiency values of all primer pairs 212 were defined using 2-fold serial dilutions of pooled cDNA (from all treatments) with three 213 technical replicates and 7-9 dilution points (Table A1). Expression patterns of experimental genes 214 were traced with qPCR using 5-6 biological replicates and 3 technical replicates from all treatments and ZTs. qPCR reactions contained the following mixture: 10 µl 2x Power SYBR 215 216 Green PCR Master Mix (Bio-Rad Laboratories, Hercules, CA, USA), 0.3 µl of each gene-specific primer and 1 µl of cDNA solution; the total volume of reaction was 20 µl. qPCR reactions were 217 218 run with Bio-Rad CFX96 instrument (Bio-Rad Laboratories, Hercules, CA, USA) with following 219 cycling conditions: initiation at 95°C for 3 min, denaturation at 95°C for 10 seconds, annealing at 220 55°C for 10 seconds and extension at 72°C for 30 seconds. Denaturation, annealing and extension

phases of the PCR were repeated 40 times and they were followed by a melting curve analysis tocheck the purity of the qPCR reaction.

223 Relative gene expression values for all samples in each treatment were calculated using mean 224 Cq values (3 technical replicates) for all genes and biological replicates and applying real 225 efficiency values. As the expression levels of the reference genes did not remain constant in ND 226 and D females in different LD cycles, the expression levels of *tim* and *per* were normalized using 227 a data driven normalization algorithm in NORMA-Gene program. This method has been shown 228 to be very efficient at reducing variance due to experimental bias even when using only four 229 study genes (Heckmann et al., 2011) and has been used also e.g. in Colinet et al. 2013 and 230 Waagner et al. 2013. In our case we used Actin42A and Elalpha48D genes in addition to our 231 experimental genes *tim* and *per*.

232 2.6. Statistical analysis

All statistical analyses were performed with R 3.10.1 for (R Development Core Team 2013).

234 The effect of seasonal sampling time on the activity level of ND females with five data 235 points was analysed using general linear model (lm) with a photoperiod as a factor. In the two 236 shortest photoperiods (16:8 LD and 14:10 LD), where both types of females were present, also 237 the effect of females' reproductive state (ND vs. D) on their activity level was tested. These data 238 were analysed using lm with the photoperiod and female reproductive state and their interaction 239 as factors. Because of heteroskedasticity in residuals, female activity levels were $\log_{10^{-1}}$ 240 transformed. All models were simplified by removing non-significant interactions, and multiple 241 comparisons were performed with Tukey's test.

The effects of photoperiod and ZT (daily sampling time) on the expression levels of *tim* and *per* genes were analysed separately for ND and D females with lm or generalized least squares model (GLS; in cases where variance covariates were needed, see below) with photoperiod and ZT and their interaction as factors. As the interaction between photoperiod and ZT was significant in both genes in both female types (*tim_{ND}*: $F_{12, 98} = 26.1$, p < 0.001; *tim_D*: $F_{3, 38}$ = 131.0, p < 0.001; *per_{ND}*: $F_{12, 99} = 22.6$, p < 0.001; *per_D*: $F_{3, 38} = 89.0$, p < 0.001), the effect of ZT on gene expression was analyzed separately in each photoperiod.

Model validations were performed by examining the homogeneity and independence of errors. Heteroskedasticity, which was detected in several cases in lm, was solved by using ZT as a variance covariate (function varIdent in R) in GLS models, as this improves the models based on likelihood ratio tests (Zuur et al., 2009). Variance covariate was added into the models in 16:8 LD for *tim* in D females and in 14:10 LD for *per* in D females.

254 **3. RESULTS**

3.1. Locomotor activity of the females

256 About half of the studied *D. montana* females showed a free-running locomotor activity rhythm in continuous light (24 LL) and 19°C temperature (Table 1; all females were non-diapausing in 257 258 this condition), and nearly all females showed a clear entrained activity rhythm in photoperiods 259 involving a dark period and different day and night temperatures (Table 1). Rhythmicity of ND 260 females was lowest (54.8%) in 24 LL, followed by 84.1% in 22:2 LD, 91.1% in 18:6 LD, 80.0% 261 in 16:8 LD and 92.7% in 14:10 LD (Table 1). D females showed about the same level of 262 rhythmicity in the two entrained photoperiods where they were studied (87.5% in 16:8 LD and 263 82.8% in 14:10 LD; Table 1).

In 24 LL with constant temperature, the rhythmic females free-run with a period of $\tau =$ 264 265 22.76 ± 0.41 (Table 1); this rhythm cannot be detected in Fig. 2 A as the free-running rhythms of different females were not running in the same phase. In all entrained conditions, i.e. the ones 266 involving light and dark phase, females showed a 24 h rhythm. In these conditions females had a 267 clear evening activity peak, but no morning activity peak (Fig. 2 B-G; in 16:8 LD the activity 268 269 profile of ND females was slightly bimodal). The females showed highest activity at the end of 270 the light period, and their activity level decreased rapidly before the lights off transition (Fig. 2 271 B-G).

The mean activity level of both ND and D females decreased clearly towards the autumn (Table 2). Activity levels of the flies during the light period differed significantly between different photoperiods both among ND ($F_{4, 392} = 45.6$, p<0.001) and D females ($F_{1, 291} = 15.0$, p<0.001). Subsequent Tukey tests showed that the activity level of the ND females differed between all LD comparisons, except between 24 LL and 22 LD, 16:8 LD and 18:6 LD and 14:10

277 LD and 16:8 LD (Table 3). D females moved less than ND females in the two shortest 278 photoperiods ($F_{1,291} = 6.53$, p=0.01) involving both female types.

279 *3.2. Changes in the expression level of tim and per genes*

tim and *per* genes showed significant daily oscillation in all photoperiods used in this study (Fig. 2), and their expression peaks differed significantly from the expression levels measured at other time points in all photoperiods in both female types (Table A3). The only exceptions were 22:2 LD and 14:10 LD for ND females, where the highest expression level of *per* differed significantly from only two out of three other samples (Fig. 2; Table A 3). Oscillations in the expression levels of these genes also coincided with each other in most sampling points.

286 In continuous light, the highest expression levels of *tim* and *per* occurred in ND females 287 at ZT 18 (Fig. 2 A). In photoperiods 22:2 LD and 18:6 LD, both genes showed highest expression 288 at an earlier time of day compared to continuous light, their expression peaking at ZT 6 and ZT 0, 289 respectively (Fig. 2 B,C). In photoperiod 16:8 LD, where the expression levels of these genes 290 were studied for both ND and D females, the highest peaks of both genes were detected in ZT 12 291 in both types of females (Fig. 2 D, E). In 14:10 LD tim expression peaked at ZT 0 and per 292 expression at ZT 0 and ZT 12 (difference between ZT 0 and ZT 12 was not significant) in ND 293 females (Fig. 2 F). In the same photoperiod, the expression levels of both genes peaked at ZT 0 in 294 D females (Fig. 2 G). It is worth to note that generally *tim* and *per* cycling was quite similar in 295 ND and D females in the same photoperiods and temperatures.

296 4. DISCUSSION

Bahn et al. (2009) have suggested that neural and molecular bases of the biological clock system have evolved uniquely among insect species, perhaps to maximize adaptive fitness to their natural environment. Our study revealed several interesting features in *D. montana* flies' rhythmicity and clock mechanism that are likely to be adaptive to high latitudes.

The role of the circadian clock in controlling insects' behavioral rhythms has traditionally been studied under continuous light and temperature conditions, but during recent years several studies have been performed in more natural environments, especially in *D. melanogaster* (e.g. Yoshii et al., 2009; Vanin et al., 2012; Menegazzi et al., 2013). For example, Yoshii et al. (2009)

305 found the flies' locomotor activity rhythms to be most robust under the combination of LD and 306 temperature cycles. They suggested that these rhythms are entrained synergistically by two 307 zeitgebers (photoperiod and temperature) and that although the photoperiod is the most important 308 zeitgeber for the circadian clock, flies' activity pattern is more strongly affected by the 309 temperature. In the present study, we used light and temperature conditions that mimicked the 310 photoperiods and the mean day and night temperatures in northern Finland at different times of 311 summer. This kind of strategy provided us information on the joint effects of photoperiod and 312 temperature cycles on fly rhythmicity in a range of environmental conditions that the flies 313 encounter at their home site during the breeding season. Comparing the results with those of our 314 earlier study on D. montana females' locomotor activity rhythms in LDs 16:8, 20:4 and 22:2 in 315 constant temperatures of 16°C and 20°C (Kauranen et al., 2012) also enabled us to distinguish the 316 effects of photoperiod and temperature fluctuations from each other. However, the used 317 conditions cannot be called completely natural, as the switches in light and temperature occurred 318 abruptly, without dawns and dusks.

According to Simunovic and Jaenike (2006), daily unimodal activity patterns, like that of 319 320 D. montana, are typical to northern Drosophila species. These authors studied the locomotor 321 activity rhythms of 11 Drosophila species and found the species from high latitudes to show one 322 activity peak (like *D. montana*) and the ones from lower latitudes two activity peaks during the 323 day. An independent contrast test, correcting for phylogeny, confirmed the latitude to be the main 324 factor separating the species, which suggests that the unimodal activity rhythms have evolved 325 several times in genus *Drosophila*. It also means that the species with unimodal daily activity 326 must be able to anticipate seasonal changes some other way than from the phase angle between 327 morning and evening activity peaks like D. melanogaster flies have been suggested to do (Allada 328 and Chung, 2010). In the present study, D. montana flies were found to have only evening 329 activity peak, and a rise in the temperature at the beginning of light period did arouse fly activity 330 in the morning. However, simultaneous changes in the day length and the day and night 331 temperature in this study shifted the females' activity to an earlier time of the day under 332 shortening day lengths so that their peak activity did not overlap with the lights-off transition. 333 This differs from the situation in a constant temperature, where D. montana flies' activity was 334 found to be highest about 16 h after lights-on transition both in 16°C and 20°C, so that under

shorter day lengths flies activity peak overlapped partly with the dark period (Kauranen et al., 2012). The finding that the activity peak of *D. montana* females decreases and shifts to an earlier time of the day in decreasing day lengths and day and night temperatures shows that the temperature acts as an important zeitgeber for the fly rhythmicity.

339 Older flies have been found to have weaker activity rhythm and lower morning activity 340 peak than younger flies in *D. melanogaster*, even though the coupling of the photoperiodic cycles 341 with temperature cycles improves their rhythmicity (Luo et al., 2012). In the present study the 342 age of ND D. montana females increased from 24 days at the beginning of the first locomotor 343 experiments (24 LL) to 136 days in the last experiment (14:10 LD), and thus a decrease in their 344 activity towards the autumn could be partly due to aging. However, the D females were only 14 345 (16:8 LD) and 35 (14:10 LD) days old in respective experiments, and they showed in both LDs 346 lower locomotor activity than the ND ones. Also, the activity of D females decreased 347 significantly between these photoperiods. These findings suggest that the diapause state affects 348 the locomotor activity of *D. montana* females more than their age. The reproductive state of *D.* 349 montana (and other northern D. virilis group species) females has been found to affect their 350 activity also in the wild: while ND flies are actively engaged in seeking feeding or breeding sites 351 e.g. on the malt baits, the D flies are found in excess e.g. under bridges, where they show very 352 low locomotor activity (Aspi et al., 1993). Our finding is likely due to the fact that the diapausing 353 females are already preparing for the winter (the females overwinter as adults in diapause stage; 354 Aspi et al., 1993).

355 Expression levels of *tim* and *per* have been found to show clear daily rhythms in several 356 insect species. For example in flesh fly Sarcopahaga crassipalpis and blow fly Protophormia 357 terraenovae expression levels of both of these genes show phase-shift in concert with the onset of 358 darkness under short photoperiods (Koštál et al., 2009; Muguruma et al., 2010). The same is true 359 for *D. melanogaster*, where the transcription of *tim* and *per* begins before the midday and reaches 360 peak mRNA levels during the early night under 12:12 LD (Nitabach and Taghert, 2008). Qiu and Hardin (1996) have shown that in this species per mRNA is locked to the lights-off transition, 361 362 being at highest level 4 hours after lights-off in the day lengths that are shorter than 16 hours, and 363 that in extremely long photoperiods (>20 hours of light) the flies become arrhythmic due to a 364 progressive break-down of the tim/per feedback loop. According to Boothroyd et al. (2007), the

365 tight coupling between *tim* and *per* expression breaks down also in 25°C/18°C temperature cycle 366 due to a temperature-induced advance in *per* expression and a delay in the expression of the 367 predominant *tim* transcript. Our results show that *D. montana* differs from *D. melanogaster* in all 368 above-mentioned characters: in this species the mRNA levels of tim and per were not locked to 369 lights-off transition and they showed diel rhythms and mutual phase relationship in practically all 370 studied photoperiods including continuous light and cold temperatures $(14^{\circ}C/11^{\circ}C)$ under 14:10 371 LD. Under the shortest day lengths both genes showed highest expression level during the late 372 scotophase / early photophase, a phenomenon which is not easy to understand on the basis of 373 present knowledge. Furthermore, according to Price et al. (1995) D. melanogaster clock will stop 374 in continuous light (LL), since PER protein level does not show any rhythmic changes in this 375 condition. In D. montana the expression levels of per and tim continued to cycle in LL and 376 constant temperature, and about 50 % of females also showed rhythmic activity in this condition.

377 The clock genes *tim* and *per* have been suggested to play a role also in controlling seasonal 378 rhythms in insect behavior and development, including photoperiodic diapause (e.g. Emerson et 379 al., 2009). For example, mutations in per gene have been found to disrupt D. melanogaster 380 females' ability to discriminate short day lengths and enter diapause (Saunders et al., 1989), and 381 the Drosophilid fly *Chymomyza costata npd*-mutants, which do not transcribe *tim*, lack an ability to enter diapause (Pavelka et al., 2003). Some of the most convincing evidence on the role the 382 383 circadian clock in insect diapause initiation comes from recent molecular studies by Ikeno et al. 384 (2010, 2011) and Meuti (2015). Ikeno et al. (2010, 2011) have shown that the circadian clock 385 regulates diapause initiation in bean bug Riptortus pedestris as a functional unit and not just 386 through individual genes. Meuti et al. (2015), on the other hand, have presented new evidence on 387 the function of circadian clock genes in the overwintering diapause of the northern house 388 mosquito, *Culex pipiens*. Their studies show that the major circadian clock genes, including *per* 389 and tim, continue to cycle throughout the diapause, and that RNAi directed against these two 390 genes causes females to avert diapause even when reared under diapause-inducing conditions 391 (Meuti et al., 2015). We detected no differences in *tim* or *per* cycling between non-diapausing 392 and diapausing females in the present study, which indicates that the clock functions the same 393 way in both types of females. This is in slight contrast with our earlier microarray study, where 394 per showed differential expression in the initiation, maintenance and overwintering stages of

diapausing *D. montana* females, when compared to non-diapausing ones (Salminen et al., 2015).
The biggest difference between the two studies was that Salminen et al. (2015) extracted RNA
from the whole flies with both central and peripheral circadian oscillators, while we used only
female heads.

399 The present results raised several questions that would be interesting to study in future. The 400 first thing would be to study the molecular background of the circadian clock of D. montana in 401 more details to find out how it works in seasonal time measurement. Another interesting task 402 would be find out whether low temperatures induce alternative splicing in D. montana tim and 403 per genes, as they do in D. melanogaster (Boothroyd et al. 2007; Dubruille and Emery 2008), and 404 whether the splicing forms show different rhythms in their expression level in different 405 environmental conditions. It would also be interesting to measure the abundancies of the clock 406 proteins TIM and PER in fly brains (see Menegazzi et al., 2013), as most *tim* and *per* mRNA 407 comes from retinal photoreceptors of the flies and their levels in the eye / head may not reflect 408 the abundancies of respective proteins in the pacemaker neurons. All these studies could be 409 performed on *D. montana* flies from high and low latitudes to find out how important zeitgebers 410 light and temperature are in northern and southern populations of the species.

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415 **COMPETING INTERESTS**

416 The authors declare no competing financial interests.

417 AUTHOR CONTRIBUTIONS

- 418 H.K., M.K. and A.H. contributed to designing the research. The research was performed by H.K.
- 419 The locomotor activity data of the flies was analyzed by H.K., gene expression data by H.K. and
- 420 M.K. and the statistical analysis was done by H.K. and O. A-H. All the authors participated in
- 421 writing the paper.

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567 **FIGURE LEGENDS**

568 Figure 1. Environmental conditions during the experiment. Day length (grey area) and day 569 (dash line) and night (solid line) temperatures in environmental chamber from the beginning of 570 June to the end of September. The first set of freshly emerged females was placed into the 571 chamber in 24LL representing conditions at the beginning of June and the second set in 16:8 LD representing the condition in mid-August. Thick black lines (ACTIVITY) indicate the timing of 572 the two-week locomotor activity recordings and the arrows on the upper side of the figure show 573 574 the time points when the females were collected from the chamber for RNA extractions. The first 575 three samples consisted of non-diapausing (ND) females and the two last ones of both non-576 diapausing and diapausing (D) females.

Figure 2. The locomotor activity patterns of *D. montana* females and the expression levels of 577 578 tim and per genes. Mean activity scores (left column) and the normalized expression profiles of 579 tim and per genes (right column) for non-diapausing (ND) and diapausing (D) D. montana 580 females under continuous light and different entraining conditions (shown in the figure). The 581 heights of the bars in activity scores indicate the mean activity levels of the females during 30 582 minute bin over 8 days. The heights of the bars in gene expression profiles show the normalized 583 expression level of *tim* (grey bars) and *per* (white bars) at ZT0, ZT6, ZT12 and ZT18 (ZT = 584 Zeitgeber Time). Light and dark periods are indicated with white and black horizontal bars under 585 the figures.

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Table 1

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Percentage of D. montana females females showing rhythmicity in different LDs/temperatures, the period of daily rhythms and the power of test.

LD	Day/night temperature	Reproductive stage	Ν	% of rhythmic females	Period (h) (mean ± SEM)	Power (mean ± SEM)
24:0	19 °C	ND	83	54.8	22.76 ± 0.41	18.15 ± 0.88
22:2	19 °C/ 13 °C	ND	69	84.1	24.05 ± 0.03	54.82 ± 6.13
18:6	17 °C/ 13 °C	ND	79	91.1	23.98 ± 0.06	54.38 ± 3.82
16:8	16 °C/ 12 °C	ND	70	80	24.12 ± 0.08	37.97 ± 2.62
		D	64	87.5	23.98 ± 0.03	61.28 ± 6.79
14:10	14 °C/ 11 °C	ND	96	92.7	23.97 ± 0.03	65. 38 ± 4.65
		D	64	82.8	24.03 ± 0.12	42.58 ± 4.68

588 LD = light-dark cycle used in entrained conditions; ND = non-diapausing; D = diapausing; N = number of

589 individuals tested; Period (hours) = the length of the free-running rhythm of the flies in 24 LL (i.e. the

590 length of the intrinsic day) and the length of the entrained rhythm in LD cycles; Power = power of 591 periodogram test was defined as the amplitude of the peak in the rhythmic flies from Lomb-Scargle 592 periodogram with significance level of p < 0.05.

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593 Table 2

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The mean activity levels of D. montana females during day and night (movements per 5 min bins) in different photoperiods.

LD	Reproductive stage	Ν	Mean day activity level	Mean night activity level
24	ND	83	0.58	_
22:2	ND	69	0.58	0.14
18:6	ND	79	0.44	0.04
16:8	ND	70	0.46	0.06
	D	64	0.37	0.04
14:10	ND	96	0.30	0.02
	D	64	0.20	0.03

LD = light-dark cycle used in entrained conditions; ND = non-diapausing; D = diapausing; N = number of595 nt

596 females tested

597 Table 3 Comparisons for the mean activity levels of the females in different photoperiods
598 (Tukey test).

LD comparison	Reproductive stage	Difference	P value
22:2 vs 24:0	ND	-0.03	0.96
18:6 vs 22:2	ND	-0.22	< 0.001 ***
18:6 vs 24:0	ND	-0.26	< 0.001 ***
16:8 vs 24:0	ND	-0.41	< 0.001 ***
16:8 vs 22:2	ND	-0.37	< 0.001 ***
16:8 vs 18:6	ND	-0.15	0.03
14:10 vs 24:0	ND	-0.52	< 0.001 ***
14:10 vs 22:2	ND	-0.48	< 0.001 ***
14:10 vs 18:6	ND	-0.26	< 0.001 ***
14:10 vs 16:8	ND	-0.11	0.12
14:10 vs 16:8	D	-0.11	< 0.001 ***

LD = light-dark cycle used in entrained conditions; ND = non-diapausing; D = diapausing; Difference =
 Degree and direction of the difference in the mean activity level of the females in particular L:D
 comparison.

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 TABLE A1.Primer sequences, amplification efficiency values (E %) and correlation
coefficients (\mathbb{R}^2) for the genes used in the qPCR analysis.

	_			per		tim					
LD	Reproductive stage	df _{factor}	df _{residual}	F	p value	df _{factor}	df _{residual}	F	p value		
24:0	ND	3	20	4.926	0.01*	3	20	19.609	< 0.001 ***		
22:2	ND	3	20	17.569	< 0.001 ***	3	20	16.555	< 0.001 ***		
18:6	ND	3	19	83.437	< 0.001 ***	3	19	103.09	< 0.001 ***		
16:8	ND	3	20	68.028	< 0.001 ***	3	19	180.65	< 0.001 ***		
16:8	D	3	19	176.09	< 0.001 ***	3	19	262.413	< 0.001 ***		
14:10	ND	3	20	25.225	< 0.001 ***	3	20	13.612	< 0.001 ***		
14.10	D	3	19	20 599	< 0.001 ***	3	19	46 815	< 0.001 ***		

TABLE A2. The effect of ZTs in the expression of *tim* and *per* genes within each photoperiod.

.ga LD = light-dark cycle used in entrained conditions; ND = non-diapausing, D = diapausing; df_{factor} =

degrees of freedom of factor;

TABLE A3. Comparisons for the highest expression peak of tim and per to the three other ZTs in each photoperiod (Tukey's tests). The time point for the highest expression of tim and per in each LD is shown in parentheses after the gene's name.

	24 LL ND			22:2 LD ND				18:6 LD ND								
ZT	tim ((ZT 18)	per ((ZT 18)	tim	(ZT6)	per	(ZT6)	tim	(ZT0)	per	(ZT0)				
comparison	t value	p value	t value	p value	t value	p value	t value	p value	t value	p value	t value	p value				
0 vs 6					-6.457	< 0.001 **	* -7.180	< 0.001***	-10.103	< 0.001 ***	* -8.507	< 0.001 ***				
0 vs 12									-16.293	< 0.001 ***	* -14.159	< 0.001 ***				
0 vs 18	6.692	< 0.001 **	* 2.823	0.048*					-14.381	< 0.001 ***	* -13.487	< 0.001 ***				
6 vs 12					4.012	0.003**	3.294	0.0175*								
6 vs 18	5.982	< 0.001 ***	* 3.529	0.011*	1.307	0.570	2.662	0.066								
12 vs 18	2.44	0.102	2.861	0.044*												
		16:8 I	LD ND			16:8	LD D			14:10	LD ND			14:10	LD D	
ZT .	tim ((ZT 12)	per ((ZT 12)	tim	(ZT 12)	per	(ZT 12)	tim	(ZT0)	per	(ZT 12)	tim	(ZT0)	per	(ZT0)
comparison	t value	p value	t value	p value	z value	p value	t value	p value	t value	p value	t value	p value	t value	p value	z value	p value
0 vs 6									-6.368	<0.001 ***	:		-11.276	< 0.001 ***	-6.869	< 0.001 ***
0 vs 12	19.815	< 0.001 ***	* 10.869	< 0.001*	18.28	< 0.001 **	* 16.945	< 0.001 ***	-2.988	0.034*	1.195	0.637	-7.888	< 0.001 ***	-5.435	< 0.001 ***
0 vs 18									-3.518	0.011*			-4.412	0.002 **	-6.377	< 0.001 ***
6 vs 12	21.050	< 0.001 ***	* 13.646	< 0.001 ***	12.37	< 0.001 **	* 21.732	< 0.001 ***			7.774	< 0.001 ***				
6 vs 18																
12 vs 18	-14.400	< 0.001 **	*-10.009	< 0.001 ***	-3.25	0.005**	-17.076	< 0.001 ***			-4.919	< 0.001 ***				
				V	cov mod	lel								V	vcov moo	lel

LD = light-dark cycle used in entrained conditions; ND = non-diapausing; D = diapausing; ZT = zeitgeber time; vcov model = variance covariant added to the model.



Figure 1.

Figure 2



- 629 630 The locomotor activity of Drosophila montana females decreased towards late summer _ 631 The diapausing females were less active than the non-diapausing ones _
- 632 Expression of timeless and period showed both daily and seasonal oscillations
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