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Author(s): Murtorinne-Lahtinen, Minna; Moilanen, Sanna; Tammelin, Mia; Rönkä, Anna; Laakso, Marja-Leena

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Table I.

Employment patterns in Finland and the EU (percentage of employed population aged 16-64 years) in 2013

	Finland		EU-25	
	Women	Men	Women	Men
Part-time employment	20.4	9.7	32.3	8.8
Shift work	25.5	19.0	16.6	19.2
Evening work[a]	44.3	49.4	31.9	39.7
Night work[a]	12.0	17.2	9.7	17.6
Work on Saturdays[a]	36.4	34.7	40.5	46.5
Work on Sundays[a]	28.8	26.4	24.1	26.6

Note: [a]Proportion of those who 'never' work evenings; nights; Saturdays; or Sundays.
Source: Eurostat (2013)

Table AI.
Participants according to age, family form, educational background, work sector, occupation and description of working hours

Pseudonym	Age	Family form	Educational background	Work sector	Occupation	Description of working hours
Valerie	30	Couple	1st stage tertiary	Entertainment	Freelance actress/director	Irregular hours during daytime, evenings, weekends, travel. (Partner works in 'standard job' with night shifts.)
Ella	42	Couple	Post-secondary, non-tertiary	Service	Salesperson	Irregular hours ranging from 6 to 10 hours per shift between 7am and 9.30pm during weekdays and weekends. (Partner works standard schedule.)
Helen	36	Couple	Upper secondary	Military	Control room duty officer	Works 3-4 consecutive 12.5-hour shifts. Occasional 8-week-long training periods in another city. (Partner also works NSWS.)
Jackie	34	Couple	1st stage tertiary	Engineering	Project-engineer	Daytime work with overtime hours. During summertime, 60% of working time is done during evenings and late evenings. Occasional travel and weekend work. (Partner works NSWS as an entrepreneur.)
Philippa	36	Couple	Post-secondary, non-tertiary	Health	Rehabilitator and nurse	Periodical work schedules: occasional standard office hours and rapidly rotating irregular three-shift work (max. 7 nights a month) during weekdays and weekends. (Partner is a taxi driver and works NSWS in shifts.)
Monica	33	Couple	Post-secondary, non-tertiary	Service	Flight attendant	Irregular three-shift work during weekdays and weekends. The longest consecutive shifts can stretch up to 14 hours. (Partner works standard schedule and sometimes during evenings.)
Sophie	39	Couple	1st stage tertiary	Education	Head and teacher of a dance school	Standard office hours on Mondays, Thursdays and Fridays. On Tuesdays and Wednesdays works between 12am to 7pm. Telework on Thursdays. Occasional evening work and travel. (Partner is a full-time student and spends weeks at a time in another city.)
Dora	41	Couple	1st stage tertiary	Education	Associate principal and dance teacher	Work week usually ranges from Tuesday to Saturday between 1pm and 8:40pm. Occasional evening work during Sundays and Mondays. (Partner works standard daytime schedule.)

Table AI.
Participants according to age, family form, educational background, work sector, occupation and description of working hours (*Continues*)

Pseudonym	Age	Family form	Educational background	Work sector	Occupation	Description of working hours
Laura	36	Couple	Upper secondary	Health	Practical nurse	Irregular two-shift work during weekdays and weekends between 6:15am and 9pm. (Partner works in regular three-shift work.)
Sandy	24	Couple	Upper secondary	Health	Practical nurse	Irregular three-shift work during weekdays and weekends. (Partner works NSWS as a truck driver.)
Mandy	25	Lone	Post-secondary, non-tertiary	Service	Salesperson (at service station)	Irregular three-shift work; longest shifts can stretch up to 19 hours.
Emma	43	Lone	Upper secondary	Service	Salesperson	Irregular three-shift work during weekdays and weekends.
Tessa	31	Lone	Upper secondary	Manufacture	Packer in a factory	Mainly two-shift work during daytime and evenings, occasionally also nights. Overtime hours during weekends.
Rosie	52	Lone	Upper secondary	Service	Flight attendant	Irregular around-the-clock hours. The longest shifts can stretch up to 14 hours.
Sally	29	Lone	Upper secondary	Service	Salesperson (at service station)	Irregularly rotating three-shift work with 8-hour-shifts.
Hilary	42	Lone	Upper secondary	Health	Practical nurse	Two-shift work between 7am and 9pm during weekdays and weekends. No morning shifts following an evening shift.
Maya	42	Lone	Post-secondary, non-tertiary	Health	Paramedic and nurse	Three-shift work with shifts between 8 and 12 hours.
Hettie	32	Lone	Upper secondary	Health	Practical nurse	Permanent night work. One week on, one week off.
Ann	31	Lone	1st stage tertiary	Entertainment	Freelance dance artist	Usually works between 10am and 6pm. Occasional evening work.
Terry	40	Lone	Upper secondary	Health	Practical nurse	Three-shift work rotating clockwise (i.e., morning-evening-night).